

## Speakout Advanced Glossary A-Z

Headword	Page	Part of speech	Pronunciation	Example Sentence
above all	153	prepositional phrase	ə' bʌv ɔ:l	Max is hard-working, cheerful, and above all honest.
above board	153	adj	ə' bʌv bɔ:d	His plans for opening a coffee shop are completely above board.
above suspicion	153	prepositional phrase	ə' bʌv sə'spɪʃən	The President is surely above suspicion.
absurd	9	adj	əb'sɜ:d, -'zɜ:d	It seems quite absurd to expect anyone to drive for 3 hours just for a 20-minute meeting.
abuse	25	n	ə' bju:s	The tax system is clearly open to abuse.
academically	28	adv	ˌækə'demɪkli	Are some people born academically gifted?
access	70	n	'ækses	People need access to clean drinking water.
accessory	74	n	ək'sesəri	She bought a set of fully matching clothes and accessories.
according	6	preposition	ə'kɔ:dɪŋ	According to the police, his attackers beat him with a blunt instrument.
account	116	n	ə'kaʊnt	He was too shocked to give an account of what had happened.
ache	84	v	eɪk	Her feet were aching from standing so long.
acquire	16	v	ə'kwɪə	The college acquired a reputation for very high standards.
acre	85	n	'eɪkə	They own 200 acres of farmland.
acronym	12	n	'ækronɪm	NATO is an acronym for the North Atlantic Treaty organisation.
activist	47	n	'æktɪvɪst, 'æktɪvəst	He is an animal rights activist.
adapt	71	v	ə'dæpt	The children are finding it hard to adapt to the new school.
adaptation	88	n	ˌædæp'teɪʃən	The BBC adaptation of the book was very good.
additionally	25	adv	ə'dɪʃənəli	A new contract is in place. Additionally, staff will be offered a bonus scheme.
admirable	47	adj	'ædmərəbəl	It was an admirable achievement.
admit	157	v	əd'mɪt	You may not like her, but you have to admit that she's good at her job.

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adolescent	120	n	ˌædəˈlesənt	He was only an adolescent when he did that.
adopt	108	v	əˈdɒpt	The courts were asked to adopt a more flexible approach to young offenders.
adulthood	120	n	ˈædʌlθʊd, əˈdʌlθʊd	I believed it until adulthood.
aerosol	70	n	ˈeərəsəl	I need hairspray, but I don't like to use aerosols.
aesthetically	173	adv	iːsˈθetɪkli, eːsˈθetɪkli	It was an aesthetically pleasing building.
affair	57	n	əˈfeə	He had an affair with his boss that lasted six years.
affect	68	v	əˈfekt	Many areas were affected by the hurricane.
affordable	25	adj	əˈfɔːdəbəl	We need more affordable housing in the cities.
ageism	151	n	ˈeɪdʒɪzəm	The fact that he didn't get the job may be down to ageism on the part of the company.
agenda	166	n	ədʒendə	They have an agenda - they aren't here to tell the truth.
aggressive	149	adj	əˈɡresɪv	A successful businessman has to be aggressive.
ailing	53	adj	ˈeɪlɪŋ	His ailing parents wanted him to stay close by.
air raid	81	n	eə reɪd	There were several air raid warnings in late July but little damage.
alarmingly	73	adv	əˈlɑːmɪŋli	The rain forest is disappearing alarmingly fast.
album	47	n	ˈælbəm	The band plan to release their new album next week.
alibi	44	n	ˈæləbaɪ, ˈæɪbaɪ	He had a perfect alibi and the police let him go.
allegedly	56	adv	əˈlɛdʒədli	The sports car was allegedly stolen in Manchester.
alternative	84	adj	ɔːlˈtɜːnətɪv	Have you any alternative suggestions?
although	72	conjunction	ɔːldəʊ	Although I can't help admiring the man's courage, I do not approve of his methods.
ambition	94	n	æmˈbɪʃən	She had always had an ambition to be a pilot.
amenity	38	n	əˈmiːnəti, əˈmiːnɪti	The hotel is in the city centre, close to shops and local amenities
ammunition	49	n	ˌæmjəˈnɪʃən, ˌæmjʊˈnɪʃən	Preparations were made and weapons and ammunition were stolen.
amnesia	80	n	æmˈniːziə	Again he began to wonder if he was suffering from amnesia.
analytical	11	adj	ˌænəlɪˈtɪkəl	She's got an analytical mind.
ancestor	16	n	ˈænsəstə, ˈænsɛstə	My ancestors were French.
ancient	32	adj	ˈeɪnfənt	The ancient Egyptians built the Pyramids.

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anecdote	49	n	'æni:kdəʊt	The book is full of amusing anecdotes about his life in Japan.
angle	1,7	n	'æŋɡəl	We're approaching the issue from a different angle.
angst	120	n	æŋɡst	His love letters were full of angst.
animated	109	adj	'æni:məɪtəd, 'æni:məɪtəd	They enjoyed the animated Disney film.
anniversary	80	n	ˌæni'vɜ:səri. ˌæni'vɜ:səri	Jack and Kim celebrated their twentieth wedding anniversary in January.
annually	108	adv	'ænjuəli	The jazz festival is held annually in July.
anonymously	62	adv	ə'nɒni:məsli, ə'nɒni:məsli	The documents were submitted anonymously.
antelope	97	n	'æntələʊp, 'æntɪləʊp	The lions chased the antelopes but didn't catch any.
antique	17	adj	ˌæn'ti:k	He bought an antique rosewood desk.
antisocial	151	adj	ˌæntɪ'səʊʃəl	Smoking is an antisocial habit.
anxious	12	adj	'æŋkʃəs	He was a bit anxious about the safety of the machinery.
apathetic	12	adj	ˌæpə'tetɪk	She felt too apathetic even to move.
apathetic	165	adj	ˌæpə'tetɪk	She felt too apathetic even to move.
appalling	174	adj	ə'pɔ:lɪŋ	He was kept in appalling conditions in prison.
apparently	80	adv	ə'pærəntli	Apparently the company is losing a lot of money.
appeal	44	n	ə'pi:l	He made an appeal to the European Court of Human Rights.
appeal	74	n	ə'pi:l	What is the particular appeal of this island?
appealing	41	adj	ə'pi:lɪŋ	It creates an atmosphere which visitors find so appealing.
appetiser	174	n	'æpətəɪzə, 'æpɪtəɪzə	They handed round appetisers before the main meal.
apply	68	v	ə'plai	The new technology is being applied to almost every industrial process.
apprenticeship	120	n	ə'prentɪʃɪp, ə'prentɪsɪp	He's serving an apprenticeship as a printer.
appropriate	56	adj	ə'prəʊpri-ət, ə'prəʊpri-ɪt	You should wear appropriate clothes for the job interview.
architecture	34	n	'a:kitektʃə, 'a:kitektʃə	He loved the architecture of Venice.
archive	44	n	'ɑ:kɑɪv	We put all the files into the archives when we'd finished with them.

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archway	112	n	'ɑ:tʃweɪ	He was standing in the archway outside the pub.
arguably	92	adv	'ɑ:gjuəbli	Senna was arguably the greatest racing driver of all time.
armed	46	adj	a:md	The Minister was kidnapped by armed men on his way to the airport.
aromatherapy	85	n	ə,rəʊmə'θerəpi	I'm going to study aromatherapy next year.
arrest	44	v	ə'rest	Her father was arrested for fraud.
arrogant	149	adj	'ærəgənt	He had a very arrogant attitude.
artifact	93	n	'ɑ:tɪfækt, 'ɑ:təfækt	The museum has a collection of early Roman artifacts.
as a rule	11	n phrase	əz ə ru:l	As a rule most students finish their coursework by the end of May.
ascension	120	n	ə'senʃən	His ascension to the ranks of senior management was a surprise.
aspect	68	n	'æspekt	Dealing with people is the most important aspect of my work.
aspiration	120	n	,æspə'reɪʃən	They had a lot of hopes and aspirations for the future.
assault	151	n	ə'sɔ:lt	He was jailed for assault.
assign	172	v	ə'saɪn	A code was assigned to each batch of work.
associate	165	v	,ə'səʊʃieɪt, ,ə'səʊsiət	I don't associate him with energetic sports.
assume	25	v	ə'sju:m	I didn't see your car, so I assumed you'd gone out.
astride	116	adv	ə'straɪd	Here's a photograph of my mother sitting astride a horse.
atmosphere	41	n	'ætməsfɪə	The atmosphere at home was rather tense.
attempt	25	n	ə'tempt	All attempts to control inflation have failed.
attorney	44	n	ə'tɜ:nɪ	His attorney told him to plead guilty.
attribute	9	n	'ætrɪbjʊ:t	What attributes should a good manager possess?
attribute	60	v	ə'trɪbjʊ:t	The fall in the number of deaths from heart disease is generally attributed to improvements in diet.
audience	10	n	'ɔ:diəns	One member of the audience described the opera as 'boring'.
author	56	n	'ɔ:θə	He was the author of two books on China.
autobiographical	95	adj	,ɔ:təbaɪə'græfɪkəl	The story seemed to be autobiographical rather than fictional.
autograph	174	n	'ɔ:təgrɑ:f	Can I have your autograph?
avail	80	n	ə'veɪl	We searched the whole area but all to no avail. Robbie had disappeared.

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aware	38	adj	ə'weə	The boss is aware of the problem.
awe-inspiring	150	adj	ˌɔːɪn'spaɪərɪŋ	The pyramids at dawn were an awe-inspiring sight.
awesome	110	adj	'ɔːsəm	Their last concert was really awesome.
awkward	157	adj	'ɔːkkwəd	It'll be awkward getting cars in and out.
axe	26	n	æks	He lifted the axe above his head and brought it down to split the log.
badge	6	n	bædʒ	We were each handed a badge with our name on it.
balcony	16	n	'bælkəni	Has your flat got a balcony?
ban	49	n	bæn	There was a total ban on cigarette advertising.
bankruptcy	36	n	'bæŋkrʌptsi	In 1999 it was revealed that he was close to bankruptcy.
barbed wire	92	n	bɑːbd waɪə	There was a high barbed wire fence all around the prison.
barely	49	adv	'beəli	She was very old and barely able to walk.
barrier	71	n	'bæriə	Living in China was hard for me at first because of the language barrier.
basement	92	n	'beɪsmənt	She had a billiard table in her basement.
batch	6	n	bætʃ	Every day another batch of papers reaches the manager, demanding his attention.
bazaar	112	n	bə'zɑː	You must visit the bazaar - it's fascinating.
beacon	120	n	'bi:kən	The education program offers a beacon of hope to these children.
beat about the bush	26	v phrase	bi:t ə'baʊt ðə bʊʃ	Don't beat about the bush. Ask for your account to be paid, and paid quickly.
beckon	97	v	'bekən	She beckoned to the waitress to bring more wine.
bedbug	117	n	'bedbʌg	They were delighted to find a bedbug-free room.
bee	104	n	biː	Mr Jacobs keeps bees in his garden and sells the honey.
beggar	92	n	'begə	There are a lot of beggars on the streets.
bellow	17	v	'bɛwəʊ	Tony was bellowing orders.
bequeath	16	v	bɪ'kwiːð, bɪ'kwiːθ	She bequeathed her collection of paintings to the National Gallery.
bet	68	v	bet	He said he'd finish by tomorrow, but don't bet on it.
biased	52	adj	'baɪəst	The news reporting was heavily biased against the government.
big cheese	148	n	bɪg tʃiːz	He's the big cheese in this business.
big deal	119	n	bɪg diːl	It's no big deal. Everybody forgets things sometimes.

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bizarre	9	adj	bə'zɪː, bɪ'zɑ	The dancers were in rather bizarre costumes.
black sheep	13	n	blæk ʃi:p	Amy's always been the black sheep of the family.
blacksmith	104	n	'blæk, smiθ	The blacksmith was a lady by the name of Rachael Levitt.
blade	109	n	bleɪd	The blade of the knife flashed in the moonlight.
bleak	104	adj	bli:k	The company still hopes to find a buyer, but the future looks bleak.
blessing	121	n	'blesɪŋ	The dishwasher has been a real blessing!
blizzard	60	n	'blɪzəd	We got stuck in a blizzard.
block	21	v	blɒk	There was a fallen tree is blocking the road.
bluff	122	v	blʌf	I hope we'll be able to bluff our way past the guard.
blur	96	n	blɜː	The days before the accident were a blur.
blurt out	152	phr v	blɜːt aʊt	Peter blurted the news out before we could stop him
boast	10	v	bəʊst	Amy boasted that her son was a genius.
boil down to	61	phr v	bɔɪl daʊn	It boils down to a question of priorities
bonus	167	n	'bəʊnəs	He promised to take me to the match, with the added bonus of an afternoon off school.
born and bred	10	v phrase	bɔːn ənd bred	I was born and bred in Liverpool.
bounce	62	v	bəʊns	The message is bounced through a network of servers around the world.
bound	68	adj	bəʊnd	Don't lie to her. She's bound to find out.
bracelet	68	n	'breɪslət, 'breɪslɪt	She was wearing a gold bracelet.
brainstorm	10	v	'breɪnstɔ:m	Employees get together and brainstorm ideas.
brand	71	n	brænd	What brand of detergent do you use?
breathtaking	32	adj	'breθ, teɪkɪŋ	The view from my bedroom window was absolutely breathtaking.
brick	92	n	brɪk	Protesters attacked the police with stones and bricks.
bright	149	adj	braɪt	He was an exceptionally bright child.
bring about	74	phr v	brɪŋ ə'baʊt	How can we bring about a change in attitudes?
broadcast	53	n	'brɔ:dkɔ:st	CNN's live broadcast of the trial was watched by millions.
broaden	29	v	'brɔ:dn	I'd like to work abroad to broaden my horizons.
brochure	85	n	'brəʊʃə, 'brəʊʃə	She picked up some holiday brochures at the travel agent.
brutal	46	adj	'bru:tɪ	It was a brutal attack on a defenceless old man.

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bubble	104	n	'bʌbəl	When water boils, bubbles rise to the surface.
bug	117	v	bʌg	It just bugs me that I have to work so many extra hours for no extra money.
burgle	164	v	'bɜ:gəl	We've been burgled three times.
bury	92	v	'berɪ	Electric cables are buried beneath the streets.
bustling	32	adj	'bʌsəlɪŋ	The flower market was bustling with shoppers.
busybody	13	n	'bɪzɪˌbɒdi	Mrs Jackson is a busybody.
buzz	68	n	bʌz	Playing well gives me a buzz.
by and large	68	adv	bɑɪ ən la:dʒ	By and large, the new arrangements have worked well
bystander	50	n	'baɪˌstændə	Several innocent bystanders were injured by the explosion.
call off	61	phr v	kɔ:l ɒf	The trip to Italy might be called off.
call-back	8	n	kɔl bæk	She got a call-back from the company.
campaign	149	n	kæm'peɪn	They have launched an expensive advertising campaign.
canary	65	n	kəneəri	She had a canary in a cage in the living room.
candid	165	adj	'kændəd, 'kændɪd	She was quite candid about the difficulties the government is having.
candy-floss	33	n	'kændɪflɒs	He bought some candy-floss at the fair.
canoe	80	n	kə'nu:	We took a canoe along the river.
capital punishment	48	n	'kæpətɪl ˌpʌnɪʃmənt	Some people want to bring back capital punishment in the UK.
capture	32	v	'kæptʃə	The photographs capture the essence of working class life at the turn of the century.
carbon footprint	76	n	'kɑ:bən 'fʊtˌprɪnt	There are lots of way you can reduce your carbon footprint.
caricature	14	v	'kærɪkətʃə	He was caricatured in the newspaper article.
carry on	6	phr v	'kæri ɒn	Sorry, I interrupted you. Please carry on.
carry out	106	phr v	kæri aʊt	We need to carry out more research.
case	44	n	keɪs	She is keen to avoid a court case.
cast your mind back	61	phr v	kɑ:st jə maɪnd bæk	He frowned, casting his mind back over the conversation
catalogue	23	n	'kætəlɒg	She chose the clothes from a mail order catalogue.
catch on to	106	phr v	catʃ ɒn tə	It was a long time before the police caught on to what he was doing.

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catch up with	106	phr v	ˌkætʃ ʌp wið	I'll catch up with you next week.
cave	32	n	keɪv	Our ancestors possibly lived in these caves.
cedar	172	n	'sɪdə	There was a beautiful smell from the cedar trees.
celebrity	36	n	sə'lebrəti, sə'lebrəti	He's a national celebrity.
cement	120	v	sɪ'ment	They want to cement a good working relationship between the government and trade unions.
cancel	69	v	'sensə	The information given to the press was carefully censored by the Ministry of Defence.
cancel	151	n	ˌsensəʃɪp	During wars, newspapers often suffer from censorship.
chaotic	36	adj	keɪ'ɒtɪk	The painting was a chaotic mixture of images.
characteristic	36	n	ˌkærəktə'rɪstɪk, ˌkærɪktə'rɪstɪk	The baby is discovering the physical characteristics of objects.
charitable	25	adj	'tʃærɪtəbəl	He made a charitable donation to the school.
charming	104	adj	'tʃɑ:mɪŋ	Harry can be very charming.
chatter	97	v	'tʃætə	She chattered away happily until she noticed I wasn't listening.
chatterbox	13	n	'tʃætəbɒks	Young John is a real chatterbox.
chatty	96	adj	'tʃæti	He was in an unusually chatty mood.
chauvinist	154	n	'ʃəʊvənəst, 'ʃəʊvɪnəst	He's a bit of a make chauvinist.
chef	1,7	n	ʃef	He's the head chef at the Savoy Hotel
cherry	33	n	'tʃeri	She made a cherry pie for dessert.
chill out	154	phr v	tʃɪl aʊt	I spent the afternoon chilling out in front of the TV.
chillum	92	n	'tʃɪləm	He put a chillum in the time capsule.
chip	21	v	tʃɪp	Archaeologists were carefully chipping away at the rock.
chit-chat	167	n	tʃɪt-tʃæt	I don't enjoy social chit-chat.
chorister	172	n	'kɒrɪstə	He is a chorister at the cathedral.
cinnamon	32	n	'sɪnəməŋ	He usually had a cinnamon swirl with his coffee for morning break.
circumspect	148	adj	'sɜ:kəmspekt	The governor was usually circumspect when dealing with the media.
citizen	61	n	'sɪtəzən, 'sɪtɪzən	We need our schools to teach students to be good citizens.
civil liberties	48	n	ˌsɪvəl ˌlɪbətɪ:z	Detention without trial threatens our civil liberties.
clamour	120	n	'klæmə	He shouted over the rising clamour of voices.

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clarification	39	n	ˌklærəfəˈkeɪʃən, ˌklærɪfəˈkeɪʃən	There have been a number of official changes and clarifications.
clarity	82	n	ˌklærəfaɪ, ˌklærɪfaɪ	Letters may be edited for length and clarity.
classified	152	adj	ˌklæsəfaɪd, ˌklæsɪfaɪd	This is classified information.
classy	154	adj	ˈklaːsi	There were some classy restaurants in the capital city.
clergy	26	n	ˈklɜːdʒi	That man is a member of the clergy.
clockwise	59	adj	ˈklɒkwaɪz	Screw the lid on clockwise.
close-up	1,7	n	ˈkləʊs ʌp	Much of the movie is shot in close-up.
clue	11	v	kluː	Childhood experiences may provide a clue as to why some adults develop eating disorders.
clutter	38	n	ˈklʌtə	Could you get rid of some of the clutter in your bedroom?
cobbled	42	adj	ˈkɒbəld	She loved the old cobbled street of the town.
code of conduct	92	n	kəʊd əv kənˈdʌkt	All professions have a code of conduct.
co-found	47	v	ˈkəʊfaʊnd	Apple Inc was co-founded by Steve Jobs, Steve Wozniak and Ronald Wayne.
collaborate	92	v	kəˈlæbəreɪt	The two nations are collaborating on several satellite projects.
collapse	73	v	kəˈlæps	There were fears that property prices would collapse.
colleague	51	n	ˈkɒliːg	She discussed the idea with some of her colleagues.
combination	74	n	ˌkɒmbəˈneɪʃən, ˌkɒmbɪˈneɪʃən	A combination of factors may be responsible for the increase in cancer.
come across	6	phr v	kʌm əˈkrɒs	I came across an old diary in her desk.
come by	62	phr v	kʌm baɪ	Jobs were hard to come by.
come down to	106	phr v	kʌm daʊn tə	It all comes down to money in the end.
come to light	80	n phrase	kʌm tə laɪt	The evidence did not come to light until after the trial.
come to terms with	81	n phrase	kʌm tə tɜːmz wɪð	Counselling helped her come to terms with her grief.
come under attack	20	n phrase	kʌm ˈʌndə əˈtæk	The company has come under fierce attack from the press for closing down its factories.
come up with	106	phr v	kʌm ʌp wɪð	We've been asked to come up with some new ideas.
command	71	n	kəˈmɑːnd	He's studied in the US and has a good command of English.
commit	44	v	kəˈmɪt	Brady committed a series of brutal murders.
commitment	29	n	kəˈmɪtmənt	Are you ready to make a long-term commitment?

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common	47	adj	'kɒmən	Bad dreams are fairly common among children.
common sense	68	n	'kɒmən sens	Use your common sense for once!
commute	38	v	kə'mju:t	Jim commutes to Manhattan every day.
compel	57	v	kəm'pel	She felt compelled to resign because of the scandal.
compelling	104	adj	kəm'pelɪŋ	Lucy had no compelling reason to go into town.
complex	85	adj	'kɒmpleks	It was a very complex relationship between two complex people.
compose	88	v	kəm'pəʊz	Lynn took several deep breaths to compose herself.
comprehensive school	101	n	,kəmprɪ'hensɪv sku:l	Kylie goes to the local comprehensive.
compromise	39	n	'kɒmprəmaɪz	Compromise is an inevitable part of marriage.
compulsory	57	adj	kəm'pʌlsəri	Car insurance is compulsory.
concentration	59	n	,kɒnsən'treɪʃən	I lost my concentration and fell asleep.
concession	122	n	kən'seʃən	He was ready to make concessions on many of the issues raised.
conclude	25	v	kən'klu:d	The report concluded that the school should be closed immediately.
conclusive	9	adj	kən'kl:ɪv	The investigation failed to provide any conclusive evidence.
conditional	175	adj	kən'dɪʃənəl	His agreement to buy our house was conditional on our leaving all the furniture in it.
conducive	36	adj	kən'dju:ɪv	This environment is conducive to learning.
confessional	56	adj	kɒn'feʃənəl	Society seems to have become more confessional these days and people are willing to talk about anything.
confidence	56	n	'kɒnfədəns, 'kɒnfɪdəns	I'll tell you something about Moira - in confidence of course.
confidential	169	adj	,kɒnfə'denʃəl, ,kɒnfɪ'denʃəl	Doctors are required to keep patient's records completely confidential.
conflicting	9	adj	kən'flɪktɪŋ	I had been given a great deal of conflicting advice.
confront	50	v	kən'frʌnt	Troops were confronted by an angry mob.
confuse	8	v	kən'fju:z	People might well confuse the two products.
conjunctivitis	174	n	kən,dʒʌŋk'tɪv'aɪtəs	She often suffered from conjunctivitis.
connotation	9	n	kɒnə'teɪʃən	The word 'professional' has connotations of skill and excellence.

Headword	Page	Part of speech	Pronunciation	Example Sentence
connotation	154	n	ˌkɒnə'teɪʃən	The word 'professional' has connotations of skill and excellence.
conscientious	12	adj	ˌkɒnʃi'entʃəs	A conscientious teacher may feel inclined to take work home.
consciousness	47	n	'kɒnʃəsnəs, 'kɒnʃəsnɪs	This will increase public consciousness of the pollution issue.
consent	58	v	kən'sent	Her father reluctantly consented to the marriage.
consequence	169	n	'kɒnsəkwəns, 'kɒnsɪkwəns	He broke the law and will have to face the consequences.
consequently	25	adv	'kɒnsəkwəntli, 'kɒnsɪkwəntli	The molecules are absorbed into the bloodstream and consequently affect the organs.
conservationist	20	n	kɒnsə'veɪʃənəst, kɒnsə'veɪʃənɪst	She is a keen conservationist.
conservative	148	adj	kən'sɜ:vətɪv	He has a very conservative attitude to education.
conservatory	167	n	kən'sɜ:vətəri	We've decided to have a conservatory at the back of the house.
considerable	157	adj	kən'sɪdərəbəl	We've saved a considerable amount of money.
considerate	148	adj	kən'sɪdərət, kən'sɪdərɪt	He was always kind and+E116 considerate.
consistency	49	n	kən'sɪstənsi	Consumer groups are demanding consistency in the labelling of foods.
constitution	49	n	ˌkɒnstɪ'tju:ʃən	The right to speak freely is written into the Constitution of the United States.
constraint	117	n	kən'streɪnt	Constraints on spending have forced the company to rethink its plans.
construct	149	v	kən'strʌkt	Boyce has constructed a new theory of management.
contamination	119	n	kən'tæməneɪʃən, kən'tæmɪneɪʃən	The contamination of the water supply is a disaster.
contemplate	24	v	'kɒntəmpleɪt	He had contemplated resigning from his job.
contemporary	112	adj	kən'tempərəri, kən'tempəri	There is an exhibition of contemporary Japanese prints.
contestant	124	n	kəŋ'testənt	Contestants for the game show go through a tough selection process.
context	60	n	'kɒntekst	To appreciate what these changes will mean, it is necessary to look at them in context.

Headword	Page	Part of speech	Pronunciation	Example Sentence
continent	117	n	'kɒntənənt, 'kɒntɪnənt	They travelled across the continent of Africa.
contract	70	v	kən'trækt	Two thirds of the adult population there have contracted AIDS.
contradictory	25	adj	,kɒntrə'dɪktəri	The public is being given contradictory messages about the economy.
contraption	70	n	kən'træpʃən	We used a strange but effective contraption to catch the insects.
convention	68	n	kən'venʃən	There is convention for science fiction fans next week.
conventional	59	adj	kən'venʃənəl	Internet connections through conventional phone lines are fairly slow.
conversely	25	adv	kən'vɜ:sli	American consumers prefer white eggs; conversely British buyers like brown eggs.
conviction	44	n	kən'vɪkʃən	Applicants are checked for criminal convictions.
convinced	9	adj	kən'vɪnst	Molly agreed, but she did not sound convinced.
convincing	23	adj	kən'vɪnsɪŋ	His story was very convincing and everyone believed it.
cope	24	v	kəʊp	He coped quite well as manager while the regular manager was away.
coral	42	n	'kɒrəl	She had a lovely coral bracelet.
core	116	adj	kɔ:	He couldn't even master the core skill.
coroner	80	n	'kɒrənə	The coroner recorded a verdict of death by natural causes.
corporation	70	n	,kɔ:pə'reɪʃən	He works for a large American corporation.
corruption	70	n	kə'rʌpʃən	The investigation uncovered widespread corruption within the police force.
cosmetic surgery	75	n	kɒz'metɪk 'sɜ:dʒəri	She's saving up to have cosmetic surgery.
costume drama	116	n	'kɒstjʊm 'drɑ:mə	She loves costume dramas such as <i>Pride and Prejudice</i> .
couch potato	148	n	kautʃ pə'tetəʊ	He's a couch potato.
counsellor	56	n	'kaʊnsələ	Are you seeing a counsellor?
courage	105	n	'kʌrɪdʒ	Sue showed great courage throughout her illness.
courtroom	44	n	'kɔ:tru:m, 'kɔ:trʊm	They all made their way to the courtroom.
covert	152	adj	'kɒvət, 'kəʊvɜ:t	A covert investigation was conducted to catch the drug-smugglers.
crack down	61	phr v	kræk daʊn	The government is determined to crack down on terrorism.

Headword	Page	Part of speech	Pronunciation	Example Sentence
crammed	36	adj	kræmd	The guide was crammed with useful information
crave	110	v	kreɪv	He is an insecure child who craves attention.
crawl	157	v	krəʊl	The baby crawled across the floor.
credit crunch	76	n	kredət, kredɪt krʌntʃ	Due to the credit crunch, we are unable to sell our house.
crossroads	22	n	'krɒsrəʊdz	Now farming is at a crossroads in the European Community.
crunchy	97	adj	'krʌntʃi	He had a delicious crunchy salad for lunch.
cry off	61	phr v	kraɪ ɒf	Leah and I were going to go to Morocco together, but at the last moment she cried off.
cryptographic	62	adj	'kriptə,græfɪk	The site then uses advanced cryptographic and legal techniques to protect its sources.
crystal	173	n	'krɪstl	There were ice crystals all over the car.
cultivate	108	v	'kʌltəveɪt, 'kʌltɪveɪt	Try to cultivate a more relaxed and positive approach to life.
cumbersome	157	adj	'kʌmbəsəm	It was a very large cumbersome machine.
cure	69	n	kjʊə	There is still no cure for AIDS
curious	23	adj	'kjʊəriəs	She was curious to know what happened.
current	48	adj	'kʌrənt	In its current state, the car is worth £1,000.
curricula	47	n plural	kə'ɪkju:lə	Languages are an essential part of the school curriculum.
curse	121	n	kɜ:s	Noise is one of the curses of modern-day life.
custody	151	n	'kʌstədi	A man is being held in custody in connection with the robbery.
cut and dried	8	adj	kʌt ənd draɪd	I don't think the plan is as cut and dried as people think.
cut down on	156	phr v	kʌt daʊn ɒn	By getting the design right, you can cut down on accidents.
dare	57	v	deə	Only a few journalists dare to cover the story.
dark horse	13	n	dɑ:k hɔ:s	She's a dark horse. I didn't know she'd written a novel.
data	73	n	'deɪtə, 'dɑ:tə	The research involves collecting data from two random samples
dazzling	58	adj	'dæzəlɪŋ	He gave a dazzling display of football skills.
deadline	12	n	'dedlaɪn	He missed the deadline for applications.
debatable	27	adj	dɪ'beɪtəbəl	It's debatable whether this book is as good as her last.
debate	27	n	d ɪ'beɪt	The issue will be debated on Tuesday.

Headword	Page	Part of speech	Pronunciation	Example Sentence
debunk	59	v	ˌdiːˈbʌŋk	His claims were later debunked by fellow academics.
decade	40	n	ˈdekeɪd, deˈkeɪd	I've been at the top in television for a decade.
deceased	52	n	dɪˈsiːst	The deceased left a large sum of money to his children.
deception	80	n	dɪˈsepʃən	She didn't have the courage to admit to her deception.
decidedly	119	adv	dɪˈsaɪdədli, dɪˈsaɪdɪdli	Cole's style is decidedly more formal than the previous manager's.
decline	47	v	dɪˈklaɪn	Spending on information technology has declined.
decor	35	n	ˈdeɪkɔː	The décor is a mix of antique and modern.
dedicated	47	adj	ˈdedɪkeɪtəd ˈdedəkeɪtəd	She's a dedicated and thoughtful teacher.
defeat	49	v	dɪˈfi:t	We were defeated by 3 goals to 2.
defendant	44	n	dɪˈfendənt	They find the defendant not guilty.
defer	122	v	dɪˈfɜː	Further discussion on the proposal will be deferred until April.
defy	50	v	dɪˈfaɪ	The youngsters defied the law as they drove too fast down the street.
delegate	99	v	ˈdeleɪgeɪt, ˈdelɪgeɪt	Minor tasks should be delegated to your assistants.
deliberately	86	adv	dɪˈɪbərətli, dɪˈɪbərɪtli	I deliberately kept the letter short.
deliberation	101	n	dɪˌlɪbəˈreɪʃən	After much deliberation, first prize was awarded to Derek Murray.
delicate	122	adj	ˈdelɪkət, ˈdelɪkɪt	There's something I have to speak to you about - it's a delicate matter.
demerit	167	n	dɪˈmerət, dɪˈmerɪt	This argument has merits and demerits.
democratise	121	v	dɪˈmɒkrətaɪz	Efforts are being made to democratis+E1392e school management structures.
demographic	68	n	ˌdeməˈgræfɪk	We need to discover the demographics of the newspaper's readership.
demonstrate	73	v	ˈdemənstreɪt	The study demonstrates the link between poverty and malnutrition.
denounce	49	v	dɪˈnaʊns	Amnesty International denounced the failure by the authorities to take action.
depict	104	v	dɪˈpɪkt	The god is depicted as a bird with a human head.
depression	116	n	dɪˈpreʃən	Many women suffer from post-natal depression.
depths	116	n	depθs	She was in the depths of despair.
deserted	32	adj	dɪˈzɜːtəd	The streets were deserted.

Headword	Page	Part of speech	Pronunciation	Example Sentence
deserve	121	v	dɪ'zɜ:v	We didn't deserve to win.
designate	165	v	'deɪzɪneɪt	The lake was recently designated a conservation area.
desolate	117	adj	'desələt	They rode through some truly desolate landscapes.
despite	72	preposition	dɪ'spaɪt	Despite all our efforts to save the school, the authorities decided to close it.
destruction	47	n	dɪ'strʌkʃən	People should be worried about the destruction of the rain forest.
deterrent	44	n	dɪ'terənt	Window locks are an effective deterrent against burglars
detour	32	n	'di:tʊə	We took a detour to avoid the town centre.
devil's advocate	26	n	'devəls 'ædvəkət	He would play devil's advocate with anyone.
devise	93	v	dɪ'vaɪz	She devised a method for quicker communications between offices.
devour	97	v	dɪ'vaʊə	The boys devoured their pancakes.
dictate	100	v	dɪk'teɪt	The media cannot be allowed to dictate to the government.
dig	81	v	dɪg	They dig a small hole in the sand to bury their eggs.
dilapidated	32	adj	də'læpədeɪtəd	They bought a dilapidated old manor house.
dilemma	50	n	dəl'ema, dɪl'ema, daɪl'ema	I'm in a dilemma about this job offer.
dim	8	adj	dɪm	Miss Watson took a dim view of Paul's behaviour.
dip	174	n	dɪp	Are you coming for a dip?
dire	61	adj	daɪə	The country is in dire need of food aid.
disability	166	n	ˌdɪsə'bɪləti, ˌdɪsə'bɪlɪti	Public places are becoming more accessible to people with disabilities.
disapprove	57	v	ˌdɪsə'pru:v	I disapprove of diets; it's better to eat sensibly.
disclose	169	v	dɪs'kləʊz	He refused to disclose the identity of the politician.
disfigured	75	adj	dɪs'fɪgəd	His face had been disfigured in the accident.
dishonest	157	adj	dɪs'ɒnəst, dɪs'ɒnɪst	People on welfare are wrongly seen as lazy or dishonest.
disinfectant	82	n	ˌdɪsən'fektənt, ˌdɪsɪn'fektənt	The tables were washed with disinfectant at the end of the day.
dismal	14	adj	'dɪzməl	The future looks pretty dismal right now.
disobey	12	v	ˌdɪsə'beɪ, ˌdɪsəʊ- C114	You disobeyed my orders.
dispassionate	166	adj	dɪs'pæʃənət	He had a dispassionate view of the situation.
disperse	151	v	dɪ'spɜ:s	Police used tear gas to disperse the crowd.

Headword	Page	Part of speech	Pronunciation	Example Sentence
dispute	157	v	dɪˈspju:t	The main facts of the book have never been disputed.
distant	68	adj	ˈdɪstənt	Her honeymoon seemed a distant memory.
distinctly	96	adv	dɪˈstɪŋktli	He distinctly remembered the day his father left.
distract	25	v	dɪˈstrækt	Try not to distract the other students.
distract	58	v	dɪˈstrækt	Try not to distract the other students.
diversity	9	n	daɪˈvɜ:səti, daɪˈvɜ:sɪti, dəˈvɜ:sɪti	The curriculum will take account of the ethnic diversity of the population.
divorce	58	n	dəˈvɔ:s, dɪˈvɔ:s	Why doesn't she get a divorce?
divulge	56	v	daɪˈvʌldʒ	It is not company policy to divulge personal details of employees.
do away with	156	phr v	du: əˈweɪ wɪð	People thought that the use of robots would do away with boring low-paid factory jobs.
documentary	16	n	ˌdɒkjəˈmentəri	The local film crew is making a documentary about volcanoes.
dominate	62	v	ˈdɒmənɪt, ˈdɒmɪneɪt	The industry is dominated by five multinational companies.
doom-monger	61	n	du:m-mʌŋgə	The doom-mongers say the end of the world is coming.
downhill	22	adv	ˈdaʊnˌhɪl	Grandma fell and broke her leg, and she went downhill quite rapidly after that.
download	75	v	ˌdaʊnˈləʊd	You can download this game free from the Internet.
downsize	156	v	ˈdaʊnsaɪz	The airline has downsized its workforce by 30%.
downtown	112	adv	ˌdaʊnˈtaʊn	She works for a law firm in downtown Miami.
dragon	58	n	ˈdrægən	The boss is a bit of a dragon.
dramatically	73	adv	drəˈmætɪkli	Output has increased dramatically.
drawback	36	n	ˈdrɔ:bæk	It's a great city - the only drawback is the weather.
dreary	35	adj	ˈdriəri	It was a dreary winter's day.
drift off	70	phr v	drɪft ɒf	I was just drifting off when the phone rang.
driftwood	173	n	ˈdrɪftwʊd	The artist made horses out of driftwood.
drip feed	62	v	ˈdri:p fi:d	The public was drip-fed with news.
due	69	adj	dju:	The team are due to fly to Italy next month.
duo	109	n	ˈdju:əʊ	We went to see the comedy duo Reeves and Mortimer.
dust off	58	phr v	dʌst ɒf	They were dusting off leaves and twigs.
dweller	69	n	ˈdwelə	City dwellers suffer higher pollution levels.
dwelling	32	n	ˈdweɪlɪŋ	My hotel room was once a cave dwelling.

Headword	Page	Part of speech	Pronunciation	Example Sentence
easygoing	148	adj	ˌiːziˈɡəʊɪŋ	Her easy-going nature made her popular.
eat up	106	phr v	ɪːt ʌp	Come on, eat up, there's a good girl.
eccentric	109	adj	ɪk'sentɹɪk, ek'sentɹɪk	His eccentric behaviour lost him his job.
echo	96	v	'ekəʊ	The last chapter echoed the start of the novel.
ecological	173	adj	ˌɪkə'lɔ:dʒɪkəl	The oil spill was an ecological disaster.
ecstatic	86	adj	ɪk'stætɪk, ek'stætɪk	He received an ecstatic welcome from the thousands who lined the streets.
edible	82	adj	'edəbəl, 'edɪbəl	These berries are edible, but those are poisonous.
ego	21	n	'ɪ:gəʊ, 'egəʊ	Richard has the biggest ego of anyone I've ever met.
elation	80	n	ɪ'leɪʃən	The troops' sense of elation at the victory was not to last.
election	36	n	ɪ'leɪʃən	The Labour+E438 Party won the 2001 election by a huge majority
electrify	82	v	ɪ'lektɹəfaɪ, ɪ'lektɹɪfaɪ	She would sit at the piano and sing, electrifying us all.
electronica	34	n	ˌelɪk'trɒnɪkə, ɪ'lek-	Her favourite music is electronica.
element	64	n	'eləmənt, 'elɪmənt	Honesty is a vital element of her success.
elite	114	n	eɪ'li:t, ɪ'li:t	He was a member of the ruling elite.
elusive	82	adj	ɪ'lʊ:sɪv	She managed to get an interview with that elusive man.
embark	47	v	ɪm'bɑ:k	He embarked on a new career as a teacher.
embarrassed	11	adj	ɪm'bærəst	He looked embarrassed when I asked him where he'd been.
embody	32	v	ɪm'bɒdi	She embodies everything I admire in a teacher.
emeritus	9	adj	ɪ'merɪtəs	Dr Watson, emeritus professor of law, has just written a new book.
emigrate	81	v	'eməgreɪt, 'emɪgreɪt	He emigrated to Australia as a young man.
emotionally	28	adv	ɪ'məʊʃənəli, ɪ'məʊʃənli	Nursing is an emotionally and physically demanding job.
emotive	9	adj	ɪ'məʊtɪv	Child abuse is an emotive subject.
emphasise	118	v	'emfəsəɪz	The report emphasises the importance of improving safety standards.
empire	104	n	empaɪə	The Barbarians finally overthrew the Roman Empire.
enact	104	v	ɪ'nækt	The drama was enacted on a darkened stage.
encase	93	v	ɪn'keɪs	His broken leg was encased in plaster.
encompass	34	v	ɪn'kʌmpəs	The study encompasses the social, political, and economic aspects of the situation.

Headword	Page	Part of speech	Pronunciation	Example Sentence
encounter	23	v	ɪn'kaʊntə	They encountered serious problems when two members of the expedition were injured.
endgame	175	n	'endgeɪm	The endgame looks a long way off.
endurance	118	n	ɪn'dʒʊərəns	She was pushed beyond her powers of endurance.
engaging	41	adj	ɪn'geɪdʒɪŋ	She had an engaging smile.
engender	104	v	ɪn'dʒendə	The changes in society were engendered by the war.
engrave	112	v	ɪn'greɪv	Their names are engraved on a stone tablet.
enlightening	24	v	ɪn'laitnɪŋ	The experiment was enlightening.
enrol	44	v	ɪn'rəʊl	I decided to enrol for 'Art for Beginners'.
en-suite	85	adj	ɒn'swi:t	Both bedrooms have en-suite bathrooms.
enthusiastically	75	adv	ɪn_θju:zi'æstɪkli	He cheered his team enthusiastically.
entitle	149	v	ɪn'taɪtl	Full-time employees are entitled to receive health insurance.
envy	154	n	'envi	He watched the other with envy.
epic	116	adj	'epɪk	The film is an epic tale of mutiny on the high seas.
epidemic	47	n	ˌepə'demɪk, ˌepɪ'demɪk	Over 500 people died during last year's flu epidemic.
epoch	45	n	'ɪ:pɒk	The king's death marked the end of an epoch.
equivalent	94	n	i'kwɪvələnt	I had a qualification which is equivalent to a degree.
era	58	n	'ɪərə	We live in an era of instant communication.
erode	27	v	i'raʊd	Our personal freedom is being gradually eroded away.
escape	46	v	i'skeɪp	He broke down the locked door and escaped.
Eskimo	60	n	'eskəməʊ, 'eskɪməʊ	Eskimos have over one hundred words for snow.
essence	32	n	'esəns	She seems the very essence of kindness.
essential	25	adj	i'senʃəl	A good diet is essential for everyone.
esteem	120	n	i'sti:m	The critics held him in high esteem as an actor.
estimate	157	v	'estəmeɪt, 'estɪmeɪt	The tree is estimated to be at least 700 years old.
etch on your memory	155	v phrase	etʃ ɒn jə 'meməri	The island remained etched on my memory.
evidence	149	n	'evɪdəns, 'evədəns	At present we have no evidence of life on other planets.
evidence	44	n	'evədəns, 'evɪdəns	At present we have no evidence of life on other planets.
evidently	25	adv	'evədəntli	She was evidently in pain.
evocative	95	adj	i'vɒkətɪv	The picture was wonderfully evocative of a hot summer's day.

Headword	Page	Part of speech	Pronunciation	Example Sentence
evoke	95	v	ɪ'vʊk	His appearance is bound to evoke sympathy.
exaggerate	10	v	ɪg'zædʒəreɪt	I couldn't sleep for three days – I'm not exaggerating.
excess	28	n	ɪk'ses, 'ekses	The car reached speeds in excess of 100 miles an hour.
exemplify	82	v	ɪg'zempləfaɪ, ɪg'zemplɪfaɪ	The building exemplifies the style of architecture which was popular at the time.
exhausted	152	adj	ɪg'zɔ:stəd, ɪg'zɔ:stɪd	You look absolutely exhausted.
exhibition	109	n	ˌeksə'bɪʃən, ˌeksɪ'bɪʃən	The museum is staging an exhibition of Picasso's work.
exhilarated	118	adj	ɪg'zɪləreɪtəd	Dan felt strangely exhilarated by the day's events.
exorbitant	154	adj	ɪg'zɔ:bətənt, ɪg'zɔ:bitənt	He paid an exorbitant price for his house.
expedition	86	n	ˌekspə'dɪʃən, ˌekspɪ'dɪʃən	They went on a fishing expedition at the weekend.
expertise	154	n	ˌekspɜ:'ti:z	What he's bringing to the company is financial expertise.
explicitly	20	adv	ɪk'splɪsɪtli:, ɪk'splɪsɪtli:	He explicitly criticised the government.
explode	73	v	ɪk'spləʊd	Florida's population exploded in the 1950s.
explore	95	v	ɪk'splɔ:	Management need to explore ways of improving office security.
explosion	68	n	ɪk'spləʊzən	There has been a recent explosion of interest in Latin music and dance.
expose	169	v	ɪk'spəʊz	The film exposes the utter horror of war.
exquisite	42	adj	ɪk'skwɪzət, ɪk'skwɪzɪt	The necklace was truly exquisite.
extensively	80	adv	ɪk'stensɪvli	He travelled extensively in the Middle East.
extinction	70	n	ɪk'stɪŋkʃən	There are many species in danger of extinction.
extinguish	172	v	ɪk'stɪŋgwɪʃ	Please extinguish all cigarettes.
extravagance	57	n	ɪk'strævəgənt	I was shocked by the extravagance of the President's palace in this poor country.
extrovert	11	n	'ekstrəvɜ:t	Her sister was always more of an extrovert.
eye-catching	85	adj	'aɪ-kætʃɪŋ	The poster had an eye-catching design.
fabricate	154	v	'fæbrɪkeɪt	The police were accused of fabricating evidence.
facial	85	n	'feɪʃəl	She went to the beauty salon for a facial.
facilitator	99	n	fə'sɪləteɪtə, fə'sɪlɪteɪtə	We chose a facilitator to lead the discussion.
fade	68	v	feɪd	Hopes of a peace settlement are beginning to fade.
faintest	156	adj	'feɪntəst	I don't have the faintest idea what you're talking about.

Headword	Page	Part of speech	Pronunciation	Example Sentence
fairground	112	n	'feəgraʊnd	The fairground goldfish has been the starting point for many hobbyists.
fake	80	v	feɪk	She faked her father's signature on the cheque.
fall out	106	phr v	fɔ:l aʊt	Carrie's always falling out with people.
fallacy	59	n	'fæləsi	It is a fallacy to think that the more information an organisation has the better will be the decisions.
fantasy	64	n	'fæntəsi	The film is a surrealist fantasy set in a South American village.
far-out	112	adj	fɑ:raʊt	Tim's designs were just far-out.
fascinating	42	adj	'fæsəneɪtɪŋ, 'fæsɪneɪtɪŋ	That sounds absolutely fascinating.
fashionable	8	adj	'fæʃənəbəl	Strong colours are very fashionable at the moment.
father-in-law	23	n	'fa:ðər-ɪn-lɔ:	Mary's father is my father-in-law.
favour	121	n	'feɪvə	Senior ministers spoke in favour of the proposal.
feasible	39	adj	'fi:zəbəl, 'fi:zɪbəl	I think we've found a feasible solution to the problem.
feat	118	n	fi:t	They climbed the mountain in 28 days, a remarkable feat.
fed up	24	adj	fed ʌp	Anna got fed up with waiting.
fee	24	n	fi:	You can use the gym and pool for a fee of £35 a month.
feud	114	n	fju:d	There has been a bitter feud over territory for years.
fiercely	166	adv	'fɪəsli	The government's policies were fiercely attacked.
fig	96	n	fɪg	She used to love to pick the figs from the trees in the orchard.
fission	6	n	'fɪʃən	Some of the fission fragments are themselves radioactive.
fix up	118	phr v	fɪks ʌp	They fixed up their bikes and started the long journey.
fixture	112	n	'fɪkstʃə	Gerrard soon became a permanent fixture in the Liverpool team.
flash of inspiration	149	n phrase	flæʃ əv ɪnspɪ'reɪʃən, ɪnspə'reɪʃən	As he was thinking about the problem, he suddenly had a flash of inspiration.
flat-pack	12	n	'flæt'pæk	We bought some flat-pack furniture for our new flat.
flattering	14	adj	'flætərɪŋ	That colour is very flattering.
flee	81	v	fli:	His attackers turned and fled.
flexibility	39	n	fleksəbɪləti, fleksəbɪlɪti	Employees expect flexibility in the workplace.
flicker	14	n	'flɪkə	The picture has a wonderful flicker about it.

Headword	Page	Part of speech	Pronunciation	Example Sentence
flimsy	50	adj	'flɪmzi	She wore a flimsy cotton dress.
flip-flop	86	n	flɪp-flop	She was wearing flip-flops.
flood	96	v	flʌd	Memories of my time in Paris flooded back.
focus	98	v	'fəʊkəs	He needs to focus more on his career.
foodie	125	n	'fu:di	The clubhouse is packed with avid sports fans and foodies.
foolishness	45	n	'fu:lɪʃnəs	The foolishness of his behaviour was evident.
footage	50	n	'fʊtɪdʒ	The footage has since become a YouTube sensation.
forbidden	57	adj	fə'bɪdn	it is forbidden to smoke at school.
foreseeable	92	adj	fə:'si:əbəl	The situation is likely to continue for the foreseeable future.
forth	52	adv	fə:θ	The house was still burning, pouring forth thick black smoke.
fortunes	16	n	'fɔ:tʃenz	This defeat marked a change in the team's fortunes.
foundation	149	n	faʊn'deɪʃən	All theories should be built on a foundation of factual knowledge.
fountain	104	n	'faʊntən, 'faʊntɪn	They met by the fountain in the park.
fraudulent	44	adj	'frɔ:dʒənt	He made a fraudulent insurance claim.
freelance	50	adj	'fri:ləns	She works freelance from home.
frenzy	86	n	'frenzi	The women were screaming and in a frenzy to get home.
friction	21	n	'frɪkʃən	Having my mother living with us causes friction at home.
frivolous	154	adj	'frɪvələs	The court discourages frivolous law suits.
frost	173	n	froʊst	There was a heavy frost last night.
frown upon	169	phr v	fraʊn ə'pɒn	Even though divorce is legal, it is still frowned upon.
frumpy	8	adj	'frʌmpi	I think I look frumpy in that dress.
frustrated	11	adj	frʌ'streɪtəd, 'frʌstreɪtɪd	He gets frustrated when people don't understand what he's trying to say.
fulfil	94	v	fʊl'fɪl	Visiting Disneyland has fulfilled a boyhood dream.
fume	117	v	fju:m	She sat in the car, silently fuming about what he'd said.
fumes	34	n	fju:mz	The fumes from the traffic were terrible.
fundamental	100	adj	ˌfʌndə'mentl	We have to tackle the fundamental cause of the problem
furious	169	adj	'fjʊəriəs	Residents in the area are furious at the decision.
furthermore	25	adv	ˌfɜ:ðə'mɔ:	He is old and unpopular. Furthermore, he has at best only two years of political life ahead of him.

Headword	Page	Part of speech	Pronunciation	Example Sentence
furtive	152	adj	'fɜːtɪv	There was something furtive about his actions.
futurologist	68	n	'fjuːtʃə'rolədʒəst, 'fjuːtʃə'rolədʒɪst	Futurologists are always coming up with new predictions.
gadget	68	n	'gædʒət, 'gædʒɪt	I've just bought a great gadget for sharpening knives.
gather pace	68	v	'gæðə peɪs	The international relief effort appears to be gathering pace.
gaudy	35	adj	'gɔːdi	He was wearing a gaudy waistcoat.
gender	151	n	'dʒendə	Discrimination on grounds of race or gender is forbidden.
genetic code	70	n	dʒə'netɪk 'kəʊd	We are now preserving the genetic codes of animals.
genius	108	n	'dʒiːniəs	The film reveals Fellini's genius.
genuine	157	adj	'dʒenjuən, 'dʒenjuɪn	We need laws that will protect genuine refugees.
geriatric	120	adj	'dʒeri'ætrɪk	He's a geriatric rock star.
get across	6	phr v	get ə'krɒs	The message isn't getting across.
get away with	106	phr v	get ə'wei wið	No one insults my family and gets away with it.
get hold of	6	n phrase	get həʊld əv	I need to get hold of a car.
get on	106	phr v	get ɒn	I've always got on well with Henry.
get over	106	phr v	get 'əʊvə	She never got over the death of her son.
get round to	106	phr v	get raʊnd tə	I keep meaning to put a lock on it, but I never get round to it.
get up to	156	phr v	get ʌp tə	What did you get up to at the weekend?
gifted	28	adj	'gɪftəd, 'gɪftɪd	She was an extremely gifted musician.
give rise to	74	n phrase	gɪv raɪz tuː	The stormy weather gave rise to difficulties for many of the competitors.
give up	20	phr v	gɪv ʌp	She gave up her job and started writing poetry.
given name	8	n	'gɪvən neɪm	My given name is Nicholas.
glacier	100	n	'glæsiə, 'gleɪsiə	We enjoyed our trip across the glacier.
glamorous	9	adj	'glæməərəs	She led an exciting and glamorous life.
glance	89	v	glɑːns	The man glanced nervously at his watch.
glorify	82	v	'glɔːrɪfaɪ	I don't like films which glorify violence.
glory	92	n	'glɔːri	This represents one of the finest artistic glories of France.
glow	68	n	gləʊ	Sophie felt a glow of pride.
go along with	106	phr v	gəʊ ə'lɒŋ wið	I would be happy to go along with the idea.
go back	106	phr v	gəʊ bæk	I think we ought to go back now.

Headword	Page	Part of speech	Pronunciation	Example Sentence
go back on	156	phr v	gəʊ bæk ɒn	Delors claimed that the President had gone back on his word.
go down with	156	phr v	gəʊ daʊn wɪð	Half the team had gone down with flu.
go in for	106	phr v	gəʊ ɪn fə	I never really went in for sports.
go on	106	phr v	gəʊ ɒn	He went on working until he was 91
go through with	156	phr v	gəʊ θru: wɪð	He bravely went through with the wedding ceremony even though he was in a lot of pain.
godfather	116	n	'gɒd fɑ:ðə	Charley is my daughter's godfather.
gorgeous	47	adj	'gɔ:dʒəs	You look gorgeous, Maria.
gossip	121	n	gɒsəp, gɒsɪp	Here's an interesting piece of gossip about Mrs Smith.
gramophone	17	n	'gæməfəʊn	He had an antique gramophone which belonged to his grandfather.
grant	21	v	grɑ:nt	The council granted him permission to build on the site.
graph	73	n	grɑ:f	Martin showed me a graph of their recent sales.
graveyard	68	n	'greɪvjɑ:d	This is a graveyard for old cars.
gregarious	148	adj	grɪ'geəriəs	He's a very gregarious person.
grind	26	v	graɪnd	I need objective advice from someone with no axe to grind.
grip	40	n	grɪp	The country is in the grip of famine.
gripping	116	adj	'grɪpɪŋ	I've just read a gripping thriller.
groundbreaking	47	adj	'graʊnd breɪkɪŋ	His research has been groundbreaking.
guess	68	v	ges	If you guess correctly, you have another turn.
gunfire	49	n	'gʌnfʌɪə	I heard a burst of distant gunfire.
gunshot	49	n	'gʌnʃɒt	She says she heard a gunshot at about midnight.
habitable	82	adj	'hæbətəbəl, 'hæbɪtəbəl	It would cost a fortune to make the place habitable.
hacker	62	n	'hækə	A hacker managed to get into the system.
haggle	34	v	'hægəl	The tourists were haggling over the price of the paintings.
half-baked	22	adj	,hɑ:f'beɪkt	He's always coming out with these half-baked ideas which will never work.
handcuffs	93	n	'hændkʌfs	They put handcuffs on the two men and led them away.
handle	64	v	'hændl	I knew I had handled the matter badly.
hang around	61	phr v	hæŋ ə'raʊnd	I hung around the station for an hour but he never came.
hang out	167	phr v	hæŋ aʊt	I don't know who she hangs out with.

Headword	Page	Part of speech	Pronunciation	Example Sentence
hanker after	120	phr v	'hænkə 'ɑ:ftə	She hankered after a life in the country.
harassment	82	n	'hærəsmənt, hə'ræsment	African-Americans have been complaining about police harassment for years.
hard sell	167	n	hɑ:d sel	The salesman used the hard sell technique, but it didn't work on me.
hardened	151	adj	'hɑ:dnd	The men were hardened criminals.
harmless	121	adj	'hɑ:mləs	It was just a bit of harmless fun.
harvest	85	v	'hɑ:vəst, 'hɑ:vɪst	He harvested the wheat.
hat trick	119	n	hæt trɪk	Saunders scored a hat trick in the final game of the series.
hatch	81	v	hætʃ	The prisoners hatched a plan to escape.
haven	36	n	'heɪvən	The river banks are a haven for wildlife.
hazard	14	v	'hæzəd	No one at this stage is prepared to hazard a guess about the outcome of the elections.
hazy	96	adj	'heɪzi	My memories of the holiday are rather hazy.
heart-breaking	104	adj	'hɑ:t'breɪkɪŋ	Her story was heart-breaking.
hedge	95	n	hedʒ	There were tall hedges surrounding the garden.
heir	88	n	eə	John was the sole heir to the vast estate.
heirloom	17	n	'eəlu:m	The painting was a family heirloom.
hence	25	adv	hens	The cost of transport is a major expense for an industry. Hence factory location is an important consideration.
herbal medicine	60	n	'hɜ:bəl 'medsən	They studied herbal medicine as an alternative to the drugs of the medical profession.
heritage	41	n	'herətɪdʒ, 'herɪtɪdʒ	It is important to preserve our cultural heritage.
hero	50	n	'hɪərəʊ	He became a national hero.
hesitate	82	v	'hezəteɪt	Kay hesitated for a moment and then said 'yes'.
high-achieving	61	adj	haɪ ə'tʃi:vɪŋ	They hope to create high-achieving young professionals.
highlight	32	n	'haɪlaɪt	That weekend in Venice was definitely the highlight of our trip.
highlight	116	v	'haɪlaɪt	Your CV should highlight your skills and achievements.
high-profile	62	adj	'haɪ ,prəʊfaɪl	He is a high-profile public figure.
hiking	85	n	'haɪkɪŋ	Utah is a great place to go hiking.
hit on	1,7	phr v	hɪt ɒn	Then we hit on the idea of asking viewers to donate money over the Net.

Headword	Page	Part of speech	Pronunciation	Example Sentence
HIV	47	n	ˈaɪfəɪˈviː	HIV is a big problem in many African countries.
hog	120	v	hɒg	He's been hogging the limelight.
hold on	6	phr v	həʊld ɒn	Hold on, I'll just get my coat.
homeless	25	adj	ˈhəʊmləs	Thousands of people have been made homeless.
hone	84	v	həʊn	He set about honing his skills as a draughtsman.
horizon	116	n	həˈraɪzən	The course will broaden my horizons.
hormone	38	n	ˈhɔːməʊn	He needed hormone injections to help him grow.
horrendous	110	adj	hɒˈrendəs, həˈrendəs	She suffered horrendous injuries.
host	46	n	həʊst	A host of show business celebrities have pledged their support.
household name	8	n	ˈhaʊshəʊld neɪm	Barrack Obama is a household name.
hub	38	n	hʌb	Birmingham is the hub of Britain's motorway network.
human rights	48	n	ˈhjuːmən raɪts	This company always operates with respect for human rights.
humanitarian	47	adj	hjuːˌmænəˈteəriən, hjuːˌmæniˈteəriən	Humanitarian aid is being sent to the refugees.
humanity	92	n	hjuːˈmænəti	We want a clean healthy environment for all humanity.
humble	32	adj	ˈhʌmbəl	You can't help but be humbled when you enter this cathedral.
humorous	109	adj	ˈhjuːməərəs	The film had some mildly humorous moments.
hunting	92	n	ˈhʌntɪŋ	They usually go hunting duck at the weekends.
hurdle	44	n	ˈhɜːdl	Finding enough money for the project was the first hurdle.
hush-hush	152	adj	hʌʃ-hʌʃ	Everything was very hush-hush.
hypothetical	104	adj	ˌhaɪpəˈθetɪkəl	Brennan brought up a hypothetical case to make his point.
ice cap	94	n	aɪs kæp	The photo of the melting ice caps sent a powerful message.
iconic	109	adj	aɪˈkɒnɪk	What are the most iconic inventions of the twentieth century?
idealistic	149	adj	aɪˌdɪəˈlɪstɪk	Many people had idealistic value in the 1960s.
identical	154	adj	aɪˈdentɪkəl	The sisters were identical in appearance and character.
ideology	23	n	ˌaɪdɪˈɒlədʒi	The new ideology is based on individualism.

Headword	Page	Part of speech	Pronunciation	Example Sentence
idle	32	v	'aɪdl	Sometimes he went for a walk; sometimes he just idled the time away watching the sea.
idolise	121	v	'aɪdəl-aɪz	They had one child, a girl whom they idolized.
idyllic	65	adj	ɪ'dɪlɪk, aɪ'dɪlɪk	If you want old-world tradition in an idyllic setting, this is the hotel for you.
ignore	98	v	ɪg'nɔː	You can't ignore the fact that many criminals never go to prison.
illegal	48	adj	ɪ'li:gəl	It is illegal to sell tobacco to someone under 16.
illiteracy	151	n	ɪ'lɪtərəsi	Illiteracy is a big problem in the country.
illogical	68	adj	ɪ'lɒdʒɪkəl	It is illogical to assume that you can do the work of three people.
illuminate	164	v	ɪ'lu:məneɪt, ɪ'lu:mɪneɪt, ɪ'lju:mɪneɪt	The report illuminated the difficult issues at the heart of science policy.
illustration	85	n	ɪlə'streɪʃən	The book contains 62 pages of illustrations.
imaginable	49	adj	ɪ'mædʒənəbəl, ɪ'mædʒɪnəbəl	The travel brochure is full of the most wonderful resorts imaginable.
imaginary	65	adj	ɪ'mædʒənəri, ɪ'mædʒɪnəri	As she listened, she played an imaginary piano on her knees.
immigration	48	n	ɪmə'greɪʃən	Immigration figures fell in the 1980s.
immortalised	36	adj	ɪ'mɔːtəlaɪzd	Dickens' father was immortalised as Mr Micawber in <i>David Copperfield</i> .
immovable	21	adj	ɪ'mu:vəbəl	Lock your bike to something immovable like a railing or a lamp-post.
impact	9	n	'ɪmpækt	We need to assess the impact on climate change.
impact	47	n	'ɪmpækt	We need to assess the impact on climate change.
impaired	166	adj	ɪm'peəd	She's got impaired vision.
impartial	27	adj	ɪm'pɑːʃəl	We offer impartial advice on tax and insurance.
imperative	46	adj	ɪm'perətɪv	It is imperative that politicians should be good communicators
impetuous	148	adj	ɪm'petʃuəs	He was high-spirited and impetuous.
implement	99	v	'ɪmpləment, 'ɪmplɪment	We have decided to implement the committee's recommendations in full.
impose	154	v	ɪm'pəʊz	The court can impose a fine.
impressive	104	adj	ɪm'presɪv	The figures certainly look impressive.

Headword	Page	Part of speech	Pronunciation	Example Sentence
impromptu	32	adj	ɪm'prɒmptju:	The band gave an impromptu concert.
impure	157	adj	ɪm'pjʊə	Unfortunately it was an impure crystal and therefore not worth very much.
inclined	11	adj	ɪn'klaɪnd	He was inclined to self-pity.
incomprehensible	82	adj	ɪn'kɒmpri'hensəbəl, ɪn'kɒmpri'hensɪbəl	These legal documents are full of incomprehensible jargon.
incredulity	45	n	ˌɪnkrə'dju:ləti	When she told her family she was leaving, they looked at her with a mixture of shock and incredulity.
indicate	73	v	'ɪndəkeɪt, 'ɪndɪkeɪt	Research indicates that over 81% of teachers are dissatisfied with their salary.
indigenous	47	adj	ɪn'dɪdʒənəs	Blueberries are indigenous to America.
inequality	151	n	ˌɪni'kwɒləti	There are inequalities between men and women.
influential	28	adj	ˌɪnflu'entʃəl	He had influential friends.
informant	169	n	ɪn'fɔ:mənt	One of the witnesses was a paid informant for the FBI.
infrastructure	38	n	'ɪnfɹə'strʌktʃə	Some countries lack a suitable economic infrastructure.
infuriating	12	adj	ɪn'fjʊəri'eɪtɪŋ	The infuriating thing is that he is always right.
ingenuity	109	n	ˌɪndʒə'nu:əti	We were surprised by his ingenuity.
ingrained	49	adj	ɪn'greɪnd	The idea of doing our duty is deeply ingrained in most people.
ingredient	85	n	ɪn'gri:diənt	Combine all the ingredients in a large bowl.
inherit	17	v	ɪn 'herət, ɪn 'herɪt	He inherited a fortune from his grandmother.
initially	80	adv	ɪ'nɪʃəli	Stan initially wanted to go to medical school.
initiate	53	v	ɪ'nɪʃɪət	They have decided to initiate legal proceedings against the newspaper.
injunction	62	n	ɪn'ʒʌŋkʃən	The family is seeking an injunction against the book's publication.
innate	28	adj	ˌɪneɪt	Children have an innate ability to learn language.
innermost	56	adj	'ɪnəməʊst	He is a man who would never share his innermost thoughts with anyone.
innocent	44	adj	'ɪnəsənt	He's innocent of murder.
innovation	68	n	ˌɪnə'veɪʃən	We must encourage innovation if the company is to remain competitive.
innovative	167	adj	'ɪnəvətɪv	He has an innovative approach to language teaching.
innumerable	97	adj	ɪ'nju:mərəbəl	She's served on innumerable committees.

Headword	Page	Part of speech	Pronunciation	Example Sentence
inquest	80	n	'ɪnkwest	The inquest heard that she died from multiple injuries
inquisitive	12	adj	ɪn'kwɪzətɪv, ɪn'kwɪzɪtɪv	I'd have asked more questions, but I didn't want to seem inquisitive.
insensitive	12	adj	ɪn'sensətɪv, ɪn'sensɪtɪv	She's totally insensitive to Jack's feelings.
insight	121	n	'ɪnsaɪt	The article gives us a real insight into the causes of the present economic crisis.
inspirational	12	adj	ˌɪnspə'reɪʃənəl, ˌɪnspɪ'reɪʃənəl	Jones proved an inspirational figure in Welsh rugby.
inspire	47	v	ɪn'spaɪə	We need someone who can inspire the team
install	92	v	ɪn'stɔ:l	They've installed the new computer network at last.
instance	149	n	'ɪnstəns	He made a mistake in this instance.
instant	74	adj	'ɪnstənt	The women took an instant dislike to one another.
instigate	49	v	'ɪnstəɡeɪt, 'ɪnstɪɡeɪt	Charles instigated a programme of reforms.
instinct	20	n	'ɪnstɪŋkt	Animals have a natural instinct for survival.
instinctive	9	adj	ɪn'stɪŋktɪv	She had a mother's instinctive love.
intact	89	adj	ɪn'tækt	Her reputation survived intact.
integrity	47	n	ɪn'teɡrəti, ɪn'teɡrɪti	He is a man of great moral integrity.
intellectual	14	adj	ˌɪntə'lektʃuəl, ˌɪntɪ'lektʃuəl	Mark's very intellectual.
intellectual property	48	n	ˌɪntəlektʃuəl. ˌɪntəlektʃuəl 'prɒpəti	They reaffirm the importance of recognising intellectual property rights.
intensity	14	n	ɪn'tensəti, ɪn'tensɪti	He spoke with great intensity.
interfere	24	v	ˌɪntə'fɪə	My daughter-in-law said that I was interfering, but I was only trying to help.
interrupt	63	v	ˌɪntə'rʌpt	Sorry to interrupt, but I need to ask you to come downstairs.
intrigued	164	adj	ɪn'trɪ:ɡd	He was intrigued by her reaction.
introverted	148	adj	'ɪntrəvɜ:təd, 'ɪntrə:vɜ:tɪd	Jenny is quite introverted and doesn't enjoy parties.
intuition	13	n	ɪntju:'ɪʃən	Intuition told her it was unwise to argue.
intuitively	59	adv	ɪn'tju:ətɪvli, ɪn'tju:ɪtɪvli	He knew what to do intuitively.
investigative	62	adj	ɪn'vestəɡətɪv, ɪn'vestɪɡətɪv	He's a well-known investigative journalist.
investment	149	n	ɪn'vestmənt	We plan to buy some property as an investment.

Headword	Page	Part of speech	Pronunciation	Example Sentence
invisible	174	adj	ɪn'vɪzəbəl, ɪn'vɪzɪbəl	The plane is meant to be invisible to radar.
iron	92	n	'aɪən	The driveway had large iron gates at the end of it.
irreplaceable	36	adj	ˌɪrɪ'pleɪsəbəl	Works of art were lost, many of them irreplaceable.
irreversible	100	adj	ˌɪrɪ'vɜ:səbəl, ˌɪrɪ'vɜ:stɪbəl	Fossil fuels have caused irreversible damage to the environment.
isolated	104	adj	'aɪsələɪtəd, 'aɪsələɪtɪd	Young mothers often feel isolated.
issue	166	n	'ɪʃu:	The key issue is whether workers should be given a pay rise.
jacuzzi	85	n	dʒə'ku:zi	The hotel room had an en-suite jacuzzi.
jaded	84	adj	'dʒeɪdəd, 'dʒeɪdɪd	The concert should satisfy even the most jaded critic.
jazz up	61	phr v	dʒæz ʌp	Jazz up your everyday meals with our new range of seasonings.
jogging	84	n	'dʒɒɡɪŋ	She loves going jogging.
judge	13	v	dʒʌdʒ	You should never judge a person by their looks,
jumble	32	n	'dʒʌmbəl	Inside she was a jumble of emotions.
junkie	12	n	'dʒʌŋki	He's a technology junkie.
justice	46	n	'dʒʌstəs	The killers will be brought to justice.
justifiable	63	adj	dʒʌstə'faɪəbəl, dʒʌstɪ'faɪəbəl	Are these experiments morally justifiable?
kayak	80	n	'kaɪæk	In some parts of Canada people go to work by kayak
keep on	11	phr v	ki:p ɒn	You just have to keep on trying.
keep track	108	n phrase	ki:p træk	It's difficult to keep track of all the new discoveries in genetics.
keep up with	156	phr v	ki:p ʌp wɪð	Jack's having trouble keeping up with the rest of the class.
ketchup	172	n	'ketʃəp	There was a bottle of tomato ketchup on the table.
kidnap	81	v	'kɪdnæp	Police appealed for witnesses after a woman was kidnapped.
kill off	152	phr v	kɪl ɒf	These figures kill off any hope that the economy is poised for recovery.
kinaesthetic	114	adj	'kɪni:s'θetɪk, 'kɪnɪs'θetɪk, 'kɪnəs'θetɪk	There are many kinaesthetic learners.
kindergarten	172	n	'kɪndəɡɑ:tn	My daughter goes to kindergarten now.

Headword	Page	Part of speech	Pronunciation	Example Sentence
kit	59	n	kɪt	He bought a hands-free kit for his mobile phone.
knowledgeable	47	adj	'nɒlɪdʒəbəl	Graham's very knowledgeable about wines.
label	86	v	'leɪbəl	The newspapers had unjustly labelled him a troublemaker.
labour	48	n	'leɪbə	The garage charges £30 an hour for labour.
lack	25	n	læk	We are suffering from a lack of sleep.
landmark	113	n	'ləndmɑ:k	One of Belfast's most famous landmarks, the Grosvenor Hall, has been demolished.
lapse	155	n	læps	He had a complete memory lapse and couldn't remember my name.
largely	49	adv	'lɑ:dʒli	The state of Nevada is largely desert.
latent	117	adj	'leɪtənt	The virus remains latent in the body for many years.
latest	74	adj	'leɪtəst, 'leɪtɪst	His latest film is one of the funniest he's ever made.
laud	62	v	lɔ:d	He lauded their charity work.
launch	149	v	lɔ:ntʃ	The organisation has launched a campaign to raise £150,000.
lawn	119	n	lɔ:n	I spent all morning mowing the lawn.
lead	92	n	led	The lead from the church roof was stolen.
lead to	74	phr v	li:d tu:	Alan Turing's work led to the development of modern computers.
leaflet	85	n	'li:flət, 'li:flɪt	Students were handing out election leaflets at the station.
leak	62	n	li:k	It became evident from the leaks that something important was going on.
learning curve	20	n	lɜ:nɪŋ kɜ:v	Everyone in the company as been through a very steep learning curve.
leeway	39	n	'li:weɪ	The government does not have much leeway in foreign policy.
legalise	82	v	'li:gəlaɪz	Legislation to legalise casino gambling could be introduced in Congress next fall.
legend	21	n	'ledʒənd	Roger Federer is a legend in his own lifetime.
let something slip	56	phr v	let ɪt slɪp	He let it slip that they were planning to get married.
libel	27	n	'laɪbəl	He sued the newspaper for libel.
liberal	148	adj	'lɪbərəl	I had quite liberal parents.
librarian	27	n	laɪ'breəriən	The librarian helped me find the books I needed.

Headword	Page	Part of speech	Pronunciation	Example Sentence
life and soul	13	n	laɪf ən səʊl	She is the life and soul of the party.
lifeguard	65	n	laɪfgɑ:d	John has been a lifeguard for several years.
lightweight	157	adj	'laɪtweɪt	He wore a lightweight jacket.
likelihood	169	n	'laɪklihʊd	There was very little likelihood of her getting the job.
likewise	25	adv	'laɪk-waɪz	The meat was delicious. Likewise, the eggplant was excellent.
limelight	120	n	'laɪmlaɪt	Tad loves being in the limelight.
limitation	166	n	ˌlɪmə'teɪʃən, ˌlɪmɪ'teɪʃən	It's a good little car but it has its limitations.
linger	34	v	'lɪŋgə	They lingered over coffee and missed the last bus.
lingua franca	71	n	ˌlɪŋgwə 'fræŋkə	English is the lingua franca in many countries.
linguist	60	n	'lɪŋgwəst, 'lɪŋgwɪst	He was a brilliant linguist.
literally	104	adv	'lɪtərəli	The name of the cheese is Dolcelatte, literally meaning 'sweet milk'.
livestock	32	n	'laɪvstɒk	He has a lot of livestock on his farm.
location	109	n	ləʊ'keɪʃən	Most of the movie was shot on location in Africa.
logically	75	adv	'lɒdzəkli, 'lɒdzɪkli	He tried to think logically.
loiter	38	v	'lɔɪtə	Five or six teenagers were loitering in front of the newsagent's.
look down on	156	phr v	lʊk daʊn ɒn	Mr Garcia looks down on anyone who hasn't had a college education.
look in on	156	phr v	lʊk ɪn ɒn	I promised to look in on Dad and see if he's feeling any better.
look up	6	phr v	lʊk ʌp	Look up the word in your dictionary.
look up	152	phr v	lʊk ʌp	Now summer's here things are looking up!
loose cannon	148	n	lu:s 'kæənən	Don't send John to the meeting because he's a bit of a loose cannon.
lottery	50	n	'lɒtəri	Do you really think winning the lottery would make you happy?
lounge around	152	phr v	laʊndʒ ə'raʊnd	James does nothing but lounge around the apartment.
low-income	25	n	ˌləʊ-ɪŋkʌm	There are many low-income families in this part of the town.
lumber	9	v	'lʌmbə	A career was less easy once I was lumbered with a husband and children.
lump	8	v	lʌmp	I got lumped with looking after my younger sister.

Headword	Page	Part of speech	Pronunciation	Example Sentence
lush	97	adj	lʌʃ	The fields were lush with grass and flowers.
magical	21	adj	'mædʒɪkəl	The magical spirit changed him into the sun.
maiden name	8	n	'meɪdn neɪm	I'm Mrs Mary Smith, but my maiden name is Mary Black.
make a break for	81	n phrase	meɪk ə breɪk fə	As soon as the guard's back was turned, they made a break for the door.
make a killing	149	n phrase	meɪk ə 'kɪlɪŋ	He made a killing on the stock exchange.
make a name	8	n phrase	meɪk eɪ neɪm	He made a name for himself as a conductor of the Berlin Orchestra.
make up	6	phr v	meɪk ʌp	Nick made up a song about them.
maladministration	36	n	ˌmælədʒmɪnə'streɪʃən, ˌmælədʒmɪnɪ'streɪʃən	He accused the local authority of maladministration.
malfunction	81	n	mælfʌŋkʃən	There was a malfunction in one of the engines.
malleable	6	adj	'mæliəbəl	Steel is a malleable metal.
mania	40	n	'meɪniə	Keep-fit mania has hit some of the girls in the office.
mansion	34	n	'mænʃən	They lived in a beautiful country mansion.
marginally	119	adv	'mɑ:dʒənəl-I, 'mɑ:dʒɪnəl-i	The new system is only marginally more efficient than the old one.
marine	42	adj	mə'ri:n	There is an enormous variety of marine life in this area.
mark	104	v	mɑ:k	Carter's 90th birthday will be marked with a large party at the Savoy.
massage	85	n	'mæsɑ:ʒ	Massage helps ease the pain.
massive	76	adj	'mæsɪv	My phone bill was massive last month.
master	116	v	'mɑ:stə	I never quite mastered the art of walking in high heels.
mature	12	adj	mə'tʃʊə	We're mature enough to disagree on this issue but still respect each other.
meander	157	v	mi'ændə	We meandered through the ancient streets.
medication	70	n	ˌmedə'keɪʃən, ˌmedɪ'keɪʃən	He's on medication for high blood pressure.
mediocrity	121	n	ˌmi:di'ɒkrəti, ˌmi:di'ɒkrɪti	Mediocrity is something I can't stand.
medium	169	n	'mi:diəm	Advertising is a powerful medium.
melancholic	34	adj	ˌmelən'kɒlɪk	It was a melancholic sound.
melt	94	v	melt	It was warmer now, and the snow was beginning to melt.
memoir	120	n	'memwɑ:	Lady Thatcher had just published her memoirs.

Headword	Page	Part of speech	Pronunciation	Example Sentence
memorable	117	adj	'memərəbəl	We want to make this a truly memorable day for the children.
mentor	20	n	'mentɔː	Each new recruit was given a mentor.
merchant	16	n	'mɜːtʃənt	He was the son of a wealthy merchant.
merge	149	v	mɜːdʒ	The company plans to merge its subsidiaries in the US.
mess around	61	phr v	mes ə'raʊnd	He spent his vacation messing around on the farm.
meticulous	12	adj	mə'tɪkjələs, mɪ'tɪkjələs	He kept meticulous accounts.
metropolis	150	n	mə'trɒpələs	The city has become a huge, bustling metropolis.
milestone	96	n	'maɪlstəʊn	The treatment of diabetes reached a significant milestone in the 1970s.
military	62	adj	'mɪlətəri, 'mɪlɪtəri	The United States is prepared to use military force to achieve its aims.
mill	64	n	mɪl	The story is set a Victorian cotton mill.
millennium	76	n	mɪ'lenɪəm	As the end of the second millennium approaches, mankind is in a different mood.
minimal	157	adj	'mɪnəməl, 'mɪnɪməl	The storm caused only minimal damage.
miniscule	68	adj	'mɪnɪskjʊ:l	Her office is miniscule.
mint	95	n	mɪnt	There was a bowl of mints on the table.
misprint	49	n	'mɪs-prɪnt	There were several misprints in the book.
mission	166	n	'mɪʃən	Her mission was to help as many people as possible.
misuse	25	n	'mɪs'juːs	The system is designed to prevent credit card misuse.
mobster	116	n	'mɒbstə	Secret negotiations are under way with jailed mobsters to bring him down.
modest	16	adj	'mɒdəst, 'mɒdɪst	It was a modest house with a small garden.
mogul	68	n	'mɒʊgəl	He is a business mogul.
mollycoddle	86	v	'mɒli,kɒdl	He had been mollycoddled as a young boy.
monkish	14	adj	'mɒŋkɪʃ	I'm this monkish recluse.
mood-enhancing	68	adj	muːd-ɪn'hɑːnsɪŋ	They used mood-enhancing music in the shop to encourage people to buy.
moped	40	n	'məʊpəd	While walking the rest of the way, you are run over by kids on mopeds.
mortality	14	n	mɔː'tæləti, mɔː'tælɪti	My mother's death forced me to face the fact of my own mortality .
motivate	82	v	'məʊtəveɪt	Was he motivated solely by his desire for power?

Headword	Page	Part of speech	Pronunciation	Example Sentence
motto	106	n	'mɒtəʊ	"Be prepared" is the motto of the Boy Scouts.
mouthpiece	166	n	'maʊθpi:s	The newspaper was the mouthpiece of the National Democratic Party.
moving	104	adj	'mu:vɪŋ	Bayman's book about illness is deeply moving.
mow	119	v	məʊ	It's time to mow the lawn again.
mull over	61	phr v	mʌl 'əʊvə	We mulled over the candidates and finally chose one.
multi-tasking	61	adj	'mʌlti,tɑ:skɪŋ	He is a multi-tasking genius.
mundane	173	adj	mʌndeɪn	Initially, the work was pretty mundane.
murmur	97	v	'mɜ:mə	The girl murmured something polite, and smiled
mutual	116	adj	'mju:tʃʊəl	Mutual respect is necessary for any partnership to work.
mystical	68	adj	'mɪstɪkəl	Their music had both spiritual and mystical powers.
myth	59	n	mɪθ	The first myth about motherhood is that new mothers instantly fall in love with their babies.
naked eye	60	n phrase	'neɪkəd, 'neɪkɪd aɪ	It's just possible to see the planet with the naked eye on a clear night.
name after	8	phr v	neɪm 'ɑ:ftə	He was named after his father.
nappy	98	n	'næpi	Excuse me while I change the baby's nappy.
narrow down	61	phr v	'nærəʊ daʊn	The police have narrowed down their list of suspects.
narrow-minded	166	adj	'nærəʊ-'maɪndəd, 'maɪndɪd	His attitude is narrow-minded and insensitive.
navigate	38	v	'nævəgeɪt, 'nævɪgeɪt	I'll drive, you take the map and navigate.
necessitate	75	v	nə'sesəteɪt, nɪ'sesəteɪt	Lack of money necessitated a change of plan.
negotiate	38	v	nɪ'gəʊʃɪeɪt	The government refuses to negotiate with terrorists.
neurotic	12	adj	nju:'rɒtɪk	He seemed a neurotic, self-obsessed man.
nevertheless	25	adv	,nevəð'les	What you said was true. It was, nevertheless a little unkind.
nickname	8	n	'nɪkneɪm	We had nicknames for all the teachers.
nit-picker	12	n	,nɪt'pɪkə, -ər	My mother is a nit-picker. She finds something wrong with everything I do.
nomad	117	n	'nəʊmæd	My first task was to acquire some reliable information about the nomads.
nominate	174	v	'nɒməneɪt, 'nɒmɪneɪt	I nominate John to represent us at the meeting.
nonsense	166	n	'nɒnsəns	What you said was complete nonsense.

Headword	Page	Part of speech	Pronunciation	Example Sentence
norm	69	n	nɔ:m	Short term contracts are now the norm with some big companies.
nostalgic	92	adj	nə'stældʒɪk	Seeing those old school photographs has made me feel quite nostalgic.
Nostradamus	68	n	ˌnɒstrə'dɑ:məs	
novel	1,7	adj	'nɒvəl	What a novel idea!
numerous	36	adj	'nju:mərəs	Numerous attempts have been made to hide the truth.
nursery rhyme	29	n	'nɜ:səri raɪm	The children sang nursery rhymes.
nurture	28	v	'nɜ:tʃə	From when I was very young, my father had nurtured a love of art in me.
obligatory	57	adj	ə'blɪgətəri	It is obligatory for companies to provide details of their industrial processes.
obsession	116	n	əb'sesjən	The current obsession with exam results is actually harming children's education.
obsessive	12	adj	əb'sesɪv	I try to stay fit, but I'm not obsessive about it.
obstinate	12	adj	'ɒbstənət, ɒbstɪnət	He was the most obstinate man I've ever met.
occupy	104	v	'ɒkjəpaɪ, 'ɒkʊəpaɪ	Family photos occupied almost the entire wall.
odour	95	n	'əʊdə	There were obnoxious odours from the factory.
off balance	153	adj	ɒf 'bæləns	The sudden movement of the ship knocked them both off balance.
off course	153	prepositional phrase	ɒf kɔ:s	The ship was blown off course.
off the pace	153	prepositional phrase	ɒf ðə peɪs	I was off the pace and decided to retire from the race.
offbeat	104	adj	ˌɒf'bi:t	She's a little offbeat, but she's a wonderful actress.
offend	106	v	ə'fend	His remarks deeply offended many Scottish people.
offset	47	v	'ɒfset, ɒf'set	He was able to offset his travel expenses against tax.
old hand	13	n	əʊld hænd	He's an old hand at the job.
onlooker	104	n	'ɒn'lʊkə	A crowd of onlookers had gathered at the scene of the accident.
open-minded	12	adj	ˌəʊpən 'maɪndəd, 'maɪndɪd	She's quite open-minded about what job she wants to do.
ophthalmologist	174	n	ˌɒpθæl'mɒlədʒɪst	My brother-in-law is an ophthalmologist.

Headword	Page	Part of speech	Pronunciation	Example Sentence
opinionated	149	adj	ə'pɪnjənɪeɪtɪd, ə'pɪnjənɪeɪtəd	I found him very arrogant and opinionated.
optimistically	93	adv	ˌɒptəmɪstɪkli, ˌɒptɪmɪstɪkli	He optimistically applied for the job although he didn't have the right qualifications.
orchard	97	n	ˈɔ:tʃəd	They used to play in the cherry orchard.
orchestrate	104	v	ˈɔ:kəstreɪt, 'ɔ:kɪstreɪt	The riots were orchestrated by anti-government forces.
ordeal	46	n	ɔ:'di:l	She then had to go through the ordeal of giving evidence.
organ	95	n	ˈɔ:gən	She used to play the church organ every Sunday.
organic	106	adj	ɔ:'gænɪk	The shop sells organic food.
origami	93	n	ˌɒrɪ'gɑ:mɪ	She made an origami swan for the table decoration.
origin	8	n	'ɒrədʒən, 'ɒrɪdʒən	The tradition has its origins in the Middle Ages.
originate	74	v	ə'rɪdʒəneɪt, ə'rɪdʒɪneɪt	A lot of our medicines originate from tropical plants.
ornate	112	adj	ɔ:'neɪt	On the wall was an ornate gold mirror.
ostracise	157	v	'ɒstrəsaɪz	He was ostracised by the other students.
otherwise	80	adv	'lðəwaɪz	You'll have to go now, otherwise you'll miss your bus.
out of breath	83	n phrase	aʊt əv breθ	Andrew hurried in, slightly out of breath.
outcome	153	n	'aʊtkʌm	It was impossible to predict the outcome of the election.
outdated	149	adj	ˌaʊt'deɪtɪd, ˌaʊt'deɪtəd	His writing style is now boring and outdated.
outlandish	8	adj	aʊt'lændɪʃ	Her story seemed so outlandish.
outlook	86	n	'aʊtlʊk	He's got a good outlook on life.
out-of-date	74	adj	aʊt əv deɪt	Her image was very out-of-date.
outset	92	n	'aʊtset	It was clear from the outset that there were going to be problems.
outweigh	71	v	aʊt'weɪ	The benefits of the scheme outweigh the disadvantages.
over the hill	22	prepositional phrase	'əʊvə ðə hɪl	Kathleen thinks she's over the hill, but she's only 32.
over the moon	153	prepositional phrase	'əʊvə ðə mu:n	I was over the moon when I won the championship.
over the top	153	adj	'əʊvə ðə tɒp	He was a bit over-the-top last night.
over-ambitious	12	adj	ˌəʊvəæm'bɪʃəs	The over-ambitious health reform program failed.
overjoyed	53	adj	ˌəʊvədʒɔɪd	He was overjoyed to see his mother again.
overpopulated	150	adj	ˌəʊvə'pɒpjələɪtəd, ˌəʊvə'pɒpʊləɪtəd	Most of our cities are overpopulated

Headword	Page	Part of speech	Pronunciation	Example Sentence
overrated	104	adj	ˌəʊvə'reɪtəd, ˌəʊvə'reɪtɪd	The new film was vastly overrated.
overrun	104	v	ˌəʊvə'rʌn	The final speaker overran by at least half an hour.
overshadow	47	v	ˌəʊvə'ʃædəʊ	Her interest in politics began to overshadow her desire to be a poet.
overwhelming	112	adj	ˌəʊvə'welmɪŋ	She felt an overwhelming desire to hit him.
owl	59	n	aʊl	The owls are often seen outside the barn first thing in the morning.
paces	124	n	peɪsəs	The contestants were put through their paces in different environments.
packed	68	adj	pækt	The island was packed with tourists.
paddle	80	v	'pædl	I desperately tried to paddle for the shore.
pain in the neck	13	n phrase	peɪn ɪn ðə nek	Joshua is a pain in the neck.
palace	97	n	'pæləs, 'pælɪs	Thousands of tourists visit Buckingham Palace every year.
palate	125	n	'pælət, 'pælɪt	It tasted very strange, at least to my untrained palate.
parachute	82	n	'pærəsu:t	She did a parachute jump for charity.
paradoxically	14	adv	ˌpærə'dɒksɪkli	She was relieved but paradoxically slightly annoyed, too.
participant	12	n	pɑ:'tɪsəpənt, pɑ:'tɪsɪpənt \$ pɑ: r-	Russia is an active participant in the negotiations
partisan	166	adj	'pɑ:tə'zæn	British newspapers are highly partisan.
passing	74	adj	'pɑ:sɪŋ	He had only ever shown a passing interest in sport.
passion	10	n	'pæʃən	Gardening was her great passion.
patent	109	n	'peɪtənt	He applied for a patent for a new method of removing paint.
pattern	68	n	'pætən	Weather patterns have changed in recent years.
pavement	34	n	'peɪvmənt	A small group of journalists waited on the pavement outside her house.
pay off	120	phr v	peɪ ɒf	All his hard work finally paid off.
peak	22	n	pi:k	Most athletes reach their peak in their mid 20s.E218
peanut	65	n	'pi:nʌt	The hotel workers get paid peanuts.
peculiar	109	adj	pi'kju:liə	There was a peculiar smell in the kitchen.
pedestrian	38	n	pə'destriən, pi'destriən	The car went onto the pavement, but luckily it didn't hit any pedestrians.

Headword	Page	Part of speech	Pronunciation	Example Sentence
peep	32	v	pi:p	I could see her toes peeping out from under the sheet.
peeve	10	n	pi:v	One of his pet peeves is TV reality shows.
penniless	36	adj	'penɪləs	Uncle Charlie was jobless and penniless.
pension off	61	phr v	'penʃən ɒf	Many of the old ships have been pensioned off
perceive	9	v	pə'si:v	Even as a young woman she had been perceived as a future chief executive.
perceptive	12	adj	pəseptɪv	You're right. That's very perceptive of you.
performance art	104	n	pə'fɔ:məns ɑ:t	He's very interested in performance art.
perfume	95	n	'pɜ:fju:m	She bought an extremely expensive perfume.
perpetrator	44	n	'pɜ:pətretə	The perpetrators were never caught.
personable	154	adj	'pɜ:sənəbəl	She is a very personable young woman.
personalised	69	adj	'pɜ:sənəlaɪz	He has just got a personalised number plate for his car.
personification	97	n	pə'sɒnəfə'keɪʃən, pə'sɒnɪfə'keɪʃən	He became the personification of the financial excess of the 1980s.
persuasion	58	n	pə'sweɪʒən	It had taken a great deal of persuasion to get him to accept.
petite	34	adj	pə'ti:t	The window looked out onto a petite square.
pharaoh	92	n	'feərəʊ	The Egyptian pharaohs believed they were gods.
phenomenon	95	n	fɪ'nɒmənən, fɪ'nɒmɪnən	Homelessness is not a new phenomenon.
philosophy	112	n	fə'lɒsəfi, fɪ'lɒsəfi	Emma studies philosophy at university.
phone tapping	63	n	'fəʊn tæpɪŋ	Is phone-tapping ever justifiable?
pick up	106	phr v	pɪk ʌp	He picked up the letter and read it.
pickpocket	38	n	'pɪk,pɒkət	Be careful of pickpockets when you're walking around the town centre.
picturesque	32	adj	,pɪktʃə:resk	It was a quiet fishing village with a picturesque harbour.
pilates	84	n	pɪ'la:tɪz	I went to my pilates class this morning.
pillion	116	n	'pɪljən	Tom had never ridden pillion before.
pillow	70	n	'pɪləʊ	I'll be asleep as soon as my head hits the pillow.
pin down	50	phr v	pɪn daʊn	They managed to pin him down until the police arrived.
pine	95	n	pɑɪn	They walked through an ancient pine forest.
pistachio	125	n	pə'stɑ:ʃjəʊ, pɪ'stɑ:ʃjəʊ	I really love pistachio ice cream.
pitch	41	v	pɪtʃ	Booksellers are keen to pitch for school business.
pivotal	101	adj	'pɪvətəl	The talks are pivotal to the success of the country.
plaudits	47	n	'plɔ:dəts, 'plɔ:dɪts	Her performance won plaudits from the critics.

Headword	Page	Part of speech	Pronunciation	Example Sentence
playwright	15	n	'pleɪraɪt	Shakespeare is probably the most famous British playwright.
plaza	34	n	'plɑːzə	The hotel was in the central plaza.
plinth	104	n	plɪnθ	Members of the public stood on the plinth for an hour at a time.
plummet	73	v	'plʌmət, 'plʌmɪt	Profits plummeted from £49 million to £11 million.
plunge	32	v	plʌndʒ	He stripped off and plunged into the sea.
poignant	104	adj	'pɔːnjənt	The statue is a poignant reminder of our nation's great sacrifices.
point	68	v	pɔɪnt	All the evidence pointed towards Blake as the murderer.
point out	106	phr v	pɔɪnt aʊt	He was always very keen to point out my mistakes.
pointless	20	adj	'pɔɪntləs	I think it would be pointless to discuss this issue again.
poky	35	adj	'pəʊki	The whole family was crammed into two poky little rooms.
poll	121	n	pəʊl	Polls indicate that education is the top issue with voters.
polluter	70	n	pə'luːtə	The polluter should pay for the cost of the clean-up.
pollution	70	n	pə'luːʃən	There is a lot of air pollution in the city.
pore over	61	phr v	pɔː 'əʊvə	She was poring over a book.
portable	69	adj	'pɔːtəbəl	She had a small portable TV in the bedroom.
portion	172	n	'pɔːʃən	Do you have any children's portions?
portrait	104	n	'pɔːtrət, 'pɔːtrɪt	The film is an excellent portrait of working life in America.
portray	119	v	pɔː'treɪ	The President likes to portray himself as a friend of working people.
pose	14	v	pəʊz	We posed for photographs.
possession	17	n	pə'zefən	The house has been in the family's possession since the 1500s.
poster	44	n	'pəʊstə	A team of volunteers was putting up posters
posterity	121	n	pə'sterəti, pə'sterɪti	This priceless work of art must be kept for posterity.
post-graduate	20	adj	pəʊst-'grædʒuət, 'grædʒuɪt	He's now doing post-graduate work in the States.
potential	39	n	pə'tenʃəl	The company certainly has potential for growth.
pottery	84	n	'pɒtəri	She chose to do a pottery class.
poverty	151	n	'pɒvəti	Millions of elderly people live in poverty.
powerful	21	adj	'paʊəfəl	He's most powerful man in the country.

Headword	Page	Part of speech	Pronunciation	Example Sentence
practicality	12	n	ˌpræktɪˈkæləti, ˌpræktɪˈkælɪti	We need to look at the practicalities of everyday life for someone in a wheelchair.
preach	94	v	pri:tʃ	Alexander has been preaching patience.
precious	29	adj	ˈpreʃəs	We cannot afford to waste precious time.
preconception	23	n	ˌpri:kənˈsepʃən	I had the same preconceptions about life in South Africa that many people have.
predicament	50	n	priˈdɪkəmənt	She went to the office to explain her predicament.
predominance	72	n	priˈdɒmənəns	There is a predominance of boys in the class.
prejudiced	12	adj	ˈpredʒədəst, ˈpredʒʊdəst	Some officers were racially prejudiced .
premiere	119	n	ˈpremiə	Rossini's work had its premiere at the Paris Opera.
preoccupation	104	n	priːˌɒkjəˈpeɪʃən	The management's preoccupation with costs and profits resulted in a drop in quality and customer service.
presence	14	n	ˈprezəns	He is a man of great presence.
preserve	62	v	priˈzɜ:v	It is the responsibility of the police to preserve the peace.
prestigious	124	adj	preˈstɪdʒəs	He won a prestigious literary award.
presume	80	v	priˈzju:m	Their nephew was missing, presumed dead.
pretend	65	v	priˈtend	Let's pretend we're on the moon.
prevention	47	n	priˈvenʃən	Educating new drivers is important for the prevention of accidents.
primatologist	20	n	praɪməˈtɒlədʒɪst	Jane Goodall is a primatologist.
principle	101	n	ˈprɪnsəpəl	Schools try to teach children a set of principles.
prioritise	82	v	praɪˈɒrətaɪz, praɪˈɒrɪtaɪz	You need to prioritise your tasks.
privation	116	n	praɪˈveɪʃən	The President realised that there would be sacrifices and certain privations.
privet	95	n	ˈprɪvət, ˈprɪvɪt	There was a neat privet hedge between the two houses.
privilege	21	n	ˈprɪvɪlɪdʒ, ˈprɪvələdʒ	He had the great privilege to represent his country in the championships.
probation	151	n	prəˈbeɪʃən	He pleaded guilty and was placed on probation.
procedure	75	n	prəˈsi:dʒə	What's the procedure for applying for a visa?
proceedings	53	n	prəˈsi:dɪŋz	He has begun divorce proceedings.

Headword	Page	Part of speech	Pronunciation	Example Sentence
procrastinate	172	v	prə'kræstənert, prə'kræstɪnert	People often procrastinate when it comes to paperwork.
prodigy	29	n	'prɒdɪdʒɪ	Mozart was a musical prodigy.
professional	28	adj	prə'feʃənəl	It is essential to get good professional advice.
profound	21	adj	prə'faʊnd	Tolstoy's experiences of war had a profound effect on his work.
profusion	77	n	prə'fju:ʒən	The house was overflowing with a profusion of strange ornaments.
prolific	70	adj	prə'lɪfɪk	We are prolific polluters of the planet.
promote	149	v	pre'məʊt	She's in London to promote her new book.
prompt	44	v	ptɒmpt	What prompted you to buy that suit?
prone to	11	adj	prəʊn	Kids are all prone to eat junk food.
proof	53	n	pru:f	Do you have proof that his man stole your bag?
propel	28	v	prə'pel	The film propelled her to stardom.
proponent	34	n	prə'pəʊnənt	Dr George is one of the leading proponents of this view.
proposal	22	n	prə'pəʊzəl	The committee put forward a proposal to reduce the time limit.
prose	174	n	prəʊz	Poets seem to write more easily about love than prose writers.
prosecution	52	n	prɒsɪkjʊ:ʃən	Mr Jones is the chief witness for the prosecution.
prospective	49	adj	prə'spektɪv	He said that he had a prospective buyer for the boat.
prosperous	36	adj	'ptɒspərəs	They are prosperous landowners.
protester	151	n	prə'testə	Thousands of protesters took to the streets to show their anger at the government.
Prozac	92	n	'prəʊzæk	She was taking Prozac to help her deal with the situation.
psychologist	12	n	sai'kɒlədʒəst, sai'kɒlədʒɪst	Mr Tyler is a clinical psychologist.
publicity	119	n	pʌ'blɪsəti, pʌ'blɪsɪti	It's important to gain good publicity for the school.
punk	75	n	pʌŋk	He was around in the punk era.
purely	28	adv	'pʊə:i	It happened purely by chance.
purify	70	v	'pɜ:əɹəfaɪ, 'pɜ:əɹɪfaɪ	Chemicals are used to purify water.
pursue	45	v	pə'sju:	She plans to pursue a career in politics.
pushed for time	98	n phrase	pʊʃt fə taɪm	He was pushed for time so couldn't stay to help her.

Headword	Page	Part of speech	Pronunciation	Example Sentence
put down to	106	phr v	put daʊn tə	I was having difficulty reading, which I put down to poor light.
put up with	106	phr v	put ʌp wɪð	She put up with his violent temper.
puzzle	81	n	'pʌzəl	He thought he had solved the puzzle.
quaint	150	adj	kweɪnt	We stayed in a quaint little village.
quantify	9	v	'kwɒntəfaɪ, 'kwɒntɪfaɪ	The damage caused to the tourist industry is difficult to quantify.
query	123	n	'kwɪəri	Staff are always available to answer your queries.
quit	156	v	kwɪt	The majority of smokers say they would like to quit the habit.
radical	68	adj	'rædɪkəl	He has put forward some radical ideas.
rampage	151	n	ræm'peɪdʒ	Rioters went on the rampage through the town,
ramshackle	150	adj	'ræmfækəl	They lived in a ramshackle old cottage.
random	104	n	'rændəm	The gang picked their victims at random.
rant	110	v	rænt	She was ranting about the unfairness of it all.
rashly	51	adv	ræʃli	I rashly agreed to look after the children.
rave	110	v	reɪv	Now I understand why travellers rave about Lapland.
ravenous	97	adj	'rævənəs	He was ravenous when he finally got home.
ravine	32	n	rə'vi:n	He fell down a ravine.
readily	108	adv	'redəli, 'redɪli	Jack readily agreed to help.
realistic	77	adj	rɪə'lɪstɪk	The programme gave a realistic portrayal of life in Victorian Britain.
rebellious	12	adj	rɪ'beljəs	He's always had a rebellious streak (a tendency to rebel) .
rebuke	34	v	rɪ'bjʊ:k	Members of the jury were sharply rebuked for speaking to the press.
recall	24	v	rɪ'kɔ:l	You don't happen to recall his name, do you?
recharge	12	v	ri:tʃɑ:dʒ	I'm going to spend a week in the mountains to recharge my batteries.
recipe	60	n	'resəpi, 'resɪpi	Can you give me that recipe for tomato soup?
recluse	14	n	rɪ'klu:s	She became a recluse after her two sons were murdered.
recollection	80	n	,rekə'leɪʃən	My earliest recollections are of my mother bending over my cot.
recruit	9	v	rɪ'kru:t	We're having difficulty recruiting enough qualified staff.

Headword	Page	Part of speech	Pronunciation	Example Sentence
redundant	82	adj	rɪ'dʌndənt	Seventy factory workers were made redundant in the resulting cuts.
reef	42	n	ri:f	The went to the Great Barrier Reef in Australia.
reflect	92	v	rɪ'flekt	He had time to reflect on his successes and failures.
refuge	81	n	'refju:dʒ	During the frequent air raids, people took refuge in their cellars.
reggae	34	n	'regeɪ	Bob Marley introduced reggae to the world.
regret	21	n	rɪ'gret	I have no regrets about leaving.
regurgitate	22	v	rɪ'gɜ:dʒɪteɪt, rɪ'gɜ:dʒətɪt	She tried to get students to think critically, not just regurgitate facts.
rehydrated	117	adj	rɪ,haɪ'dreɪtəd	They lived on rehydrated packet foods during the expedition.
reject	68	v	rɪ'dʒekt	Sarah rejected her brother's offer of help.
rejuvenate	85	v	rɪ'dʒu:vəneɪt	I came back from holiday feeling rejuvenated.
relate	71	v	rɪ'leɪt	The charges of fraud relate to events that took place over ten years ago.
release	44	n	rɪ'li:s	Simon has obtained early release from prison.
relinquish	76	v	rɪ'ɪŋkwɪʃ	No one wants to relinquish power once they have it.
relish	100	v	'relɪʃ	I don't relish the thought of you walking home alone.
relocate	106	v	,ri:ləʊ'keɪt	A lot of firms are relocating to the North of England.
reluctantly	58	adv	rɪ'lʌktəntli	Reluctantly, he agreed.
remains	80	n	rɪ'meɪnz	On the table were the remains of the evening meal.
remission	154	n	rɪ'mɪʃən	The cancer has gone into remission.
remote	117	adj	rɪ'məʊt	He lived in a remote border town.
remote control	92	n	rɪ'məʊt kən'trəʊl	Her husband insisted on have the remote control all the time.
renovate	39	v	'renəveɪt	The hotel has been renovated and redecorated.
renowned	120	adj	rɪ'naʊnd	He's a renowned public speaker.
represent	92	v	,reprɪ'zent	He hated school and everything it represented.
reputation	8	n	,repjə'teɪʃən, ,repjʊ'teɪʃən	Judge Kelso has a reputation for being strict but fair.
rescue	65	v	'reskju:	Survivors of the crash were rescued by helicopter.
reservoir	85	n	'rezəvwa:	There was a large reservoir near the airport.
resident	10	n	'rezədənt, 'rezɪdənt	We are talking to the residents of Westville.

Headword	Page	Part of speech	Pronunciation	Example Sentence
resin	93	n	'rezən, 'rezɪn	The insect was encased in resin.
resist	97	v	rɪ'zɪst	I just can't resist chocolate.
resolve	25	v	rɪ'zɒlv	The crisis was resolved by negotiations.
resource	167	n	rɪ'zɔ:s, - rɪ'sɔ:s	Only limited resources are available to the police.
resourceful	82	adj	rɪ'zɔ:sfəl, rɪ'sɔ:sfəl	She is a woman who is energetic and resourceful.
respectively	36	adv	rɪ'spektɪvli	The cups and saucers cost £5 and £3 respectively.
result in	74	phr v	rɪ'zʌlt ɪn	The accident resulted in the death of two passengers.
retreat	84	n	rɪ'tri:t	She went to a spa retreat for her holiday so she could relax.
retro	173	adj	'retrəʊ	Everything is retro 1970's fashion at the moment.
reunite	80	v	,rɪ:ju:'naɪt	The band will reunite for a US tour.
reveal	51	v	rɪ'vi:l	He revealed that he had been to prison twice before.
reveller	34	n	'revələ	The revellers danced noisily in the streets.
revenue	53	n	'revənju:, 'revɪnju:	Strikes have cost £20 million in lost revenues.
reverse	100	n	rɪ'vɜ:s	US video recorders cannot play European tapes, and the same applies in reverse.
revolutionary	68	adj	,revə'lu:ʃənəri	The new cancer drug is a revolutionary breakthrough.
rhetorical	49	adj	rɪ'tɔrɪkəl	He used a lot of rhetorical questions in his presentation.
rhythm	29	n	'rɪðəm	Drums are basic to African rhythm.
ridiculous	29	adj	rɪ'dɪkjələs, rɪ'dɪkjʊləs	I'd look ridiculous in a dress like that.
rigorous	108	adj	'rɪgərəs	It should be robust enough to stand up to the most rigorous testing from the appraisal panel.
ripen	34	v	'raɪpən	The ripened apples had fallen to the ground.
risk-averse	86	adj	rɪsk-ə'vɜ:s	Shareholders are more risk averse than they used to be.
rival	169	n	'raɪvəl	The rival company launched a similar product.
rocket	73	v	'rɒkət, 'rɒkɪt	Interest rates rocketed last month.
rollerblades	84	n	'rəʊləbleɪdz	He put his rollerblades on and skated along the promenade.
romance	169	n	'rəʊmæns, rəʊ'mæns	Hemingway's romance with his nurse inspired him to write 'A Farewell to Arms'.
rope	20	n phrase	lɜ:n ðə rəʊps	I spent the first month just learning the ropes.
rotten apple	148	n	'rɒtn 'æpəl	Oliver was the rotten apple - people started arguing when he arrived.
rough	46	adj	rʌf	Gangs practise a kind of rough justice on their members.

Headword	Page	Part of speech	Pronunciation	Example Sentence
row	86	n	raʊ	He had just had a row with his wife.
rude	24	adj	ru:d	I didn't mean to be rude, but I had to leave early.
rug	112	n	rʌg	The floor was covered by two beautiful patterned rugs.
run-down	32	adj	ˌrʌn-ˈdaʊn	Something needs to be done about the run-down inner city area.
sabbatical	108	n	səˈbætɪkəl	Dr Watson's away on sabbatical.
sap	97	n	sæp	By this stage the sap in the vine will have withdrawn into the roots.
sarcasm	154	n	ˈsɑ:kæzəm	Good of you to arrive on time,' George said, with heavy sarcasm.
sardine	174	n	ˌsɑ:di:n	He had sardines on toast for supper.
scandal	27	n	ˈskændl	He has been at the centre of a political scandal.
scar	166	n	ska	He had a long, curved scar on his right cheek.
scary	117	adj	ˈskeəri	The boss is both scary and funny.
scatter	34	v	ˈskætə	The flowers fell and scattered on the ground.
scenic	150	adj	ˈsi:nɪk	This is a region of scenic beauty.
scheduled	153	adj	ˈʃedʒu:ld	Prices include scheduled flights from Heathrow.
scoop	62	n	sku:p	He managed to get the scoop of the year when he broke the news.
scope	109	n	skəʊp	Let us extend the scope of the study to examine more factors.
score	119	n	sko:	He has scored 12 goals so far this season.
scrabble	89	v	ˈskræbəl	She was scrabbling around, searching for the door.
scrap	120	n	skræp	He wrote his address on a scrap of paper.
screech	97	v	skri:tʃ	A van screeched onto the road in front of me.
sculptor	104	n	ˈskʌlptə	Henry Moore is a famous sculptor.
seal	93	v	si:l	The window was sealed shut.
seasonal	85	adj	ˈsi:zənəl	There are a lot of seasonal jobs in the tourist industry.
secluded	36	adj	siˈklu:dəd, siˈklu:dɪd	We sunbathed on a small secluded beach.
security	97	n	siˈkjʊərəti, siˈkjʊəri:ti	Parenting is about giving your child security and love.
segment	109	n	ˈsegmənt	There were some stunning action segments in the movie.
selfish	148	adj	ˈselfɪʃ	How can you be so selfish?
senility	154	n	səˈnɪlɪti, siˈnɪlɪti	His senility is becoming more of a problem.
sensation	50	n	senˈseɪʃən	He is the latest pop sensation from England.

Headword	Page	Part of speech	Pronunciation	Example Sentence
sensual	112	adj	'sensʃuəl	There is something sensual about eating really good food.
sentence	52	n	'sentəns	She received an eight-year prison sentence.
sentimental	17	adj	,sentə'mentl, ,senti'mentl	He wasn't the sort of person who kept things for sentimental reasons.
sequence	100	n	'si:kwəns	The questions should be asked in a logical order.
serene	104	adj	sə'ri:n, si'ri:n	The child's face was serene and beautiful.
set in her ways	13	v phrase	set ɪn hæ weɪz	Marc was 65 and very set in his ways.
set up	106	phr v	set ʌp	They want to set up their own import-export business.
shabby	32	adj	'ʃæbi	High's old jacket was old and shabby.
shape	28	v	ʃeɪp	People's political beliefs are shaped by what they see in the papers.
sharply	73	adv	'ʃɑ:pli	Prices have risen sharply over the last few months.
shatter	80	v	'ʃætə	The plate hit the floor, and shattered into tiny bits.
shocking	44	adj	'ʃɒkɪŋ	The anger in his face was shocking
shoplifter	81	n	'ʃɒp lɪftə	Shoplifters will be prosecuted.
short cut	98	n	ʃɔ:t kʌt	Carlos decided to take a short cut home.
shortlist	61	n	'ʃɔ:tlɪst	Davies was on the shortlist for the Booker Prize
shovel	89	n	'ʃʌvəl	She picked up the shovel and began to dig.
shun	157	v	ʃʌn	She was a shy woman who shunned publicity.
shutter	32	n	'ʃʌtə	He pressed the shutter and took the photo.
sign	68	n	sain	A red morning sky is often a sign of an impending storm.
significant	58	adj	sɪg'nɪfɪkənt	Please inform us if there are any significant changes in your plans.
significantly	119	adv	sɪg'nɪfɪkəntli	Delia's work has been significantly better this year.
signpost	97	n	'sainpəʊst	Just follow the signposts to the city centre.
simultaneously	72	adv	,sɪməl'teɪniəsli	The opera will be broadcast simultaneously on television and radio.
sincere	157	adj	sɪn'sɪə	Please accept my sincere apologies.
skyscraper	60	n	'skaɪ,skreɪpə	Dubai has the tallest skyscraper in the world.
slant	166	n	sla:nt	The article had an anti-union slant.
slap	169	v	slæp	Sarah slapped Aaron across the face.
sledge	112	n	sledʒ	When it snows we get the sledges out and take them to the top of the hill.
slide	112	n	slaid	The children love playing on the slide.

Headword	Page	Part of speech	Pronunciation	Example Sentence
slip back	152	phr v	slɪp bæk	She was well-behaved for a while, but now she's slipped back to her old ways.
slogan	85	n	'sləʊgən	Have you thought of a new slogan for the campaign?
sloth	59	n	sləʊθ	It is not true that sloths are lazy creatures.
slum	1,7	n	slʌm	They walked through the slums and were shocked by the conditions in which the people lived.
slush	60	n	slʌʃ	Children were sliding around in the snow and slush.
smelly	172	adj	'smeli	He has extremely smelly feet.
snapshot	32	n	'snæpʃɒt	The book gives us a snapshot of life in the Middle Ages.
snatch	65	v	snætʃ	I managed to snatch an hour's sleep on the train.
sneaky	172	adj	'sni:ki	He went outside for a sneaky cigarette.
sniff	172	v	snɪf	Stop sniffing and blow your nose.
snuff out	95	phr v	snʌf aʊt	They snuffed out the candles before going to bed.
soar	73	v	sɔ:	The price of petrol has soared in recent weeks.
social	76	adj	'səʊʃəl	The country has serious social problems.
soil	92	n	sɔɪl	The soil here is very poor.
soldier on	152	phr v	'səʊldʒə ɒn	We'll just have to soldier on without him.
solicit	39	v	sə'lısət, sə'lısɪt	The governor sent two officials to Mexico City to solicit aid from the President.
solitary	12	adj	'sɒlətəri, 'sɒlɪtəri	She went on a long, solitary walk.
soothe	29	v	su:ð	Lucy soothes the baby by rocking it in her arms.
sore	84	adj	sɔ:	I had a sore throat and aching limbs
sore	65	adj	sɔ:	Nobody likes a sore loser.
souvenir	112	n	,su:və'nɪə, 'su:vənɪə	I bought a model of the Eiffel Tower as a souvenir of Paris.
spa	84	n	spa:	Bath is a historic spa town.
spacious	35	adj	'speɪʃəs	I loved the spacious living room in the new apartment.
spark	47	v	spa:k	They discussed topics which sparked the children's imaginations.
speak out	61	phr v	spi:k aʊt	Five students who had spoken out against the regime were arrested.
specialise	46	v	'speʃəlaɪz	Simmons specialised in contract law.
specification	109	n	,spesəfə'keɪʃən, ,spesɪfə'keɪʃən	The airport building had been constructed to FAA specifications.

Headword	Page	Part of speech	Pronunciation	Example Sentence
spectrum	166	n	'spektrəm	The bill drew support from across the political spectrum.
speed	151	v	spi:d	I got caught speeding on the A40 yesterday.
sphere	108	n	sfiə	Women have often been excluded from positions of power in the public sphere.
split up	44	phr v	splɪt ʌp	Steve's parents split up when he was four.
sponsor	123	v	'spɒnsə	His colleague sponsored the idea.
spontaneity	32	n	,spɒnt'ni:əti, ,spɒnt'ni:iti	The spontaneity of the dancers was infectious.
spot	80	v	spɒt	I spotted a police car behind us.
spout	166	v	spəʊt	My father was spouting his usual nonsense.
sprawling	150	adj	'sprɔ:liŋ	Mexico is a sprawling city of more than 20 million inhabitants.
spread	74	v	spred	Fire quickly spread though the building.
spring to mind	155	v phrase	spring tə maɪnd	Two questions spring to mind.
sprinkle	33	n	'sprɪŋkəl	He added a sprinkle of chocolate to the cappuccino.
sprint	97	v	sprɪnt	Bill sprinted up the steps.
spy	169	n	spaɪ	She worked as a spy for the American government.
squabble	157	v	'skwɒbəl	They're always squabbling over money.
squeeze in	174	phr v	skwi:z ɪn	I can squeeze you in at four o'clock.
squint	120	v	skwɪnt	Anna squinted in the sudden bright sunlight.
stacked	32	adj	stækt	The stacked chairs suddenly fell over.
stagnate	74	v	stæ'neɪt	Her career has stagnated.
stainless steel	93	n	'steɪnləs sti:l	She bought a set of stainless steel cutlery.
stake	9	n	steɪk	Ben wouldn't score highly in the popularity stakes.
stand out	61	phr v	stænd aʊt	That day still stands out as the greatest day in my life.
stand up for	104	phr v	stænd ʌp fɔ	It's time we stood up for our rights.
stand up to	106	phr v	stænd ʌp tə	He'll respect you more if you stand up to him.
stateless	62	adj	'steɪtləs	Millions of refugees remain stateless.
statistics	58	n	stə'tɪstɪks	The official crime statistics are higher this year.
statue	104	n	stætʃu:	Churchill's statue stands outside the parliament building.
stem from	74	phr v	stem frəm	His headaches stemmed from vision problems.
stereotype	23	n	'steriətaɪp	She is someone who doesn't fit the stereotype of the good mother.
stereotypical	9	adj	steriə'tɪpɪkəl, ,strə-	He is the stereotypical Californian – tall, fit, and tanned.

Headword	Page	Part of speech	Pronunciation	Example Sentence
stick to	53	phr v	stɪk tə, tʊ, tu:	Have you been sticking to your diet?
stifle	86	v	'staɪfəl	Too many rules and regulations can stifle innovation.
stigma	23	n	'stɪgmə	In the US, smoking carried a stigma.
stipulate	93	v	'stɪpjələɪt, 'stɪpjuleɪt	Laws stipulate the maximum interest rate banks can charge.
stir	89	v	stɜ:	The crowd began to stir as they waited for the band to start.
stock market	68	n	stɒk 'mɑ:kæt, 'mɑ:kɪt	They made a lot of money on the stock market.
straightforward	157	adj	,streɪt'fɔ:wəd	Installing the program is relatively straightforward.
stranded	81	adj	'strændəd, 'strændɪd	Air travellers were left stranded because of icy conditions.
strategy	167	n	'strætədʒi, 'strætɪdʒi	The government have announced their new long-term economic strategy.
streetwise	86	adj	'stri:twaɪz	He's very streetwise for an eight-year-old boy.
stressful	38	adj	'stresfəl	Moving to a new house is a very stressful experience.
striking	9	adj	'straɪkɪŋ	There was a striking contrast between wealth and poverty.E60
stroke of luck	120	n phrase	strʊk əv lʌk	In a stroke of luck, a suitable organ donor became available.
stroll	34	v	strɔ:l	We were strolling along, laughing and joking.
struggle	84	v	'strʌgəl	The airline is struggling for survival.
stuff	15	n	stʌf	How do you think you're going to fit all that stuff into the car?
stunning	32	adj	'stʌnɪŋ	You look absolutely stunning in that dress.
stylish	104	adj	'staɪlɪʃ	They went to a stylish restaurant in the West End.
subheading	85	n	'sʌb'hedɪŋ	The report had several subheadings.
submit	9	v	səb'mɪt	All applications must be submitted by Monday.
subsequently	58	adv	'sʌbsəkwentli, 'sʌbsɪkwentli	The book was subsequently translated into 15 languages.
substantial	157	adj	səb'stænjəl	We have the support of a substantial number of parents.
subtle	104	adj	'sʌtl	The pictures are similar, but there are subtle differences between them.
sue	53	v	sju:	The company is suing a former employee.
sufficient	25	adj	sə'fɪjənt	We need sufficient time to deal with the problem.

Headword	Page	Part of speech	Pronunciation	Example Sentence
suit	71	v	su:t	There's a range of restaurants to suit all tastes.
sum up	77	phr v	sʌm ʌp	Gerald will open the debate and I will sum up.
sumptuous	174	adj	'sʌmptʃuəs	There was a sumptuous feast at the palace.
superior	52	n	su:'piəriə	He had a good working relationship with his immediate superior.
superpower	156	n	'su:pə,paʊə	During the Cuban Missile Crisis there was a real danger of conflict between the two world superpowers.
superstition	60	n	,su:pə'stiʃən	She believes in the superstition that walking under a ladder is unlucky.
surgeon	46	n	'sɜ:dʒən	Mr Jones is the surgeon who will be doing your operation.
surgery	97	n	'sɜ:dʒəri	She worked in a doctor's surgery.
surpass	69	v	sə'pɑ:s	He had surpassed all our expectations.
surreal	165	adj	sə'riəl	The house was a surreal mixture of luxury and decay.
surveillance	92	n	sə'veiələns	They were under close surveillance day and night.
survival	84	n	sə'vaɪvəl	The doctors gave him a one in ten chance of survival.
suspicious	44	adj	sə'spiʃəs	Some of his colleagues at work became suspicious of his behaviour.
swallow	22	v	'swɒləʊ	I found his story a bit hard to swallow.
swamp	124	n	swɒmp	They visited the vast swamps of the Okavango Delta.
swathe	47	n	sweið	She took out huge swathes of time to help other people.
swell	32	n	swel	The sea wasn't rough, but there was a heavy swell.
switch off	83	phr v	switʃ ɒf	They switch off by listening to music
symmetry	49	n	'sɪmətri, 'sɪmitri	There was a certain symmetry to coming back to New York, where I started my artistic life all those years ago.
sympathy	154	n	'sɪmpəθi	I have a lot of sympathy for her; she had to bring up the children on her own.
synopsis	46	n	sə'nɒpsəs, sɪ'nɒpsəs	She gave me a synopsis of the play.
tackle	165	v	'tækəl	There is more than one way to tackle the problem.
tactful	122	adj	'tæktfəl	There was no tactful way of phrasing what he wanted to say.
tag	49	v	tæg	Each bird was tagged and released into the wild.
take account of	169	n phrase	teɪk ə'kaʊnt	The figures do not take account of changes in the rate of inflation.

Headword	Page	Part of speech	Pronunciation	Example Sentence
take advantage	20	n phrase	teɪk əd'vɑ:ntɪdʒ	We took advantage of the good weather to go to the beach.
take off	74	phr v	teɪk ɒf	Mimi became jealous when Jack's career started taking off.
talcum powder	172	n	'tælkəm ,pəʊdə	She bought some talcum powder as a gift for her aunt.
talent	28	adj	'tælənt	He has a lot of talent, and his work is fresh and interesting.
talk over	152	phr v	tɔ:k 'əʊvə	You should talk over your worries with your doctor.
tango	84	n	tæŋgəʊ	She went to Argentina to learn to dance the tango.
tanned	80	adj	tænd	He had a tough tanned face and clear eyes.
tantrum	98	n	'tæntɾəm	She throws a tantrum when she can't have the toy she wants.
target	149	v	'tɑ:ɡɪt, 'tɑ:ɡət	The programme is targeted at improving the health of women of all ages.
taste	69	n	teɪst	He asked about my taste in music.
tattoo	75	n	tə'tu:, tæ'tu:	He's got a tattoo of a dragon on his back.
team up	38	phr v	,ti:m ʌp	You can team up with one other class member if you want
tedious	58	adj	'ti:diəs	The work was tiring and tedious.
temperamental	148	adj	,tempərə'mentl	Preston is particularly good at handling temperamental people.
tendency	11	n	'tendənsi	The drug is effective but has a tendency to cause headaches.
tender	116	adj	'tendə	Nicholas was sent to boarding school at the tender age of seven.
testify	53	v	'testəfaɪ, 'testɪfaɪ	Mr Malta has agreed to testify at the trial.
texture	97	n	'tekstʃə	The designer loves experimenting with different colours and textures.
the noughties	76	n	'nɔ:ti:z	It describes how the noughties became the decade of the childish adult.
theory	149	n	'θiəri	Darwin's theory of evolution.
therapy	44	n	'θerəpi	Rob was in therapy for several years.
thistle	6	n	'θɪsəl	The thistle is the flower of Scotland.
thoughtful	12	adj	'θɔ:tfəl	Paul is very thoughtful.

Headword	Page	Part of speech	Pronunciation	Example Sentence
thought-provoking	104	adj	θɔ:t prə'vʊkɪŋ	The wrote a very thought-provoking article.
threat	151	n	θret	Your threats don't scare me.
thrilled	80	adj	θrɪld	We were thrilled to hear about the baby.
tile	68	n	taɪl	We need to replace the bathroom tiles.
time capsule	92	n	taɪm kæpsju:l	A time capsule containing personal messages of hope for the next generation will be buried during the closing ceremonies.
time on your hands	98	n phrase	taɪm ɒn jə hændz	Now the children have left home, she has too much time on her hands.
time to spare	98	n phrase	taɪm tə speə	June had little time to spare for making her own clothes.
time to yourself	98	n phrase	taɪm fə jɔ:'self	She couldn't wait till all the visitors has left so she could have time to herself
tolerate	24	v	'tɒləreɪt	We will not tolerate this behaviour on our streets.
torture	60	v	'tɔ:ʃə	Political opponents of the regime may be tortured.
tough cookie	148	n	tʌf 'kʊki	Ask Alice to help, she's a tough cookie.
toy with	1,7	phr v	tɔɪ wɪð	I've been toying with the idea of going to Japan to visit them.
trace	80	n	treɪs	There was no trace of anyone having entered the room since then.
trace	74	v	treɪs	They've traced their ancestry back to Scotland.
traditional	106	adj	trə'dɪʃənəl	I went to a very traditional school
tragedy	36	n	'trædzədi, 'trædzɪdi	The tragedy happened as they were returning home from a night out.
traipse	98	v	treɪps	I've been traipsing around the shops all morning.
trait	28	n	treɪ, treɪt	His most noticeable trait was his charm.
tram	34	n	træm	He took the tram because it was the best way to get across the city.
tranquil	32	adj	'træŋkwəl	We stayed in a small tranquil village.
transform	21	v	træns'fɔ:m	Increased population has transformed the landscape.
trapped	81	adj	fi:l træpt	Julia felt trapped in her role of wife and mother.
treasured	17	adj	'treʒəd	A battered old guitar was his most treasured possession .
treat	24	v	tri:t	She treats me like one of the family.

Headword	Page	Part of speech	Pronunciation	Example Sentence
treatment	47	n	'tri:tmənt	There have been great advances in the treatment of cancer.
tremble	89	v	'trembəl	Greene was on his feet now, his body trembling with rage.
trend	68	n	trend	Lately there has been a trend towards hiring younger, cheaper employees.
trendsetter	42	n	'trend,setə	Some celebrities are trendsetters.
trial	27	n	'traɪəl	The trial is due to start next week.
trick	20	n	trɪk	The trick is to bend your knees when you catch the ball.
trifle	125	n	'traɪfəl	We particularly enjoyed the trifle she made.
trigger	95	v	'trɪgə	The assassination triggered off a wave of rioting.
troublesome	154	adj	'trʌbləsəm	Her three-year-old son was quite troublesome.
trunk	97	n	trʌŋk	He left his bicycle leaning against a tree trunk.
trust	20	v	trʌst	I trust his judgement completely.
trustworthy	26	adj	'trʌst,wɜ:ði	Many people do not see politicians as trustworthy.
tuition	24	n	tju:'ɪʃən	I had to have extra tuition in maths.
tumble	32	v	tʌmbəl	She lost her balance and tumbled backwards.
tunnel	81	n	'tʌnəl	He went through the Channel Tunnel.
turbulent	28	adj	'tɜ:bjələnt, 'tɜ:bjʊlənt	He has had a turbulent political career.
turtle	174	n	'tɜ:tl	He kept turtles in the aquarium.
twist	173	n	twɪst	There was an unexpected twist at the end of the novel.
twitter	61	v	'twɪtə	Kids twitter every day.
ultimately	169	adv	'ʌltəmətli, 'ʌltɪmətli	Ultimately, the decision rests with the child's parents.
unacceptable	25	adj	,ʌnək'septəbəl	I found her attitude totally unacceptable.
unadulterated	157	adj	,ʌnə'dʌltərəɪtəd, ,ʌnə'dʌltərəɪtɪd	These recipes are intended to be unadulterated bliss.
unambiguous	157	adj	,ʌnæm'bigjuəs	Such communications should be clear and unambiguous.
unassuming	58	adj	,ʌnə'sju:mɪŋ, ,ʌnə'su:mɪŋ	He then began, in typically unassuming fashion, to establish the first modern dance company.
unconventional	104	adj	,ʌncən'venfənəl	She had very unconventional political views
undeniably	34	adv	,ʌndɪ'næɪəbli	He is undeniably the best singer I've ever heard.
under oath	153	prepositional phrase	'ʌndə əvθ	The evidence was given under oath.

Headword	Page	Part of speech	Pronunciation	Example Sentence
under the impression	153	prepositional phrase	ˈʌndə ði: ɪmˈpreʃən	I'm sorry, I was under the impression that you were the manager.
under the weather	153	prepositional phrase	ˈʌndə ðə weðə	You look a bit under the weather.
understatement	36	n	ˌʌndəˈsteɪtmənt	To say the movie was bad is an understatement.
unethical	51	adj	ʌnˈeθɪkəl	His behaviour was totally unethical.
uninhabited	32	adj	ˌʌnɪnˈhæbətəd	The island was uninhabited.
universe	100	n	ˈjuːnɪvɜːs, ˈjuːnɪvɜːs	The new programme studies the universe.
unjustly	46	adv	ˌʌnˈdʒʌstli	He was unjustly accused of causing the accident.
unleash	86	v	ʌnˈliːʃ	His comments unleashed a wave of protest.
unpick	62	v	ʌnˈpɪk	I didn't want to unpick the past.
unprecedented	92	adj	ʌnˈpresədentəd, ʌnˈpresɪdentəd	He took the unprecedented step of stating that the rumours were false.
unpredictable	38	adj	ˌʌnpriːdɪktəbəl	The weather in Britain is famously unpredictable.
unreasonable	12	adj	ʌnˈrɪz:ənəbəl	Don't let your boss make unreasonable demands on you.
unsolved	44	adj	ˌʌnsɒlvd	The murder still remains unsolved.
unspoilt	32	adj	ˌʌnˈspɔɪlt	The countryside in the area is completely unspoilt.
unsubstantiated	29	adj	ˌʌnsəbˈstænjɪətəd, ˌʌnsəbˈstænjɪətɪd	It is an unsubstantiated rumour.
unwilling	76	adj	ʌnˈwɪlɪŋ	He was unwilling to pay the fine.
unwind	83	v	ʌnˈwaɪnd	The country hotel was the perfect place to unwind.
up to speed	116	n phrase	ʌp tə spiːd	John will bring you up to speed.
upcoming	121	adj	ˈʌpˌkʌmɪŋ	They aren't interested in the upcoming elections.
uphold	46	v	ʌpˈhəʊld	The committee aims to uphold educational standards.
urban	38	adj	ˈɜːbən	Some people love urban living while others prefer to move the countryside.
utmost	46	adj	ˈʌtməʊst	I have the utmost respect for her accomplishments.
vague	15	adj	veɪg	The governor gave only a vague outline of his tax plan.
Valium	92	n	ˈvæliəm	He didn't want to take Valium any more.
vandalism	151	n	ˌvændəl-ɪzəm	He often got into fights and committed acts of vandalism.
vegan	24	n	ˈviːgən	My friend is a strict vegan and it's difficult to know what to cook for her.
vegan	85	n/adj	ˈviːgən	She has as strict vegan diet.

Headword	Page	Part of speech	Pronunciation	Example Sentence
vegetarian	85	n/adj	ˌvedʒəˈteəriən, ˌvedʒɪˈteəriən	Our youngest daughter is a vegetarian.
vehemently	46	adv	ˈvi:əməntli	Dan vehemently denies the charges against him.
vendor	99	n	ˈvendə	He bought a copy from the newspaper vendor.
verdict	80	n	ˈvɜ:dɪkt	The verdict was 'not guilty'.
verge	92	n	vɜ:dʒ	Jess seemed on the verge of tears.
verify	59	v	ˈverəfaɪ, ˈverɪfaɪ	A computer program verifies that the system is working.
vertebrae	59	n plural	ˈvɜ:təbreɪ, ˈvɜ:təbreɪ	He suffered two fractured vertebrae in the accident.
vested	26	adj	ˈvestəd	Since he owns the land, Cook has a vested interest in the project being approved.
vibrancy	32	n	ˈvaɪbrənsɪ	The vibrancy of the people can be seen in the photo.
vibrate	68	v	vaiˈbreɪt	The floor was vibrating to the beat of the music.
vicinity	46	n	vəˈsɪnəti, viˈsɪnəti	There used to be a mill in the vicinity.
viciously	46	adv	ˈvɪʃəsli	He twisted her arm viciously.
victim	38	n	ˈvɪktɪm, ˈvɪktəm	The victim received head injuries.
villain	35	n	ˈvɪlən	<i>Gold finger</i> is my favourite Bond villain.
vinegar	95	n	ˈvɪnɪgə	There was oil and vinegar on the table for the salad.
virus	74	n	ˈvaɪrəs	The flu virus spread quickly through the population.
visible	60	adj	ˈvɪzəbəl, ˈvɪzɪbəl	The outline of the mountains was clearly visible.
visualise	10	v	ˈvɪʒuəlaɪz	Somehow I can't visualise myself staying with this company for much longer.
vivid	96	adj	ˈvɪvəd, ˈvɪvɪd	I've got vivid memories of that summer.
void	121	n	vɔɪd	The amusement park will fill a void in this town, which has little entertainment for children.
volunteer	8	v	ˌvɒlənˈtɪə	Helen volunteered to have Thanksgiving at her house this year.
vulnerable	70	adj	ˈvʌlnərəbəl	He took advantage of me when I was at my most vulnerable.
walnut	97	n	ˈwɔ:lnʌt	There were several walnut trees in the orchard.
warehouse	16	n	ˈweəhaʊs	They kept the goods in the central warehouse.
wares	34	n	weəz	There were people on the street selling their wares.
watch out	6	phr v	wɒtʃ aʊt	You'll become an alcoholic if you don't watch out
watch out for	156	phr v	wɒtʃ aʊt fə	What problems should I watch out for when buying an old house?

Headword	Page	Part of speech	Pronunciation	Example Sentence
wave	76	n	weyv	They faced wave after wave of fresh troops.
weapon	117	n	'wepən	They all had sticks which they planned to use as weapons.
weird	167	adj	wiəd	A really weird thing happened last night.
weld	93	v	weld	The new handle will have to be welded on.
well-received	104	adj	wel ri'si:vð	The news was well-received by all the people in the room.
wet blanket	148	n	wet blæŋkət, 'blæŋkɪt	Don't ask Sarah, she's such a wet blanket.
whale	117	n	weɪl	You can go whale watching off the coast.
whereabouts	80	n	,weəɹə'baʊts	The police want to know the whereabouts of his brother.
while away	154	phr v	wai l ə'wei	The evenings were whiled away in endless games of cards.
whip up	174	phr v	wɪp ʌp	Mother was in the kitchen whipping up a batch of cakes.
whirr	35	n	wɜ:r	We could just hear the whirr of the electric motor.
whistleblower	169	n	'wɪsəl ,bləʊə	They accused him of being a whistleblower.
white-collar	151	adj	'waɪt ,kɒlə	The economic recession has put many white-collar workers in danger of losing their jobs.
whiz kid	13	n	'wɪzki:d	He's a financial whizz kid in the City.
wield	50	v	wi:ld	The thieves were wielding hammers.
wilderness	124	n	'wɪldənəs, 'wɪldənɪs	The travelled through the Alaskan wilderness.
wildly	104	adv	'waɪldli	The band is wildly popular in Cuba.
will	53	n	wɪl	Have you made a will yet?
wisdom	20	n	'wɪzdəm	He was a man of great wisdom.
wise	20	adj	waɪz	It's wise to check whether the flight times have changed before you leave for the airport.
witness	52	n	'wɪtnəs	Police have appealed for witnesses to come forward.
women's liberation	75	n	'wɪmɪnz ,lɪbə'reɪʃən	She was a member of the Women's Liberation movement.
word of mouth	74	n phrase	wɜ:d əv maʊθ	Word of mouth is one of the best ways of getting business.
work out	6	phr v	wɜ:k aʊt	See if you can work this bill out.
workaholic	83	n	,wɜ:kə'hɒlɪk	John is a real workaholic.
world-shattering	65	adj	wɜ:ld 'ʃætərɪŋ	Your ideas do not have to be world-shattering.
wrinkled	89	adj	'rɪŋkəld	The woman had an interesting and wrinkled face.

Headword	Page	Part of speech	Pronunciation	Example Sentence
wrongdoing	169	n	'rɒŋ,du:ɪŋ, 'rɔ:ŋ,du:ɪŋ	An investigation cleared Sharif and his relatives of wrongdoing.
youthful	34	adj	'ju:θfəl	She has managed to maintain her youthful appearance.
zone	116	n	zəʊn	San Francisco and Tokyo are both located in earthquake zones.