

New Total English Upper Intermediate Wordlist English / German / French / Italian

Page	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
Unit 1							
7	acquaintance	n	ə'kweɪntəns	Bekanntschaft, Bekannte(r)	connaissance	conoscente	She was a casual acquaintance of my family in Vienna.
7	bump into	phr v	bʌmp 'ɪntuː	stoßen auf	Rencontrer par hasard	sbattere, imbattersi	I bumped into Jean in town.
7	click	v	kɪk	sich auf Anhieb verstehen	sympathiser	clic	They clicked straight away.
7	colleague	n	'kɒliːg	Kollege	collègue	collega	She discussed the idea with some of her colleagues.
7	half brother/sister	n	'hɑːbrʌðə / 'hɑːfsɪstə	Halbruder/-schwester	demi-sœur	fratellastro/sorellastra	This is Steven, my half brother.
7	partner	n	'pɑːtnə	Partner	partenaire	partner	Discuss your worries with your partner.
7	sibling	n	'sɪblɪŋ	Geschwister	sœur	fratello	Most young smokers are influenced by their friends' and older siblings.
7	soulmate	n	'səʊlmeyt	Seelenverwandte(r)	âme sœur	anima gemella	My wife, Yolanda is my soulmate.
7	step brother/sister	n	'stepbrʌðə / 'stepsɪstə	Stiefbruder/-schwester	demi-sœur	fratellastro/sorellastra	I live with my sister and step brothers.
7	come across	phr v	kʌm ə'krɒs	rüberkommen	sembler être	incontrare, trovare	He comes across as a very intelligent sensitive man.
7	eye to eye	adv	aɪ tuː aɪ	auf gleicher Augenhöhe sehen	être d'accord	occhio per occhio	My mother and I see eye to eye on the matter.
7	impression	n	ɪm'preʃən	einen guten/schlechten Eindruck machen	impression	impressione	He was keen to make a good impression on his boss.
7	judge	v	dʒʌdʒ	nach dem Äußeren beurteilen	juger	giudice	He's a nice guy. Don't judge a book by its cover.
7	keep	irr v	ki:p	in Verbindung bleiben	rester en contact	mantenere	Anyway, we must keep in touch.
8	boast	v	bəʊst	sich brüsten	se vanter	vantarsi	He's boasting about how much money he has made.
8	chat	v	tʃæt	plaudern	causer	chiacchierata	John and I sat up until the early hours chatting.
8	compliment	n	'kɒmpləmənt	Kompliment machen	faire des compliments	complimento	All the guests gave her extravagant compliments.
8	dominate	v	'dɒməneɪt	dominieren	dominer	dominare	Her loud voice totally dominated the conversation.

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8	eye	n	aɪ	Augenkontakt	œil	occhio	People who are lying tend to avoid eye contact.
8	gossip	n	'gɒsəp	Klatsch	rumeurs	pettegolezzo	Here's an interesting piece of gossip about Mrs Smith.
8	greet	v	gri:t	begrüßen	saluer	accogliere, ricevere	Belinda greeted her warmly.
8	informal	adj	ɪn'fɔ:məl	zwanglos	informel	informale	The atmosphere at work is fairly informal.
8	instant	adj	'ɪnstənt	sofortig	instantané	istante	The women took an instant dislike to one another.
8	judgemental	adj	dʒʌdʒ'mentl	kritisch	catégorique dans ses jugements	giudicante	Don't be so judgemental!
8	mumble	v	'mʌmbəl	murmeln	marmonner	borbottare	He bumped into someone and mumbled an apology.
8	ridiculous	adj	rɪ'dɪkjələs	lächerlich	ridicule	ridicolo	That's a ridiculous idea!
8	small talk	n	'smɔ:l tɔ:k	Smalltalk machen	petites causeries	chiacchiere	We stood around making small talk.
8	speak up	phr v	spi:k 'ʌp	lauter sprechen, anfangen zu sprechen	parler	farsi sentire	There was a brief silence, then Gerald spoke up.
8	stumble	v	'stʌmbəl	über seine Worte stolpern	trébucher sur	inciampare	I hope I don't stumble over any of the long words.
8	talk down	phr v	tɔ:k 'daʊn	herablassend zu jmd. sprechen	parler de haut en bas	parlare dall'alto in basso	The students felt that they were talked down to as though they were children.
8	treat	v	tri:t	behandeln	traiter	trattare	She treats me like one of the family.
8	unconscious	n	ʌn'kɒnʃəs	das Unbewusste	inconscient	inconscio	He has written about the unconscious mind.
10	ease	n	i:z	sich wohl fühlen	à l'aise	facilità	She felt completely at ease with Bernard.
10	patience	n	'peɪʃəns	Geduld	patience	pazienza	You'll need patience and understanding if you're going to be a teacher.
11	addition	n	ə'dɪʃən	außerdem	en outre	aggiunta	The company provides cheap Internet access. In addition, it makes shareware freely available.
11	bandage	v	'bændɪdʒ	Verband	bandage	fasciatura	The nurse bandaged up his sprained ankle.
11	club	n	klʌb	Keule	raquette	mazza	He can juggle with both balls and clubs.

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11	inherit	v	ɪn'herət	erben	hériter	ereditare	Mr. Grass inherited his work ethic from his father.
11	keep an eye	v phrase	ki:p ən 'aɪ	ein Auge haben auf	garder à l'œil	tenere un occhio su	Mary will keep an eye on the kids this afternoon.
11	master	v	'mɑ:stə	beherrschen	maîtriser	master	I never quite mastered the art of walking in high heels.
11	persistence	n	pə'sɪstəns	Ausdauer	persistence	persistenza	Her persistence paid off when she was offered the job of manager.
11	put	irr v	pʊt	ausdrücken	exprimer/formuler	mettere	So it was an accident, an 'act of God' if you want to put it like that.
11	shift	n	ʃɪft	Schicht	équipe	turno	Dave had to work a 12-hour shift yesterday.
11	speciality	n	ˌspeʃi'æləti	Spezialgebiet	spécialité	specialità	Preston's speciality was night photography.
11	torch	n	tɔ:tʃ	Fackel	torche	torcia	The athlete is running with the Olympic torch.
11	troupe	n	tru:p	Truppe	groupe	troupe	He dances in a dancing troupe
11	juggle	v	'dʒʌgəl	unter einen Hut bringen	jongler avec	destreggiarsi	It's hard trying to juggle a job with kids and the housework.
11	only	adv	'əʊnli	nur zu glücklich	seulement	solo	Mark was only too happy to help me move house.
11	pick up on	phr v	pɪk 'ʌp ɒn	aufschnappen	ressentir	notare	Children pick up on our worries and anxieties.
11	put	irr v	pʊt	sich einsetzen für etwas	exprimer/formuler	mettere	You can do anything if you put your mind to it.
11	strength	n	streŋθ	von Erfolg zu Erfolg gelangen	aller de mieux en mieux	forza	Since he started in this company, he's gone from strength to strength.
11	take up	phr v	teɪk 'ʌp	aufgreifen	s'intéresser à	interessarsi	Roger took painting up for a while, but soon lost interest.
12	approval	n	ə'pru:vəl	Genehmigung	approbation	approvazione	The president has already given his approval to the plan.
12	artistic	adj	ɑ:'tɪstɪk	künstlerisch	artistique	artistico	John is very artistic.

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12	demand	n	dɪ'mɑ:nd	Anforderung	exigence	domanda	The curriculum makes great demands on the teacher.
12	expectation	n	ˌɛkspek'teɪʃən	Erwartung	attente/aspiration	aspettativa	Women who have high expectations of marriage are often disappointed.
12	fed up	adj	fed'ʌp	(be f.u.) genug haben	en avoir marre	annoiato	She felt tired and a bit fed up.
12	frustrated	adj	frʌ'streɪtəd	frustriert	frustré	frustrato	He gets frustrated when people don't understand what he's trying to say.
12	frustration	n	frʌ'streɪʃən	Frustration	frustration	frustrazione	I was practically screaming with frustration.
12	inferior	adj	ɪn'fɪəriə	unterlegen	subalterne/inférieur	inferiore	He refused to accept a job of inferior status.
12	influence	v	'ɪnfluəns	beeinflussen	influence	influenza	Marx was strongly influenced by the historian Niebuhr.
12	intellect	n	'ɪntələkt	Intellekt	intellect/intelligence	intelletto	He combined a formidable intellect with a talent for speaking.
12	intellectual	adj	ˌɪntə'lektʃuəl	intellektuell	intellectuel	intellettuale	His job requires considerable intellectual effort.
12	jealous	adj	'dʒeləs	eifersüchtig	Jaloux/jalouse	geloso, invidioso	Why are you so jealous of his success?
12	jealousy	n	'dʒeləsi	Eifersucht	Jalousie	gelosia	Polly felt a sharp pang of jealousy when she saw Paul with Suzanne.
12	loneliness	n	'ləʊnlɪnəs	Einsamkeit	solitude	solitudine	Loneliness is a big problem among the elderly.
12	lonely	adj	'ləʊnli	einsam	Seul(e)/solitaire	solo, solitario	Don't you get lonely being on your own all day?
12	only child	n	ˌəʊnli 'tʃaɪld	Einzelkind	Enfant unique	figlio unico	Alex is an only child.
12	protective	adj	prə'tektɪv	schützend	protecteur	protettivo	Sunscreen provides a protective layer against the sun's harmful rays.
12	rebellious	adj	rɪ'beljəs	rebellisch	rebelle	ribelle	He's always had a rebellious streak.
12	responsibility	n	rɪ'spɒnsə'bɪləti	Verantwortlichkeit, Aufgabe	responsabilité	responsabilità	Kelly's promotion means more money and more responsibility.
12	responsible	adj	rɪ'spɒnsəbəl	verantwortlich	responsable	responsabile	You can leave the children with Billy – he's very responsible.

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12	sandwich	v	'sænwɪdʒ	eingeschlossen zwischen	sandwich	sandwich	A layer of transparent material is sandwiched between the pieces of glass.
12	set	irr v	set	ein Beispiel geben	définir/montrer	impostare	It is important that parents set an example for their children.
12	significantly	adv	sig'nɪfɪkəntli	bedeutend	significativement	in modo significativo	Health problems can be significantly reduced by careful diet.
12	skilful	adj	'skɪlfəl	geschickt	doué	abile	After a few years, he became very skilful at drawing.
12	skill	n	skɪl	Geschick	Habilité/savoir-faire	abilità	Reading and writing are two different skills.
12	streak	n	stri:k	Ader	tendance	vena	That boy has a mean streak.
12	tend	v	tend	neigen zu	avoir tendance à	tendere	People tend to need less sleep as they get older.
12	theory	n	'θɪəri	Theorie	théorie	teoria	There are many different theories about how the brain works.
12	transform	v	træns'fɔ:m	verwandeln	transformer	trasformare	Increased population has transformed the landscape.
13	guidance	n	'gaɪdəns	Anleitung	orientation	guida	I went to a counselor for guidance on my career.
13	liberal	adj	'lɪbərəl	liberal	libéral/tolérant	liberale	My parents were always very liberal.
13	look up to	phr v	lʊk 'ʌp tu:	aufsehen zu	Admirer/avoir de l'admiration pour	rispettare	I've always looked up to Bill for his courage and determination.
13	network	n	'netwɜ:k	Netzwerk	réseau	rete	It's important to build up a network of professional contacts.
13	spoil	v	spɔɪl	verwöhnen	gâter	rovinare	She's an only child, but they didn't really spoil her.
14	back up	phr v	bæk 'ʌp	belegen	soutenir/appuyer	assistere	There's no evidence to back up his accusations.
14	conduct	v	kən'dʌkt	durchführen	conduire/mener	condurre	We are conducting a survey of consumer attitudes towards organic food.
14	countless	adj	'kaʊntləs	zahllos	incomptable	innumerevole	This film clip has been shown countless times.
14	density	n	'densəti	Dichte	densité	densità	There are areas of high population density.

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14	deterioration	n	dɪˌtɪəriˈeɪʃən	Verschlechterung	détérioration	deterioramento	we have a deterioration in his health over the last few days.
14	drive out	phr v	draɪv 'aʊt	vertreiben	chasser	scacciare	Downtown stores are being driven out by crime.
14	fanatical	adj	fəˈnætɪkəl	fanatisch	fanatique	fanatico	He was fanatical about tidiness.
14	force	v	fɔ:s	zwingen	Forcer/contraindre	obbligare, costringere	Government troops have forced the rebels to surrender.
14	in touch	n	ɪn 'tʌtʃ	in Verbindung bleiben	en contact	in contatto	Bye. I'll be in touch.
14	in touch	n	ɪn 'tʌtʃ	sich melden	entrer en contact	in contatto	We'll get in touch as soon as we know the results of the test.
14	isolated	adj	'aɪsələɪtəd	isoliert	isolé	isolato	Young mothers often feel isolated.
14	leaflet	n	'li:flət	Druckschrift	dépliant/brochure	volantino	I picked up a leaflet on skin cancer.
14	lose touch	v phrase	lu:z 'tʌtʃ	Verbindung verlieren	perdre le contact	perdere il contatto	I lost touch with Julie after we moved.
14	neurosis	n	njuːˈrəʊsəs	Neurose	névrose	nevrosi	She suffers with neurosis.
14	out of touch	n	aʊt əv 'tʌtʃ	nicht auf der Höhe	ne pas être au courant/en phase	perdere il contatto	I'm out of touch with modern medicine.
14	poll	v	pəʊl	Umfrage	sondage d'opinion/enquête	sondaggio	A recent poll found that 80% of Californians support the governor.
14	sophisticated	adj	səˈfɪstəkeɪtəd	ausgeklügelt	sophistiqué	sofisticato	They have a highly sophisticated weapons system.
14	superficial	adj	ˌsu:pəˈfɪʃəl	oberflächlich	superficiel	superficiale	Despite their superficial similarities, the two novels are, in fact, very different.
14	survey	n	'sɜ:veɪ	Umfrage	enquête/sondage	sondaggio	We conducted a survey of parents in the village.
14	touch	v	tʌtʃ	sich melden	interroger	toccare	I just wanted to touch base and make sure you hadn't changed your mind about seeing me.
14	trend	n	trend	Trend	tendance	tendenza	Lately there has been a trend towards hiring younger, cheaper employees.
14	uneasy	adj	ʌn'i:zi	unbehaglich	inquiet	inquieto	Ninety percent of those questioned felt uneasy about nuclear power.
15	end	n	end	schließlich	à la fin/en fin de compte	fine	What did you decide in the end?

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15	end up	phr v	end 'ʌp	schließlich etw. tun	à la fin/en fin de compte	finire	He came round for a coffee and we ended up having a meal together.
15	pain	n	peɪn	mühsam	peine	dolore, male	It's a pain, having to go upstairs to make the coffee every time.
15	track	n	træk	Überblickverlieren	piste/trace	traccia	I've lost track of what music is in the charts these days.
17	bring up	phr v	briŋ 'ʌp	großziehen	élever	allevare	He was brought up by his grandparents.
17	fall out	phr v	fɔ:l 'aʊt	sich verkrachen	Avoir une dispute/avoir une querelle	litigare	Carrie's always falling out with people.
17	get on	phr v	get 'ɒn	zurechtkommen	s'entendre	andare d'accordo	I've always got on well with Henry.
17	go out	phr v	gəʊ 'aʊt	gehen (mit)	sortir avec quelqu'un	uscire, andare fuori	Tina used to go out with my brother.
17	grow up	phr v	grəʊ 'ʌp	erwachsen werden	grandir	crescere	What do you want to be when you grow up?
17	make up	phr v	'meɪk ʌp	Frieden schließen	se réconcilier	fare la pace	Have you made up with Patty yet?
17	show off	phr v	ʃəʊ 'ɒf	sich aufspielen	faire étalage de/frimer	esibire	He couldn't resist showing off on the tennis court.
17	split up	phr v	splɪt 'ʌp	sich trennen	Se séparer de quelqu'un	separarsi	Steve's parents split up when he was four.
17	take after	phr v	teɪk 'ɑ:ftə	geraten nach	prendre soin de	assomigliare	Jenni really takes after her mother.
18	account	n	ə 'kaʊnt	was man so hört	selon	conto	It has, by all accounts, been a successful marriage.
18	anthropologist	n	ˌænθrə 'pɒlədʒɪst	Anthropologe	anthropologue	antropologo	Jonathan is an anthropologist at the university.
18	character	n	'kærəktə	Character	caractère	carattere	He has a cheerful but quiet character.
18	devoted	adj	dɪ 'vəʊtəd	ergeben	dévoué	devoto	Isabella was devoted to her brother.
18	genealogy	n	ˌdʒɪ:ni 'ælədʒɪ	Genealogie	généalogie	genealogia	I've always been very interested in genealogy.
18	go through	phr v	gəʊ 'θru:	durchmachen	traverser une période	passare	He's going through a divorce at the moment.
18	relative	n	'relətɪv	Verwandte(r)	un parent	parente	Her boyfriend is a distant relative of mine.
18	turn	n	tɜ:n	Jahrhundertwende	début d'année/de siècle	turno	It happened in the short period from the turn of the century until World War One.

Unit 2

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21	bumpy	adj	'bʌmpɪ	holprig	mouvementé/tumultueux	accidentato	Shareholders have had a bumpy ride.
21	culture	n	'kʌltʃə	Kulturschock	culture	cultura	India is where I first experienced real culture shock.
21	homesick	adj	'həʊm,sɪk	heimwehkrank	avoir le mal du pays	nostalgico	He felt homesick being away from home for the first time.
21	itchy	adj	'ɪtʃɪ	Fernweh	avoir le mal du large/nouveau	pruriginoso	I've only been back home for a few months and I've already got itchy feet.
21	particular	n	pə'tɪkjələ	besonders	en particulier/particulièrement	particolare	It was a good concert – I enjoyed the last song in particular.
21	strike	irr v	straɪk	einfallen, auffallen	frapper	notare	A rather worrying thought struck me.
21	travel bug	n	'trævl bʌg	von der Reiselust ergriffen	virus du voyage	viaggiatore appassionato	She's been bitten by travel bug since she came back from her month in India..
21	uncharted	adj	ʌn'tʃɑ:təd	unerfoescht	inexploré	inesplorato	This new project will take us into uncharted territory.
21	wander	v	'wɒndə	umherstreunen	se promener/faire du lèche-vitrine	vagare	I'll wander around the shops while I wait for you.
22	annoyed	adj	ə'noɪd	verärgert	Contrarié	seccato, arrabbiato	I'll be annoyed if we don't finish by eight.
22	annoying	adj	ə'noɪ-ɪŋ	ärgerlich	contrariant	fastidioso	The annoying thing is he's usually right.
22	challenged	adj	'tʃæləndʒd	behindert	handicapé physique	sfidato	He is physically challenged.
22	challenging	adj	'tʃæləndʒɪŋ	anspruchsvoll	stimulant	impegnativo	Teaching young children is a challenging and rewarding job.
22	civilisation	n	ˌsɪvəl-aɪ'zeɪʃən	Zivilisation	civilisation	civiltà	After a week in the mountains, all I wanted to do was get back to civilisation.
22	cling	irr v	klɪŋ	sich klammern	s'accrocher/se cramponner	aggrapparsi	He wailed and clung to his mother.
22	daunt	v	dɔ:nt	einschüchtern	intimider	scoraggiare	He felt utterly daunted by the prospect of moving to another country.
22	daunting	adj	'dɔ:ntɪŋ	einschüchternd	intimidant	scoraggiante	The trip seemed rather daunting for a young girl.
22	dense	adj	dens	dicht	dense	denso	A narrow track wound steeply up through dense forest.
22	disgusted	adj	dɪs'gʌstɪd	empört	dégoûté	disgustato	Most locals are disgusted by the anti-foreigner violence.

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22	disgusting	adj	dɪs'gʌstɪŋ	abstoßend	dégoûtant	disgustoso	Smoking is a really disgusting habit.
22	disruption	n	dɪs'rʌpʃən	Störung	perturbation	rottura	The strike caused widespread disruption.
22	fascinated	adj	'fæsəneɪtəd	fasziniert	fasciné	affascinato	I was fascinated by her voice.
22	fascinating	adj	'fæsəneɪtɪŋ	faszinierend	fascinant	affascinante	That sounds absolutely fascinating.
22	gruelling	adj	'gru:əlɪŋ	zermürend	exténuant/épuisant	faticoso	The cast took a break from their gruelling schedule.
22	inspired	adj	ɪn'spaɪəd	inspiriert	Inspiré(e)	ispirato, entusiasmanete	He was an inspired leader.
22	inspiring	adj	ɪn'spaɪərɪŋ	inspirierend	inspirant	esaltante	King was a great orator and an inspiring leader.
22	petrified	adj	'petrəfaɪd	panisch Angst habend	pétrifié	pietrificato	I'm petrified of spiders.
22	petrifying	adj	'petrəfaɪ-ɪŋ	Angst einflößend	pétrifiant	pietrificante	Spiders are petrifying.
22	plague	v	pleɪɡ	plagen	fléau	peste	He was plagued by eye troubles.
22	plummet	v	'plʌmət	stürzen	chuter	cadere a piombo	The plane plummeted towards the Earth.
22	resident	n	'rezədənt	Bewohner	résident	residente	He spoke to the residents of Westville.
22	significant	adj	sɪɡ'nɪfɪkənt	bedeutend	significatif	significativo	His most significant political achievement was the abolition of the death penalty.
22	slimy	adj	'slæɪmi	schleimig	visqueux	viscido	The field is full of slimy mud.
22	worried	adj	'wʌrɪd	besorgt über	inquiet	preoccupato	I'm really worried about my brother.
22	worrying	adj	'wʌrɪ-ɪŋ	besorgniserregend	inquiétant	preoccupante	The situation is extremely worrying.
24	rewarding	adj	rɪ'wɔ:dɪŋ	dankbar	gratifiant	gratificante	Teaching can be a very rewarding career.
24	sanctuary	n	'sæŋktʃuəri	Schutzgebiet	réserve	santuario	The park is the largest wildlife sanctuary in the US.
24	voluntary	adj	'vɒləntəri	freiwillig	volontaire/bénévole	volontario	She does a lot of voluntary work for the Red Cross.
25	astonishing	adj	ə'stɒnɪʃɪŋ	erstaunlich	stupéfiant/étonnant	stupefacente	They came to an astonishing decision.
25	discrimination	n	dɪ skrɪmɪə'neɪʃən	Diskriminierung	discrimination	discriminazione	They have introduced laws to prevent discrimination.
25	flourish	v	'flʌʃɪʃ	gedeihen	prosperer	fiore	The economy is booming and small businesses are flourishing.
25	harmony	n	'hɑ:məni	Harmonie	harmonie	armonia	I do believe it is possible for different ethnic groups to live together in harmony.
25	precious	adj	'preʃəs	kostbar	précieux	prezioso	We cannot afford to waste precious time.

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25	pristine	adj	'prɪstɪ:n	unberührt	virginal/neuf	incontaminato	We walked through the pristine African rainforest.
25	sacred	adj	'seɪkrəd	unantastbar	sacré	sacro	Human life is sacred.
25	safeguard	v	'seɪfɡɑ:d	schützen	protéger	salvaguardare	The industry has a duty to safeguard consumers.
25	breeze	n	bri:z	Brise	brise	brezza	The flowers were waving in the breeze.
25	bright	adj	braɪt	heiter	illuminé	luminoso	The weather was bright and sunny.
25	changeable	adj	'tʃeɪndʒəbəl	wechselhaft	changeant	mutevole	The weather was changeable all holiday.
25	chilly	adj	'tʃɪli	kühl	froid	freddo	It was a chilly November morning.
25	clear	adj	klɪə	klar	clair(e)	chiaro	The skies were clear and blue.
25	cool	adj	ku:l	kühl	frais	fresco	The evening air was cool.
25	drizzle	v	'drɪzəl	nieseln	bruine	pioggerella	The rain isn't too bad – it's only drizzling.
25	humid	adj	'hju:məd	feucht	humide	umido	Tokyo is extremely humid in mid-summer.
25	mild	adj	maɪld	mild	doux	mite	We had an exceptionally mild winter last year.
25	overcast	adj	,əʊvə'kɑ:st	bedeckt	couvert	nuvoloso	The sky was overcast and a light rain began to fall.
25	pour	v	pɔ:	gießen	se déverser	piovere a dirotto	It's pouring now.
25	scorching	adj	'skɔ:ʃɪŋ	sengend	torride	torrido	I couldn't stand the scorching desert heat.
25	showery	adj	'ʃəʊəri	regnerisch	pluvieux	piovoso	Wow, what a showery day.
25	sub-zero	adj	sʌb'zɪərəʊ	Temperatur unter Null	au-dessous de zéro	sotto zero	I couldn't stand the sub-zero temperatures.
26	assortment	n	ə'sɔ:tmənt	Mischung	assortiment	assortimento	I'd like a wide assortment of friends.
26	masked	adj	mɑ:skt	maskiert	masqué	mascherato	Masked gunmen opened fire on the bus.
26	stew	n	stju:	Schmorgericht	ragoût	stufato	We ate a whole a pot of stew.
26	substantial	adj	səb'stænʃəl	wesentlich	substantiel	sostanziale	We have the support of a substantial number of parents.
26	trek	v	trek	trecken	faire la randonnée	trekking	For five days he trekked across the mountains of central China
27	fauna	n	'fəʊnə	Fauna	faune	fauna	Tourism is damaging the flora and fauna of the island.
27	flora	n	'flɔ:rə	Flora	flore	flora	Tourism is damaging the flora and fauna of the island.

Page	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
27	furnished	adj	'fɜ:nɪʃt	möbliert	meublé	arredato	The bedrooms are elegantly furnished.
27	half-board	n	hɑ:fbɔ:d	Halbpension	demi-pension	mezza pensione	We prefer half board accommodation.
27	moonlight	n	'mu:nlaɪt	Mondlicht	clair de lune	chiaro di luna	The water looked silver in the moonlight.
27	oasis	n	əʊ'eɪsəs	Oase	oasis	oasi	We were relieved to come across an oasis.
27	spectacular	adj	spek'tækjələ	spektakulär	spectaculaire	spettacolare	It's a mountainous area with spectacular scenery.
27	veranda	n	və'rændə	Veranda	véranda	veranda	The veranda overlooked woodland at the back.
28	abroad	adv	ə'brɔ:d	im Ausland	à l'étranger	all'estero	I've never lived abroad before.
28	emigrate	v	'eməgreɪt	emigrieren	émigrer	emigrare	He emigrated to Australia as a young man.
28	leave	irr v	li:v	von Hause ausziehen	quitter/partir	lasciare	How old were you when you left home (your parents' home)?
28	move	v	mu:v	umziehen	déménager/délocaliser	muovere	My parents kept moving house because of my dad's job.
28	off	adv	ɒf	weg	loin	via	I must be off now.
28	roam	v	rəʊm	herumstreifen	errer	vagare	The lions are allowed to roam around the park.
28	see off	phr v	si: 'ɒf	verabschieden	dire au revoir	salutare	They've gone to the airport to see their son off.
28	set off	phr v	set 'ɒf	aufbrechen	partir/prendre la route/s'en aller	partire	I'll set off early to avoid the traffic.
28	appealing	adj	ə'pi:lɪŋ	attraktiv	attrayant	attraente	The city offers an appealing combination of sporting and cultural events.
28	aspect	n	'æspekt	Aspekt	aspect	aspetto	Dealing with people is the most important aspect of my work.
28	consider	v	kən'sɪdə	erwägen	considérer/prendre en compte	considerare, valutare	I seriously considered resigning
28	dissatisfied	adj	dɪ'sætəsfaɪd	unzufrieden	mécontent/insatisfait	insoddisfatto	If you are dissatisfied with this product, please return it.
28	grass	n	grɑ:s	Die Kirschen in Nachbars Gartenschmecken immer süßer	pelouse/gazon/herbes	erba	I always think the grass is greener on the other side.

Page	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
28	laid-back	adj	leɪd' bæk	locker	décontracté	rilassato	I don't know how you can be so laid-back about your exams.
28	overseas	adv	ˌəʊvə'si:z	in Übersee	outré-mer	oltremare	Chris is going to work overseas.
28	prestigious	adj	pre'stɪdʒəs	angesehen	prestigieux	prestigioso	She is the recipient of a prestigious literary award.
28	recognition	n	ˌrekəg'nɪʃən	Anerkennung	reconnaissance	riconoscimento	He has achieved recognition and respect as a scientist.
28	reveal	v	rɪ'vi:l	preisgeben	révéler	rivelare	He may be prosecuted for revealing secrets about the security agency.
28	romanticise	v	rəʊ'mæntɪsaɪz	romantisiert	romancer/sentimentaliser	idealizzare	The film projects a romanticised image of life during the war.
28	set up	phr v	set 'ʌp	gründen	fonder/montre/créer	impostare	They want to set up their own import-export business.
28	top	adj	tɒp	oberste fünf/zehn	meilleur	top	She is among the top five tennis players of all time.
28	wave	n	weɪv	Welle	vague	onda	They faced wave after wave of fresh troops.
30	adventurous	adj	əd'ventʃərəs	abenteuerlich	aventureux	avventuroso	Andy isn't a very adventurous cook.
30	find	irr v	fɑɪnd	finden	trouver/estimer	trovare	She found the work very dull.
30	integrate	v	'ɪntɪgreɪt	einbinden	intégrer	integrare	Colourful illustrations are integrated into the text.
30	routine	n	ru:'ti:n	Routine	routine	routine	John's departure had upset their daily routine.
30	venture	v	'ventʃə	wagen	risquer/s'aventurer	avventurarsi	When darkness fell, he would venture out.
31	go	n	gəʊ	grooße nstregungen machen	aller loin	andare	We went to great lengths to put on the perfect party.
31	go	n	gəʊ	versuchen	essayer/tenter	provare	'I can't open this drawer.' 'Here, let me have a go.'
31	go	irr v	gəʊ	schaffen	essayer/tenter	provare	We're going to make a go of the marriage now.
31	go	irr v	gəʊ	versteht sich von selbst	aller sans dire	andare	The Internet, too, it goes without saying, is a good source of information.

Page	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
31	go away	phr v	gəʊ ə'weɪ	verreisen	partir	andare via	Are you going away this year?
31	go back on	phr v	gəʊ 'bæk ɒn	nicht halten	manquer à sa parole/se dédire de sa parole	tornare su	Delors claimed that the President had gone back on his word.
31	go down with	phr v	gəʊ 'daʊn wið	(Krankheit) bekommen	tomber malade/attraper une maladie	ammalarsi	Half the team had gone down with flu.
31	go for	phr v	'gəʊ fə	nehmen	choisir quelque chose	tentare	I think I'll go for the chocolate cake.
31	go on	phr v	gəʊ 'ɒn	los sein	arriver/se passer	andare avanti	I don't know what's going on.
31	on the go	adv	ɒn ðə 'gəʊ	im Fahren	en déplacement/en voyage	in movimento	I always eat breakfast on the go.
32	dread	v	dred	sich grausen	redouter/craindre	terrore	I've got an interview tomorrow and I'm dreading it.
32	intrepid	adj	ɪn'trepəd	unerschrocken	intrépide	intrepido	They were a gang of intrepid explorers.
32	creature	n	'kri:tʃə	leibliches Wohl	confort matériel	creatura	I like my creature comforts.
32	far-flung	adj	fɑ:'flʌŋ	entlegen	reculé	lontano	He's been on expeditions to far-flung corners of the globe.
Unit 3							
35	ancient	adj	'eɪnʃənt	alt	ancien	antico	I'm interested in the ancient civilisations of Asia.
35	antique	adj	,'æŋ'ti:k	antik	antique	antico	I just bought an antique rosewood desk.
35	elderly	adj	'eldəli	ältere(r)	âgé(e)	anziano	My grandmother is a well-dressed elderly woman.
35	fashionable	adj	'fæʃənəbəl	in Mode	à la mode, en vogue	alla moda	Strong colours are very fashionable at the moment.
35	modern	adj	'mɒdn	modern	moderne	moderno	A lot of progress has been made with the use of modern technology.
35	old-fashioned	adj	,'əʊld'fæʃənd	altmodisch	démodé/vieux jeu	antiquato	She wears really old-fashioned clothes!
35	second-hand	adj	,'sekənd'hænd	gebraucht	d'occasion	di seconda mano	It's better to buy a second-hand car.
35	traditional	adj	trə'dɪʃənəl	traditionell	traditionnel	tradizionale	It is traditional not to eat meat on Good Friday.
35	trendy	adj	'trendi	angesagt	tendance/à la mode	alla moda	We dined at a trendy Bay Area restaurant.
36	admit	v	əd'mɪt	zugeben	admettre	ammettere	You may not like her, but you have to admit that she's good at her job.
36	astounding	adj	ə'staʊndɪŋ	erstaunlich	stupéfiant/étonnant	sbalorditivo	The concert was an astounding success.

Page	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
36	bang	n	bæŋ	mit einem Knall	avec un grand succès	scoppio	Stock markets started the year with a bang.
36	blow	irr v	bləʊ	überwältigen	époustoufler	colpo	Seeing her again really blew my mind.
36	catch	irr v	kætʃ	in den Bann ziehen	captiver	prendere	That art exhibition really caught my imagination.
36	classic	adj	'klæsɪk	klassisch	classique	classico	The Coca-Cola bottle is one of the classic designs of the last century.
36	commercial	adj	kə'mɜ:ʃəl	geschäftlich	commercial	commerciale	Gibbons failed to see the commercial value of his discovery.
36	fuss	n	fʌs	Aufhebens	agitation/tapage	confusione	They wanted a quiet wedding without any fuss.
36	gross	v	grəʊs	Bruttoertrag ergeben	brut	lorido	The movie has already grossed over \$10 million.
36	hero	n	'hɪərəʊ	Held	héro	eroe	His father was a war hero, a former fighter pilot.
36	impact	n	'ɪmpækt	Auswirkung	impact	impatto	We need to assess the impact on climate change.
36	perfect	v	pə'fekt	perfektionieren	parfaire	perfetto	Mock trials help students perfect their legal skills.
36	plot	n	plɒt	Handlung	intrigue	trama	The plot was a little confusing.
36	portrayal	n	pɔ:'treɪəl	Porträtierung	portrait	ritratto	The film is not an accurate portrayal of his life.
36	release	n	rɪ'li:s	Neuerscheinung	publication	rilascio	Have you heard the band's latest release?
36	script	n	skɪpt	Skript, Drehbuch	texte	copione	They write all their own scripts.
36	stunning	adj	'stʌnɪŋ	überwältigend	splendide/magnifique	mozzafiato	You look absolutely stunning in that dress.
36	surpass	v	sə'pɑ:s	übertreffen	surpasser	superare	He had surpassed all our expectations.
36	villain	n	'vɪlən	Schurke	vilain	furfante	He plays the villain of the play.
36	visual	adj	'vɪʒʊəl	visuell	visuel	visivo	Artists translate their ideas into visual images.
37	after that	prep	,ɑ:ftə 'ðæt	danach	après cela/après ça	dopo	After leaving school, Mackay worked in a restaurant for a year.

Page	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
37	at that time	prep	ət 'ðæt taɪm	Zu der Zeit	à cette époque/à ce moment-là	allora	At that time the technology wasn't available.
37	during	prep	'dʒʊərɪŋ	während	durant	durante	During the summer she worked as a lifeguard.
37	for	prep	fə	... lang	pendant/durant	per	Bake the cake for 40 minutes.
37	from	prep	fɾəm	von	à partir de/dès	da	From now on, I will only be working in the mornings.
37	in	prep	ɪn	im Jahre	en	in	Shaw first visited Russia in 1927.
37	since	prep	sɪns	seit	depuis	da	We've been waiting here since two o'clock.
37	throughout	prep	θru: 'aʊt	durchgängig während	à travers/durant tout	per tutto	We are open every weekend throughout the year.
37	until	prep	ʌn 'tɪl	bis	jusqu'à	fino a quando	The ticket is valid until March.
37	while	conj	waɪl	während	alors que/pendant que	mentre	They arrived while we were having dinner.
38	activist	n	'æktɪvəst	Aktivist	activiste	attivista	I'm a political activist looking for political reform.
38	brick	n	bɾɪk	Ziegelstein	brique	mattone	I built a brick wall in the summer.
38	clichéd	adj	'kli:ʃeɪd	ein Klischee	cliché/préjugé	cliché	The phrase 'a trouble shared is a trouble halved' is clichéd but true.
38	confront	v	kən 'frʌnt	zukommen auf	affronter/faire face à	affrontare	The problems confronting the new government were enormous.
38	context	n	'kɒntɛkst	Kontext	contexte	contesto	You must put it in the political context of the election.
38	crisis	n	'kraɪsəs	Krise	crise	crisi	The country now faces an economic crisis.
38	degree	n	dɪ 'ɡri:	Ausmaß	degré de	laurea	1960s Britain was characterised by a greater degree of freedom than before.
38	heroic	adj	hɪ 'rəʊɪk	heroisch	héroïque	eroico	She portrayed him as a heroic figure.
38	injustice	n	ɪn 'dʒʌstəs	Unrecht	injustice	ingiustizia	I'm studying the injustice of slavery.
38	inspiration	n	ɪnspə 'reɪʃən	Inspiration	inspiration	ispirazione	People like Tara are an inspiration to us all.
38	mud	n	mʌd	Lehm	boue	fango	Many villages in Mali consist of mud huts.
38	poverty	n	'pɒvəti	Armut	pauvreté	povertà	Millions of elderly people live in poverty.

Page	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
38	react	v	ri'ækt	reagieren	réagir	reagire	How did Wilson react to your idea?
39	agricultural	adj	ˌægrɪ'kʌltʃərəl	landwirtschaftlich	agricole	agricolo	More than 75% of the land is agricultural.
39	booming	adj	bu:miŋ	florierend	prospérant/florissant	boom	Business was booming, and money wasn't a problem.
39	firework	n	'faɪəwɜ:k	Feuerwerk	feux d'artifices	fuoco d'artificio	Jeff and David were in the back yard setting off fireworks.
39	industry	n	'ɪndəstri	Branche, Industrie	industrie	industria	I work in the oil industry.
39	influence	n	'ɪnfluəns	Einfluss	influence	influenza	For centuries the country remained untouched by outside influences.
39	iron	n	'aɪən	Eisen	fer	ferro	The house has a driveway with large iron gates.
39	porcelain	n	'pɔ:slən	Porzellan	porcelaine	porcellana	She sold a porcelain vase.
39	pulp	v	pʌlp	zu Papierbrei verarbeiten, einstampfen	réduire en pâte	macerare	Unsold novels are sent to be pulped.
39	tool	n	tu:l	Werkzeug	outil	strumento	I don't have the right tools to start fiddling around with the engine.
39	wheelbarrow	n	'wi:l,bærəʊ	Schubkarre	brouette	carriola	I moved all the mud in the wheelbarrow.
40	bronze	n	brɒnz	Bronze	bronze	bronzo	The church has a bell cast in bronze.
40	cotton	n	'kɒtn	Baumwolle	coton	cotone	Made from 100% cotton.
40	denim	n	'denəm	Jeansstoff	jean	denim	I'd like to buy a denim jacket.
40	glass	n	glɑ:s	Glas	verre	vetro	The cathedral has stained glass windows.
40	gold	n	gəʊld	Gold	or	oro	He gave her a a gold ring.
40	gunpowder	n	'gʌn,pəʊdə	Schießpulver	poudre à canon	polvere da sparo	Gunpowder was invented in China.
40	leather	n	'leðə	Leder	cuir	pelle	The inside of the bag was lined with soft leather.
40	lycra	n	'laɪkrə	Lycra	lycra	lycra	He's always wearing lycra at the gym.
40	metal	n	'metl	Metall	métal	metallo	The gate is made of metal.
40	paper	n	'peɪpə	Papier	papier	carta	I'll get you a piece of paper so you can write the number down.
40	plastic	n	'plæstɪk	Plastik	plastique	plastica	They make children's toys made of plastic.
40	rubber	n	'rʌbə	Gummi	caoutchouc	gomma	He was playing with a rubber ball.
40	silk	n	sɪlk	Seide	soie	seta	She wore a beautiful dress in raw silk.

Page	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
40	silver	n	'sɪlvə	Silber	argent	argento	She gave them cups made of solid silver for their wedding.
40	wood	n	wʊd	Holz	bois	legno	Her house was made of wood.
40	wool	n	wʊl	Wolle	laine	lana	Is this jumper made of wool?
41	furry	adj	'fɜ:ri	pelzig, plüschig	à fourrure	peloso	They were wearing pink furry slippers.
41	itchy	adj	'ɪtʃi	kratzig	irritant/qui démange	pruriginoso	These tights are all itchy.
41	rough	adj	rʌf	rau	rugueux/irrégulier	ruvido	Her hands were rough from hard work.
41	shiny	adj	'ʃaɪni	glänzend	brillant	lucente	Her hair was thick and shiny.
41	slippery	adj	'slɪpəri	schlüpfrig	glissant	scivoloso	In places, the path can be wet and slippery.
41	smooth	adj	smu:ð	glatt	lisse	liscio	Her skin felt smooth and cool.
41	soft	adj	sɒft	weich	mou/tendre	morbido	My feet sank into the soft ground.
41	stretchy	adj	'stretʃi	dehnbar	élastique	elastico	This material is stretchy.
41	anecdotal	adj	ˌænik'dəʊtl	anekdotisch	anecdotique	aneddotico	His findings are based on anecdotal evidence rather than serious research.
41	concrete	adj	'kɒŋkri:t	konkret	concret	concreto	There is a lack of any concrete evidence.
41	fundamental	adj	ˌfʌndə'mentl	grundlegend	fondamental	fondamentale	We have to tackle the fundamental cause of the problem.
41	influential	adj	ˌɪnflu'ɛnʃəl	einflussreich	influent	influyente	He had influential friends.
41	ironically	adv	aɪ'rɒnɪkli	ironisch	ironiquement	ironia della sorte	Ironically, his cold got better on the last day of his holiday.
41	knock-on	adj	nɒk'ɒn	Folgewirkung	répercussions/retombées	effetto dirompente	These price rises will have a knock-on effect on the economy.
41	normalise	v	'nɔ:məlaɪz	normalisieren	normaliser/revenir à la normale	normalizzare	Journalists are reporting that the situation has now normalised.
41	perspective	n	pə'spektɪv	Perspective	perspective	prospettiva	His father's death gave him a whole new perspective on life.
42	breath	n	breθ	Atem rauben	souffle	respiro	The view from the top will take your breath away.
42	doom	v	du:m	verurteilt	ruiner	destino	Many species are doomed to extinction.
42	globalisation	n	ˌglɔʊbələɪ'zeɪʃən	Globalisierung	mondialisation/globalisation	globalizzazione	He wrote about the increasing globalisation of world trade.

Page	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
42	sadden	v	'sædn	traurig machen	attrister/affliger	ratristare	Those who knew him are saddened by his death.
42	stride	n	straɪd	locker hinnehmen	accepter sans sourciller	prendersela con calma	When the boss asked Judy to stay late, she took it in stride.
42	try out	phr v	traɪ 'aʊt	ausprobieren	Essayer/tenter	provare	I'm trying out a new computer.
42	uniformity	n	ˌju:nə'fɔ:məti	Gleichförmigkeit	uniformité	uniformità	There seems to be no uniformity among the various systems.
42	black-and-white	adj	ˌblæk ənd 'waɪt	schwarz-weiß	simpliste/noir et blanc	bianco e nero	There's still a tendency to see the issues in black and white.
42	bland	adj	blænd	nichtssagend	fade/sans relief	blando	She made a few bland comments.
42	branded	adj	'brændəd	Marken-	de marque	di marca	You can't show branded products on TV
42	define	v	dɪ'faɪn	definieren	définir	definire	The duties of the post are difficult to define.
42	diversity	n	daɪ'vɜ:səti	Vielfalt	diversité	diversità	The curriculum will take account of the ethnic diversity of the population.
42	downside	n	'daʊnsaɪd	Nachteil	revers	rovescio della medaglia	Digital cell phones offer more security, but the downside is that they have less power.
42	embrace	v	ɪm'breɪs	bereitwillig übernehmen	embrasser/adopter	abbraccio	We hope these regions will embrace democratic reforms.
42	endless	adj	'endləs	endlos	infini/sans fin/incomptable	senza fine	The possibilities are endless.
42	erode	v	ɪ'rəʊd	erodieren	éroder/saper	erodere	Our personal freedom is being gradually eroded away.
42	ever-	adv	'evə	immer mehr/vorhanden	sans cesse	sempre	I'm going to talk about the ever-increasing problem of drugs in the inner cities.
42	exaggerated	adj	ɪg'zædʒəreɪtəd	übertrieben	Exagéré	esagerato	The revenue figures may be slightly exaggerated.
42	facilitate	v	fə'sɪləteɪt	erleichtern	faciliter	facilitare	Computers can be used to facilitate language learning.
42	free	v	fri:	befreien	soulager	libero	At last the country has been freed from its enormous debts.
42	grey	adj	greɪ	Grauzone	gris	grigio	We talked about people in the grey area between loyalty and opposition to the government.

Page	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
42	inevitable	adj	ɪˈnevətəbəl	unvermeidlich	inévitabile	inevitabile	A further escalation of the crisis now seems inevitable.
42	intermix	v	ˌɪntəˈmɪks	mischen	entremêler	mescolare	Intermix the two liquids now.
42	lingua franca	n	ˌlɪŋgwəˈfræŋkə	Lingua franca	langue véhiculaire	lingua franca	English is the lingua franca in many countries.
42	oversimplify	v	ˌəʊvəˈsɪmpləfaɪ	grob vereinfachen	trop simplifier	semplificare eccessivamente	To describe all these people as refugees is to oversimplify the situation.
42	pigeon-hole	v	ˈpɪdʒənhəʊl	in eine Schublade stecken	cataloguer/étiqueter	incasellare	Patsy was pigeonholed as a Country and Western singer, but that's too simple.
42	stereotype	v	ˈsteriətaɪp	abstempeln	stéréotype	stereotipo	Homeless people are stereotyped as alcoholics or addicts.
42	take to	phr v	ˈteɪk tuː	Gefallen finden an	prendre goût	prendere in simpatia	Sandra took to it straight away.
42	thriving	adj	ˈθraɪvɪŋ	florierend	florissant	fiorente	London has a thriving tourist industry.
42	tyranny	n	ˈtɪrəni	Tyranei	tyrannie	tirannia	Gorky was often the victim of his grandfather's tyranny.
42	wildly	adv	ˈwaɪldli	überaus	extrêmement	selvaggiamente	The band is wildly popular in Cuba.
44	take	irr v	teɪk	als gegeben hinnehmen	considérer comme allant de soi	prendere	He just took it for granted that he would pass the exam.
44	take in	phr v	teɪk ˈɪn	aufnehmen	absorber	comprendere	He watches the older kids, just taking it all in.
44	take off	phr v	teɪk ˈɒf	losgehen	percer	decollare	Mimi became jealous when Jack's career started taking off.
44	take over	phr v	teɪk ˈəʊvə	übernehmen	prendre les commandes	rilevare	Ruth moved into our apartment and promptly took over.
44	take part	v phrase	teɪk pɑːt	teilnehmen	Prendre part	partecipare	Would you like to take part in the game today?
Unit 4							
49	firefighter	n	ˈfaɪəˌfaɪtə	Feuerwehrmann	sapeur-pompier	pompieri	I think firefighters are very brave.
49	journalist	n	ˈdʒɜːnəl-əst	Journalist	journaliste	giornalista	He is a well-known journalist and broadcaster.
49	nursery nurse	n	ˌnɜːsəriˈnɜːs	Kindergärtnerin	puéricultrice	infermiera nella nursery	My sister works as a nurse nurse.
49	social worker	n	ˈsəʊʃəlˌwɜːkə	Sozialarbeiter	assistant social	assistente sociale	The social worker's coming round at 3.

Page	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
49	surgeon	n	'sɜ:dʒən	Chirurg	chirurgien	chirurgo	One of the world's top heart surgeons performed the operation.
49	build up	phr v	bɪld 'ʌp	aufbauen	mettre sur pied/bâtir	costruire	He's built up the family firm into a multinational company.
49	career	n	kə'riə	beruflicher Wechsel	carrière	carriera	People may have a change of career as many as seven times in their lives.
49	career	n	kə'riə	berufliche Entwicklung	carrière	carriera	After leaving university, I wasn't sure which career path to choose.
49	field	n	fi:ld	Gebiet	filière/domaine	campo	Peter's an expert in his field.
49	job	n	dʒɒb	Arbeitszufriedenheit	travail	lavoro	In general, job satisfaction among farm workers is extraordinarily high.
49	labour	n	'leɪbə	aus Liebe zur Sache	labeur	lavoro	The work on the boat has been a real labour of love.
49	retrain	v	ˌri:'treɪn	umschulen	recycler	riqualificare	One solution is to retrain the long-term unemployed.
49	specialise	v	'speʃəlaɪz	spezialisieren	se spécialiser	specializzarsi	Simmons specialised in contract law.
49	specialist	n	'speʃələst	Spezialist	spécialiste	specialista	He's an attorney who is a specialist in banking law.
49	vital	adj	'vaɪtl	entscheidend, lebensnotwendig	vital	vitale	The work she does is absolutely vital.
49	year	n	jɪə	ein Sabbatjahr nehmen	année	anno	I'm planning to take a year out.
49	best	n	best	das Beste herausholen	meilleur	migliore	He gets the best out of his team.
49	can	irr v	kæn	Macherhaltung	attitude positive	può	You need a can do attitude in this profession.
49	deadline	n	'dedlaɪn	enge Termine einhalten können	échéance/délai final	scadenza	Everyone's working extremely hard to meet the tight deadline.
49	detail	n	'di:teɪl	ein Auge für das Detail haben	détail	dettaglio	Photographers need to have an eye for detail.
49	figure	n	'fɪgə	gut mit Zahlen umgehen können	schéma/graphique/figure	figura	He's always been good with figures.
49	initiative	n	ɪ'niʃetɪv	Initiative zeigen	initiative	iniziativa	Carlos was promoted quickly because he was good at using his own initiative.

Page	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
49	listener	n	'lɪsənə	ein guter Zuhörer sein	bon auditeur	ascoltatore	You need to be a good listener as a councillor.
49	people	n	'pi:pəl	mit Leuten umgehen können	qui aime le contact avec les gens	persone	Rachel is a real people person.
49	pressure	n	'prefə	unter Druck ruhig bleiben	pression	pressione	John is always able to keep calm under pressure.
49	team	n	ti:m	gut in einem Team arbeiten	équipe	squadra	I don't work well in a team. I prefer working alone.
50	agency	n	'eɪdʒənsi	Agentur	agence	agenzia	We have an appointment with a local housing agency.
50	bureau	n	'bjʊərəʊ	Büro	bureau	ufficio	You should go to the Citizens Advice Bureau.
50	burst	n	bɜ:st	zulegen	poussée	scoppiare	The van gave a sudden burst of speed.
50	common	adj	'kɒmən	gemeinsam	commun	comune	We're working towards a common goal.
50	commute	v	kə'mju:t	pendeln	Faire la navette	commutare	Jim commutes to Manhattan every day.
50	contribute	v	kən'trɪbjʊ:t	beitragen	contribuer	contribuire	City employees cannot contribute to political campaigns.
50	employment	n	ɪm'plɔɪmənt	bezahlte Beschäftigung	emploi	lavoro	51% of women return to paid employment within 5 years of having a child.
50	flexible	adj	'fleksəbəl	flexibel	souple	flessibile	The government needs a more flexible approach to education.
50	grind	n	graɪnd	täglicher Trott	corvée	macinare	I saw workers emerging from their daily grind in the factory.
50	housework	n	'haʊswɜ:k	Hausarbeit	Travail ménager	lavori di casa	I spent all morning doing the housework.
50	impose	v	ɪm'pəʊz	verhängen	imposer	imporre	The court can impose a fine.
50	inactivity	n	ˌɪnæk'tɪvəti	Untätigkeit	inactivité	inattività	Don't suddenly take up violent exercise after years of inactivity.
50	intersperse	v	ˌɪntə'spɜ:s	dazwischenstreuen	intermêlé de/parsemé de	inframmezzare	There will be sunny periods interspersed with showers.
50	irritable	adj	'ɪrətəbəl	reizbar	irritable	irritabile	Jo was tired, irritable, and depressed.
50	nine-to-five	adv	naɪntə'faɪv	Achtstundentag	heures de bureau	dalle nove alle cinque	She didn't like working nine to five.

Page	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
50	obligation	n	ˌɒbləˈɡeɪʃən	Verpflichtung	obligation/engagement	obbligo	Employers have an obligation to treat all employees equally.
50	oriented	adj	ˈɔːrɪəntəd	ausgerichtet	axé sur/orienté vers	orientato	A lot of the younger students don't seem to be politically oriented at all.
50	productivity	n	ˌprɒdʌkˈtɪvəti	Produktivität	productivité	produttività	It cost the country \$4 million in lost productivity.
50	psychological	adj	ˌsaɪkəˈlɒdʒɪkəl	psychologisch	psychologique	psicologico	Sleep disorders are a serious psychological problem.
50	radically	adv	ˈrædɪkli	radikal	radicalement/totalement	radicalmente	We need a radically different method of production.
50	redundant	adj	rɪˈdʌndənt	redundant	redondant	ridondante	I'm calling for the removal of redundant information.
50	remotely	adv	rɪˈməʊtli	fern	à distance	da lontano	We use remotely operated vehicles.
50	self-esteem	n	self ɪˈstiːm	Selbstwertgefühl	amour propre/estime de soi	stima di sé	Playing a sport can boost a girl's self-esteem.
50	value	v	ˈvæljuː	schätzen	valeur	valore	Shelley valued her privacy.
50	well-being	n	ˌwelˈbiːɪŋ	Wohlergehen	bien-être	benessere	We are responsible for the care and well-being of all our patients.
50	workaholic	n	ˌwɜːkəˈhɒlɪk	Workaholic	bourreau de travail	maniac del lavoro	My uncle died of a heart attack. He was a workaholic.
50	work-centred	adj	ˈwɜːk ˌsɛntəd	auf Arbeit bezogen	axé sur le travail	incentrato sul lavoro	We live in a very work-centred environment.
50	workplace	n	ˈwɜːkpleɪs	Arbeitsplatz	lieu de travail	sul posto di lavoro	I wrote a report into discrimination in the workplace.
50	work-rhythm	adj	ˈwɜːk ˌrɪðəm	Arbeitsrhythmus	rythme de travail	ritmo di lavoro	Working in short bursts is a better work-rhythm for me.
52	admin	n	ˈædmɪn	Verwaltung	administration	amministrazione	She works in admin.
52	collapse	v	kəˈlæps	zusammenbrechen	s'effondrer	crollo	He collapsed with a heart attack while he was dancing.
52	colleague	n	ˈkɒliːg	Kollege/in	collègue	collega	She discussed the idea with some of her colleagues.
52	exhaustion	n	ɪgˈzɔːstʃən	Erschöpfung	épuisement	esaurimento	He collapsed with exhaustion.

Page	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
52	open-plan	adj	ˌəʊpən ˈplæn	Großraum-	bureau à espace décroisé	spazio aperto	I hate working in an open-plan office.
52	overworked	adj	ˌəʊvə ˈwɜ:kət	überarbeitet	surmené	sovraccarico di lavoro	They're overworked and understaffed.
52	promote	v	prə ˈməʊt	befördern	promouvoir	promuovere	Helen was promoted to senior manager.
52	senior	adj	ˈsi:nɪə	höheres	aîné	anziano	White men hold most of the jobs in senior management.
52	sheer	adj	ʃɪə	rein	pur	a picco	I'll never forget the look of sheer joy on her face.
52	star	n	stɑ:	aufsteigender Stern	star/vedette	stella	He is a rising star in the music world.
52	stressful	adj	ˈstresfəl	stressig	stressant	stressante	Moving to a new house is a very stressful experience.
52	tough	adj	tʌf	hart	Dur/difficile/pénible	duro	It was a tough race.
52	underpaid	adj	ˌʌndə ˈpeɪd	unterbezahlt	sous-payé	sottopagato	Teachers are overworked and underpaid.
52	verge	n	vɜ:dʒ	am Rande	au bord de	limite	Jess seemed on the verge of tears.
53	attraction	n	ə ˈtrækʃən	Attraktion	attraction	attrazione	The beautiful beaches are the island's main attraction.
53	extraordinary	adj	ɪk ˈstrɔ:dənəri	außerordentlich	extraordinaire	straordinario	It took an extraordinary amount of work.
53	modest	adj	ˈmɒdəst	bescheiden	modeste	modesto	He was always modest about his role in the Everest expedition.
53	phase	n	feɪz	Phase	phase/stade	fase	The first phase of renovations should be finished by January.
53	recycle	v	ˌri: ˈsaɪkəl	wiederverwerten	recycler	riciclare	We take all our bottles to be recycled.
53	sculpture	n	ˈskʌlptʃə	Skulptur	sculpture	scultura	Opposite the chapel is a bronze sculpture of Cardinal Schwarzenberg.
53	visionary	adj	ˈvɪʒənəri	visionär	visionnaire	visionario	Under his visionary leadership, the city prospered.
53	wrinkled	adj	ˈrɪŋkəld	faltig	froissé/ridé	rugoso	I drew her wrinkled old face.
54	full-time	adj/adv	fʊl ˈtaɪm	vollzeit arbeiten	à plein temps	a tempo pieno	She works full-time and has two kids.
54	time	n	taɪm	sich die Zeit vertreiben	temps	tempo	He was just killing time before his appointment.
54	time	n	taɪm	sich die Zeit nehmen	temps	tempo	You need to make time to do things you enjoy.

Page	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
54	time	n	taɪm	Zeit verbringen	temps	tempo	The prisoners pass the time reading, or writing letters.
54	time	n	taɪm	die Zeit läuft davon	temps	tempo	We must act now because time is running out.
54	time	n	taɪm	Zeit sparen	temps	tempo	I used a ready-made sauce in order to save time.
54	time	n	taɪm	Zeit verbringen	temps	tempo	I'm going to spend some time with my family.
54	time	n	taɪm	sich Zeit nehmen	temps	tempo	Don't worry about the deadline, take your time.
54	time	n	taɪm	Zeit übrig haben	temps	tempo	Anyone who has time to spare and would like to help can contact Moira.
54	time	n	taɪm	Zeit verschwenden	temps	tempo	You are wasting your time arguing with him.
55	anxious	adj	'æŋkʃəs	besorgt	anxieux	ansioso	He was a bit anxious about the safety of the machinery.
55	discipline	n	'dɪsəplən	Disziplin	discipline	disciplina	Working from home requires a good deal of discipline.
55	leisure time	n	'leɪzə taɪm	Freizeit	temps de loisir	tempo libero	They spend much of their leisure time with their grandchildren.
55	prioritise	v	praɪ'ɒrətaɪz	Schwerpunkte bilden	classer selon la priorité	priorità	You need to prioritise your tasks.
55	swallow up	phr v	ˌswɒləʊ 'ʌp	verschlingen	engloutir	inghiottire	All of my free time is swallowed up by overtime.
55	theory	n	'θɪəri	in der Theorie	théorie	teoria	In theory, everyone will have to pay the new tax.
55	work	n	wɜ:k	Gleichgewicht zwischen Arbeit und Leben	travail	lavoro	You can't have a proper work-life balance if you're in the office for 12 hours a day.
56	baggy	adj	'bægi	ausgebeult	ample	larghi	She was wearing jeans and a baggy T-shirt.
56	logo	n	'ləʊgəʊ	Logo	logo	logo	His t shirt had a large logo on it,
56	neat	adj	ni:t	adrett	soigné	pulito	His clothes were always neat and clean.

Page	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
56	alter	v	'ɔ:lteɪ	verändern	altérer/changer	alterare	Her face hadn't altered much over the years.
56	chic	adj	ʃi:k	schick	chic	elegante	Margaret was looking very chic in blue.
56	classy	adj	'klɑ:si	Nobel-	de grande classe	di classe	They eat at classy restaurants.
56	conservative	adj	kən'sɜ:vətɪv	konservativ	conservateur	conservatore	They have a very conservative attitude to education.
56	dress	n	dres	Kleiderordnung	code vestimentaire	abito	The company liberalised its dress code to allow women to wear trousers to the office.
56	encourage	v	ɪn'kʌrɪdʒ	ermutigen	encourager	incoraggiare	I want to thank everyone who has encouraged and supported me.
56	factor	n	'fæktə	Faktor	facteur	fattore	The rise in crime is mainly due to social and economic factors.
56	indicate	v	'ɪndəkeɪt	hinweisen auf	indiquer	indicare	The study indicates a connection between poverty and crime.
56	manicure	v	'mænəkjʊə	Maniküre	manucure	manicure	She got a manicure the morning of the wedding
56	project	v	prə'dʒekt	planen	projet	progetto	The company projected an annual growth rate of 3%.
56	smart-casual	adj	smɑ:t'kæʒuəl	elegant-lässig	élégant-décontracté	smart-casual	The dress code for the party is smart casual.
56	splash	n	splæʃ	Farbtupfer	note colorée	spruzzo	Try wearing something with a splash of colour.
56	trustworthy	adj	'trʌst,wɜ:ði	vertrauenswürdig	digne de confiance	fidato	Many people do not see politicians as trustworthy.
58	fit in	phr v	fɪt 'ɪn	passen zu	s'intégrer	adattarsi	I never really fitted in at school.
58	multi-cultural	adj	ˌmʌlti'kʌltʃərəl	multikulturell	multiculturel	multi-culturale	London has a multicultural society.
58	self-conscious	adj	self'kɒnʃəs	gehemmt	conscient de son image	consapevole	Jerry's pretty self-conscious about his weight.
59	afraid	adj	ə'freɪd	Angst haben vor	effrayé	pauroso	He was afraid of being caught by the police.
59	different	adj	'dɪfərənt	verschieden von	différent	diverso	Our sons are very different from each other.

Page	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
59	good	adj	ɡʊd	gut in	bon	capace	Alex is very good at languages.
59	interested	adj	'ɪntərəstəd	interessiert an	intéressé	interessato	I've always been interested in music.
59	keen	adj	ki:n	mögen	passionné	entusiasta	I'm not keen on cabbage.
59	passionate	adj	'pæʃənət	leidenschaftlichgegenüber	passion de/passionné	appassionato	She developed a passionate interest in wild flowers.
59	proud	adj	praʊd	stolz auf	fier	orgoglioso	Her parents are very proud of her.
59	similar	adj	'sɪmələ	ähnlich	similaire	simile	Her ideas are quite similar to mine.
59	apply	v	ə'plai	sich bewerben um	faire une candidature/demande	applicare	She applied for a job with the local newspaper.
59	believe	v	bə'li:v	glauben an	croire	credere	Do you believe in God?
59	complain	v	kəm'pleɪn	sich beschweren über	se plaindre	lamentarsi	She often complains about not feeling appreciated at work.
59	consist	v	kən'sɪst	bestehen aus	se composer de	consistere	The buffet consisted of several different Indian dishes.
59	depend	v	dɪ'pend	abhängen von	dépendre de	dipendere	The length of time spent exercising depends on the sport you are training for.
59	insist	v	ɪn'sɪst	bestehen auf	insister	insistere	She kept insisting on her innocence.
59	pay	v	peɪ	zahlen für	payer	pagare	Mum paid for my driving lessons.
59	prepare	v	prɪ'peə	sich vorbereiten auf	préparer	preparare	The 45-year-old explorer has been preparing for his latest expedition to the Arctic.
59	resign	v	rɪ'zaɪn	zurücktreten von/aus	démissionner	dimettersi	She resigned from the government last week.
59	succeed	v	sək'sɪ:d	einem gelingen	réussir à	avere successo	Scientists claim they have succeeded in finding a cure for cancer.
60	promotion	n	prə'məʊʃən	Beförderung	promotion	promozione	I want a job with good prospects for promotion.
60	prospect	n	'prɒspekt	Aussicht	probabilité/perspective/chance	prospettiva	I see no prospect of things improving here.
Unit 5							
63	all-consuming	adj	,ɔ:l.kən'sju:mɪŋ	alles verschlingend	dévorant	che tutto consuma	I have an all-consuming hatred of him.

Page	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
63	ambition	n	æm'brɪʃən	Ehrgeiz	ambition	ambizione	She had always had an ambition to be a pilot.
63	belief	n	bə'li:f	Glaube	conviction	credenza	She has a strong belief in God.
63	chance	n	tʃɑ:ns	Chance	chance	possibilità	Ralph was waiting for a chance to introduce himself.
63	dream	n	dri:m	Traum	rêve	sogno	Her dream is to make a movie.
63	gamble	n	'gæmbəl	Wagnis	pari	gioco d'azzardo	It was a big gamble for her to leave the band and go solo.
63	hazard	n	'hæzəd	Gefahr	danger	pericolo	I know of the economic hazards of running a small farm.
63	infatuation	n	ɪn'fætʃu'eɪʃən	Verliebtheit	engouement	infatuazione	Shaw's infatuation with the actress is evident in his writing.
63	luck	n	lʌk	Glück	chance	fortuna	You're not having much luck today, are you?
63	obsession	n	əb'seʃən	Besessenheit	obsession	ossessione	Gambling became an obsession, and he eventually lost everything.
63	opportunity	n	ˌɒpə'tju:nəti	Gelegenheit	occasion	opportunità	I'd like to take this opportunity to thank you all.
63	passion	n	'pæʃən	Leidenschaft	passion	passione	Gardening was her great passion.
63	risk	n	rɪsk	Gefahr	risque	rischio	We must stop these rumours; the firm's reputation is at risk.
63	stake	n	steɪk	auf dem Spiel	en jeu/en danger	posta	They have to win the contract – thousands of jobs are at stake.
63	vast	adj	vɑ:st	riesig	vaste	vasto	The refugees come across the border in vast numbers.
63	accomplish	v	ə'kʌmplɪʃ	erreichen	accomplir	realizzare	We have accomplished all we set out to do.
63	adrenaline	n	ə'drenəl-ən	Adrenalin	adrénaline	adrenalina	There's nothing like a good horror film to get the adrenalin going.
63	regulation	n	ˌregjə'leɪʃən	Bestimmung	règlement	regolamento	There seem to be so many rules and regulations these days.

Page	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
63	risk	n	'rɪsk	Risikoträger	risque	rischio	He's a risk taker but he has made a lot of money.
64	battle	v	'bætl	Kampf gegen	bataille	battaglia	We're going through a battle against the racism of the school system.
64	break	irr v	breɪk	rekord brechen	battre	pausa	He's making an attempt to break the 10,000-metres world record.
64	bucket	n	'bʌkət	Eimer	seau	secchio	I need a bucket of water.
64	bunk	n	bʌŋk	Koje	couchette	cuccetta	I need to lie on my bunk for an hour.
64	cabin	n	'kæbən	Kabine	cabine	cabina	The boat has two small cabins.
64	campaign	v	kæm'peɪn	Kampagne	campagne	campagna	Police have launched a campaign to crack down on drug dealers.
64	critic	n	'krɪtɪk	Kritiker	critique	critico	Critics of the scheme have said that it will not solve the problem of teenage crime.
64	deal	irr v	di:l	sich kümmern um	prendre des mesures	affare	Don't worry, I'll deal with this.
64	discomfort	n	dɪs'kʌmfət	Unbehagen	gêne	disagio	If the exercise causes discomfort, stop immediately.
64	encounter	v	ɪn'kaʊntə	treffen auf	rencontrer/faire face	incontro	They encountered serious problems when two members of the expedition were injured.
64	endure	v	ɪn'djʊə	aushalten	endurer	sopportare	It seemed impossible that anyone could endure such pain.
64	focus	v	'fəʊkəs	sich konzentrieren auf	focaliser/se concentrer	focalizzare, concentrarsi su	He needs to focus more on his career.
64	misconception	n	,mɪskən'sepʃən	falsche Vorstellung	idée fausse	idea sbagliata	There is a popular misconception that too much exercise is bad for you.
64	put up with	phr v	pʊt'ʌp wɪð	zurechtkommen mit	supporter/subir	sopportare	She put up with his violent temper.
64	self-discipline	n	,self'dɪsəplən	Selbstdisziplin	autodiscipline	autodisciplina	A lot of the kids seemed to lack self-discipline.
64	solo	adv	'səʊləʊ	Solo	seul	assolo	When did you first fly solo?
64	speculation	n	,spekjə'leɪʃən	Spekulation	spéculation	speculazione	There is speculation that the president is ill.
64	venture	n	'ventʃə	Wagnisunternehmen	activité nouvelle	impresa	We're working together on a new venture.
66	achievement	n	ə'tʃi:vmənt	Erfolg	réalisation/acquis	raggiungimento	We try to celebrate the achievements of our students.

Page	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
66	brave	adj	breɪv	tapfer	brave/courageux	coraggioso	It was brave of you to speak in front of all those people.
66	characteristic	n	ˌkærəktəˈrɪstɪk	Eigenschaft	caractéristique	caratteristica	Violent images are a defining characteristic of his work.
66	company	n	ˈkʌmpəni	Gesellschaft	en compagnie	azienda	The two men enjoy each other's company.
66	miserable	adj	ˈmɪzərəbəl	elend	misérable	miserabile	I've been so miserable since Pat left me.
66	secure	adj	sɪˈkʊə	sicher	sûr	sicuro	There are no secure jobs these days.
67	exhilaration	n	ɪgˌzɪləˈreɪʃən	Hochgefühl	euphorie	allegrezza	She enjoyed the exhilaration of jet-skiing.
67	landscape	n	ˈlændskeɪp	Landschaft	paysage	paesaggio	I love the beauty of the New England landscape.
67	lightning	n	ˈlaɪtnɪŋ	Blitz	éclair	fulmine	Two farmworkers were struck by lightning.
67	obstacle	n	ˈɒbstəkəl	Hinderniskurs	obstacle	ostacolo	Training on the obstacle course is really tough.
67	overlook	v	ˌəʊvəˈlʊk	Blick haben auf	donner sur	trascurare	Our room overlooks the ocean.
67	participant	n	pɑːˈtɪsɪpənt	Teilnehmer(in)	participant	partecipante	She was an active participant in the negotiations.
67	phenomenon	n	fɪˈnɒmənən	Phänomen	phénomène	fenomeno	Homelessness is not a new phenomenon.
67	philosophy	n	fəˈlɒsəfi	Philosophie	philosophie	filosofia	The company explained their management philosophy.
67	principle	n	ˈprɪnsəpəl	Prinzip	principe	principio	The general principle is that education should be available to all children up to the age of 16.
67	regret	v	rɪˈɡret	leider müssen	regret	rammarico	I regret to inform you that your contract will not be renewed.
67	swing	irr v	swɪŋ	schwingen	balancer	oscillare	Let your arms swing as you walk.
68	addictive	adj	əˈdɪktɪv	abhängig machend	comme une drogue	che crea dipendenza	It started as a hobby, but it got so addictive I had to keep on doing it.
68	beat	irr v	bi:t	schlagen	Battre/vaincre	battere	Brazil were beaten 2-1.
68	competitive	adj	kəmˈpetətɪv	wettbewerbsfähig	compétitif	competitivo	Some US industries are not as competitive as they have been in the past.

Page	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
68	spectator	n	spek'teɪtə	Zuschauer	spectateur	spettatore	The match attracted over 40,000 spectators.
68	train	v	treɪn	trainieren	s'entraîner	treno	Brenda spends two hours a day training for the marathon.
68	win	irr v	wɪn	gewinnen	gagner	vincere	Who do you think will win the next election?
68	brief	adj	bri:f	kurz	bref/court	breve	We stopped by Alice's house for a brief visit.
68	exhilarating	adj	ɪg'zɪləreɪtɪŋ	berauschend	exaltant	esilarante	It was quite the exhilarating experience.
68	gauge	n	geɪdʒ	Anzeige	jauge	manometro	The petrol gauge is still on full.
68	lean	v	li:n	beugen	se pencher	magro	They were leaning forward, facing each other.
68	rush	n	rʌʃ	Schwall	courant/ruée	corsa	She felt a cold rush of air as she wound down her window.
68	speck	n	spek	Körnchen	grain	granello	She brushed the specks of dust from the table.
68	steer	v	stiə	lenken	diriger	indirizzare	He was steering with only one hand.
68	technical	adj	'teknɪkəl	technisch	technique	tecnico	Our staff will be available to give you technical support.
68	veer	v	viə	umschwenken	dévier de sa trajectoire	virare	A tanker driver died when his lorry veered off the motorway.
68	archery	n	'ɑ:tʃəri	Bogenschießen	tir à l'arc	tiro con l'arco	He won the gold medal for archery.
68	free running	n	'fri:rʌnɪŋ	Freerunning	course libre	free running	He has been free running for a few months now.
68	horse-riding	n	'hɔ:sraɪdɪŋ	Reiten	équitation	equitazione	He started horse riding when he was very young.
68	mountain biking	n	'maʊntənbaɪkɪŋ	Mountainbiken	Faire du VTT	mountain bike	Mountain biking is a relatively new sport.
68	off-road	adj	ɒf'rəʊd	im Gelände	hors route	fuoristrada	We cycled mostly off road.
68	rafting	n	'rɑ:ftɪŋ	Wildwasserrafting	Descente en eau vive	rafting	I went white-water rafting in Argentina.
68	rock climbing	n	'rɒkklaɪmɪŋ	Klettern	varappe	roccia	Rock climbing can be dangerous if you don't have experience.
68	rugby	n	'rʌɡbi	Rugby	rugby	rugby	Rugby is very popular in South Africa.

Page	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
68	swimming	n	'swɪmɪŋ	Schwimmen im offenen Wasser	natation	nuoto	We went open-swimming on Saturday.
68	glove	n	glʌv	Handschuh	gant	guanto	I just bought a new pair of gloves.
68	goggles	n	'gɒgəlz	Schutzbrille	lunette de protection	occhiali	Did you remember my goggles?
68	harness	n	'hɑ:nəs	Gurtzeug	harnais	imbracatura	You must use a safety harness.
68	helmet	n	'helmət	Helm	casque	casco	You must wear a helmet.
68	life jacket	n	'laɪf ˌdʒækət	Schwimmweste	gilet de sauvetage	salvagente	Wear a life jacket on the boat.
68	mouth guard	n	'maʊθ ɡɑ:d	Mundschutz	protège-bouche	paradenti	Boxers wear mouth guards.
68	swimsuit	n	'swɪmsu:t	Badeanzug	maillot de bain	costume da bagno	Pack your towel and swimsuit.
68	trainer	n	'treɪnə	Turnschuh	chaussures de sport	allenatore	Have you seen my trainers?
68	wet suit	n	'wetsu:t	Neoprenanzug	combinaison isothermique de plongée	muta	You'll need a wetsuit at this time of year.
70	long-running	adj	'lɒŋrʌnɪŋ	lang andauernd	de long terme	di lunga durata	She was involved in a long-running legal battle.
70	star	v	stɑ:	Hauptrolle spielen	star/vedette	stella	Eastwood starred in 'The Good, the Bad, and the Ugly'.
70	versatile	adj	'vɜ:sətəɪl	vielseitig	polyvalent	versatile	She's a very versatile performer.
70	bitter	adj	'bɪtə	bitter	amer	amaro	I feel very bitter about it.
70	cautious	adj	'kɔ:ʃəs	vorsichtig	prudent	cauto	Keller is cautious about making predictions for the success of the program.
70	confront	v	kən'frʌnt	ins Auge sehen	affronter/faire face à	affrontare	We try to help people confront their problems.
70	emotional	adj	ɪ'məʊʃənəl	emotional	émotionnel/émotif	emotivo	She provided emotional support at a very distressing time for me.
70	gradually	adv	'grædʒuəli	allmählich	graduellement/progressivement	gradualmente	Jill gradually became aware of an awful smell.
70	prejudice	n	'predʒədəs	Vorurteil	préjudice	pregiudizio	Women still face prejudice in the workplace.
70	promising	adj	'prɒməsɪŋ	vielversprechend	prometteur	promettente	He gave up a promising career in banking.
70	racist	adj	'reɪsɪst	rassistisch, Rassist	raciste	razzista	He kept making racist remarks.

Page	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
70	theme	n	θi:m	Thema	thème principal	tema	The book's theme is the conflict between love and duty.
70	veteran	n	'veterən	Veteran	vétéran	veterano	He's a veteran of the Second World War.
70	wing	n	wɪŋ	jemanden unter seine Fittiche nehmen	prendre sous son aile	ala	He took me under his wing.
72	find out	phr v	fɑɪnd 'aʊt	herausfinden	découvrir	scoprire	Did you find out whether there are any seats left?
72	give out	phr v	ɡɪv 'aʊt	verteilen	distribuer	distribuire	Students were giving out leaflets to everyone on the street.
72	put out	phr v	pʊt 'aʊt	löschen	éteindre	spegnere	The rescue services are still trying to put out the fires.
72	run out	phr v	rʌn 'aʊt	einem ausgehen	épuiser	esaurire	I've got money you can borrow if you run out.
72	sort out	phr v	sɔ:t 'aʊt	klären	résoudre/gérer un problème	risolvere	She went to a psychiatrist to try to sort out her problems.
72	turn out	phr v	tɜ:n 'aʊt	sich herausstellen	se révéler/se dévoiler/s'avérer	rivelarsi	That guy turned out to be Maria's second cousin.
72	work out	phr v	wɜ:k 'aʊt	verstehen	arriver à comprendre	elaborare	The plot is very complicated – it'll take you a while to work it out.
72	necessarily	adv	'nesəsərəli	unbedingt	nécessairement	necessariamente	That is not necessarily true.
72	review	n	rɪ'vju:	Rezension	revue	recensione	The paper published a review of her book.
72	trailer	n	'treɪlə	Trailer	bande-annonce	trailer	I like to get to the cinema to see the trailers.
73	broad-minded	adj	,brɔ:d'maɪndəd	aufgeschlossen	large d'esprit	di larghe vedute	Her parents were broadminded, tolerant, and liberal.
73	deep	adj	di:p	verschlossen	profond	profondo	Henry has always been a deep one. He keeps his views to himself.
73	high-risk	adj	haɪ'rɪsk	roch riskant	à haut risque	ad alto rischio	He made some high-risk investments.
73	local	adj	'ləʊkəl	örtlich	local	locale	I just need to make a local call.
73	long way	adj	lɒŋ 'weɪ	Umweg	le long chemin	lungo cammino	Why don't we go the long way home?
73	long-distance	adj	lɒŋ'dɪstəns	Ferngespräch	longue distance	a lunga distanza	How much does it cost to make a long-distance call?

Page	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
73	long-term	adj	lɒŋ 'tɜ:m	langfristig	à long-terme	a lungo termine	It's important to understand the long-term effects of alcohol on the body.
73	low-risk	adj	ləʊ 'rɪsk	risikoarm	à bas risque	basso rischio	Young people are a low-risk category.
73	narrow-minded	adj	ˌnærəʊ'maɪndəd	engstirnig	borné/à l'esprit étroit	gretto	His attitude is narrow-minded and insensitive.
73	shallow	adj	'ʃæləʊ	oberflächlich	superficiel	superficiale	If he's only interested in your looks, that shows how shallow he is.
73	short cut	n	'ʃɔ:t kʌt	Abkürzung	raccourci	abbreviare	Carlos decided to take a short-cut home.
73	short-term	adj	ʃɔ:t 'tɜ:m	kurzfristig	à court terme	a breve termine	The treatment may bring short-term benefits to AIDS sufferers.
73	skinny	adj	'skɪni	mager	maigre	magro	Some supermodels are far too skinny.
73	slim	adj	slɪm	schlank	mince	sottile	She's a slim young woman.
73	contract	n	'kɒntrækt	Vertrag	contrat	contratto	Tyler has agreed a seven-year contract with a Hollywood studio.
73	expand	v	ɪk'spænd	sich ausdehnen	étendre/grandir/élargir	espandere	Water expands as it freezes.
73	extend	v	ɪk'stend	vergrößern	élargir/allonger	estendere	We plan to extend the kitchen by six feet.
73	grow	irr v	grəʊ	wachsen	grandir/s'accroître	creocere	Support for Mr Thompson is growing.
73	heighten	v	'haɪtn	erhöhen	augmenter	umentare	Increased levels of fat in the diet could heighten the risk of cancer.
73	lengthy	adj	'leŋθi	lang anhaltend	long/intenable	lungo	An accident is causing some lengthy delays.
73	reduce	v	rɪ'dju:s	reduzieren	réduire	ridurre	The governor announced a new plan to reduce crime.
73	shorten	v	'ʃɔ:tn	sich verkürzen	raccourcir	accorciare	The days are shortening.
73	shrink	irr v	ʃrɪŋk	schrumpfen, einlaufen	rétrécir	restringersi	I'm worried about washing that shirt in case it shrinks.
73	spread	irr v	spred	ausbreiten	écarter	diffusione	Fire quickly spread through the building.
73	stretch	v	stretʃ	dehnen	dilater/allonger	estendere	Where can I buy those things that stretch your shoes?
74	concern	n	kən'sɜ:n	Besorgnis	souci	preoccupazione	One of the concerns that people have is the side effects of treatment.

Page	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
74	debate	n	dɪ'beɪt	Debatte	débat	dibattito	There has been widespread public debate over the introduction of genetically modified food.
74	interrupt	v	ˌɪntə'rʌpt	unterbrechen	interrompre quelqu'un	interrompere	Will you stop interrupting me!
74	outline	v	'aʊtlaɪn	skizzieren	esquisser	profilo	The new president outlined plans to deal with crime, drugs, and education.
74	outset	n	'aʊtset	von Anfang an	dès le début	principio	It was clear from the outset that there were going to be problems.
74	proposal	n	prə'pəʊzəl	Vorschlag	proposition	proposta	The committee put forward a proposal to reduce the time limit.
74	regenerate	v	rɪ'dʒenəreɪt	wieder aufbauen	régénérer	rigenerare	The Marshall Plan sought to regenerate the shattered Europe of 1947.
74	represent	v	ˌreprɪ'zent	vertreten	représenter	rappresentare	Mr Kobayashi was chosen to represent the company at the conference.
Unit 6							
77	forgetful	adj	fə'getfəl	vergesslich	oublieux	dimentico	My granny was very forgetful.
77	jog	v	dʒɒg	jemandes Gedächtnis auf die Sprünge helfen	rafraîchir la mémoire	scuotere	Perhaps this photo will help to jog your memory.
77	memento	n	mə'mentəʊ	Andenken	mémento	souvenir	I kept the bottle as a memento of my time in Spain.
77	memorable	adj	'memərəbəl	unvergesslich	mémorable	memorable	We want to make this a truly memorable day for the children.
77	mnemonic	n	nɪ'mnɒnɪk	Mnemonik	mnémonique	mnemonico	I used a lot of mnemonics to help me in my exams.
77	nostalgic	adj	nɒ'stældʒɪk	nostalgisch	nostalgique	nostalgico	Seeing those old school photographs has made me feel quite nostalgic.
77	remember	v	rɪ'membə	sich erinnern	se souvenir	ricordare	Do you remember Rosa Davies?
77	reminisce	v	ˌremə'nɪs	in Erinnerungen schwelgen	évoquer le passé	abbandonarsi ai ricordi	I used to spend hours listening to my grandfather reminisce.
77	souvenir	n	ˌsu:və'niə	Souvenir	souvenir	souvenir	I bought a model of the Eiffel Tower as a souvenir of Paris.

Page	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
77	take back	phr v	teɪk 'bæk	zurückversetzen	rappeler	riportare	Having the grandchildren around takes me back to the days when my own children were small.
77	tongue	n	tʌŋ	es liegt mir auf der Zunge	sur le bout de la langue	lingua	What is her name? It's on the tip of my tongue. Joan. Joan Simpson. That's it!
77	vague	adj	veɪg	vage	vague	vago	The governor gave only a vague outline of his tax plan.
77	vivid	adj	'vɪvəd	lebhaft	vivace/pénétrant	vivido	I've got vivid memories of that summer.
78	barter	v	'bɑ:tə	tauschen	échange/troc	baratto	I had to barter with the locals for food.
78	chore	n	tʃɔ:	Routine	tâches ménagères	lavoretto	We share the domestic chores.
78	destruction	n	dɪ'strʌkʃən	Zerstörung	destruction	distruzione	The floods brought death and destruction to the area.
78	exchange	n	ɪks'tʃeɪndʒ	Austausch	échange	scambio	I've offered to paint the kitchen in exchange for a week's accommodation.
78	forage	v	'fɔrɪdʒ	suchen	fourrager à la recherche de nourriture	ricerca di cibo	People are being forced to forage for food and fuel.
78	free	adj	fri:	befreit	libre	libero	I longed to be free of my family.
78	overwhelm	v	ˌəʊvə'welm	überwältigen	écraser/submerger	sopraffare	We were overwhelmed by the number of applications.
78	possession	n	pə'zeʃən	Besitz	possession	possesso	He had sold all his possessions and left the country.
78	repercussion	n	ˌrɪ:pə'kʌʃən	Auswirkung	répercussion	ripercussione	The collapse of the company had repercussions for the whole industry.
78	scale	n	skeɪl	Maßstab	échelle	scala	Most alternative technologies work best on a small scale.
78	scruffy	adj	'skrʌfi	ungepflegt	débraillé	trasandato	My parents think I look scruffy in these jeans, but I like them.
78	security	n	sɪ'kjʊərəti	sicherheit	sécurité	sicurezza	Parenting is about giving your child security and love.
78	time-consuming	adj	'taɪmkənˌsju:mɪŋ	zeitintensiv	long/durable	tempo	It's a complex and time-consuming process.

Page	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
78	woodland	n	'wʊdlənd	Wald	région boisée	bosco	Their new house is surrounded by woodland.
80	bald	adj	bɔ:ld	kahl	chauve	calvo	Dad started going bald when he was in his thirties.
80	beard	n	bɪəd	Bart	barbe	barba	He had a beautiful red beard.
80	chubby	adj	'tʃʌbi	pummelig	odou/potelé	paffuto	A chubby little baby was playing on the rug.
80	clean-shaven	adj	kli:n'ʃeɪvən	glattrasiert	rasé de près	ben rasato	He looks much better clean-shaven.
80	curly	adj	'kɜ:li	lockig	bouclé/frisé	riccio	She had long dark curly hair.
80	dyed	adj	dɑɪd	gefärbt	déteint	tinto	Her hair was definitely dyed.
80	elegant	adj	'eləgənt	elegant	élégant	elegante	You can dine in elegant surroundings.
80	fat	adj	fæt	fett	gros/obèse	grasso	Are you suggesting I'm too fat?
80	good-looking	adj	ɡʊd'lʊkɪŋ	gutaussehend	beau	bello	He's a really good-looking guy.
80	mousy	adj	'maʊsi	mausgrau	effacé/terne	incolore, da topo	She has mousy hair and a fat face.
80	muscular	adj	'mʌskjələ	muskulös	musculeux	muscoloso	She was fast and strong, with a slender, muscular body.
80	overweight	adj	,əʊvə'weɪt	Übergewicht	trop lourd/en surpoids	sovrappeso	Sally was 50 pounds overweight.
80	round	adj	raʊnd	rund	rond	rotondo	Barry has a big round head.
80	spiky	adj	'spi:ki	Igelfrisur	en brosse	appuntito	Ben used to have short black spiky hair.
80	stocky	adj	'stɒki	stämmig	trapu	tozzo	Harry was stocky and middle-aged.
80	straight	adj	streɪt	glatt	raide	dritto	I love her long, straight black hair.
80	tanned	adj	tænd	gebräunt	bronzé	abbronzato	He had a tough tanned face and clear eyes.
80	wavy	adj	'weɪvi	wellig	ondulé	ondulato	Her brown wavy hair shone in the sun.
80	wrinkle	n	'rɪŋkəl	Falte	ridé	ruga	Her face was a mass of wrinkles.
81	peaceful	adj	'pi:sfəl	friedlich	paisible	pacifico	It's very peaceful out here in the woods.
81	setting	n	'setɪŋ	Umgebung	endroit/cadre	ambiente	Cyprus is the perfect setting for a beach holiday.
81	appreciate	v	ə'pri:ʃeɪt	anerkennen	apprécier	apprezzare	Her abilities are not fully appreciated by her employer.
81	clockwork	n	'klɒk-wɜ:k	Uhrwerk	mécanisme	orologeria	The concert went like clockwork.

Page	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
81	exquisite	adj	ɪk'skwɪzət	exquisit	exquis	squisito	They displayed the most exquisite craftsmanship.
81	feature	n	'fi:tʃə	Merkmal	particularité/caractéristique	caratteristica	Striped tails are a common feature of many animals.
81	ornament	n	'ɔ:nəmənt	Ziergegenstand	ornement	ornamento	The shelves were crammed with ornaments and souvenirs.
81	reputation	n	,repjə'teɪʃən	Ruf	réputation	reputazione	Judge Kelso has a reputation for being strict but fair.
81	serene	adj	sə'ri:n	gelassen	serein	sereno	The child's face was serene and beautiful.
81	shrine	n	ʃraɪn	Heiligtum	lieu de pèlerinage	santuario	He made a pilgrimage to the shrine of St John.
81	spot	n	spɒt	Stelle	endroit	spot	I chose a spot well away from the road.
81	temple	n	'tempəl	Tempel	temple	tempio	We go to temple every Saturday.
83	memory	n	'meməri	Erinnerung zurückbringen	souvenir	memoria	For many older people, the film brought back memories of the war.
83	picture	v	'pɪktʃə	sich jemanden vorstellen	image	immagine	Rob had pictured her as serious, but she wasn't like that.
83	remind	v	rɪ'maɪnd	erinnern	Rappeler/se souvenir	ricordare	That song always reminds me of our first date.
84	confused	adj	kən'fju:zd	verwirrt	embrouillé/confus/perplexe	confuso	I'm totally confused. Could you explain that again?
84	curious	adj	'kjʊəriəs	neugierig	curieux	curioso	He was curious about how she would react.
84	excited	adj	ɪk'saɪtəd	aufgeregt	excité/enthousiasmé	emozionato	Steve flies home tomorrow – we're all really excited.
84	optimistic	adj	,ɒptəmɪstɪk	optimistisch	optimiste	ottimista	Bankers are cautiously optimistic about the country's economic future.
84	relieved	adj	rɪ'li:vɪd	erleichtert	soulagé/allégé	sollevato	She looked immensely relieved when she heard the news.
84	sceptical	adj	'skeptɪkəl	skeptisch	sceptique	scettico	I'm extremely sceptical about what I read in the press.
84	shocked	adj	ʃɒkt	geschockt	choqué	scioccato	I was deeply shocked by Jo's death.

Page	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
84	suspicious	adj	sə' spɪʃəs	misstrauisch	soupçonneux	sospettoso	Some of his colleagues at work became suspicious of his behaviour.
84	uneasy	adj	ʌn'i:zi	unbehaglich	inquiet	inquieto	Ninety percent of those questioned felt uneasy about nuclear power.
84	uninterested	adj	ʌn'ɪntrəstəd	nicht interessiert	désintéressé	indifferente	He was uninterested in politics.
84	comparatively	adv	kəm'pærətəvli	vergleichsweise	comparativement	comparativamente	Crime on the island is comparatively rare.
84	edge	adj	edʒ	nervös	nerveux	bordo	Paul felt on edge about meeting Lisa.
84	existence	n	ɪg'zɪstəns	Existenz	existence	esistenza	The very existence of the museum is threatened by lack of funding.
84	hardly	adv	'hɑ:dlɪ	kaum	à peine/presque pas	quasi	I can hardly believe it.
84	imaginative	adj	ɪ'mædʒənətɪv	einfallreich	imaginatif	fantasioso	He's shown an imaginative use of computer technology.
84	irresistibly	adv	ɪrɪ'zɪstəbli	unwiderstehlich	irrésistiblement	irresistibilmente	I found it irresistibly romantic.
84	manner	n	'mænə	alle Arten von etwas	type/genre	modo	We discussed all manner of subjects at the meeting.
84	meaningful	adj	'mi:nɪŋfəl	sinnvoll	significatif	significativo	Without more data we cannot make a meaningful comparison of the two systems.
84	mention	v	'menʃən	erwähnen	mentionner	menzione	Some of the problems were mentioned in his report.
84	mere	adj	mɪə	nur	petitesse de	semplice	She lost the election by a mere 20 votes.
84	nausea	n	'nɔ:ziə	Übelkeit	nausée	nausea	A feeling of nausea suddenly came over me.
84	nervousness	n	'nɜ:vəsənəs	Nervosität	nervosité	nervosismo	Mike's nervousness showed in his voice.
84	notion	n	'nəʊʃən	Gedanke, Vorstellung	notion/concept	nozione	The traditional notion of marriage goes back thousands of years.
84	significance	n	sɪg'nɪfɪkəns	Bedeutung	signification/importance	significato	Stella didn't attach any significance to Doug's query.
84	sort	n	sɔ:t	Sorte	espèce/sorte	sorta	What sort of shampoo do you use?
84	suppress	v	sə'pres	unterdrücken	étouffer/cacher	reprimere	Harry could scarcely suppress a smile.
84	visibly	adv	'vɪzəbli	sichtbar	visiblement	visibilmente	She was visibly shaken by the news.
84	weep	irr v	wi:p	weinen	verser des larmes/pleurer	piangere	James broke down and wept.

Page	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
86	innocent	adj	'ɪnəsənt	unschuldig	innocent	innocente	I was thirteen years old and very innocent.
86	meaningless	adj	'mi:nɪŋləs	bedeutungslos	sans signification	senza senso	He said a few meaningless words to his hostess and looked around the room.
86	mirror	v	'mɪrə	spiegeln	miroir	specchio	Henry's sad smile mirrored that of his son.
86	overall	adv	ˌəʊvər'ɔ:l	insgesamt	global	complessivo	Williams came fifth overall.
86	sweet	adj	swi:t	lieb	gentil	dolce	How sweet of you to remember my birthday!
86	chunk	n	tʃʌŋk	Batzen	un gros morceau	pezzo	The rent takes a large chunk out of my monthly salary.
86	concentrate	v	'kɒnsəntreɪt	konzentrieren	Se concentrer	concentrarsi	Adrian was finding it difficult to concentrate.
86	extended	adj	ɪk'stendəd	umfassend	détaillé	esteso	He wrote an extended analysis of the film.
86	see	irr v	si:	herausfinden	voir comment	vedere	I'll call him and see how the job interview went.
86	technique	n	tek'ni:k	Technik	technique	tecnica	There are various techniques for dealing with industrial pollution.
87	customer	n	'kʌstəmə	unangenehmer Typ	client	cliente	Be careful. He's an awkward customer.
87	fish	n	fɪʃ	Griesgram	poisson	pesce	Henry's a cold fish.
87	heart	n	hɑ:t	er hat das Herz auf dem rechten Fleck	cœur	cuore	I don't think his idea will work, though his heart's in the right place.
87	high-flyer	n	haɪ'flaɪə	Überflieger	ambitieux	che vola in alto	Retailing is not generally the first career choice of young high fliers.
87	know-all	n	'nəʊɔ:l	Besserwisser	je-sais-tout	saccente	Please be quiet, you awful know all!
87	loner	n	'ləʊnə	Einzelgänger	solitaire	solitario	Ken's always been a bit of a loner.
87	nail	n	neɪl	knallhart	un dur	chiodo	The security guard at that place is hard as nails.
87	pain	n	peɪn	Nevenäge	casse-pieds	dolore	There were times when Joe could be a real pain in the neck.
88	capsule	n	'kæpsju:l	Zeitkapsel	capsule témoin	capsula	We buried the time capsule 72 years ago.
88	coincide	v	ˌkəʊɪn'saɪd	zusammenfallen	coïncider	coincidere	The show is timed to coincide with the launch of a new book.

Page	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
88	intend	v	ɪn'tend	beabsichtigen	envisager de	intendere	I never intended things to turn out the way they did.
88	everyday	adj	'evrɪdeɪ	alltäglich	quotidien	quotidiano	Describe it in ordinary everyday language.
88	globe	n	gləʊb	Globus	globe	globo	I'd like a globe for christmas.
Unit 7							
91	excessive	adj	ɪk'sesɪv	übertrieben	excessif	eccessivo	\$15 for two beers seems a little excessive.
91	extra-large	adj	ekstrə'lɑ:dʒ	extragroß	extra ample	extra-large	Now he's put on weight, he's an extra large in jumpers.
91	extravagant	adj	ɪk'strævəgənt	extravagant	extravagant	stravagante	Would it be too extravagant to buy both?
91	far-fetched	adj	fɑ:'fetʃt	weit hergeholt	tiré par les cheveux	forzato	All this may sound a bit far-fetched, but companies are already developing 'intelligent' homes.
91	luxury	n	'lʌkʃəri	Luxus	luxe	lusso	She loves luxuries like chocolate and perfume.
91	overpriced	adj	ˌəʊvə'praɪst	überteuert	trop cher	prezzo eccessivo	The DVDs were vastly overpriced.
91	spoilt	adj	spɔɪlt	verwöhnt	gâté	viziato	Ben was a spoilt brat.
91	spree	n	spri:	Großeinkauf	vague de dépenses	baldoria	They went on a spending spree.
92	appalling	adj	ə'pɔ:lɪŋ	unerträglich	atroce/épouvantable	spaventoso	He was kept in appalling conditions in prison.
92	basis	n	'beɪsəs	Grundlage	base/fondement	base	Bread forms the basis of their daily diet.
92	considerably	adv	kən'sɪdərəbli	beträchtlich	considérablement	notevolmente	It's considerably colder today.
92	consume	v	kən'sju:m	verzehren	consommer	consumare	Alcohol may not be consumed on the premises.
92	health	n	helθ	guter Gesundheit sein	santé	salute	Her parents were elderly but in good health.
92	maze	n	meɪz	Irrgarten	labyrinthe/dédale	labirinto	We got completely lost in the maze.
92	message	n	'mesɪdʒ	Botschaft	message	messaggio	The message of the film is that good always triumphs over evil.
92	overconsumption	n	ˌəʊvəkən'sʌmpʃən	zu starker Konsum	surconsommation	sovraconsumo	There is a problem with oversconsumption in the west.

Page	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
92	path	n	pɑ:θ	Weg	itinéraire/carte de toute	progetto	She saw a college degree as her path to success.
92	portion	n	'pɔ:ʃən	Portion	portion	parte	Do you have any children's portions?
92	severe	adj	sə'viə	schwerwiegend	graves/sévères	grave	His injuries were quite severe.
92	shocking	adj	'ʃɒkɪŋ	schockierend	choquant/scandaleux	scioccante	The anger in his face was shocking.
93	any	det	'eni	etwas	un peu/quelques	qualsiasi	Have you got any money?
93	deal	n	di:l	Menge	beaucoup	affare	He knew a great deal more than I did.
93	few	det	fju:	einige	peu de	pochi	I have to buy a few things at the supermarket.
93	little	det	'lɪtl	etwas	un peu de	poco	Fortunately I had a little time to spare.
93	lot	det	lɒt	eine Menge	beaucoup de	grande numero	There were lots of people at the party.
93	lot	det	lɒt	eine Menge	beaucoup de	grande numero	They paid a lot of money for that house.
93	many	det	'meni	viele	beaucoup de	molti	Many people have to use a car to travel to work.
93	much	det	mʌtʃ	viel	beaucoup	molto	I don't have much money with me.
93	number	n	'nʌmbə	große Anzahl	nombre	numero	A large number of children were running around in the playground.
93	piece	n	pi:s	eine kleine...	petit	pezzo	Let me give you a piece of advice.
93	some	det	səm	einige	quelques	alcuni	I need some apples for this recipe.
94	bake	v	beɪk	backen	cuire au four	informare	I'm baking some bread.
94	beat	irr v	bi:t	schlagen	battre pour mélanger	battere	Beat the eggs, then add the milk.
94	beef	n	bi:f	Rindfleisch	viande de bœuf	manzo	We have both dairy and beef cattle on the farm.
94	bitter	adj	'bɪtə	bitter	amer	amaro	Enjoy the beer's bitter taste as you slowly drink it.
94	boil	v	bɔɪl	kochen	bouillir	bollire	Boil the rice for 15 minutes.
94	cabbage	n	'kæbɪdʒ	Kohl	chou	cavolo	This room smells of cabbage. Are you cooking?
94	chop	v	tʃɒp	klein schneiden	découper	tritare	Can you chop up some carrots for me?
94	cook	v	kʊk	kochen	faire la cuisine/cuire	cucinare	Cook the sauce over a low heat for ten minutes.
94	cooker	n	'kʊkə	Herd	cuisinier	fornello	I'd like to get a gas cooker.

Page	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
94	dish	n	dɪʃ	Gericht	plat/met	piatto	The menu includes a wide selection of vegetarian dishes.
94	fry	v	fraɪ	braten	faire frire	friggere	Fry the potatoes, covered, for about 20 minutes.
94	frying pan	n	'fraɪ-ɪŋ ,pæn	Bratpfanne	poêle à frire	padella	Use a large frying pan.
94	grate	v	greɪt	reiben	grille de foyer	grattugiare	Peel and grate the potatoes.
94	grill	v	grɪl	grillen	griller/faire du barbecue	griglia	Grill the bacon until crisp.
94	oven	n	'ʌvən	Backofen	four	forno	Preheat the oven to 200 degrees C.
94	parsley	n	'pɑ:sli	Petersilie	persil	prezzemolo	Just add a sprig of parsley.
94	peach	n	pi:tʃ	Pfirsich	pêche	pesca	Peaches are my favourite fruit.
94	plate	n	pleɪt	Teller	assiette	piastra	The plates were piled high with rice.
94	rare	adj	reə	blutig, nicht durchgebraten	peu cuit/saignant	cotto poco	I like my steak rare.
94	raw	adj	rɔ:	roh	cru	crudo	Cabbage can be eaten raw.
94	recipe	n	'resəpi	Rezept	recette	ricetta	I have a recipe for tomato soup.
94	roast	v	rəʊst	braten	rôtir	arrosto	Are you going to roast the chicken?
94	salty	adj	'sɔ:lti	salzig	salé	salato	Danish salami has a salty flavour.
94	saucepan	n	'sɔ:spən	Kochtopf	casserole	casseruola	Heat the oil and garlic in a large saucepan.
94	savoury	adj	'seɪvəri	pikant	salé	salato	We have some savoury party snacks.
94	scramble	v	'skræmbəl	rühren	brouiller	strapazzare	I think i'm going to scramble the eggs.
94	slice	v	slaɪs	in Scheiben schneiden	trancher	fetta	Thinly slice the cucumbers.
94	sour	adj	sauə	sauer	aigre/acide	acido	Rachel sampled the wine. It was sour.
94	stir	v	stɜ:	rühren	remuer	mescolare	Stir the paint to make sure it is smooth.
94	sweet	adj	swi:t	süß	sucré	dolce	This tea is too sweet.
94	vegetable	n	'vedʒtəbəl	Gemüse	légume	vegetale	Vitamin A is found in liver and green vegetables.
94	vegetarian	n	'vedʒə'teəriən	Vegetarier	végétarien	vegetariano	Our youngest daughter is a vegetarian.
94	wooden spoon	n	'wʊdn 'spu:n	Holzlöffel	cuillère en bois	cucchiaino di legno	Stir the mixture with a wooden spoon.
94	layer	n	'leɪə	Schicht	couche	strato	A thick layer of dust lay on the furniture.
94	pour	v	pɔ:	eingießen	déverser/épandre	versare	She poured coffee for everyone.
95	anonymous	adj	ə'nɒnəməs	anonym	anonyme	anonimo	He was the anonymous author of a collection of poems.
95	art	n	ɑ:t	schöne Kunst	art	arte	Can photography be considered fine art?

Page	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
95	bid	irr v	bɪd	Angebot	soumission	offerta	They put in a bid for the house.
95	clump	n	klʌmp	Sode, gruppe	touffe	gruppo	He pulled up a thick clump of grass.
95	comic	n	'kɒmɪk	Comicheft	comique/bande dessinée	comico	I collect comics.
95	happen	v	'hæpən	zufällig etw. tun	arriver de	accadere	I happened to see James in town.
95	headline	n	'hedlaɪn	Schlagzeile	titre/la une	titolo	I saw a paper carrying the front-page headline: 'Space Aliens meet with President'.
95	life-size	adj	'laɪfsaɪz	lebensgroß	grandeur-nature	a grandezza naturale	I've got a life-sized statue of the president.
95	market	n	'mɑ:kət	Markt	marché	mercato	Investors in the property market are worried about rising inflation.
95	memorabilia	n	'memərə'bi:liə	Memorabilien	souvenirs/objets de collection	memorabilia	He has a collection of war memorabilia.
95	record	n	'rekɔ:d	Rekord	record	record	The American team set a new world record in the sprint relay.
95	spring	irr v	sprɪŋ	einfallen	venir à l'esprit	primavera	Two questions spring to mind.
95	sum	n	sʌm	Summe	somme/montant	somma	He owes me a large sum of money.
95	top	adj	tɒp	Spitzen-	meilleur	top	He owns a top-end retailer.
95	used	adj	ju:zd	abgenutzt	usagé	usato	Someone sold a used tissue on ebay.
95	afford	v	ə'fɔ:d	sich leisten	pouvoir payer/pouvoir s'offrir/avoir les moyens de	permettersi	We can't afford to go on holiday this year.
95	bargain	n	'bɑ:gɪn	Schnäppchen	négociier	affare	There are no bargains in the clothes shops at the moment.
95	discount	n	'dɪskaʊnt	Rabatt	réduction/soldes	sconto	Members get a 15% discount.
95	haggle	v	'hægəl	feilschen	marchander	mercanteggiare	Ted was haggling with the street vendors.
95	receipt	n	rɪ'si:t	Quittung	reçu	ricevimento	Make sure you get receipts for everything.
95	refund	n	'ri:fʌnd	Erstattung	remboursement	rimborso	They refused to give me a refund.
95	worth	adj	wɜ:θ	wert sein	valoir	valore	The house must be worth quite a lot of money now.
97	acceptable	adj	ək'septəbəl	akzeptabel	acceptable	accettabile	Alcohol is not an acceptable way out of your problems.
97	assure	v	ə'ʃʊə	versichern	assurer	assicurare	Her doctor has assured us that she'll be fine.

Page	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
97	beforehand	adv	bɪ'fɔ:hænd	im Voraus	au préalable/à l'avance	in anticipo	The police need to be briefed beforehand on how to deal with this sort of situation.
97	brand	adj	brænd	brandneu	flambant neuf	marchio	His clothes looked brand-new.
97	faulty	adj	'fɔ:lti	fehlerhaft	défectueux	difettoso	Customers may ask for a refund if the goods are faulty.
97	prepared	adj	pɪ'peəd	bereit sein	préparé	preparato	You have to be prepared to take risks in this kind of work.
97	respect	n	rɪ'spekt	in dieser Beziehung	à cet égard	rispetto	Mum is very stubborn, and Kim takes after her in that respect.
97	stick to	phr v	'stɪk tu:	bleiben bei	s'en tenir à	attenersi a	Have you been sticking to your diet?
97	stock	n	stɒk	Lager	stock	stock	We have a huge stock of quality carpets on sale.
97	turn up	phr v	tʊ:n 'ʌp	auftauchen	apparaître	presentarsi inaspettatamente	You can't just turn up and expect a meal.
97	warehouse	n	'weəhaus	Lagerhaus	entrepôt	magazzino	I keep all the stock in a large warehouse.
98	acquire	v	ə'kwɪəɪə	erwerben	acquérir	acquisire	Manning hoped to acquire valuable works of art as cheaply as possible.
98	adore	v	ə'dɔ:	anbeten	adorer	adorare	Betty adores her grandchildren.
98	anaesthetise	v	ə'ni:sθətaɪz	anästhetisieren	anesthésier	anestetizzare	They anaesthetised the area before the operation.
98	annually	adv	'ænjuəli	jährlich	annuellement/une fois par an	annualmente	The jazz festival is held annually in July.
98	array	n	ə'reɪ	Palette	gamme/panoplie	serie	There was a vast array of colours to choose from.
98	companion	n	kəm'pænjən	Begleiter	compagnon	compagno	For ten years he had been her constant companion.
98	curl	v	kɜ:l	kräuseln	bouclé/frisé	ricciolo	Mary was busy curling her hair.
98	fit	adj	fɪt	fit	en forme	in forma	You must be very fit if you do so much running.
98	fur	n	fɜ:	Fell, Pelz	poils	pelliccia	The dog has long fur. I love it.
98	gourmet	adj	'gʊəmeɪ	Gourmet-	gourmet	buongustaio	He prepares gourmet dinners.
98	indulge	v	ɪn'dʌldʒ	dulden	céder à/laisser libre cours à	indulgere	His mother spoiled him, indulging his every whim.
98	indulgence	n	ɪn'dʌldʒəns	Nachsicht	indulgence	indulgenza	Is this pet indulgence gone mad?

Page	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
98	irritate	v	'ɪrətet	reizen	irriter	irritare	This cream may irritate sensitive skin.
98	lavish	adj	'lævɪʃ	aufwändig	fastueux	suntuoso	The food was lavish.
98	outlet	n	'aʊtlet	Verkaufsstelle	point de vente	uscita	Benetton has retail outlets in every major European city.
98	over-the-top	adj	ˌəʊvəðə'tɒp	übertrieben	outrancier	irragionevole	It's a bit over-the-top to call him a fascist.
98	pamper	v	'pæmpə	hätscheln	choyer	coccolare	She spent her childhood as the pampered daughter of a wealthy family.
98	parlour	n	'pɑ:lə	Schönheitssalon	salon de beauté	salotto	My mum and I spent the afternoon in the beauty parlour.
98	ponytail	n	'pəʊnɪteɪl	Pferdeschwanz	queue de cheval	coda di cavallo	I don't like his ponytail.
98	retail	n	'ri:teɪl	Einzelhandel	vente au détail	al dettaglio	We are looking for more retail outlets for our products.
98	slip	v	slɪp	ausgleiten	glisser	scivolare	Wright slipped but managed to keep hold of the ball.
98	valued	adj	'vælju:d	geschätzt	précieux	valutato	John is a valued friend.
99	ignorant	adj	'ɪgnərənt	keine Ahnung haben	ignorant	ignorante	Political historians are often rather ignorant of economics.
99	initially	adv	ɪ'ɪnɪʃli	ursprünglich	initialement	inizialmente	Stan initially wanted to go to medical school.
99	overindulgent	adj	ˌəʊvəɪn'dʌldʒənt	überaus nachsichtig	trop indulgent	sovraindulgente	I'm always overindulgent at christmas.
99	dry-clean	v	draɪ'kli:n	trockenreinigen	laver à sec	lavare a secco	Could you take my suit to be dry-cleaned?
100	treat	v	tri:t	spendieren	traiter	trattare	We treated Mum to lunch at the Savoy.
100	reward	n	ri'wɔ:d	Belohnung	récompense	premiare	Parents often give their children rewards for passing exams.
101	bilingual	adj	bai'ɪŋgwəl	zweisprachig	bilingue	bilingue	Their kids are bilingual.
101	ex	prefix	eks	Ex-	ex	ex	I bumped into my ex-wife yesterday.
101	fool	n	fu:l	sich zum Narren machen	se ridiculiser	stolto	Some comedians make a living by making fools out of themselves.
101	monotonous	adj	mə'ntənəs	eintönig	monotone	monotono	I'm currently on a monotonous diet.
101	multinational	adj	ˌmʌltɪ'næʃənəl	multinational	multinational	multinazionale	I've joined a multinational media corporation.

Page	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
101	oversleep	irr v	ˌəʊvəˈsli:p	verschlafen	se réveiller trop tard	dormire troppo	Sorry I'm late. I overslept.
101	rude	adj	ru:d	unhöflich	impoli	sgarbato	I didn't mean to be rude, but I had to leave early.
101	soak	v	səʊk	durchnässt	tremper	immergere	Police aimed water hoses at the marchers, soaking them.
101	undercook	v	ˌʌndəˈkʊk	nicht gar	ne pas cuire assez	non cuocere abbastanza	The carrots are undercooked.
101	underestimate	v	ˌʌndərˈestəmeɪt	unterschätzen	sous-estimer	sottovalutare	We underestimated how long it would take to get there.
101	unusual	adj	ˌʌnˈju:ʒʊəl	ungewöhnlich	inhabituel/hors du commun	insolito	It's unusual for Dave to be late.
101	waterproof	adj	ˈwɔ:təpru:f	wasserdicht	étanche à l'eau	impermeabile	Rub the wax in to make the shoe waterproof.
101	biannual	adj	baɪˈænjuəl	zweijährlich	semestriel/biannuel	biennale	They just released a biannual report.
101	monolingual	adj	ˌmɒnəʊˈlɪŋgwəl	einsprachig	monolingue	monolingue	You should use a monolingual dictionary at your level.
101	monologue	n	ˈmɒnələg	Monolog	monologue	monologo	Henry looked up, then continued his monologue.
101	multimedia	n	ˌmʌltiˈmi:diə	Multimedia-	multimédia	multimedia	They develop multimedia equipment.
101	multi-purpose	adj	ˌmʌltiˈpɜ:pəs	Vielzweck-	polyvalent/multi-usage	multiuso	He invented a multipurpose tool.
101	overtired	adj	ˌəʊvəˈtaɪəd	übermüdet	épuisé	molto stanco	Sorry for snapping. I'm overtired.
101	reheat	v	ˌri:ˈhi:t	aufwärmen	réchauffer	riscaldare	I reheated some soup for lunch.
101	rewrite	irr v	ˌri:ˈraɪt	neu schreiben	réécrire	riscrivere	I'll have to rewrite most of the essay.
101	uncomfortable	adj	ˌʌnˈkʌmfətəbəl	unbequem	inconfortable	scomodo	This sofa is so uncomfortable.
101	unnecessary	adj	ˌʌnˈnesəsəri	unnötig	inutile	inutile	There's no point in taking unnecessary risks.
Unit 8							
105	give up	phr v	ɡɪv ˈʌp	aufgeben	Arrêter/renoncer/abandonner	rinunciare	Darren has decided to give up football at the end of this season.
105	high-achiever	n	ˌhaɪəˈtʃi:və	Spitzenkraft	personne qui réussit	di grande successo	She was a high achiever who had started her own market research business.
105	manage	v	ˈmænɪdʒ	gelingen	s'y entendre/se tirer d'affaire	gestire	I finally managed to push the huge animal away.

Page	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
106	break down	phr v	breɪk 'daʊn	scheitern	échouer	cedere	Negotiations broke down after only two days.
106	combine	v	kəm'baɪn	kombinieren	combiner	combinare	Diets are most effective when combined with exercise.
106	disharmony	n	dɪs'hɑ:məni	Missstimmung	désaccord/dissension	disarmonia	There's disharmony within the group.
106	encourage	v	ɪn'kʌrɪdʒ	ermutigen	encourager	incoraggiare	Cantor didn't mind if they worked late; in fact, he actively encouraged it.
106	key	n	ki:	Schlüssel	clé/facteur-clé	chiave	Working well as a team is the key to success.
106	leadership	n	'li:dəʃɪp	Führung	leadership	guida	He displays excellent leadership skills.
106	overcome	v	ˌəʊvə'kʌm	überwinden	vaincre/surmonter/maîtriser	superare	He struggled to overcome his shyness.
106	personality	n	ˌpɜ:sə'næləti	Persönlichkeit	personnalité	personalità	Despite their different personalities, they became the best of friends.
106	recognise	v	'rekəɡnaɪz	anerkennen	reconnaître	riconoscere	British medical qualifications are recognised in Canada.
106	sound	adj	saʊnd	vernünftig	judicieux	suono	The book is full of sound advice.
106	spot	v	spɒt	erkennen	endroit	spot	It can be hard for even a trained doctor to spot the symptoms of lung cancer.
106	strategy	n	'strætədʒi	Strategie	stratégie	strategia	I like the company's business strategy.
106	tension	n	'tenʃən	Spannung	tension	tensione	In business, there's always a tension between the needs of customers and shareholders.
107	appraisal	n	ə'preɪzəl	Bewertung	évaluation	valutazione	I have my one year appraisal coming up.
107	approach	n	ə'prəʊtʃ	Ansatz	approche	approccio	He decided to adopt a different approach and teach the Bible through story-telling.
107	in-house	adj	ɪn'haʊs	hauseigen	en interne/interne	interno	We have an in-house training unit.
107	necessary	adj	'nesəsəri	notwendig	nécessaire	necessario	The booklet provides all the necessary information about the college.
107	supervise	v	'su:pəvaɪz	beaufsichtigen	superviser	sovrintendere	Griffiths closely supervised the research.
107	underway	adj	ˌʌndə'weɪ	im Gange	en cours	in corso	The project is already well underway.
107	waste	v	weɪst	verschwenden	gaspiller/perdre	rifiuto	Leaving the heating on all the time wastes electricity.

Page	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
108	aggressive	adj	ə'gresɪv	aggressiv	agressif	aggressivo	Jim's voice became aggressive.
108	easy-going	adj	ˌi:zi'gəʊɪŋ	gelassen	facile à vivre	alla mano	Her easy-going nature made her popular.
108	headstrong	adj	'hedstrɒŋ	eigensinnig	têtu	testardo	Our daughter is very headstrong. We have little influence in her actions.
108	introverted	adj	'ɪntroʊvɜ:təd	introvertiert	introverti	introverso	She's quiet and quite introverted.
108	manipulative	adj	mə'nɪpjələtɪv	manipulativ	manipulateur	manipolativo	She was sly, selfish, and manipulative.
108	open	adj	'əʊpən	offen	ouvert/franc	aperto	The couple are quite open with each other about their feelings.
108	opinionated	adj	ə'pɪnjəneɪtəd	rechthaberisch	entêté/obstiné/dogmatique	supponente	I found him very arrogant and opinionated.
108	outgoing	adj	ˌaʊt'gəʊɪŋ	kontaktfreudig	extraverti/ouvert et sociable	estroverso	We're looking for someone with an outgoing personality.
108	proactive	adj	prəʊ'æktɪv	initiativ	Mentalement actif/proactif	proattivo	She has a proactive approach to staffing requirements.
108	selfish	adj	'selfɪʃ	selbstsüchtig	égoïste	egoista	How can you be so selfish?
108	single-minded	adj	ˌsɪŋɡəl'maɪndəd	zielbewusst	tenace	a senso unico	He worked with single-minded determination.
108	witty	adj	'wɪti	geistreich	spirituel	arguto	Laura's very witty.
108	determined	adj	dɪ'tɜ:mənd	entschlossen	déterminé/résolu	determinato	Gwen is a very determined woman.
108	calm	adj	kɑ:m	ruhig	calme	calmo	Glen was calm and composed at the funeral.
108	complaint	n	kəm'pleɪnt	Beschwerde	plainte	reclamo	If you wish to make a complaint, you should see the manager.
108	discussion	n	dɪ'skʌʃən	Diskussion	discussion	discussione	Can you make a list of the topics suggested for discussion.
108	feel out	phr v	fi:l 'aʊt	sondieren	interroger subtilement	tastare	I thought I'd feel out some of my colleagues before the meeting.
108	improvise	v	'ɪmprəvaɪz	improvisieren	improviser	improvvisare	I forgot to bring my notes, so I had to improvise.
108	presentation	n	ˌprezən'teɪʃən	Präsentation	présentation/démonstration	presentazione	We will begin a series of presentations to help the public fully understand our system.

Page	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
108	rule	n	ru:l	in der Regel	règle/règlement/disposition	regola	As a rule most students finish their coursework by the end of May.
108	task	n	tɑ:sk	Aufgabe	tâche	compito	Sara had the task of preparing the agenda for meetings.
108	whereas	conj	weər'æz	wogegen	où/alors que	mentre	The old system was fairly complicated whereas the new system is really very simple.
109	devastated	adj	'devəsteɪtəd	vernichtet	anéanti/dévasté	devastato	She was left feeling totally devastated.
109	ecstatic	adj	ɪk'stætɪk	ekstatisch	extatique	estatico	The team received an ecstatic welcome from the thousands who lined the streets.
109	control	n	kən'trəʊl	außer Kontrolle	hors de contrôle/d'influence	controllo	The car spun out of control and hit a tree.
109	control	n	kən'trəʊl	Kontrolle übernehmen	prendre le contrôle	controllo	Students are encouraged to take control of their own learning.
109	determination	n	dɪ,tɜ:mə'neɪʃən	Entschlossenheit	détermination	determinazione	Yuri shows great determination to learn English.
109	dramatically	adv	drə'mætɪkli	dramatisch	dramatiquement	drammaticamente	Output has increased dramatically.
109	injured	adj	'ɪndʒəd	verletzt	blessé	ferito	Chelsea have three injured players.
109	miss	v	mɪs	verpassen	rater	perdere	Every time she missed the ball she became more angry.
109	preparation	n	ˌprepə'reɪʃən	Vorbereitung	préparation	preparazione	Business training is a good preparation for any career.
109	psychology	n	sai'kɒlədʒi	Psychologie	psychologie	psicologia	We spoke to experts in the field of developmental psychology.
109	rare	adj	reə	selten	rare	raro	This species of plant is becoming increasingly rare.
109	unbeatable	adj	ʌn'bi:təbəl	unschlagbar	imbattable	imbattibile	Their team are just unbeatable.
109	exhausted	adj	ɪg'zɔ:stəd	erschöpft	extrêmement épuisé	esausto	You look absolutely exhausted.
109	happy	adj	'hæpi	glücklich	content	felice	It's a lovely house and we've been very happy here.
109	hungry	adj	'hʌŋgri	hungrig	affamé	affamato	If you get hungry, there's some cold chicken in the fridge.
109	starve	v	stɑ:v	am Verhungern sein	mourir de faim	morire di fame	You must be starving!

Page	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
109	tired	adj	təɪəd	müde	fatigué	stanco	I'm so tired I could sleep for a week.
109	upset	adj	ˌʌp'set	aufgebracht	contrarié	turbato	She was deeply upset about the way her father treated her.
111	loser	n	'lu:zə	guter/schlechter Verlierer	perdant	perdente	Jane is such a bad loser!
111	motivated	adj	'məʊtəveɪtəd	motiviert	motivé	motivato	The students are all highly motivated.
111	superstition	n	ˌsu:pə'strɪʃən	Aberglaube	superstition	superstizione	I don't believe the old superstition that walking under a ladder is unlucky.
111	take part	v phrase	teɪk pɑ:t	teilnehmen	prendre part/participer	partecipare	About 400 students took part in the protest.
112	actual	adj	'æktʃuəl	tatsächlich	en fait/réel	reale	I'm not joking. Those were his actual words.
112	aim	v	eɪm	abzielen	cible	scopo	We designed a program that's aimed at teenagers.
112	argue	v	'ɑ:gju:	argumentieren	argumenter	argomentare	Croft argued that a date should be set for the withdrawal of troops.
112	ashamed	adj	ə'ʃeɪmd	sich schämen	honteux/confus	vergognoso	I felt ashamed of the things I'd said to him.
112	catch up	phr v	kætʃ 'ʌp	auf den neuesten Stand kommen	rattraper	raggiungere	If you miss a lot of classes, it's very difficult to catch up.
112	critical	adj	'krɪtɪkəl	kritisch	critique	critico	Many economists are critical of the government's economic policies.
112	ego	n	'i:gəʊ	Ego	amour propre	ego	Richard has the biggest ego of anyone I've ever met.
112	expert	n	'ekspɜ:t	Fachmann	expert/spécialiste	esperto	He's a world expert on marine mammals.
112	exploit	v	ɪk'splɔɪt	ausnutzen	exploiter	sfruttare	The violence was blamed on thugs exploiting the situation.
112	file	v	faɪl	nacheinander gehen	marcher en rang	muoversi in fila	We began to file out into the car park.
112	former	n	'fɔ:mə	Ersterer	précédent	ex	Of the two possibilities, the former seems more likely.
112	head start	n	'hed stɑ:t	Vorsprung	longueur d'avance	vantaggio	Give your children a head start by sending them to nursery school.
112	hold back	phr v	həʊld 'bæk	hemmen	étouffer/retient	trattenere	They felt the British economy was being held back by excessive government controls.

Page	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
112	inability	n	ˌɪnəˈbɪləti	Unfähigkeit	inaptitude	incapacità	Alcoholism can result in an inability to cope.
112	interaction	n	ˌɪntərˈækʃən	Zusammenspiel	interaction	interazione	There's a greater degree of interaction between teacher and student.
112	lack	n	læk	Mangel	carence/manque	mancanza	Too many teachers are treated with a lack of respect.
112	latter	n	ˈlætə	Letzterer	second cité	secondo	Where unemployment and crime are high, it can be assumed that the latter is due to the former.
112	lead	irr v	li:d	führen	provoquer/emmener à faire	piombo	A degree in English could lead to a career in journalism.
112	logical	adj	ˈlɒdʒəkəl	logisch	logique	logico	It's a logical site for a new supermarket, with the housing development nearby.
112	obesity	n	əʊˈbi:səti	Fettsucht	obésité	obesità	Childhood obesity is becoming a real problem.
112	peer	n	pɪə	seines-/ihresgleichen	pair	pari	American children did less well in math than their peers in Japan.
112	publicity	n	pʌˈbɪsɪti	Publicity	publicité/intérêt public	pubblicità	Standards in education have received much publicity over the last few years.
112	put forward	phr v	put ˈfɔ:wəd	vorbringen	proposer	avanzare	Her name was put forward for the lead role in the play.
112	stare	v	steə	starren	regarder d'un regard fixe/avec insistance	fissare	What are you staring at?
112	term	n	tɜ:m	Schuljahresabschnitt	trimestre	termine	The exams are at the end of the summer term.
112	toddler	n	ˈtɒdlə	Kleinkind	bambin	bambino che fa i primi passi	They have a baby and a toddler.
112	usual	adj	ˈju:ʒuəl	üblich	habituel/courant	solito	I'll meet you at the usual time.
112	worthwhile	adj	ˌwɜ:θˈwaɪl	lohnt sich	salutaire/louable	che vale la pena	I thought it was worthwhile to clarify the matter.
113	balanced	adj	ˈbælənst	ausgewogen	équilibré/égal	equilibrato	She gave a balanced account of what happened.

Page	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
113	deny	v	dɪˈnaɪ	bestreiten	nier	negare	I've never denied that there is a housing problem.
113	hang on	phr v	hæŋ ˈɒn	Warten Sie einen Moment	attendre un instant	attendere	Hang on! I'll be back in a minute.
113	remind	v	rɪˈmaɪnd	erinnern	Rappeler/se souvenir	ricordare	Yes, I'll be there. Thanks for reminding me.
113	warn	v	wɔːn	warnen	avertir/mettre en garde	avvertire	'Be careful, the rocks are slippery,' Alex warned.
113	claim	v	kleɪm	sich anmaßen	prétendre	reclamo	No responsible therapist will claim to cure your insomnia.
113	confirm	v	kənˈfɜːm	bestätigen	confirmer	confermare	The President refused to confirm the rumor.
113	explain	v	ɪkˈspleɪn	erläutern	expliquer	spiegare	He carefully explained the procedure.
113	suggest	v	səˈdʒest	vorschlagen	suggérer	suggerire	The zoo asked its visitors to suggest a name for the new baby panda.
114	collate	v	kəˈleɪt	kollationieren	collecter/rassembler	raccogliere	A computer system is used to collate information from across Britain.
114	complex	adj	ˈkɒmpleks	komplex	complexe	complesso	Photosynthesis is a highly complex process.
114	enforce	v	ɪnˈfɔːs	Geltung verschaffen	forcer/contraindre/appliquer	applicare	Governments make laws and the police enforce them.
114	issue	n	ˈɪʃuː	Thema	thème/sujet/question	questione	We should raise the issue of discrimination with the council.
114	link	n	lɪŋk	Verbindung	lien	collegamento	There are a number of links between the two theories.
114	majority	n	məˈdʒɔːrəti	Mehrheit	majorité	maggioranza	The majority of workers find it quite hard to live on the amount of money they earn.
114	minority	n	maɪˈnɔːrəti	Minderheit	minorité	minoranza	Gaelic is still spoken in Ireland by a tiny minority.
114	response	n	rɪˈspɒns	Reaktion	réponse	risposta	The law was passed in response to public pressure.
114	restrict	v	rɪˈstrɪkt	einschränken	limiter/restreindre	limitare	The new law restricts the sale of hand guns.

Page	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
115	come up with	phr v	kʌm 'ʌp wɪð	liefern	avoir une idée	fornire	We've been asked to come up with some new ideas.
115	cut down on	phr v	kʌt 'daʊn ɒn	reduzieren	économiser sur/réduire de	ridurre	By getting the design right, you can cut down on accidents.
115	get away with	phr v	get ə 'wei wɪð	damit davonkommen	s'en tirer/se permettre	cavarsela	Watch Frank – he'll cheat if he thinks he can get away with it.
115	keep up with	phr v	ki:p 'ʌp wɪð	mithalte mit	arriver à suivre/aller à la même vitesse que	tenere il passo con	I had to walk fast to keep up with him.
115	look forward	phr v	lʊk 'fɔ:wəd	sich freuen auf	envisager avec plaisir	guardare avanti	I'm really looking forward to our vacation.
115	make up for	phr v	mæɪk 'ʌp fə	wiedergutmachen	compenser/remplacer/rattrape r le temps perdu	compensare	The team will be anxious to make up for a disappointing start to the season.
115	put in for	phr v	pʊt 'ɪn fə	anmelden für	poser sa candidature/faire une demande	per mettere in	They're putting her in for grade 8.
116	attain	v	ə'teɪn	erreichen	parvenir à/atteindre	raggiungere	More women are attaining positions of power.
116	close knit	adj	ˌkləʊs 'ni:t	eng verbunden	très uni/serré	affiatato	We are a very close-knit community.
116	corporation	n	ˌkɔ:pə'reɪʃən	Unternehmen	groupe/grande entreprise	società	He works for a large American corporation.
116	nature	n	'neɪtʃə	Natur	nature	natura	They asked a lot of questions about the nature of our democracy.
116	progress	v	prə'gres	Fortschritt machen	progresser	progresso	I asked the nurse how my son was progressing.
116	regardless	adv	rɪ'gɑ:dləs	ungeachtet	malgré tout	senza riguardo	The law requires equal treatment for all, regardless of race, religion, or sex.
116	talent	n	'tælənt	Talent	talent	talento	He has a lot of talent, and his work is fresh and interesting.
116	wealth	n	welθ	Wohlstand	fortune/ricchezza	ricchezza	The country's wealth comes from its oil.
116	wealthy	adj	'welθi	wohlhabend	fortuné/riche	ricco	He left as a poor, working class boy and returned as a wealthy man.
Unit 9							
119	fine	n	fɑɪn	Geldbuße	amende	multa	She was ordered to pay £150 in parking fines, plus court costs.

Page	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
119	fingerprint	n	'fɪŋgə ,prɪnt	Fingerabdruck	empreintes	impronta	His fingerprints were all over the gun.
119	judge	n	dʒʌdʒ	Richttr	juger	giudice	The trial judge specifies the number of years to be spent in prison.
119	robbery	n	'rɒbəri	Raub	braquage/vol à mains armées	rapina	Police are investigating a series of bank robberies in South Wales.
119	thief	n	θi:f	Dieb	voleur	ladro	Thieves broke into the offices and stole \$150,000's worth of computer equipment.
119	community service	n	kə ,mju:nəti 'sɜ:vəs	gemeinnützige Arbeit	travail d'intérêt général	servizio civile	I was sentenced to 30 hours community service.
119	criminal	n	'krɪmənəl	Krimineller	criminel	criminale	Police have described the man as a violent and dangerous criminal.
119	evidence	n	'evədəns	Beweise	preuve/élément probant	prova	Murrow's evidence was enough to convict Hayes of murder.
119	forensic	n	fə'rensɪk	forensische Wissenschaft	médico-légal	forense	He wants a career in forensic science.
119	graffiti	n	græ'fi:ti	Graffiti	graffiti	graffiti	The walls are daubed with graffiti.
119	innocent	adj	'ɪnəsənt	unschuldig	innocent	innocente	He's innocent of murder.
119	petty	adj	'peti	Bagatelldelikt	délit mineur	meschino	He's just involved with petty crime.
119	prison	n	'prɪzən	Gefängnis	prison	carcere	He visits his dad in prison every week.
119	punishment	n	'pʌnɪʃmənt	Bestrafung	punition/peine	punizione	The punishment for treason is death.
119	suspect	n	'sʌspekt	Verdächtiger	suspect	sospetto	Two suspects were arrested today in connection with the robbery.
119	suspended sentence	n	sə'spendɪd ,sentəns	Bewährungsstrafe	condamnation avec sursis	sospensione condizionale della pena	He was given a two-year suspended sentence.
119	vandalism	n	'vændəl-ɪzəm	Vandalismus	vandalisme	vandalismo	He often got into fights and committed acts of vandalism.
119	victim	n	'vɪktəm	Opfer	victime	vittima	The victim received head injuries from which she died a week later.
119	witness	n	'wɪtnəs	Zeuge	témoïn	testimone	Police have appealed for witnesses to come forward.
120	arrest	v	ə'rest	festnehmen	arrêter	arresto	He was arrested and charged with murder.
120	arson	n	'ɑ:sən	Brandstiftung begehen	incendie criminel	incendio doloso	He was found guilty of committing arson.

Page	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
120	claim	n	kleɪm	Anspruch erheben	prétention/revendication	reclamo	All claims should be made in writing.
120	convict	v	kən'vɪkt	verurteilen	convaincre	condannare	She was convicted of shoplifting.
120	fraud	n	frɔ:d	Betrugbegehen	fraude	frode	He went to prison for committing fraud.
120	insure	v	ɪn'ʃʊə	versichern	assurer	assicurare	Have you insured the contents of your home?
120	premium	n	'pri:miəm	Prämie zahlen	prime	premio	I had to pay a higher premium this year.
120	sentence	v	'sentəns	verurteilen	verdict	frase	Sanchez was sentenced to three years in prison.
120	sue	v	sju:	klagen	porter plainte contre/intenter un procès	citare in giudizio	If the builders don't fulfil their side of the contract, we'll sue.
120	pretend	v	prɪ'tend	vorgeben	prétendre/faire semblant de	fingere	We can't go on pretending that everything is OK.
121	accept	v	ək'sept	annehmen	accepter	accettare	They offered me a job and I accepted.
121	appear	v	ə'piə	scheinen	apparaître/sembler	apparire	The survey appears to contradict motor industry claims.
121	cash	v	kæʃ	einlösen	espèces	contanti	Traveller's cheques can be cashed at most hotels for a small charge.
121	charge	v	tʃɑ:dʒ	anklagen	facturer	carica	Gibbons has been charged with murder.
121	cheque	n	tʃek	Scheck	chèque	assegno	They sent me a cheque for £100.
121	conclude	v	kən'klu:d	zum Schluss kommen	conclure	concludere	The report concluded that the school should be closed immediately.
121	count	n	kaʊnt	Punkt	chef d'accusation	contare	Davis was found not guilty on all counts.
121	deliberately	adv	dɪ'lɪbərətli	absichtlich	délibérément	deliberatamente	He deliberately upset her.
121	lawyer	n	'lɔ:jə	Rechtsanwalt	avocat/juriste	avvocato	If you are charged with breaking the law, you will need to get a lawyer.
121	policy	n	'pɒləsi	Police	police	politica	There's a clause in the policy that I'd like to discuss.
121	refuse	v	rɪ'fju:z	sich weigern	refuser	rifiutare	I absolutely refuse to take part in anything illegal.
121	series	n	'sɪəri:z	Serie	série	serie	The police are investigating a series of attacks in the area.

Page	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
121	sort out	phr v	sɔ:t 'aʊt	in Ordnung bringen	ordonner	risolvere	We need to sort out our camping gear before we go away.
121	valuable	adj	'væljuəbəl	wertvoll	de valeur	prezioso	Their most valuable belongings were locked in a safe in the bedroom.
122	burglar	n	'bɜ:glə	Einbrecher	cambricoleur/voleur	ladro	The burglar was never caught.
122	circular	adj	'sɜ:kjələ	kreisförmig	circulaire	circolare	I'd like to buy a circular table.
122	desperate	adj	'despəreɪt	verzweifelt	désespéré	disperato	I had no money left and was desperate.
122	escort	v	ɪ'skɔ:t	begleiten	escorte	scorta	The shipment was escorted by guards.
122	exotic	adj	ɪg'zɔtɪk	exotisch	exotique	esotico	The room was filled with exotic parrots.
122	fright	n	fraɪt	Angst	peur/frayeur	spavento	You gave me such a fright creeping up on me like that!
122	mansion	n	'mænʃən	Villa, Herrenhaus	manoir	palazzo	We went to a beautiful country mansion.
122	phone	v	fəʊn	anrufen	téléphoner à	telefono	I'll phone you this evening.
122	sit up	phr v	sɪt'ʌp	sitzen, sich aufsetzen	être assis/s'asseoir	sedersi	She sat up and reached for her glass.
122	traumatised	adj	'trɔ:mətaɪzd	traumatisiert	traumatisé	traumatizzati	He was traumatised by his war experiences.
123	description	n	dɪ'skrɪpʃən	Beschreibung	description	descrizione	The booklet gives a brief description of each place.
123	fit	v	fɪt	angemessen sein	adapté	in forma	The punishment should fit the crime.
123	intruder	n	ɪn'tru:də	Eindringling	intrus	intruso	The police think the intruder got in through an unlocked window.
123	lend	v	lend	leihen	prêter	prestare	I lent my CD player to Dave and I haven't got it back yet.
123	litter	n	'lɪtə	Abfall	déchets	rifiuti	People who drop litter can be fined in some cities.
123	predict	v	pri'dɪkt	voraussagen	prédire/présager	predire	Newspapers predicted that Davis would be re-elected.
123	prohibit	v	prə'hɪbət	verbieten	prohiber	vietare	Smoking is strictly prohibited inside the factory.
123	shelter	n	'ʃeltə	Unterstand	abri	riparo	The men took shelter in a bombed-out farmhouse.

Page	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
123	trash	v	træʃ	verwüsten	saccager/dévaster	spazzatura	The place got trashed last time we had a party.
123	trespass	v	'trespəs	unbefugt betreten	violer la propriété de/	trasgressione	She was arrested for trespassing on government property.
123	vandal	n	'vændl	Vandale	vandale	vandalo	Vandals broke most of the school's windows.
124	certain	adj	'sɜ:tn	sicher	certain	certo	I'm absolutely certain that I left the keys in the kitchen.
124	prejudiced	adj	'predʒədəst	befangen	plein de préjugés	pregiudicato	Some officers were racially prejudiced.
124	trusting	adj	'trʌstɪŋ	vertrauensvoll	confiant	fiducioso	She's so trusting of people.
125	track	n	træk	Spur	piste/trace	traccia	We followed the tyre tracks across a muddy field.
125	fire-proof	adj	'faɪəpru:f	feuerfest	ignifuge/ignifugé	ignifugo	The company produces fireproof clothing.
125	gift-wrap	v	'gɪfræp	als Geschenk verpacken	emballage cadeau	carta da regalo	Would you like that gift-wrapped, sir?
125	middle-aged	adj	'mɪdl ,eɪdʒd	mittleren Alters	d'âge moyen	di mezza età	She's going out with a middle-aged businessman.
125	pig-headed	adj	,pɪg 'hedəd	starsinnig	tête comme une mule/bourrique	testardo	Never have I met a woman so obstinate, so pigheaded!
125	red-handed	adj	,red 'hændəd	auf frischer Tat	pris en flagrant délit/la main dans le sac	in flagrante	Earl was caught red-handed taking the money.
125	tongue-tied	adj	'tʌŋtaɪd	sprachlos	muet	muto	When adults spoke to her, she became tongue-tied and shy.
125	well-dressed	adj	wel' drest	gut gekleidet	bien habillé	ben vestito	I'd like to find an attractive, well-dressed young woman.
125	middle	n	'mɪdl	mittendrin sein bei	être en train de	mezzo	I was in the middle of sorting some papers when the phone rang.
125	case	n	keɪs	Fall	procès/affaire de justice	caso	Around 50 police officers are on the case.
125	detect	v	dɪ'tekt	erfassen	détecter	individuare	X-ray telescopes can now detect virtually every type of astronomical object.
125	householder	n	'haʊs ,həʊldə	Hausherr	propriétaire de maison	capofamiglia	The householder had been burgled before.
125	otherwise	adv	'ʌðəwaɪz	sonst	autrement/sinon	altrimenti	We were delayed at the airport. Otherwise we would have been here by lunch time.

Page	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
126	angular	adj	'æŋgjələ	kantig	osseux	angolare	The suspect is a tall, angular young man.
126	assist	v	ə'sɪst	mitwirken	assister	assistere	You will be employed to assist in the development of new equipment.
126	attend	v	ə'tend	gehen auf, in	participer/fréquenter	partecipare a	I am the first child in my family to attend college.
126	beloved	adj	bɪ'lʌvəd	geliebt	aimé	amato	He never recovered from the death of his beloved daughter.
126	callus	adj	'kæləs	Schwiele	cal	callo	He went to have the calluses on his hands looked at.
126	deduce	v	dɪ'dju:s	schließen	déduire	dedurre	From her son's age, I deduced that her husband must be at least 60.
126	innovation	n	ˌɪnə'veɪʃən	Neuerung	innovation	innovazione	He is known for his recent innovations in English teaching.
126	inspire	v	ɪn'spaɪə	inspirieren	inspirer	ispirare	The story was inspired by a chance meeting with an old Russian duke.
126	instalment	n	ɪn'stɔ:lmənt	Folge	épisode	rata, dispensa	I'm reading the first instalment of a science fiction trilogy.
126	observe	v	əb'zɜ:v	beobachten	observer	osservare	The police have been observing his movements.
126	self-contained	adj	ˌselfkən'teɪnd	eigenständig	indépendant	autosufficiente	The stories are all self-contained so you can read them in any order.
126	twinkle	v	'twɪŋkəl	zwinkern	scintiller/pétiller	scintillio	John's eyes twinkled as he told us the good news.
126	ward	n	wɔ:d	Station	salle d'hôpital	reparto	We spoke to the other patients in the ward.
127	amusing	adj	ə'mju:zɪŋ	amüsant	amusant	divertente	I don't find his jokes at all amusing.
127	clerk	n	klɜ:k	Buchhalter	commis	impiegato	I work as a clerk in a commercial firm.
127	fan	n	fæn	Fan	fan	fan, tifoso	Groups of football fans began heading towards the ground.
127	figure	n	'fɪgə	Persönlichkeit	personnalité	figura	Several leading figures resigned from the party.
127	literary	adj	'lɪtərəri	literarisch	littéraire	letterario	He creates amazing literary characters.

Page	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
127	sincerity	n	sɪn'serəti	Aufrichtigkeit	sincérité	sincerità	I don't doubt her sincerity, but I think she's got her facts wrong.
128	add up to	phr v	,æd	hinauslaufen auf	additionner à/ajouter à	sommare	Rising prison population and overcrowding add up to a real crisis.
128	hack	v	hæk	hacken	pirater	introdursi senza autorizzazione nei computer, hacker	Somebody hacked into the company's central database.
128	identity	n	aɪ'dentəti	Identität	identité	identità	Identity theft is becoming more and more common because of the Internet.
128	shoplift	v	'ʃɒp,lɪft	Ladendiebstahl	voleur à l'étalage	taccheggiare	Shoplifters will be prosecuted.
128	speed	irr v	spi:d	zu schnell fahren	vitesse	velocità	I got caught speeding on the A40 yesterday.
128	dubious	adj	'dju:biəs	zweifeln	douteux	dubbio	I can see you are dubious; take some time to think about it.
128	individually	adj	,ɪndə'vɪdʒuəli	einzeln	individuellement	individualmente	The bridegroom thanked them all individually.
128	kleptomania	n	,kleptə'meɪniə	Kleptomanie	kleptomanie	cleptomania	I heard that she had kleptomania and kept getting in trouble.
128	mitigate	v	'mɪtɪgeɪt	mindern	atténuer	mitigare	Measures need to be taken to mitigate the environmental effects of burning more coal.
128	offensive	adj	ə'fensɪv	offensiv	offensif	offensiva	I found her remarks deeply offensive.
128	presumably	adv	pri'zju:məbli	vermutlich	sans doute	presumibilmente	It's raining, which presumably means that your football match will be cancelled.
128	rate	v	reɪt	einschätzen	juger/estimer	tasso	The company seems to rate him very highly.
128	scale	n	skeɪl	Skala	gamme	scala	That would rate quite highly on the scale.
128	serious	adj	'sɪəriəs	schwer	sérieux	grave	Kidnapping is a serious crime.
129	aid	v	eɪd	helfen	aide/soutien	aiuto	Mrs Coxen was aided in looking after the children by her niece.
129	axe	v	æks	streichen	abandonner	ascia	TV's longest running show is to be axed.
129	back	v	bæk	unterstützen	soutenir/aider	indietro	The scheme has been backed by several major companies in the region.

Page	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
129	bid	v	bɪd	sich bewerben	soumissionner	offerta	Three firms bid for the contract on the new buildings.
129	blast	n	blɑːst	Explosion, Druckwelle	souffle/explosion/rafale	esplosione	Thirty-six people died in the blast.
129	blaze	n	bleɪz	Feuersbrunst	embrasement/feu/incendie	fiammata	It took almost 100 firemen to bring the blaze under control.
129	clash	n	klæʃ	Zusammenstoß	affrontement	scontro	We saw violent clashes between police and demonstrators.
129	drama	n	ˈdrɑːmə	Drama	drame	dramma	Maggie's life is always full of drama.
129	hit	irr v	hɪt	treffen	frappe	colpire	The village has been hit by a devastating drought.
129	key	adj	kiː	entscheidend	clé	chiave	China's support is key to the success of the coalition.
129	plea	n	pliː	Appell	appel/demande	appello	Caldwell made a plea for donations.
129	quit	irr v	kwɪt	kündigen	abandonner/quitter	smettere	He quit his job after an argument with a colleague.
130	ignore	v	ɪgˈnɔː	ignorieren	ignorer	ignorare	You can't ignore the fact that many criminals never go to prison.
130	panic	v	ˈpæɪnɪk	in Panik geraten	paniquer	panico	He started to panic when he saw the gun.
130	plunge	v	plʌndʒ	stürzen	plonger/être en chute libre	tuffo	Her car swerved and plunged off the cliff.
130	precisely	adv	priˈsaɪsli	genau	exactement/précisément	precisamente	He arrived at precisely four o'clock.
130	punch	v	pʌntʃ	boxen	donner un coup de poing	punzione	He punched the air in triumph.
130	settle	v	ˈsetl	niederlassen	se déposer	risolvere	Snow settled on the roofs.
Unit 10							
133	mind	n	maɪnd	Willensstärke	victoire de l'esprit sur la matière	mente	I'm scared, yes, but it's a case of mind over matter.
133	persuasion	n	pəˈswɛɪʒən	Überzeugungskraft	persuasion	persuasione	She used all her powers of persuasion to convince Tilly that it was the right thing to do.
133	willpower	n	ˈwɪlˌpaʊə	Willenskraft	force de la volonté	forza di volontà	It took all his willpower to remain calm.
133	déjà vu	n	ˌdeɪʒɑː ˈvjuː	Déjà-Vu	déjà-vu	déjà vu	I have a strange sense of déjà vu.
133	intuition	n	ˌɪntjuː ˈɪʃən	seiner Eingebung vertrauen	intuition	intuizione	We should trust our intuitions.

Page	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
133	premonition	n	ˌpreməˈnɪʃən	eine Vorahnung haben	prémonition/pressentiment	premonizione	When Anne didn't arrive, Paul had a premonition that she was in danger.
133	sixth sense	n	ˈsɪksθ sɛns	sechster Sinn	sixième sens	sesto senso	He seemed to have a sixth sense for knowing when his brother was in trouble.
133	subconscious	adj	sʌbˈkɒnʃəs	unterbewusst	subconscient	subconscio	I have a a subconscious fear of failure.
133	unconscious	adj	ʌnˈkɒnʃəs	unbewusst	inconscient	inconscio	Levin was knocked unconscious by the impact.
134	analyse	v	ˈænlə-aɪz	analysieren	analyser/étudier	analizzare	She still needs to analyse the data.
134	awe	n	ɔː	Ehrfurcht	respect mêlé d'admiration	soggezione	Kate gazed at the statue with awe.
134	detract	v	dɪˈtrækt	mindern	détracter/diminuer	diminuire	One mistake is not going to detract from your achievement.
134	disbelief	n	ˌdɪsbəˈliːf	Unglaube	incrédulité	incredulità	The reaction to the murders was one of shock and disbelief.
134	diverse	adj	daɪˈvɜːs	mannigfaltig	très différent	diverso	I'm interested in subjects as diverse as pop music and archaeology.
134	draw in	phr v	drɔː ˈɪn	hineinziehen	mêler/impliquer	coinvolgere	Despite himself, he found himself being drawn in by the man's warmth and ease.
134	endlessly	adv	ˈendləsli	endlos	infini/sans fin/interminable	senza fine	This city is endlessly fascinating.
134	feat	n	fi:t	Leistung	exploit/prouesse	impresa	They climbed the mountain in 28 days, a remarkable feat.
134	game	n	geɪm	Spielchen spielen	jouer un jeu	gioco	Are you sure he's really interested, and not just playing silly games with you?
134	hypnotism	n	ˈhɪpnətɪzəm	Hypnose	hypnotisme	ipnotismo	We went to see a hypnotism show.
134	illusionist	n	ɪˈluːʒənəst	Illusionist	illusionniste	illusionista	He's a very impressive illusionist.
134	psychic	adj	ˈsaɪkɪk	übersinnlich	psychique	psichico	You don't have to be psychic to know what Maggie is thinking.
134	seemingly	adv	ˈsiːmɪŋli	scheinbar	apparemment	apparentemente	The new minister was faced with a seemingly impossible task.
134	simultaneous	adj	ˌsɪməlˈteɪniəs	gleichzeitig	simultanément	simultaneo	They grabbed each other's hands in simultaneous panic.
134	sleight of hand	n	ˌslɑːt əv ˈhænd	Fingerfertigkeit	tour de main/tour de passe-passe	gioco di prestigio	He uses sleight of hand in his magic.

Page	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
136	charm	adj	'tʃɑ:m	bezaubert	charmer	fascino	We were charmed by the friendliness of the local people.
136	compelling	adj	kəm'pelɪŋ	fesselnd	fascinant	avvincente	His life makes a compelling story.
136	con	n	kɒn	Schwindel	arnaque/escroquerie	truffare	He used a con to make people pay for goods they hadn't actually received.
136	favour	n	'feɪvə	zu Gunsten	faveur	favore	Senior ministers spoke in favour of the proposal.
136	genuine	adj	'dʒenjuən	aufrichtig	authentique/sincère	genuino	She is the most genuine person I've ever met.
136	point	n	pɔɪnt	Zweck	but/objectif/finalité	punto	What's the point of this meeting anyway?
136	showman	n	'ʃəʊmən	Showman	forain	impresario	He is the band's best showman.
136	hypnosis	n	hɪp'nəʊsəs	Hypnose	hypnose	ipnosi	While under hypnosis, the victim was able to describe her attacker.
136	military	n	'mɪlɪtəri	Militärdienst	militaire	militare	More and more men are refusing to do military service.
136	vegetarianism	m	'vedʒə'teəriənɪzəm	Vegetarismus	végétarisme	vegetarianismo	I buy a magazine about vegetarianism.
137	appeal	n	ə'pi:l	Reiz	attrait/charme	appello	What is the particular appeal of this island?
137	attract	v	ə'trækt	anziehen	attirer	attrarre	What attracted me most to the job was the chance to travel.
137	cut	irr v	kʌt	Preis senken	réduire	taglio	The major aviation companies need to cut prices if they are to compete with budget airlines.
137	deliberate	adj	dɪ'lɪbərət	absichtlich	délibérément/volontairement	deliberato	The attack on him was quite deliberate.
137	familiarity	n	fə'mɪli'ærəti	Vertrautheit	familiarité	familiarità	I miss the familiarity of home.
137	greed	n	gri:d	Gier	avidité	avidità	I can't stand people who are motivated by jealousy and greed.
137	guarantee	v	'gærən'ti:	garantieren	garantie/promesse	garanzia	I guarantee you'll love this film.
137	hype	n	haɪp	Medienrummel	battage publicitaire	montatura	Some experts are concerned that the new drug won't live up to all the hype.
137	jingle	n	'dʒɪŋɡəl	Jingle	sonal	tintinnio	He writes jingles for TV.
137	manipulation	n	mə'nɪpjə'leɪfənʒ	Manipulation	manipulation	manipolazione	There are allegations of political manipulation.

Page	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
137	particular	adj	pə'tɪkjələ	besonders	particulier	particolare	Most students choose one particular area for research.
137	rely	v	rɪ'laɪ	sich verlassen	se fier à/compter sur	fare affidamento	They have to rely on the river for their water.
137	resist	v	rɪ'zɪst	widerstehen	résister	resistere	She can never resist buying new shoes.
137	respond	v	rɪ'spɒnd	reagieren	répondre/réagir	rispondere	Responding to the news, Mr Watt appealed for calm.
137	sound	n	saʊnd	prägnanter Soundclip	extrait	suono	They played a sound bite of his speech on the news.
137	suppose	v	sə'pəʊz	annehmen	supposer	supporre	Look, suppose you lost your job tomorrow, what would you do?
137	unaware	adj	ˌʌnə'weə	nicht bewusst	inconscient	ignaro	Mike seems unaware of the trouble he's causing.
137	advertisement	n	əd'vɜ:təsmənt	Anzeige	publicité	pubblicità	The Sunday papers are full of advertisements for cars.
137	advertising	n	'ædvətəɪzɪŋ	Werbung	publicité	pubblicità	Both candidates are spending millions on television advertising.
137	brand	n	brænd	Marke	flambant neuf	marchio	What brand of detergent do you use?
137	commercial	n	kə'mɜ:ʃəl	Werbepause	pause publicitaire	commerciale	I will make a cup of tea during the commercial break.
137	marketing	n	'mɑ:kətɪŋ	Marketing	marketing	marketing	Company sales improved dramatically following a \$2 million marketing campaign.
137	slogan	n	'sləʊgən	Slogan	slogan	slogan	The company has dropped its original advertising slogan.
137	target	n	'tɑ:gət	Zielgruppe	cible	obiettivo	This advertisement will appeal to our target market of young women.
140	blur	n	blɜ:	undeutliches Bild	flou	sfocatura	The days before the accident were a blur.
140	capacity	n	kə'pæsəti	Fassungsvermögen	capacité	capacità	The fuel tank has a capacity of 40 litres.
140	chronicle	n	'krɒnɪkəl	Kronik	chronique	cronaca	He published a chronicle of his life during the war years.
140	come across	phr v	kʌm ə'krɒs	stoßen auf	sembler être	imbattersi	I came across an old diary in her desk.
140	experiment	v	ɪk'sperəmənt	experimentieren	expérience/expérimentation	esperimento	He experimented with lighter-than-air flight.

Page	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
140	log	v	lɒg	registrieren	journaliser	log	All phone calls are logged.
140	obviously	adv	'ɒbvɪəsli	offenbar	évidemment	ovviamente	We're obviously going to need more help.
140	ongoing	adj	'ɒn,ɡəʊɪŋ	im Gange	en cours	in corso	The discussions are still ongoing.
140	pass by	phr v	pɑ:s 'baɪ	vorübergehen	se passer	passare accanto, ignorare	She felt that life was passing her by.
140	record	v	rɪ'kɔ:d	aufzeichnen	enregistrement/procès-verbal	registrare	Her husband made her record every penny she spent.
140	slip	v	slɪp	entfallen	glisser	scivolare	I meant to buy some milk, but it completely slipped my mind.
140	staggering	adj	'stægəɪŋ	umwerfend	prodigieux/renversant	barcollante	The financial impact on the town was staggering.
140	wonder	v	'wʌndə	sich fragen	s'étonner	meraviglia	I wonder how James is getting on.
141	mind	n	maɪnd	etwas im Auge behalten	garder quelque chose à l'esprit	mente	It's a good idea – I'll keep it in mind.
141	mind	n	maɪnd	sich entschließen	se décider	decisione	I wish he'd hurry up and make up his mind.
141	mind	n	maɪnd	seine Meinung ändern	changer d'avis	idea	I was afraid that Liz would change her mind and take me back home.
141	mind	n	maɪnd	einem einfallen	venir à l'esprit	mente	It never crossed my mind that Lisa might be lying.
141	mind	n	maɪnd	sich auf etwas konzentrieren	garder à l'esprit	mente	He could hardly keep his mind on what she was saying.
141	mind	n	maɪnd	seine Meinung ausdrücken	parler franc	opinione	He was a tough politician who wasn't afraid to speak his mind.
141	mind	n	maɪnd	einem einfallen	venir à l'esprit	mente	I just used the first excuse which sprang to mind.
142	grumpy	adj	'grʌmpi	mürrisch	grincheux	scontroso	Mina's always a bit grumpy first thing in the morning.
142	intention	n	ɪn'tenʃən	gute Absichten	intention	intenzione	He thinks the minister is full of good intentions that won't be carried out.
142	resolution	n	ˌrezə'lu:ʃən	Vorsatz	résolution	risoluzione	I haven't made any New Year resolutions – I never stick to them anyway.
143	exception	n	ɪk'sepʃən	Ausnahme	exception	eccezione	It's been cold, but today's an exception.

Page	Headword	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
143	identical	adj	aɪ'dentɪkəl	identisch	identique	identico	Nutritionally, infant formulas are almost identical to breast milk.
143	simplify	v	'sɪmpləfaɪ	vereinfachen	simplifier	semplificare	The law needs to be simplified.