

## Speakout Upper Intermediate A-Z Wordlist English / German / French / Italian

Page	Headword	Part of speech	Pronunciation	German	French	Italian	Example Sentence
148	absence	n	'æbsəns	Abwesenheit	absence	assenza	Her boss wanted to speak to her about her frequent absences from work.
95	absolute	adj	'æbsəlu:t	aller- (z.B. letzte)	absolu	assoluto	There was absolute silence.
62	absurd	adj	əb'sɜ:d, -'zɜ:d	absurd	absurde	assurdo	an absurd situation
101	acacia	n	ə'keɪʃə	Akazie	robinier	acacia	
53	accent	n	'æksənt	Akzent	accent	accento	He's got a strong northern accent.
108	access	v	'ækses	zugreifen auf	accéder à	accedere a	software for accessing the Internet
97	accessible	adj	ək'sesəbəl	erreichbar	abordable	accessibile	The park is not accessible by road.
97	accomplish	v	ə'kʌmplɪʃ	erledigen	accomplir	accomodare	The new government has accomplished a great deal.
112	account	n	ə'kaʊnt	Bericht	compte-rendu	rapporto	She was able to give an account of the accident.
23	accountable	adj	ə'kaʊntəbəl	verantwortlich	responsable	responsabile	The government is accountable to the people.
148	accuracy	n	'ækjərəsi	Genauigkeit	précision	precisione	He passes the ball with amazing accuracy.
56	accuse	v	ə'kju:z	beschuldigen, anklagen	accuser	accusare	Are you accusing me of lying?
157	acoustic guitar	n	ə'ku:stɪk ɡɪ'tɑ:	Akustikgitarre	guitare acoustique	chitarra acustica	
108	activist	n	'æktɪvɪst	Aktivist	activiste	attivista	activist groups
30	admire	v	əd'maɪə	bewundern	admirer	ammirare	I always admired my mother for her courage and patience.
12	admit	v	əd'mɪt	zugeben	reconnaître, admettre	ammettere	The chairman of the company admitted that mistakes had been made.
117	adolescent	n	,ædə'lesənt	Heranwachsender	adolescent	adolescente	adolescent girls
49	adopted	adj	ə'dɒptəd, ə'dɒptɪd	adoptiert	adopté	adottato	their adopted daughter
87	adore	v	ə'dɔ:	verehen	adorer	adorare	Tim absolutely adores his older brother.
38	advance	v	əd'vɑ:ns	nach vorn bringen	avancer	apportare avanti	Their analysis does not really advance our understanding of the problem.
61	advertise	v	'ædvətɑɪz	Werbung treiben	faire de la publicité	fare pubblicità	a poster advertising sportswear
80	affectionately	adv	ə'fekʃən_ətli	liebepoll	affectueusement	affettuosamente	

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16	afresh	adv	ə'frefʃ	erneut	à nouveau	di nuovo	We decided to move to Sydney and start afresh.
68	age discrimination	n	eɪdʒ dɪ skrɪmən'eɪʃən	Altersdiskriminierung	âgisme	discriminazione del età	
162	agency	n	'eɪdʒənsi	Agentur	agence	agenzia	
11	ages	n	'eɪdʒɪz	eine Ewigkeit	une éternité	una eternità	It took my girlfriend ages to learn to drive.
81	aggressive	adj	ə'gresɪv	aggressiv	aggressif	aggressivo	an aggressive attitude
52	agitated	adj	'ædʒɪteɪtɪd	aufgewühlt	agité, inquiet	agitato	He was in an agitated state.
150	aim	v	eɪm	zielen	lancer sur	mirare a	We aim to finish by Friday.
80	air	v	eə	ausstrahlen	être diffusé	mettere in onda	Everyone will get a chance to air their views.
112	airlift	n	'eə,lɪft	Lufttransport	pont aérien	trasporto aereo	
48	alas	adv	ə'læs	leider	hélas	purtroppo	Donald, alas, died last year.
95	alert	adj	ə'lɜ:t	wach, aufmerksam	alerte	allerta	I knew that I had to remain wide awake and alert.
157	all or nothing	phr	ɔ:l ɔ: 'nʌθɪŋ	alles oder nichts	tout-ou-rien	o la va o la spacca/tutto o niente	
153	allergic	adj	ə'lɜ:dʒɪk	allergisch	allergique	allergico	
49	alongside	adv	ə,lɒŋ'saɪd	zusätzlich	à côté	daccanto	We parked alongside a white van.
58	alter	v	'ɔ:ltə	verändern	changer	cambiare	Her face hadn't altered much over the years.
120	alternative	adj	ɔ:l'ɜ:nətɪv	alternativ	alternatif	alternativo	The main road is blocked, so drivers should choose an alternative route.
163	amateur	n	'amətə, -tʃə, -tʃə, 'æmə'tɜ:	Amateur	amateur	amatore	It looked as if the building had been decorated by a bunch of amateurs.
62	ambitious	adj	æm'bɪʃəs	ehrgeizig	ambitieux	ambizioso	He is young and very ambitious.
163	amplification	n	,'æmplɪfɪ'keɪʃən	Verstärkung	amplification	amplificazione	
78	amusement park	n	ə'mju:zmənt pɑ:k	Vergnügungspark	parc d'attractions	lunapark, parco di divertimenti	
39	anagram	n	'ænəgræm	Anagramm	anagramme	anagramma	'Silent' is an anagram of 'listen'.
94	analyse	v	'ænəl-aɪz	analysieren	analyser	analizzare	We're trying to analyse what went wrong.
47	anecdote	n	'ænlkdəʊt	Anekdote	anecdote	aneddoto	The book is full of amusing anecdotes about his life in Japan.

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83	anonymous	adj	ə'nonɪməs	anonym	anonyme	anonimo	the anonymous author of a collection of poems
65	anticipate	v	æn'tɪsɪpeɪt	erwarten	s'attendre à	aspettare	We don't anticipate any problems.
76	antioxidant	n	ˌæntɪ'ɒksədənt, ˌæntɪ'ɒksɪdənt	Antioxidans	antioxydant	antiossidante	
11	anxious	adj	'æŋkjʊəs	ängstlich	trés inquiet	angosciato/pauroso	I'm quite anxious about my exams.
95	anxious	adj	'æŋkjʊəs	verängstigt	inquiet	angoscioso	I'm quite anxious about my exams.
12	appeal	n	ə'pi:l	Reiz	charme	fascino	I've never seen the appeal of camping.
85	appetite	n	'æpətəɪt	Appetit	appétit	appetito	I seem to have lost my appetite lately.
8	apply	v	ə'plɑɪ	anwenden	appliquer	applicare	New technology is being applied to almost every industrial process.
15	appreciate	v	ə'pri:ʃeɪt	zu schätzen wissen	apprécier	apprezzare	He did not fully appreciate the significance of signing the contract.
70	appreciate	v	ə'pri:ʃeɪt	wertschätzen	apprécier	apprezzare	He did not fully appreciate the significance of signing the contract.
155	apprehensive	adj	ˌæprɪ'hensɪv	ängstlich	craintif	apprensivo	We'd been a little apprehensive about their visit.
45	approach	v	ə'prəʊtʃ	sich nähern	s'approcher	avvicinare	Slowly, he approached the bed.
109	approximate	adj	ə'prɒksəmət	annähernd	approximatif	approssimativo	These figures are only approximate.
123	arch	n	ɑ:tʃ	Bogen	arc	arco	We walked under an arch into a small courtyard.
106	arson	n	'ɑ:sən	Brandstiftung	incendie criminel	incendio colposo	The school was destroyed in an arson attack.
153	arthritis	n	ɑ:'θraɪtɪs	Arthritis	arthrite	artrite	arthritic fingers
35	as the crow flies	phr	əz ðə krəʊ flaɪz	auf kürzestem Weg	à vol d'oiseau	nel modo più rapido	My house is ten miles from here as the crow flies.
68	aspect	n	'æspekt	Aspekt	aspect	aspetto	What's the most interesting aspect of your work?
47	aspiration	n	ˌæspə'reɪʃən	angestrebte Ziele	aspiration	aspirazione	the political aspirations of their leaders
98	assertive	adj	ə'sɜ:tɪv	bestimmt, durchsetzungsfähig	assuré	determinato	assertiveness training
94	assess	v	ə'ses	bewerten	juger	giudicare	a study to assess the impact of crime on people's lives

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119	association	n	əˌsəʊsi'eɪʃən, əˌsəʊʃi-	Assoziation, Verbindung	association	associazione	the Association of University Teachers
28	assumption	n	ə'sʌmpʃən	Annahme	supposition, idée	assunzione, supposizione	We're working on the assumption that prices will rise.
158	astonishment	n	ə'stɒnɪʃmənt	Erstaunen	étonnement	stupore	We all stared in astonishment.
119	astounding	adj	ə'staʊndɪŋ	erstaunlich	stupéfiant	sbalorditivo	an astounding success
108	ATM	n	ˌeɪ ti: 'em	Geldautomat	guichet automatique	bancomat	
94	attachment	n	ə'tætʃmənt	Anhang	pièce jointe	allegato	his strong attachment to his sister
38	attempt	n	ə'tempt	Versuch	tentative	tentativo	All attempts to resolve the problem have failed.
68	attend	v	ə'tend	besuchen	faire	visitare	More than 2,000 people are expected to attend the conference.
41	auburn	adj	'ɔ:bən	kastanienbraun	auburn	castano	
163	audition	v	ɔ: 'dɪʃən	Vorsprechen	audition	audizione	She's auditioning for Ophelia in 'Hamlet'.
84	authenticity	n	ˌɔ:θen'tɪsəti	Echtheit	authenticité	autenticità	Archaeological evidence may help to establish the authenticity of the statue.
47	author	n	'ɔ:θə	Autor	auteur	autore	a well-known American author
88	autocue	n	'ɔ:t əv kju:	Teleprompter	prompteur	gobbo	
57	automobile	n	'ɔ:təməbi:l	Automobil	automobile	automobile	the automobile industry
9	available	adj	ə'veɪləbəl	verfügbar	disponible	disponibile	Tickets are available from the box office.
46	avid	adj	'ævrɪd	begeistert, passioniert	passionné	passionato	an avid reader of romantic novels
12	award	v	ə'wɔ:d	verleihen	décerner, attribuer	assegnare, attribuire	I award the hotel a ten out of ten for great service.
22	awareness	n	ə'weənəs, ə'weənɪs	Wahrnehmung	conscience	percezione	Health officials have tried to raise awareness (=improve people's knowledge) about AIDS.
125	awe-inspiring	adj	'ɔ:rɪn ˌspaɪ_ərɪŋ	ehrfurchtgebietend	impressionant	impressionante	an awe-inspiring achievement
116	awesome	adj	'ɔ:səm	furchterregend; phantastisch	redoutable; génial	terribile	an awesome responsibility
11	awkward	adj	'ɔ:kwəd	unbehaglich	géné	sconfortevole	I hope he won't ask any awkward questions.
119	backing track	n	'bækɪŋ træk	Playback	track d'accompagnement	playback	
86	bacteria	n	bæk'tɪəriə	Bakterien	bactéries	batterio	a bacterial infection

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8	badge	n	bædʒ	Anstecker	badge	spilletta	Do you have to wear a name badge at work?
86	bait	n	beɪt	Verlockung	tentation	tentazione	We used worms as bait.
81	ballroom	n	'bɔ:lru:m, -ru:m	Ballsaal	salle de danse	sala di balla	
82	ban	v	bæn	verboten	interdire	proibito	Smoking is banned inside the building.
9	band	n	bænd	Band	groupe	gruppo	Her boyfriend was in a heavy metal band.
45	bare	adj	beə	karg	austère	parco	children running around in bare feet
101	barefoot	adj	'beəfʊt	barfuß	nu-pieds	scalzo, a piedi nudi	walking barefoot in the sand
35	barren	adj	'bærən	karg	aride	gretto/ avaro	Thousands of years ago the surface was barren desert.
157	bass guitar	n	,beɪs ɡɪ'tɑ:	Bassgitarre	guitare basse	chitarra di bass	
150	batch	n	bætʃ	Satz, Bündel, Stapel	lot, tas, groupe	pila	She had just baked another batch of cookies.
35	battlefield	n	'bætlfi:ld	Schlachtfeld	champ de bataille	campo di battaglia	Education has become a political battleground.
112	be in charge	v phr	bi ɪn tʃɑ:dʒ	verantwortlich sein	être responsable	essere responsabile	Who's in charge?
107	be taken in	phr v	bi 'teɪkən ɪn	getäuscht werden	être dupe	essere imbrogliato	Don't be taken in by products claiming to help you lose weight in a week.takeproductclaim
15	bear with	phr v	beə wɪð	sich gedulden	prendre patience	avere pazienza	Can you help me with the shopping?' 'Bear with me a minute, I'm on the phone!'
150	beat	v	bi:t	schlagen, besiegen	battre, vaincre	battere	Spain beat Italy 3-1.
86	befriend	v	bi'frend	sich anfreunden mit	devenir ami	amicarsi	They befriended me when I first arrived in London as a student.
11	behave	v	bi'heɪv	verhalten	se comporter	comportarsi	He's been behaving very strangely recently.
44	bend down	phr v	bend daʊn	sich bücken	se pencher	abbassarsi	
112	beneath	prep	bi'ni:θ	unterhalb	au-dessous de	al di sotto di	the warm sand beneath her feet
58	beneficial	adj	,benɪ'fɪjəl	vorteilhaft	bénéfique	vantaggioso	
125	beneficial	adj	,benɪ'fɪjəl	wohltuend, einen positiven Effekt haben	bénéfique	benefico	The agreement will be beneficial to both groups.

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	benefit	v	'benəfɪt	profitieren	bénéficier	approfittare	The new policy changes mainly benefit small companies.
110	bent	adj	bent	gebogen	courbé	storto, curvo	a bent nail
47	bet	v	bet	wetten	parier	scommettere	I bet him £5 that he wouldn't win.
94	betray	v	bɪ'treɪ	verraten	trahir	tradire	Her husband had betrayed her by lying to her.
86	biased	adj	'baɪəst	voreingenommen, parteiisch	partial	prevenuto	The referee was definitely biased!
97	bide your time	idiom	bɑɪd jɔ: taɪm	den rechten Augenblick abwarten	attendre le bon moment	aspettare il momento opportuno	
50	biography	n	bai'ɒgrəfi	Biographie	biographie	biografia	Boswell's biography of Dr. Johnson
56	biological	adj	,baɪə'lɒdʒɪkəl	biologisch	biologique	biologico	a biological process
163	black market	n	blæk 'mɑ:kɪt	Schwarzmarkt	marché noir	mercato nero	drugs that were only available on the black market
108	blame	v	bleɪm	beschuldigen	reprocher qc à	incolpare	
158	blank	adj	blæŋk	weiß	blanc	bianco	a blank cassette
22	blanket	n	'blæŋkɪt	Decke	couverture	coperta	If you get cold during the night, there are extra blankets in the wardrobe.
113	blanket	n	'blæŋkɪt	Decke	couverture	coperta	The hills were covered with a blanket of snow.
117	bleak	adj	bli:k	düster	sombre, sinistre	atro, tetro	Without a job, the future seemed bleak.
76	bloated	adj	'bləʊtɪd	aufgebläht	ballonné	gonfiato	I feel bloated after that meal.
33	blow	v phr	bləʊ jə nəʊz	putzen	se moucher	pulire	He blew his nose on a paper tissue.
88	blunder	n	'blʌndə	Patzer	bourde	gaffe	a political blunder
25	blur	v	blɜ:	unkenntlich machen	brouiller	rendere qn/qc irrecognoscibile	His writing blurred beneath her tired eyes.
153	blurry	adj	'blɜ:ri	verschwommen	flou	vago	a few blurry photos of their holiday
156	boast	v	bəʊst	prahlen	se vanter de	vantarsi	
122	bohemian	adj	bəʊ'hi:mɪən, bə-	Bohème-	bohémien	bohémien	bohemian cafés frequented by artists, musicians, and actors
86	bold	adj	bəʊld	fett	gras	grasso	a bold and imaginative plan
117	bond	n	bɒnd	Verbundenheit	lien	unione	the bond between a mother and child
101	bonfire	n	'bɒnfɪə	Lagerfeuer	feu de jardin	falò, fuoco da campo	
12	bonnet	n	'bɒnɪt	Kühlerhaube	capot	cofano	I'll need to check under the bonnet.

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156	bonnet	n	'bɒnɪt	Kühlerhaube	capot	cuffia	I'll need to check under the bonnet.
56	boom	v	bu:m	blühen, im Aufschwung sein	être en plein essor	boom	a booming economy
156	boot	n	bu:t	Kofferraum	coffre	cofano	She wore high-heeled boots.
125	botanical	adj	bə'tænikəl	botanisch	botanique	botanico	
150	bounce	v	baʊns	aufspringen lassen	faire rebondir	far rimbalzare	The ball bounced off the post and into the goal.
119	boundary	n	'baʊndəri	Grenze	frontière	frontiera	The Ohio River forms a natural boundary between Ohio and Kentucky.
150	bowl	v	bəʊl	rollen, werfen	faire rouler, lancer	lanciare	When Ian met Sue, he was completely bowled over.
62	brainstorming	n	'breɪnstɔ:mɪŋ	Brainstorming	brainstorming	brainstorming	a brainstorming session to come up with slogans for new products
61	brand	n	brænd	Marke	marque	marca	a new brand of soap
61	brand loyalty	n	brænd 'lɔɪəlti	Markentreue	fidélité à une marque	fedeltà alla marca	There's no brand loyalty in car tyres - consumers just buy on price.
123	breadth	n	bredθ, bretθ	Breite	largeur	larghezza	No one could equal Dr Brenninger's breadth of knowledge.
82	break down	phr v	breɪk daʊn	scheitern	être rompu	fallire	My car broke down on the way to work.
152	break into	phr v	breɪk 'ɪntə	eindringen	faire une percée (dans le marché)	irrompere	
58	breakdown	n	'breɪkdaʊn	Zusammenbruch	rupture	collasso	He moved away after the breakdown of his marriage.
154	breaking news	n	'breɪk ɪŋ nju:z	Eilmeldung	dernière nouvelle	dare la notizia a	
58	breakthrough	n	'breɪkθru:	Durchbruch	percée	sfondamento	Police have made a breakthrough in their hunt for the killers.
118	breathless	adj	'breθləs	atemlos	extasié	sfiatato	They waited, breathless with anticipation.
125	breathtaking	adj	'breθ'teɪkɪŋ	atemberaubend	stupéfiant	stupendo	a breathtaking view
106	bribery	n	'braɪbəri	Bestechung	corruption	corruzione	We tried everything – persuasion, bribery, threats.
95	bright and breezy	adj	braɪt ənd 'bri:zi	frisch und fröhlich	enjoué	vivace ed allegro, contento	
62	brilliant	adj	'brɪljənt	brilliant	brillant	brillante	brilliant sunshine
116	brilliant	adj	'brɪljənt	brillant	brillant	brillante	brilliant sunshine

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82	bring out	phr v	briŋ aʊt	herausbringen	sortir	lanciare	
49	bring up	phr v	briŋ ʌp	großziehen	élever	crescere	
86	broadsheet	n	'brɔ:dʃi:t	Großformat	grand format	formato grande	
20	bucket	n	'bʌkɪt	Eimer	seau	secchia	I need to buy a new bucket - there's a hole in this one!
8	buddy up	phr v	'bʌdi ʌp	ein Zimmer teilen	partager une pièce	condividere una camera	We can't afford to stay in separate hotel rooms, so we'll have to buddy up.
153	bug	n	bʌg	Virus	virus	virus	There's a nasty bug going round (=which a lot of people have caught).
152	built-in	adj	'bɪlt 'ɪn	integriert	incorporé, intégré	integrato	built-in cupboards
109	bullet-point	n	'bʊlɪt pɔɪnt	Stichpunkte	puce	appunti	
117	bully	v	'bʊli	Tyrann	tyran	tiranno	He had bullied his wife into giving up her career.
109	bump into	phr v	bʌmp 'ɪntə	anrempeIn	se cogner contre	urtare	
150	bunch	n	bʌntʃ	Bündel, Bund, Haufen, Büschel	régime, bouquet, botte, bande	coacervo, mazzetto, gruppo	a bunch of grapes
30	burglary	n	'bɜ:gləri	Einbruch	cambriolage	irruzione	Burglaries have risen by 5%.
20	burst with	phr v	bɜ:st wɪð	platzen vor	déborder d'énergie	crepare di	Our new puppy is absolutely <i>bursting</i> with energy!
35	buzzword	n	'bʌzwɜ:d	Modewort	mot en vogue	parola di moda	the latest management buzzwords
76	calorie	n	'kæləri	Kalorie	calorie	caloria	An average potato has about 90 calories.
152	camcorder	n	'kæm,kɔ:də	Camcorder	caméscope	camcorder	
21	campaign	n	kæm'peɪn	Kampagne	campagne	campagna	Have you been following the American election campaigns?
16	campus	n	'kæmpəs	Campus	campus	campus	Most first-year students live on campus.
152	cancel	v	'kænsəl	absagen	annuler	cancellare, annullare	I had to cancel my trip to Rome.
12	can't bear	phr v	ka:nt beə	nicht ertragen können	ne pas supporter	non potere sopportare	I can't bear it when my son plays rap music in the car!
6	can't stand	phr v	ka:nt stænd	mag nicht	ne pas supporter	non vuole/non ha voglia	I can't stand it when people interrupt me when I'm speaking.
96	capable	adj	'keɪpəbəl	fähig	capable	capace	Do you think he's capable of murder?
56	carbon dioxide	n	'kɑ:bən daɪ'ɒksaɪd	Kohlendioxid	dioxyde de carbone	diossidio di carbonio	



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56	carbon footprint	n	'kɑ:bən 'fʊt'prɪnt	CO2-Bilanz	empreinte carbone	orma carbonica	There are lots of ways you can reduce your carbon footprint.
56	carefree	adj	'keəfri:	unbeschwert	insouciant	spensierato	a carefree childhood
93	cash in	phr v	kæʃɪn	sich auszahlen lassen	tirer profit de	trarre profitto da	
94	cashier	n	kæʃɪə	Kassierer	caissier	cassiere	
57	cast	v	kɑ:st	abgeben	donner ; ici: voter	votare	Who was cast as Harry Potter?
155	catch somebody's eye	idiom	kætʃ sʌmbɒdiz aɪ	jemandes Blick auf sich ziehen	attirer le regard de qn	attirare gli sguardi di qn	
97	catch up	phr v	kætʃ ʌp	jmd. einholen	rattraper	raggiungere	
148	cautious	adj	'kɔ:ʃəs	vorsichtig, zurückhaltend	prudent, réservé	cauto, prudente	Becky's become a very cautious driver since her accident.
119	cave	n	keɪv	Höhle	grotte, rupestre (peinture)	covo, grotta	
23	CCTV	n	,si: si: ti: 'vi:	Videoüberwachung	télévision en circuit fermé.	videosorveglianza	They've just installed CCTV cameras on my street.
157	cello	n	'tʃeləʊ	Cello	violoncelle	violoncello	
14	certified	adj	'se:ɪfəɪd	zertifiziert	certifié	certificato	My uncle's a certified karate instructor.
94	change	n	tʃeɪndʒ	Rückgeld	monnaie	spiccioli	recent changes in the law
14	charge	n	tʃɑ:dʒ	Kosten	frais	costi, spese	Every time you go over your credit card limit there will be a charge of £2.50.
108	charge	v	tʃɑ:dʒ	anklagen	accuser	accusare	
118	cheat	n	tʃi:t	Betrüger	tricheur	truffatore	His addiction has turned him into a cheat and a liar.
80	check out	phr v	tʃek aʊt	ansehen	regarder	guardare	
155	cheerful	adj	'tʃɪəfəl	fröhlich	joyeux	allegro	He is feeling more cheerful than before.
56	chemical	n	'kemɪkəl	Chemikalie	produit chimique	sostanza chimica	the disposal of toxic chemicals
16	chill out	phr v	tʃɪl aʊt	sich beruhigen	se relaxer, se détendre	calmarsi, rilassarsi	I listen to classical music to chill out.
116	chilling	adj	'tʃɪlɪŋ	schaurig	effrayant	orribile	the chilling sound of wolves howling
64	choir	n	kwæə	Chor	choeur	coro	Susan sings in the school choir.
56	cholesterol	n	kə'lestərol	Cholesterin	cholestérol	colesterolo	
64	chorister	n	'kɔ:rɪstə	Chorsänger	choriste	corista	
116	circuit	n	'sɜ:kɪt	Rundgang	circuit	giro	an electrical circuit
86	circulation	n	,sɜ:kjə'leɪʃən	Auflage	tirage	tiratura	Exercise can improve the circulation.

Page	Headword	Part of speech	Pronunciation	German	French	Italian	Example Sentence
23	citizen	n	'sɪtɪzən	Bürger	citoyen	cittadino	The mayor urged citizens to begin preparing for a major storm.
109	claim	v	kleɪm	behaupten	prétendre à	affermare	Evans claimed that someone tried to murder him.
39	clarify	v	'klærɪfaɪ	klären	clarifier	chiarire	I need you to clarify a few points.
157	clarinet	n	ˌklærə'net	Klarinette	clarinette	clarinetto	
100	classify	v	'klæsɪfaɪ	klassifizieren	classer	classificare	Whales are classified as mammals.
33	clean up	phr v	kli:n ʌp 'ɑ:fθə dʒ:'self	aufräumen	nettoyer	mettere a posto	
108	clear	v	kleə	rehabilitieren	dédouaner	riabilitare	
97	clear off	phr v	klɪə ɒf	freiräumen	débarrasser	sgomberare	Clear off and leave me alone!
95	clear-headed	adj	ˌklɪə 'hed ɪd	klar denkend	lucide	a mente lucida	
52	clergyman	n	'klɜ:dʒɪmən	angelsächsischer Pastor, Geistlicher	clergyman	clergyman, pastore	
10	click	v	klɪk	sich sofort verstehen	sympathiser du premier coup	simpatizzare subito	The first time I met my brother-in-law, we clicked instantly.
51	clipping	n	'klɪpɪŋ	Ausschnitt	coupure de presse	ritaglio di giornale	
37	cloth	n	klɒθ	Stoff	tissu	tessuto	a coat made of thick woollen cloth
51	clue	n	klu:	Hinweis	indice	indizio	The police are still searching for clues.
35	coast	prep phr	ɒf ðə kəʊst əv	Küste	côte	costa	
153	coincide	v	ˌkəʊsən'saɪd	zeitlich zusammentreffen	coïncider	coincidere	The show was timed to coincide with the launch of the book.
61	cold call	v	kəʊld kɔ:l	Kaltakquise	prospection téléphonique	acquisizione al telefono	
98	collaborative	adj	kə'læbərətɪv	kooperativ	coopératif	cooperativo	
54	collapse	v	kə'læps	einstürzen	s'effondrer	collassare	Many buildings collapsed during the earthquake.
156	collide	v	kə'lɑɪd	kollidieren, zusammenprallen	heurter	collidere	
86	columnist	n	'kɒləmɪst, -ləmnɪst	Leitartikelschreiber	éditorialiste	editorialista	
62	combine	v	kəm'baɪn	kombinieren	combiner	combinare	Combine the flour with the milk and eggs.
82	come across	phr v	kʌm ə'krɒs	über den Weg laufen	tomber sur	imbattersi in	I came across an old diary in her desk.
101	come down	phr v	kʌm daʊn	weitervererben	léguer	trasmettere ereditariamente	Wait until prices come down before you buy.

Page	Headword	Part of speech	Pronunciation	German	French	Italian	Example Sentence
68	come of age	v phr	kʌm əv eɪdʒ	volljährig werden	devenir majeur	raggiungere la maggiore età	When he comes of age, we'll have a special celebration.
81	come under fire	v phr	kʌm 'ʌndə faɪə	unter Beschuss geraten	être vivement critiqué	essere sotto tiro	
53	come up	phr v	kʌm ʌp	zukommen auf	aborder	avvicinarsi	
92	come upon	phr v	kʌm ə 'pɒn	stoßen auf	tomber sur	incappare	
119	comedian	n	kə 'mi:diən	Komiker	comique	comico	He started as a stand-up comedian (=someone who tells jokes to an audience).
13	comment	v	'kɒment	kommentieren	commenter	commentare	He refused to comment on the rumour.
61	commercial	n	kə 'mɜ:ʃəl	Werbespot	annonce publicitaire	spot pubblicitario	TV commercials
163	commodity	n	kə 'mɒdəti	Ware	article, produit	merce, articolo	agricultural commodities
86	commuter	n	kə 'mju:tə	Pendler	navetteur	pendolare	The train was packed with commuters.
29	companionship	n	kəm 'pænjənʃɪp	Gesellschaft	compagnie	compagnia	She joined the club for companionship.
118	companionship	n	kəm 'pænjənʃɪp	Gemeinschaft	communauté	comunità	She joined the club for companionship.
16	comparative	adj	kəm 'pærətɪv	vergleichende	comparatif, comparative	comparativo	We have to write a comparative essay about the two books.
94	compare	v	kəm 'peə	vergleichen	comparer	comparare	We went to different shops to compare prices.
	complicated	adj	'kɒmplɪkeɪtɪd	kompliziert	compliqué	complicato	The instructions are much too complicated.
32	compliment	v	'kɒmplɪmənt	ein Kompliment machen	complimenter, faire des compliments	fare dei complimenti	
163	composition	n	'kɒmpə 'zɪʃən	Komposition	composition	composizione	the chemical composition of soil
47	compromise	v	'kɒmprəmaɪz	kompromittieren, aufs Spiel setzen	compromettre	compromettere	President Obama has said that he would be ready to compromise.
107	con	n	kɒn	Schwindel	escroquerie	trucco	The website says they're offering free holidays, but it's all a big con.
107	con artist	n	kɒn 'ɑ:tɪst	Hochstapler	arnaqueur	impostore	
156	conceal	v	kən 'si:l	verbergen	dissimuler	nascondere	
29	concept	n	'kɒnsept	Konzept	concept	concetto	the concept of freedom for all
34	conclude	v phr	kən 'klu:d	schlussfolgern, zusammenfassen	conclure, terminer	concludere	
37	concrete	n	'kɒŋkri:t	Beton	béton	calcestruzzo	

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156	condemn	v	kən'dem	verurteilen	condamner	condannare	
18	confirmation	n	ˌkɒnfə'meɪʃən	Bestätigung	confirmation	conferma	Can you send me an email for confirmation of our agreement.
70	conflict	n	'kɒnflɪkt	Konflikt	conflit	conflitto	the conflict in Afghanistan
73	conform	v	kən'fɔ:m	anpassen	conformer	conformare	There's always pressure on children to conform.
98	confrontational	adj	ˌkɒnfrən'teɪʃənəl	provokativ	provocateur	provocatore	a confrontational style of management
104	consequence	n	'kɒnsəkwəns	Konsequenz	conséquence	conseguenza	the environmental consequences of road building
12	construct	v	kən'strʌkt	aufbauen	construire	costruire	The Empire State Building was constructed in 1931.
28	consumerism	n	kən'sju:məɪzəm	Konsumismus	consumérisme	consumismo	the power of consumerism today
56	consumption	n	kən'sʌmpʃən	Verzehr	consommation	consumazione	the need to reduce petrol consumption
37	content	n	'kɒntent	Inhalt	contenu	contenuto	Suzy looked through the contents of her handbag.
69	content	adj	kən'tent	zufrieden	content	contento	She seems content with her life.
52	contented	adj	kən'tentɪd	zufrieden	content	contento	a contented smile
108	contract	n	'kɒntrækt	Vertrag	contrat	contratto	Read the contract carefully before you sign it.
109	contract	v	kən'trækt	verkürzen	contracte	abbreviare	
34	contrast	prep phr	'kɒntrɑ:st	Gegensatz	contraste	comntrario, contrasto	
34	contribute	v	kən'trɪbjʊ:t	beitragen	contribuer	contribuire	Everyone was expected to contribute £2.
153	contribution	n	ˌkɒntrə'bjʊ:ʃən	Beitrag	contribution	contribuzione	Einstein's enormous contribution to science
10	convey	v	kən'veɪ	vermitteln	exprimer	comunicare, far sapere	What does this poem convey?
26	convince	v	kən'vɪns	überzeugen	convaincre	convincere	Her arguments didn't convince me.
118	convinced	adj	kən'vɪnst	überzeugt	convaincu	convinto	You don't sound convinced.
25	coordinate	n	kəʊ'ɔ:dənət	Koordinate	coordonnée	coordinata	Matching bag and accessories provide a complete ensemble of colour coordinates.
112	coordinate	v	kəʊ'ɔ:dənɪt	koordinieren	coordonner	coordinare	We need to coordinate our efforts.
46	cord	n	kɔ:d	Seil	corde	corda	The robe was held at the waist by a cord.
20	corridor	n	'kɒrədɔ:	Korridor	couloir	corridoio	Please wait in the corridor.

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26	cosmetic surgery	n	kɒz'metɪk 'sɜ:dʒəri	Schönheitsoperation	chirurgie esthétique	operazione di chirurgia estetica	
155	cost an arm and a leg	idiom	kɒst ən ɑ:m ənd ə leg	das letzte Hemd kosten	coûter les yeux de la tête	costare un occhio della testa	
80	costume drama	n	'kɒstjəm 'drɑ:mə	Kostümfilm	film en costumes	film in costume	
25	council	n	'ləʊkəl 'kaʊnsəl	Rat	conseil	consiglio	
106	counterfeiting	n	'kaʊntə'fɪtɪŋ	Fälschung	contrefaçon	contraffazione	
56	counterpart	n	'kaʊntəpɑ:t	Gegenstück	équivalent	equivalente	Belgian officials are discussing the matter with their French counterparts.
105	court	n	kɔ:t	Gericht	cour, tribunal	tribunale	
56	courtesy	n	'kɜ:təsi	großzügig zur Verfügung gestellt	grâce à la générosité de	generosamente a disposizione	She didn't even have the courtesy to apologize.
111	crash into	phr v	kræʃ 'ɪntə	fahren gegen, prallen auf	foncer, rentrer dans	investire	
151	crawl	v	kro:l	kriechen, Schrittempo fahren	rouler au pas	strisciare, andare a passo d'uomo	The baby is just learning to crawl.
124	credible	adj	'kredəbəl	glaubwürdig	crédible	credibile	a credible witness
151	creep	v	kri:p	schleichen, heranschleichen	s'approcher à pas de loup	avvicinarsi di soppiatto	She crept down the stairs in the dark.
116	creepy	adj	'kri:pi	unheimlich	inquiétant, qui donne de la chair de poule		a creepy movie
53	crew	n	kru:	Mannschaft, Besatzung	équipe	equipaggio	an ambulance crew
112	crew	n	kru:	Besatzung	équipage	equipaggio	an ambulance crew
95	cringe	v	krɪndʒ	zusammenzucken	avoir un mouvement de recul	rannicchiarsi	It makes me cringe when I think how stupid I was.
159	critical	adj	'krɪtɪkəl	entscheidend	crucial	cruciale	Economists are critical of the plans.
62	criticise	v	'krɪtɪsaɪz	kritisieren	critiquer	criticare	Ron does nothing but criticize and complain all the time.
155	cross	adj	krɒs	verärgert	fâché	arrabbiato	Are you cross with me?
126	crown	v	kraʊn	Krone	couronne	corona	She was crowned queen 50 years ago.
76	crucial	adj	'kru:ʃəl	entscheidend, wesentlich	crucial	cruciale, decisivo	Money is crucial to the aid program.
118	cruelty	n	'kru:əlti	Grausamkeit	cruauté	crudeltà	cruelty to animals
30	current	adj	'kʌrənt	aktuell	actuel	attuale	her current boyfriend
80	current affairs	n	'kʌrənt ə 'feəz 'prəʊgræm	aktuelle Nachrichten	actualité	attualità	

Page	Headword	Part of speech	Pronunciation	German	French	Italian	Example Sentence
125	curve	n	kɜ:v	Kurve	courbe	curva	a sharp curve in the road
97	cut something short	idiom	kʌt 'sʌmθɪŋ ʃɔ:t	verkürzen	abrégér	accorciare	The band had to cut short its concert tour.
72	cynical	adj	'sɪnɪkəl	zynisch	cynique	cinico	The public is cynical about election promises.
52	dairymaid	n	'deərɪmeɪd	Milchmädchen	laitière	lattaia	
58	damage	v	'dæmɪdʒ	schaden, beschädigen	nuire à	danneggiare	The house has been badly damaged by fire.
48	dash	v	dæʃ	flitzen, rennen	se précipiter	guizzare, correre	She dashed into the room.
96	dawn	n	dɔ:n	Sonnenuntergang	aube	tramonto	We were up at dawn.
14	deal	n	di:l	Angebot, Abmachung	offre	offerta	There's a two-for-one deal on pizzas at our local Italian restaurant this week.
39	deal out	phr v	di:l aʊt	austeilen, einteilen	distribuer, remettre	distribuire, ripartire	
104	Death Row	n	,deθ 'rəʊ	Todestraft	couloir de la mort	braccio della morte	Troy is on death row.
22	debt	n	det	Schulden	dettes	debiti	She's in a lot of debt to the bank.
56	debut	n	'deɪbjʊ:, 'deb-	Debüt	débuts	debutto	He made his debut for Wales in 98.
107	deceive	v	dɪ'si:v	täuschen	tromper	ingannare	I was completely deceived.
148	decency	n	'di:sənsɪ	Anstand	politesse, sens moral	decenza	At least he had the decency to apologise.
9	decent	adj	'di:sənt	anständig	convenable	decente	I earn a decent salary.
28	decline	v	dɪ'klaɪn	abnehmen	décliner	dimagrire	Coffee production declined.
22	decrease	v	dɪ'kri:s	Rückgang	diminution	decrescenza	Crime in urban areas decreased by 30% last year.
124	deface	v	dɪ'feɪs	entstellen	abîmer	deturpare	the vandals who defaced the statue
150	defeat	v	dɪ'fi:t	besiegen	vaincre	vincere	In the last match, Venus Williams defeated her sister 6–3, 6–4.
119	definitive	adj	dɪ'fɪnətɪv	endgültig	définitif	definitivo	the definitive guide to wine
76	defy	v	dɪ'faɪ	sich hinwegsetzen über	défier	non tener conto di	people who openly defy the law
153	dehydrated	adj	,di:'haɪ'dreɪtɪd	dehydriert	déshydraté	disidratato	
46	dejectedly	adv	dɪ'dʒektɪdli	niedergeschlagen, entmutigt	découragé	disanimato	
60	delete	v	dɪ'li:t	löschen	supprimer, effacer	cancellare	The data has been deleted from the file.
155	delighted	adj	dɪ'laɪtɪd	erfreut	ravi	rallegrato	Yoko will be delighted to see you.
106	demand	n	dɪ'mɑ:nd	Forderung	rançonner	richiesta	There's a great demand for new housing.
148	democracy	n	dɪ'mɒkrəsi	Demokratie	démocratie	democrazia	Is your country a democracy?

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152	demonstrate	v	'dɛmɒnstreɪt	vorführen	faire une démonstration	presentare	The accident demonstrated the importance of wearing seat belts.
35	densely	v phr	'dɛntslɪ 'pɒpjʊ:,leɪtrɪd	dicht	très (peuplé)	denso	
84	deny	v	dɪ'naɪ	leugnen	nier	negare	In court they denied all the charges.
14	deposit	n	dɪ'pɒzɪt	Anzahlung	versement initial	acconto	We put down a deposit on the house.
108	deposit	n	dɪ'pɒzɪt	Anzahlung	acompte	acconto	We put down a deposit on the house.
123	depth	n	depθ	Tiefe	profondeur	profondità	The lake has an average depth of six to eight metres.
92	descent	n	dɪ'sɛnt	Abstieg	descente	discesa	The plane began its descent.
22	desert	n	'dezət	Wüste	désert	deserto	What's the biggest desert on Earth?
85	deserve	v	dɪ'zɜ:v	verdienen	mériter	meritare	After all that work you deserve a break.
28	designer label	n	dɪ'zaɪnə 'leɪbəl	Designermarke	griffe	marchio griffato	a designer label such as Chanel
72	despair	n	dɪ'spiə	Verzweiflung	désespoir	disperazione	
95	despise	v	dɪ'spaɪz	verachten	mépriser	disprezzare	
13	details	n	'di:teɪəlz	Angaben	informations	informazioni, dati	Never give your credit card details to anyone over the telephone.
152	detergent	n	dɪ'tɜ:dʒənt	Waschmittel	détergent	detersivo	
23	deterrent	n	dɪ'terənt	Abschreckung	moyen de dissuasion	deterrenza	The new law should be an effective deterrent to car thieves.
58	detrimental	adj	'detrə'mentiəl	nachteilig	nuisible	svantaggioso	
56	devastating	adj	'devəsteɪtɪŋ	verheerend	dévastateur	disastroso	Chemical pollution has had a devastating effect on the environment.
56	devote	v	dɪ'vəʊt	sich widmen	se consacrer	dedicare	She devoted most of her spare time to tennis.
50	diagram	n	'daɪəgræm	Zeichnung, Diagramm	schéma	diagramma, grafico	a diagram of a car engine
152	dictaphone	n	'dɪktəfəʊn	Diktiergerät	dictaphone	dittafono	
65	differentiate	v	'dɪfə'renʃieɪt	unterscheiden von	différencier	differenziare	It's important to differentiate between fact and opinion.
96	digest	v	daɪ'dʒɛst, də-	verdauen	digérer	digerire	Babies can't digest the food that adults eat.
34	digital	adj	'dɪdʒətɪl	digital	digital	digitale	a digital clock
28	diminish	v	də'mɪnɪʃ	verringern	diminuer	diminuire	The country's political influence has diminished recently.

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96	dip	v	dɪp	fallen	tomber	cadere	Janet dipped her feet into the water.
14	diploma	n	də'plʊmə	Diplom	diplôme	diploma	We can't give him the job because he hasn't got a teaching diploma.
98	diplomatic	adj	,dɪplə'mætɪk	diplomatisch	diplomate, diplomatique	diplomatico	The U.S. wants to establish diplomatic relations with China.
13	disappointed	adj	,dɪsə'pɔɪntɪd	enttäuscht	déçu	deluso	When my parents told me Santa didn't exist, I was really disappointed.
54	disastrous	adj	dɪ'zɑ:stɹəs	katastrophal	catastrophique	catastrofale	Climate change could have disastrous effects on Earth.
92	discharge	v	dɪs'tʃɑ:dʒ	entlassen	renvoi au foyer	dimettere	Blanton was discharged from hospital last night.
14	discount	n	'dɪskaʊnt	Preisnachlass	remise	sconto	Members get a 10% discount when they present their membership card.
58	disease	n	dɪ'zi:z	Krankheiten	maladies	malattie	She suffers from a rare disease of the blood.
95	disgusted	adj	dɪs'gʌstɪd, dɪz-	angewidert	dégoûté	disgustato	We felt disgusted by the way we'd been treated.
152	dishwasher	n	'dɪʃ,wɒʃə	Geschirrspüler	lave-vaisselle	lavapiatti	
155	disorientated	adj	dɪs'ɔ:riɛnt,teɪtɪd	orientierungslos	désorienté	disorientato	
163	disposable	adj	dɪ'spəʊzəbəl	zum Wegwerfen	jetable	usa e getta	disposable nappies
153	disposal	n	dɪ'spəʊzəl	Beseitigung, Verkauf	élimination, vente	eliminazione	the disposal of radioactive waste
110	distinguishing	adj	dɪ'strɪŋ'ɡwɪʃɪŋ	unverwechselbar	distinctif	distintivo	
58	distort	v	dɪ'stɔ:t	verzerrern	déformer	distorcere	Tall buildings can distort radio signals.
107	distract	v	dɪ'strækt	verwirren	divertir, perturber	fare confusione, turbare	Don't distract me while I'm driving!
72	distrustful	adj	(,)dɪs'trʌstfəl	argwöhnisch, misstrauisch	incrédule, défiant, méfiant	diffidente	
48	ditch	v	dɪtʃ	sich einer Sache entledigen	laisser tomber, abandonner	sbarazzarsi di qc	The government quickly ditched the plan.
107	divert	v	dai'vɜ:t	ablenken	divertir	deviare	
88	division	n	də'vɪʒən	Abteilung	division	divisione	the division of words into syllables
10	divorced	adj	də'vɔ:st, dɪ'vɔ:st	geschieden	divorcé	divorziato	Her parents have been divorced for as long as I can remember.
153	dizzy	adj	'dɪzi	schwindlig	vertigineux	vertiginoso	She felt dizzy when she stood up.
80	docudrama	n	'dɒkjʊ'drɑ:mə	Dokudrama	docudrame	docudramma	



Page	Headword	Part of speech	Pronunciation	German	French	Italian	Example Sentence
25	document	n	'dɒkjəmənt	Dokument	document	documento	a legal document
40	dog sledding	n	dɒg 'sled ɪŋ	Hundeschlitten fahren	randonnée en traîneau à chien(s)	andare in una slitta di cane	
22	domestic	adj	də 'mestɪk	heimisch	familial	domestico	Police are investigating a serious case of domestic violence in which a young woman was hospitalised last night.
20	donation	n	dəʊ 'neɪʃən	Spende	don	donazione	Please make a donation to the hospital fund.
44	doom	v	du:m	Tod, Untergang	mort	morte	We are all doomed to die.
89	door knob	n	dɔ: nɒb	Türknauf	poignée de porte	pomello della porta	
39	double-click	v	ˌdʌb əl 'kɪk	zweimal klicken	cliquer deux fois	cliccare due volte	Just double-click on the Add Printer icon and the installation software takes you through the process.
56	doubtless	adj	'daʊtləs	sicherlich	certainement	certamente	There will doubtless be someone at the party that you know.
58	downside	n	'daʊnsaɪd	Nachteil	inconvéient	svantaggio	The downside of the plan is the cost.
31	downtime	n	'daʊntaɪm	Auszeit	temps mort	pausa	Often, during semesters, you have down time when you can do some exercise.
9	down-to-earth	adj	daʊn tu: ɜ:θ	unkompliziert	pragmatique	semplice	Fran's a friendly, down-to-earth person.
73	downturn	n	'daʊntɜ:n	Abschwung	baisse	recessione	a downturn in the economy
97	drag your feet	idiom	dræg jɔ: fi:t	in die Länge ziehen, hinauschieben	traîner les pieds	prolungare, tirare per le lunghe	
118	draining	adj	'dreɪn ɪŋ	erschöpfend	épuisant	esauriente	
150	draw	v	drɔ:	unentschieden spielen	faire match nul	pareggiare con	She was drawing a picture of a tree.
58	drawback	n	'drɔ:bæk	Nachteil, Hindernis	défaut	discapito	The only drawback to a holiday in Scotland is the weather.
72	dread	v	dred	fürchten	appréhender	paventare	Phil's really dreading his interview tomorrow.
95	dread	n	dred	Furcht	terreur	timore	
62	dreadful	adj	'dredfəl	furchtbar	affreux, épouvantable	terribile, orrendo	What dreadful weather!
86	drop	n	drɒp	Rückgang	recul	regresso	drops of rain

Page	Headword	Part of speech	Pronunciation	German	French	Italian	Example Sentence
22	drought	n	draʊt	Trockenheit	sécheresse	secchezza	The biggest drought in a decade continues to affect people living in western Africa.
108	drown	v	draʊn	ertrinken	se noyer	affogare	The boys almost drowned in the river.
22	drug abuse	n	drʌg ə'bjʊ:s	Drogenmissbrauch	toxicomanie	abuso di droga	Drug abuse is still a big problem in the poorer areas of the city.
157	drum up	phr v	drʌm ʌp	an Land ziehen	trouver, décrocher	conquistare qc/qn	
22	drunkenness	n	'drʌŋk ənnəs	Trunkenheit	ivresse	ubriachezza	The majority of weekend hospital emergencies are related to drunkenness.
44	dry up	phr v	draɪ ʌp	austrocknen	dessécher	seccarsi	Our research project was cancelled when the money dried up.
116	dull	adj	dʌl	öde, langweilig	ennuyeux	noioso	a pretty dull party
81	dumb down	phr v	dʌm daʊn	das Niveau senken	niveler par le bas	abbassare il livello	
52	eager	adj	'i:geə	eifrig, begeistert	enthousiaste	alacramente	Rosie was eager to leave.
50	e-book	n	'i: bʊk	e-Book	livre électronique	libro elettronico	
148	eccentric	adj	ɪk'sentri:k	exzentrisch	excentrique	eccentrico	Aunt Nussy was always a bit eccentric.
152	eco-friendly	adj	'i:kəʊ 'frendli	ökologisch	bon pour l'environnement	ecologico	eco-friendly products
149	economic	adj	ˌekə'nɒmɪk, ,i:-	ökonomisch	économique	economico	What do you think of the government's current economic policy?
35	edge	prep phr	ɒn ðə edʒ əv	Rand	bord	bordo	
44	edge	n	edʒ	Rand, Kante	bord	bordo	Billy sat on the edge of the bed.
60	edgy	adj	'edʒi	ausgefallen	insolite	insolito	Are you OK? You seem a little edgy.
13	edit	v	'edɪt	schneiden (Film)	monter (film)	fare il montaggio	The newspaper edits letters before printing them.
86	editorial page	n	ˌedə'tɔ:riəl peɪdʒ	Leitartikel (-seite)	éditorial	editoriale	
68	elderly	adj	'eldəli	älter, bejahrt	plus âgé	anziano	an elderly woman
116	electrifying	adj	e'lektriˌfaɪzɪŋ	elektrisierend	électrisant	elettrizzante	Her words had an electrifying effect.
57	electro-magnetic	adj	e'lektərəʊ mæg'netɪk	elektromagnetisch	électromagnétique	elettro magnetico	
66	elegant	adj	'eləɡənt	elegant	élégant	elegante	an elegant woman
118	element	n	'eləmənt	Element	élément	elemento	There's an element of risk in every sport.
82	elementary school	n	ˌelə'mentəri sku:l	Grundschule	école primaire	scuola elementare	
38	eliminate	v	ɪ'lɪmɪneɪt	ausschalten	éliminer	eliminare	Credit cards eliminate the need to carry cash.

Page	Headword	Part of speech	Pronunciation	German	French	Italian	Example Sentence
8	embarrassing	adj	ɪm' bærəsɪŋ	peinlich	gênant	imbarazzante	My husband's so embarrassing - he always tries to argue in public!
103	emergency	n	ɪ' mɜ:dʒənsi	Notfall	urgence	caso d'emergenza	Come quickly – it's an emergency!
117	emotional	adj	ɪ' məʊʃənəl	emotional	émouvant	emozionante	children with emotional problems
25	enclose	v	ɪn' kləʊz	beilegen	joindre	aggiungere	Please enclose your payment.
16	encounter	n	ɪn' kaʊntə	Begegnung	rencontre	incontro	Last weekend I had a chance encounter with a famous actor in the street.
60	end up	phr v	end ʌp	am Ende/schließlich haben	se retrouver	ritrovare	When I diet, I always end up putting weight back on.
61	endorse	v	ɪn' dɔ:s	befürworten	patronner	propugnare	The president did not endorse the views of his deputy.
152	energy-efficient	adj	' enədʒɪ ɪ' fɪʃənt	energieeffizient	à faible consommation énergétique	efficiente per il risparmio energetico	
64	engineer	v	, endʒɪn' iə	erzeugen	construire	costruire	
58	enhance	v	ɪn' hɑ:ns	verbessern	améliorer	migliorare	Salt enhances flavour.
123	enlarge	v	ɪn' lɑ:dʒ	vergrößern	agrandir	ingrandire, aumentare	Can I have these photos enlarged?
7	enquire	v	ɪn' kwɪə	fragen	s'enquêter	chiedere	I'd like to enquire about your advertisement in the newspaper.
14	enrolment	n	ɪn' rəʊlmənt	Anmeldung	inscription	iscrizione	Sorry, the course has limited enrolment and there are no more spaces.
25	ensure	v	ɪn' ʃʊə	sicherstellen	garantir	garantire	Ensure that the fire doors are kept clear.
89	enterprising	adj	' entəpraɪzɪŋ	unternehmerisch	entreprenant	imprenditoriale	an enterprising young student
123	entrance	n	' entrəns	Eingang	entrée	entrata	the entrance to the tower
65	envisage	v	ɪn' vɪzɪdʒ	sich vorstellen, ins Auge fassen	envisager	prevedere	I can't envisage moving from here.
37	equipment	n	ɪ' kwɪpmənt	Ausrüstung	équipement	equipaggiamento	new computer equipment
47	era	n	' iərə	Epoche	époque	epoca	the post-war era
149	eruption	n	- 'kæɪnɪk ɪ' rʌpfən	Ausbruch	éruption	eruzione	Last night there was a huge volcanic eruption which destroyed a whole village.
34	essentially	adv	ɪ' senʃəli	im Wesentlichen	essentiellement	essenzialmente	It is essentially an old-fashioned romance story.
108	estate agent	n	ɪ' steɪt 'eɪdʒənt	Immobilienmakler	agent immobilier	agente immobiliare	

Page	Headword	Part of speech	Pronunciation	German	French	Italian	Example Sentence
149	ethical	adj	'eθɪkəl	ethisch	moral, éthique	etico	It would not be ethical to lie to them.
110	ethnicity	n	eθ' nɪsəti	ethnische Zugehörigkeit	ethnicité	etnicità	
92	evacuate	v	ɪ' vækjuəɪt	retten	sauver	salvare	Several families were evacuated from their homes.
163	evaluate	v	ɪ' væljueɪt	bewerten	évaluer	valutare	Teachers meet regularly to evaluate students' progress.
45	every cloud has a silver lining	idiom	' evri klaʊd hæz ə 'sɪlvə ' laɪnɪŋ	Es hat alles sein Gutes	d'un malheur peut naître un bonheur	non tutto il male vien per nuocere	
68	exaggerate	v	ɪg' zædʒəreɪt	übertreiben	exagérer	esagerare	He says everyone hates him, but he's exaggerating.
156	exceed	v	ɪk' si:d	überschreiten	dépasser	trapassare	
101	exchange	v	ɪks' tʃeɪndʒ	austauschen	échanger	cambiare	The two armies exchanged prisoners.
121	exhibition	n	ˌeksə' bɪʃən	Ausstellung	exposition	esposizione	an exhibition of historical photographs
41	exhilaration	n	ɪg, zɪlə' reɪʃən	freudige Erregung, Hochgefühl	joie intense	euforia	She enjoyed the exhilaration of jet-skiing.
40	exotic	adj	ɪg' zɒtɪk	exotisch	exotique	esotico	an exotic flower
152	expand	v	ɪk' spænd	ausweiten	être en expansion	estendere, allargare	The population expanded rapidly in the '60s.
52	expectant	adj	ɪk' spektənt	erwartungsvoll	plein d'attente	pieno di aspettative	an expectant crowd
80	exploit	n	' eksplɔɪt	Heldentat	exploit	eroismo	a book about his exploits in Latin America
119	exploit	v	ɪk' splɔɪt	nutzen	exploiter	utilizzare	Many foreign workers are abused and exploited.
104	explosion	n	ɪk' spləʊʒən	Explosion	explosion	esplosione	We heard a huge explosion.
22	export	v/n	' ekspɔ:t	Export	exportation	esportazione	What product or service is your country's biggest export?
14	extend	v	ɪk' stend	gültig sein	être valable	essere valido	I'd like to extend my work visa for six months?
26	extent	n	ɪk' stent	Maß	mesure	misura	
124	eye-catching	adj	' aɪ , kætʃɪŋ	auffallend	frappant	appariscente	an eye-catching design
20	eye-opening	adj	aɪ ' əʊpənɪŋ	die Augen öffnend	ouvrir les yeux	aprire gli occhi	I watched a really eye-opening documentary about the black market on TV last night.

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157	face the music	v phr	fɛɪs ðə 'mju:zɪk	den Tatsachen ins Auge sehen	faire face à la situation	affrontarsi con i fatti	I went home to face the music.
37	facilities	n	fə 'sɪlɪtɪz	Ausstattung	commodités	arredi	All rooms have private facilities (=a private bathroom and toilet).roomfacility
50	factual	adj	'fæktʃuəl	tatsachenbasiert	factuel	di fatto	factual errors
40	faint-hearted	adj	,feɪnt 'hɑ:təd	zaghaf	craintif	timido	She made a rather faint-hearted attempt to stop him from leaving.
21	fair	adj	feə	gerecht	juste, honnête	giusto	It's fair to say that most scientists agree on the evolution theory.
11	fairly	adv	'feəli	ziemlich	assez	abbastanza	She speaks English fairly well.
106	fake	adj	feɪk	gefälscht	fake	falso, finto	fake \$20 bills
54	fall apart	phr v	fɔ:l ə 'pɑ:t	verfallen	tomber in morceaux	decadere	His marriage fell apart.
107	fall for	phr v	fɔ:l fə	darauf hereinfliegen	se faire avoir	casarci	
111	fall off	phr v	fɔ:l ɒf	herunterfallen	tomber de	cadere giù	The handle fell off.
22	famine	n	'fæmɪn	Hunger	famine	fame	Did you see that TV programme last night about the great potato famine in Ireland.
109	fare	n	feə	Fahrpreis	prix de la course	prezzo del biglietto	What's the bus fare into town?
159	fast-paced	adj	fɑ:st peɪst	temporeich	rapide	rapido	
116	fast-paced	adj	fɑ:st peɪst	flott, temporeich	au rythme haletant	svelto	
95	fearful	adj	'fiəfəl	furchtsam	craintif	timoroso	People are fearful of rising crime.
20	feature	v	'fi:tʃə	zeigen	présenter	presentare	His new album features remixes of all his classic songs.
86	feature	n	'fi:tʃə	Artikel	article de fond	articolo di fondo	An important feature of his paintings is their colours.
	feedback	n	'fi:dbæk	Rückmeldung	réactions	reazione	Try to give the students some feedback on the task.
105	felony	n	'feləni	Verbrechen	crime	crimine	
80	fictional	adj	'fɪkʃənəl	fiktional	fictiv, imaginaire	fittizio, immaginario	fictional characters
157	fiddle	n	'fɪdl	Fiedel, Geige	violon	violino	an insurance fiddle
157	fiddle with	phr v	'fɪdl wɪð	herumspielen an	tripoter	giocherellare con qc	
50	figure	n	'fɪgə	Zahl	chiffre	cifra	the latest unemployment figures
27	file sharing	n	fɑɪl 'ʃeərɪŋ	Datenaustausch	partage de fichiers	divisione del file	

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14	fill in	phr v	fɪl ɪn	ausfüllen	remplir	riempire	Please fill in this form and return it to your doctor.
24	filter	v	'fɪltə	filtern	filtrer	filtrare	filtered drinking water
8	finances	n	'faɪnænsɪz	Finanzen	finances	finanze	The bank will always check your finances before agreeing to give you a credit card.
25	fine	n	faɪn	Geldstrafe	contravention	contravvenzione	
156	fine	v	faɪn	jmd. eine Geldstrafe auferlegen	condamner qn à une amende	infliggere qn a una multa	
39	first aid	n	fɜ:st eɪd	erste Hilfe	premiers soins	pronto soccorso	Being given first aid at the scene of the accident probably saved his life.
14	first come, first served	phr	fɜ:st kʌm fɜ:st sɜ:vɪd	wer zuerst kommt, wird zuerst bedient	premiers arrivés, premiers servis	chi prima arriva meglio alloggia	There aren't many tickets for the concert left, so it's first come, first served.
118	flashback	n	'flæʃbæk	Rückblick	flashback	flashback	The events of the hero's childhood are shown as a series of flashbacks.
7	flatmate	n	'flætmeɪt	Mitbewohner/in	compagnon/compagne d'appartement	coinquilino/coabitatore	My flatmate is so messy - I can't stand her!
12	flat-pack	adj	flæt pæk	zum Selbstbauen	à monter soi-même	per montare se stesso	I hate putting together flat-pack furniture!
105	flee	v	flɪ:	fliehen	fuir	fugire	She fled the country.
86	flip through	phr v	flɪp θru:	durchblättern	feuilleter	sfogliare	
150	flock	n	flok	Herde, Schar	volée, troupeau	stuolo, gregge, stormo	a flock of geese
120	flop	n	flop	Reinfall	fiasco	fiasco	The show's first series was a complete flop.
35	flopout	adj	'flopaut	Entspannungs-	reposant	distensivo	
148	fluent	adj	'flu:ənt	fließend	parler couramment	fluente	Jem can speak fluent Japanese.
157	flute	n	flu:t	Flöte	flûte	flauto	
14	flyer	n	'flaɪə	Prospekt	dépliant	prospetto	I used to have a job giving out flyers for a local club.
16	foil	v	fɔɪl	durchkreuzen	déjouer	contrariare	Our holiday plans were foiled when our flight was cancelled.
109	font	n	font	Schrift	fonte	scrittura	
153	food poisoning	n	fu:d 'pɔɪzənɪŋ	Lebensmittelvergiftung	intoxication alimentaire	avvelenamento alimentare	

Page	Headword	Part of speech	Pronunciation	German	French	Italian	Example Sentence
107	fool	v	fu:l	hereinlegen	duper	ingannare	Don't be fooled into thinking it's easy to lose weight.
117	foolishness	n	'fu:l ɪfnəs	Torheit	bêtise, irresponsabilité	stoltezza, sproposito	
92	footage	n	'fʊtɪdʒ	Filmbeitrag	informations filmées	sequenze	They showed some old footage of the war.
104	forensic	adj	fə'rensɪk, -zɪk	forensisch	médico-légal	medico-legale	forensic evidence
117	forgiveness	n	fə'gɪvnəs	Vergebung	rémision	remissione, perdono	She begged for forgiveness.
8	fortnight	n	'fɔ:tnaɪt	vierzehn Tage	la quinzaine	quattordici giorni	The meetings take place once a fortnight.
50	forum	n	'fɔ:rəm	Forum	forum	forum, foro	
56	fossil fuel	n	'fɒsəl 'fju:əl	fossiler Brennstoff	combustible fossile	combustibile fossile	Environmentalists would like to see fossil fuels replaced by renewable energy sources.
20	found	v	fəʊnd	gründen	fonder	fondare	Founded in 1935 in Ohio, Alcoholics Anonymous is now a world-wide organisation.
125	fountain	n	'faʊntɪn	Brunnen	fontaine	fontana	A fountain of blood was pouring from his chest.
105	fragment	v	fræg'ment	Fragment	fragment	frammento	Social changes have fragmented our communities.
25	frame	n	freɪm	Rahmen	cadre	tempistica	a picture in a wooden frame
119	freebie	n	'fri:bi:	gratis	gratuit	gratuito, gratis	The company paid for the minister to fly out to Australia on a freebie.
45	frown	v	fraʊn	die Stirn runzeln	froncer les sourcils	corrugare la fronte	Mel frowned at me.
56	frown upon	phr v	fraʊn ə'pɒn	missbilligen	voir d'un mauvais œil	deprecare	
86	fuel	v	'fju:əl	anheizen	activer, renforcer	azionare, rinforzare	The photo fuelled the rumour that they had split up.
20	fund	v	fʌnd	finanzieren	financer	finanziare	This is just one of many projects funded by the EU.
20	fundraising	n	'fʌnd'reɪzɪŋ	Beschaffung von Geldmitteln	collecte de fonds	raccolta di fondi	Since she retired, my mother's been involved in loads of fundraising activities.
155	furious	adj	'fjʊəriəs	zornig, erbost	furieux, acharné	forioso	He is furious at the court's decision.

Page	Headword	Part of speech	Pronunciation	German	French	Italian	Example Sentence
34	furthermore	adv	ˌfɜːðəˈmɔː	außerdem	de plus	inoltre	He is old and unpopular. Furthermore, he has at best only two years of political life ahead of him.
44	futile	adj	ˈfjuːtaɪl	vergeblich	futile	invano	a futile attempt to put out the fire
112	gale-force	adj	ˈgeɪəl fɔːs	Sturmstärke	tempête de puissance	un vento di burrasca	
150	gang	n	gæŋ	Bande	gang, bande	banda	two rival street gangs
152	gap	v phr	siː ə ɡæp ɪn	Lücke	créneau	gap, vuoto, lacuna	
48	gap year	n	ɡæp jɪə	ein Jahr aussetzen	année de coupure	anno libero	Some students choose to work in high-tech industries during their gap year.
45	gate	n	ɡeɪt	Tor	porte	porta	I ran back to close the gate.
75	gather	v	ˈɡæðə	schließen aus	déduire	dedurre	A crowd gathered to watch the fight.
9	geek	n	ɡiːk	Computerfreak	crack en informatique	smanettone	He used to be a bit of a geek, but now he's the most popular guy in the class.
47	gender	n	ˈdʒendə	Geschlecht	sexe	sesso	discrimination on the grounds of gender (=because someone is male or female)
70	generation gap	n	ˌdʒenəˈreɪʃən ɡæp	Generationenunterschied	fossé des générations	accordo tra generazioni	
113	generator	n	ˈdʒenəreɪtə	Dynamo	générateur	dinamo	an emergency generator
13	generous	adj	ˈdʒenərəs	großzügig	généreux	generoso	Billy was extraordinarily generous to his friends.
24	genetic	adj	dʒəˈnetɪk	genetisch	génétique	genetico, a	
51	genius	adj	ˈdʒiːniəs	Genie	génie	genio	Newton was a mathematical genius.
148	genuine	adj	ˈdʒenjuɪn	authentisch, echt	vrai, sincère	autentico, sincero, vero	If those are genuine diamonds, they'll be worth a fortune!
9	geology	n	dʒiˈblədʒi	Geologie	géologie	geologia	One of my main interests is geology.
49	geology	n	dʒiˈblədʒi	Geologie	géologie	geologia	
9	get into	phr v	ɡet ɪntə	sich begeistern	accrocher	infervorarsi	So when did you first get into classic cars?
32	get on	phr v	ɡet ɒn wɪð	vorwärts-, weiterkommen	avancer	andare avanti	
49	get over	phr v	ɡet ˈəʊvə	sich erholen von	récupérer	riprendersi da qc	It takes weeks to get over the flu.
155	get your foot in the door	idiom	ɡet jɔː fʊt ɪn ðə dɔː	einen Fuß in die Tür kriegen	mettre un pied dans la place	mettere un piede dentro	
9	gig	n	ɡɪɡ	Gig	concert de rock	concerto di rock	The band are doing a gig in Sheffield on November 12.



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121	give and take	n phr	ɡɪv ənd teɪk	Zugeständnisse machen	concessions de part et d'autre	fare concessioni	In any relationship, there has to be some give and take.
32	give in	phr v	ɡɪv ɪn	klein begeben, aufgeben	abandonner	abbandonare	Eventually I gave in and said yes.
157	give or take	phr	ɡɪv ɔː teɪk	mehr oder weniger	plus ou moins	più o meno	
49	give up	phr v	ɡɪv ʌp	sich abgewöhnen	arrêter	abbandonare	Why don't you give up smoking?
71	glimpse	n	ɡlɪmps	flüchtiger Blick	aperçu	breve sintesi	They caught a glimpse of a green car.
41	glint	v	ɡlɪnt	schimmern	étinceler	luccicare	His white teeth glinted in his brown face.
118	glitter	n	'ɡlɪtə	Glitzerwelt	splendeur	splendore	the glitter of her diamond ring
149	global	adj	'ɡləʊbəl	global	global	globale	The global economy seems to be recovering slowly but surely.
72	gloomy	adj	'ɡluːmi	düster	sombre, lugubre	buio	The report paints a gloomy picture of the economy.
119	glycerine	n	'ɡlɪsərɪn	Glyzerin	glycérine	glicerina	
49	go by	phr v	ɡəʊ baɪ	vorüber gehen	passer	passare	Two weeks went by before Tony called.
49	go on	phr v	ɡəʊ ɒn	anschließend ... tun	continuer	continuare	The meeting went on longer than expected.
153	go round	phr v	ɡəʊ ə 'raʊnd	herumgehen	faire le tour	girare	
50	gossip magazine	n	'ɡɒsɪp ,mæɡə 'ziːn	Klatschmagazin	magazine à ragots	giornale di pettegolezzi	
63	grab	v	ɡræb	jmd. packen	attirer l'attention	avvincere	He grabbed my bag and ran.
107	grab	v	ɡræb	sich bemächtigen	accaparer	afferare	He grabbed my bag and ran.
124	graffiti	n	ɡræ 'fiːti, ɡrə-	Graffiti	graffiti	graffiti	The walls are daubed with graffiti.
157	grand piano	n	ɡrænd pi 'æneʊs	Flügel	piano à queue	pianoforte a coda	
101	grape	n	ɡreɪp	Weintraube	raisin	uva	a bunch of grapes
112	gravity	n	'ɡrævəti	Ernst	gravité	gravità, serietà	the laws of gravity
108	greedy	adj	'ɡriːdi	gierig	avide	avidio	a greedy and selfish society
64	grill	v	ɡrɪl	auf den Zahn fühlen	mettre sur la sellette	tastare il polso a qn	Grill the bacon until crisp.
116	gripping	adj	'ɡrɪpɪŋ	packend	captivant	avvincente	a gripping drama
95	groggy	adj	'ɡrɒɡi	schwach auf den Beinen	avoir les jambes en coton	intontito, debole sulle gambe	I felt really groggy after 15 hours on the plane.
120	ground-breaking	adj	ɡraʊnd 'breɪk ɪŋ	bahnbrechend	innovateur	pioniere	
49	grow up	phr v	ɡrəʊ ʌp	heranwachsen	grandir	crescere	What do you want to be when you grow up?
6	guarantee	v	ˌɡærən 'tiː	garantieren	garantier	garantire	I guarantee you'll love this film.

Page	Headword	Part of speech	Pronunciation	German	French	Italian	Example Sentence
21	guideline	n	'gaɪdlaɪn	Richtlinie	directive	direttiva	New EU guidelines on meat production have been introduced for European farmers.
75	guideline	n	'gaɪdlɑɪn	Regel	indication	linea guida	guidelines on writing essays
48	gutted	v phr	'gʌtɪd	am Boden zerstört	abattu	essere a terra	
40	habitat	n	'hæbətæt	Lebensraum	habitat	habitat	It was great to see monkeys in their natural habitat.
24	hacker	n	'hækə	Hacker	pirate informatique, hacker	hacker	A hacker had managed to get into the system.
108	hacker	n	'hækə	Hacker	hacker, pirate informatique	hacker	A hacker had managed to get into the system.
106	hacking	n	'hækɪŋ	Hacking	effraction informatique	entrata illecita informatica	the threat of hacking and computer viruses
68	hall of residence	n	hɔ:l əv 'rezɪdəns	Studentenwohnheim	résidence universitaire	studentato, casa dello studente	
23	hand over	phr v	hænd 'əʊvə	übergeben	remettre	consegnare	The soldiers were ordered to hand over their guns.
152	hand-held	adj	'hænd held	mobil, tragbar	portable	portabile	a hand-held camera
15	handle	v	'hændl	erledigen	s'occuper de	occuparsi di	Computers can handle huge amounts of data.
119	handle	v	'hændl	hantieren	manier	maneggiare	Computers can handle huge amounts of data.
100	handshaking	n	'hændʃeɪkɪŋ	Händeschütteln	se serrer la main	stretta di mano	
10	handy	adj	'hændi	bequem	pratique	comodo	I'm very handy around the house, so if you need anything to be fixed, let me know.
68	hang out	phr v	hæŋ aʊt	herumhängen	glander	starsene	
40	hard-core	adj	'hɑ:dkɔ:	hart, um jeden Preis	passionné	passionato	hardcore opposition to abortion
81	hard-hitting	adj	hɑ:d 'hɪt ɪŋ	schonungslos	sans complaisance	senza pietà, implacabile	a hard-hitting TV documentary
57	harness	v	'hɑ:nəs	nutzbar machen	exploiter	utilizzare	We can harness the power of the wind to generate electricity.
157	harp	n	hɑ:p	Harfe	harpe	arpa	
70	harshly	adv	'hɑ:ʃli	streng	rigoureusement	rigoroso	'Shut up,' Boris said harshly.

Page	Headword	Part of speech	Pronunciation	German	French	Italian	Example Sentence
155	have got a big mouth	idiom	hæv ɡɒt ə bɪɡ maʊθ	eine große Klappe haben	grande gueule	parlare troppo	
48	have second thoughts	v phr	v 'sekənd θɔ:ts	es sich anders überlegen	changer d'avis	cambiare idea	I was having second thoughts about the whole idea.
17	head partner	n	hed 'pɑ:tne	Seniorpartner	associé directeur	socio maggioritario	We're celebrating tonight because my wife's been made head partner at her law firm!
154	headline	n	'hedlaɪnz	Überschrift	titre	titolo	
56	heart attack	n	hɑ:t ə 'tæk	Herzinfarkt	crise cardiaque	infarto	He had a heart attack and was rushed to hospital.
86	heart-warming	adj	hɑ:t 'wɔ:miŋ	herzerwärmend	réconfortant	incoraggiante	
35	heavily	v phr	'hevəli 'fɒrestəd	stark	très (boisé)	forte	
163	heckler	n	'heklə	Zwischenrufer	chahuteur	persona che interrompe ad alta voce	
123	height	n	haɪt	Höhe	hauteur	altezza	The boys are about the same height.
150	herd	n	hɜ:d	Herde	troupeau	mandria	a herd of cows
13	hesitate	v	'hezɪteɪt	zögern	hésiter	esitare	She hesitated before answering.
88	hiccup	n	'hɪkʌp	Pannen	panne	panne	
124	hideous	adj	'hɪdiəs	hässlich	hideux	brutto	a hideous building
62	hierarchy	n	'haɪrɔ:ki	Hierarchie	hiérarchie	gerarchia	the church hierarchy
152	high-definition	adj	ˌhaɪ def ə 'nɪʃ ən	hochauflösend	haute définition	ad alta definizione	
13	hike	v	haɪk	wandern	faire une randonnée	camminare	Utah is a great place to go hiking.
92	hiker	n	'haɪkə	Wanderer	randonneur	camminatore	
118	hilarious	adj	hɪ'leəriəs	komisch	hilarant	divertente	a hilarious comedy act
48	hindsight	n	'haɪnsaɪt	im Rückblick	rétrospectivement	in retrospettiva	
49	hire	v	haɪə	anstellen, beschäftigen	engager	assumere	It's best to hire a car when you arrive.
157	hit or miss	phr	hɪt ɔ: mɪs	auf gut Glück	question de chance	alla ventura	
83	hoax	n	həʊks	Fälschung	canular	burla	a bomb hoax
22	homelessness	n	'həʊm ləsnəs	Obdachlosigkeit	manque de logement	condizione di senzatetto	The thing that shocked me the most about the country was the level of homelessness.
22	homemade	adj	ˌhəʊm'meɪd	zu Hause zubereitet	fait à la maison	fatto in casa	homemade jam

Page	Headword	Part of speech	Pronunciation	German	French	Italian	Example Sentence
111	hoodie	n	'hudi	Kapuzenpullover	sweat-shirt à capuche	un maglione/sweater a cappuccio	
113	hook	n	hʊk	Haken	hameçon	gancio	Tom hung his coat on the hook.
20	hoot	v	hu:t	hupen	klaxonner	suonare il clacson	The driver hooted at me as he drove past.
44	hopeless	adj	'həʊpləs	hoffnungslos	désespéré	disperato	It was a hopeless task.
116	horrific	adj	hɒ'rifɪk, hə-	entsetzlich	atroce	atroce	a horrific plane crash
37	horseback	n	'hɔ:sbæk	zu Pferd	à cheval	a cavallo	
85	however	adv	haʊ'evə	jedoch	toutefois	tuttavia	It's an unpleasant disease. However, it's easy to treat.
92	huddle	v	'hʌdl	sich zusammenkauern	se blottir	accoccolarsi	We all huddled together for warmth.
112	hull	n	hʌl	Rumpf	coque	scafo	
57	humble	adj	'hʌmbəl	bescheiden, einfach	modeste	modesto	the senator's humble beginnings on a farm in Iowa
163	humiliate	v	hju:ˌmɪliət	demütigen	humilier	umiliare	She humiliated me in front of the whole class.
59	hunger	n	'hʌŋgə	Hunger	faim	fame	The baby was crying with hunger.
107	hustle	n	'hʌsəl	Gedränge	agitation	affollamento	the hustle and bustle of the market place
120	hype	n	haɪp	Wirbel, Rummel	battage publicitaire	gran pubblicità	There's been a lot of media hype surrounding this movie.
85	hypocritical	adj	ˌhɪpə'krɪtɪkəl	verlogen	hypocrite	ipocrita	It would be hypocritical to get married in church when we don't believe in God.
92	hypothermia	n	ˌhaɪpəʊ'θɜ:miə	Unterkühlung	hypothermie	ipotermia	
66	identical	adj	aɪ'dentɪkəl	identisch	identique	identico	The two pictures looked identical.
107	identical	adj	aɪ'dentɪkəl	identisch	identique	identico	The two pictures looked identical.
25	identify	v	aɪ'dentɪfaɪ	identifizieren	identifier	identificare	She was unable to identify her attacker.
24	identity card	n	aɪ'dentəti kɑ:d	Personalausweis, Pass	carte d'identité	carta d'identità	
106	identity theft	n	aɪ'dentəti θeft	Identitätsdiebstahl	vol d'identité	furto d'identità	
86	idiot	n	'ɪdiət	Idiot	idiot	idiota	Some idiot drove into the back of my car.
126	igloo	n	'ɪglu:	Iglu	iglou	igliù	
32	ignore	v	ɪg'no:	ignorieren	ignorer	ignorare	They can't ignore the fact that he's here.
118	illiterate	adj	ɪ'ɪlɪtərət	analphabet	analphabète	analfabeta	It was an illiterate letter, full of mistakes.
68	immature	adj	ˌɪmə'tʃuə	unreif	immature	immaturo	He's very immature.

Page	Headword	Part of speech	Pronunciation	German	French	Italian	Example Sentence
22	import	n	'ɪm pɔ:t	importieren	importer	importare	What are your country's biggest imports?
108	impostor	n	ɪm'pɒstə	Betrüger	imposteur	impostore	The nurse was soon discovered to be an impostor.
62	impractical	adj	ɪm'præktɪkəl	nicht realisierbar	non réalisable	non realizzabile	The designs were totally impractical.
50	impress	v	ɪm'pres	beeindrucken	impressionner	impressionare	He was trying to impress me.
69	impression	n	ɪm'preʃən	Eindruck	impression	impressione	I had the impression that she wasn't very happy.
114	impulse	n	'ɪmpʌls	Impuls	impulsion	impulso	I resisted the impulse to hit him.
150	in the ballpark	prep phr	ɪn ðə 'bɔ:lpa:k	in dieser Größenordnung	chiffre approximatif	cifra approssimativa	
97	in the nick of time	idiom	ɪn ðə nɪk əv taɪm	gerade noch rechtzeitig	juste à temps	appena in tempo	The doctor arrived in the nick of time.
122	inauguration	n	ɪ'no:ɡjə'reɪʃən	Amtseinführung	investiture	investitura	President Hoover's inauguration
97	inbox	n	'ɪnbɒks	Posteingang	boîte de réception	posta in arrivo	I had 130 emails in my inbox this morning.
88	incident	n	'ɪnsɪdənt	Vorfall, Ereignis	incident	incidente	One man was arrested following the incident.
110	inconvenience	n	ˌɪnkən'vi:niəns	Unannehmlichkeiten	inconvéniént	inconveniente	We apologise for the delay and any inconvenience caused.
152	increase	v	ɪn'kri:s	erhöhen	augmenter	umentare	Regular exercise increases your chances of living longer.
29	independent	adj	ˌɪndə'pendənt	unabhängig	indépendant	independente	a small independent bookshop
81	in-depth	adj	ˌɪn'deɪpθ	gründlich	approfondi, détaillé	profondo,dettagliato	an in-depth study of patients' needs
156	indicator	n	'ɪndəkeɪtə	Blinker	clignotant	freccia	The main economic indicators suggest that trade is improving.
57	induction ring	n	ɪn'dʌkʃən rɪŋ	Induktionskreis	circuit inducteur	circolo di induzione	
149	industrial	adj	ɪn'dʌstriəl	industriell	industriel	industriale	What do you think was the most important invention of the Industrial Revolution?
27	inevitable	adj	ɪ'nevətəbəl	unvermeidlich	inévitabile	inevitabile	Death is inevitable.
60	infect	v	ɪn'fekt	infizieren	infecter	infettare	People can feel well but still infect others.
24	infiltrate	v	'ɪnfɪltreɪt	unterwandern, infiltrieren	infiltrer	infiltrarsi	Police attempts to infiltrate neo-Nazi groups have been unsuccessful.
61	influence	v	'ɪnfluəns	beeinflussen	influencer	influenzare	His advice strongly influenced my decision.
85	influential	adj	ˌɪnflu'enjəl	einflussreich	influent	influyente	He has some very influential friends.

Page	Headword	Part of speech	Pronunciation	German	French	Italian	Example Sentence
76	inhabitant	n	ɪn'hæbɪtənt	Bewohner	habitant	abitante	a city of six million inhabitants
16	inhaler	n	ɪn'hæɪlə	Inhalator	inhalateur	inalatore	If you're going to the gym, don't forget to pack your inhaler.
16	initial	adj	ɪ'nɪʃəl	erste	premier	primo	There will be an initial period of training before you start the job properly.
49	initially	adv	ɪ'nɪʃəli	zu Beginn	au départ	all'inizio	Initially, I didn't like him.
27	injection	n	ɪn'dʒekʃən	Injektion	injection	iniezione	The nurse gave me an injection.
117	innocence	n	'ɪnəsəns	Unschuld	innocence	innocenza	Can you prove your innocence?
56	innovation	n	ˌɪnə'veɪʃən	Neuerung	innovation	innovazione	innovations in teaching
27	inoffensive	adj	ˌɪnə'fensɪv	harmlos	inoffensiv	innocuo	I thought the joke was completely inoffensive.
117	insanity	n	ɪn'sæniəti	Wahnsinn	folie, frénésie	folia	The court acquitted Campbell on the grounds of temporary insanity.
69	insecure	adj	ˌɪnsɪ'kjʊə	unsicher	anxieux	insicuro	She's very insecure about her appearance.
117	insecurity	n	ˌɪn si 'kjʊər ət ʃi	Unsicherheit	insécurité	insicurezza	Student teachers often suffer from a great sense of insecurity.
159	insensitive	adj	ɪn'sensətɪv	unsensibel	insensible	insensibile	Sometimes he can be rather insensitive.
84	insist	v	ɪn'sɪst	bestehen auf	insister	insistere	I didn't want to go but Jane insisted.
153	insomnia	n	ɪn'sɒmniə	Schlaflosigkeit	insomnie	insonnia	
40	inspiration	n	ˌɪnspə'reɪʃən	Inspiration	inspiration	ispirazione	an artist who drew inspiration from Monet's work
24	install	v	ɪn'stɔ:l	einrichten	installer	installare	The company has installed security cameras.
25	installation	n	ˌɪnstə'leɪʃən	Installation, Aufbau	installation	installazione	the installation and maintenance of alarm systems
28	instalment	n	ɪn'stɔ:lmənt	Folge	épisode	serie	We're paying for the car by monthly instalments.
54	instinct	n	'ɪnstɪŋkt	Instinkt	instinct	istinto	Instinct told me something was wrong.
13	instrument	n	'ɪnstrəmənt	Instrument	instrument	strumento	Can you play any musical instruments?
163	insult	v	ɪn'sʌlt	beleidigen	insulter	insultare	You should apologize for insulting her.
50	intellectual	adj	ˌɪntə'lektʃuəl	intellektuell	intellectuel	intellettuale	children's intellectual development

Page	Headword	Part of speech	Pronunciation	German	French	Italian	Example Sentence
13	intense	adj	ɪn'tens	stark, intensiv	intense	intenso	Students are under intense pressure to succeed.
12	interaction	n	- 'ækʃən	Interaktion	interaction	interazione	The funniest part of his show is his interaction with the audience.
70	interfere	v	ˌɪntə'fɪə	eingreifen, dazwischengehen	se mêler de	intervenire	I wish he'd stop interfering in my life.
119	internal	adj	ɪn'tɜːnl	innere	interne	interno	internal bleeding
33	interrupt	v	ˌɪntə'rʌpt	unterbrechen	interrompre	interrompere	Sorry to interrupt, but I need some help.
44	intrigue	v	ɪn'triːg	faszinieren	fasciner, intriguer	affascinare	He was intrigued by the woman next to him.
14	introductory	adj	ˌɪntre'dʌktəri	Einführungs-	de lancement	di lancio, presentazione	The book includes a short introductory paragraph written by the editor.
9	introverted	adj	'ɪntreɪvɜːtəd, 'ɪntreɪvɜːtɪd	introvertiert	introverti	introverso	I don't get on well with introverted people - I think I intimidate them.
85	intrusion	n	ɪn'truːʒən	Eindringen	intrusion	intrusione	I resented this intrusion into my domestic affairs.
59	intuitively	adv	ɪn 'tʃuːətɪvli	intuitiv	intuitivement	con intuizione	
153	invade	v	ɪn'veɪd	einmarschieren	envahier	invadere	The Romans invaded Britain.
23	invasion	n	ɪn'veɪʒən əv prɪvəsi	Eingriff, Eindringen	invasion	invasione	I think that having CCTV on our streets is a complete invasion of privacy.
51	investigate	v	ɪn'vestɪgeɪt	ermitteln	enquêter sur	investigare	The cause of the fire is being investigated.
70	involve	v	ɪn'vɒlv	einbeziehen, dazugehören	impliquer, nécessiter	coinvolgere	The job involves a lot of travelling.
117	ironic	adj	aɪ'rɒnɪk	ironisch	ironique	ironico	It's ironic that your car was stolen outside the police station.
49	ironically	adv	aɪ'rɒnɪkli	ironischerweise	ironiquement	ironicamente	Ironically, a lot of crimes are committed quite close to police stations.
124	irresponsible	adj	ˌɪrɪ'spɒnsəbəl	unverantwortlich	irresponsable	irresponsabile	He's got a very irresponsible attitude to his work.
153	irritable	adj	'ɪrətəbəl	reizbar	irritable	irritabile	Jo was tired, irritable, and depressed.
32	irritated	adj	'ɪrɪteɪtəd, 'ɪrɪteɪtəd	verärgert	fâché	arrabbiato	He was getting irritated.
19	issue	n	'ɪʃuː, 'ɪʃjuː	Streitfrage	question, problème	vertenza	This is a very important political issue.
109	itinerary	n	aɪ'tɪnərəri	Route	itinéraire	itinerario	

Page	Headword	Part of speech	Pronunciation	German	French	Italian	Example Sentence
118	jackpot	n	'dʒækpɒt	Jackpot	gros lot	jackpot	The National Theatre hit the jackpot with its first musical.
106	jail	v	dʒeɪl	Gefängnis	prison	prigione	He was jailed for tax evasion.
39	jam	v	dʒæm	sich stauen	se coincer	bloccare	I managed to jam everything into one suitcase.
20	jelly	n	'dʒeli	Gelee	gelée	gelatina	We had strawberry jelly and ice cream for dessert.
49	jet lag	n	dʒet læg	Jetlag	décalage horaire	jetlag	I'm suffering from jet lag but I'll feel better after a good night's sleep.
61	jingle	n	'dʒɪŋɡəl	Jingle	refrain publicitaire	jingle	
34	join	v	dʒɔɪn	sich anschließen	joindre	associarsi, unirsi	Trevor joined the BBC in 1969.
12	jolly	adj	'dʒɒli	ausgelassen	joyeux	allegro, a	There was a jolly atmosphere at the high school reunion.
70	judge	v	dʒʌdʒ	beurteilen	juger	giudicare	Never judge a person by their looks.
62	judgment	n	'dʒʌdʒmənt	Bewertung	jugement	giudizio	We must make a judgment about whether it's worth the risk.
112	jump ship	v phr	dʒʌmp ʃɪp	das Schiff verlassen	débarquer	sbarcare	The best employees jumped ship at the first opportunity. wellemployeejump
108	jury	n	'dʒʊəri	Jury	jury	giuria	the members of the jury
27	justifiable	adj	'dʒʌstəfaɪəbəl	zu rechtfertigen	justifiable	giustificabile	I think the judge made a justifiable decision.
40	keen	adj	ki:n	leidenschaftlich	enthousiaste	entusiastico	US companies are keen to enter the Chinese market.
23	keep track	phr v	ki:p træk	eine Spur verfolgen	suivre	perseguire una traccia	I find it hard to keep track of new trends in fashion.
109	keypad	n	'ki:pæd	Tastatur	clavier	tastiera	
150	kick off	phr v	kɪk ɒf	beginnen	démarrer, commencer	cominciare, iniziare	The festivities will kick off with a barbecue dinner.
106	kidnapping	n	'kɪdnæpɪŋ	Entführung	enlèvement	rapimento	a series of kidnappings
113	kit	n	kɪt	Ausstattung	kit	attrezzatura, kit	
163	knack	n	næk	Talent, Gabe	don	talento	
111	knock over	phr v	nɒk 'əʊvə	umstürzen	faire tomber	rovesciare	
111	knocked out	adj	nɒkt aʊt	bewusstlos	tombé sans connaissance	incosciente	



Page	Headword	Part of speech	Pronunciation	German	French	Italian	Example Sentence
52	labour	n	'leɪbə	harte Arbeit	labeur	lavoro	The job involves hard manual labour (=hard work that you do with your hands).
22	lack	n	læk	Mangel	manque	mancanza	The lack of clean drinking water is often the biggest cause of disease after a natural disaster.
59	lacquer	n	'lækə	Lack	laque	lacca	
111	ladder	n	'lædə	Leiter	échelle	scala	Women have had to fight to climb the career ladder.
24	landline	n	'lænd,laɪn	Festnetz	ligne de téléphone fixe	linea fissa, telefono fisso	I'll be at home, so you can call me on the landline.
49	landmark	n	'lændmɑ:k	wegweisend	innovateur	innovatore	a landmark in the history of aviation
149	landslide	n	'lændslaɪd	Erdrutsch	glissement de terrain	frana	The landslide was caused by two weeks of heavy rain.
156	lane	n	leɪn	Spur	voie	corsia	
80	lap	n	læp	Runde	tour de circuit	giro	Paul was sitting on his mother's lap.
30	latter	adj	'lætə	letzterer	ce dernier	l'ultimo	the latter part of November
152	launch	v	lɔ:ntʃ	auf den Markt bringen	lancer	lanciare sul mercato	We have launched a campaign to raise \$50,000.
163	launderer	n	'lɔ:ndərə	Geldwäscher	blanchisseur	lavandaio, lavatore	
110	lavatory	n	'lævətəri	Toilette, Waschraum	toilettes	bagno	
17	law firm	n	lɔ: fɜ:m	Anwaltskanzlei	cabinet d'avocat	studio legale	I'm going to Germany to do work experience at a law firm next year.
23	law-abiding	adj	'lɔ:r ə ,baɪd ɪŋ	gesetzestreu	respectueux de la loi	fedele alle leggi	She is a responsible, law-abiding citizen.
56	lawsuit	n	'lɔ:su:t, -sju:t	Prozess	procès	processo	His lawyer filed a lawsuit against the city.
101	lay out	phr v	leɪ aʊt	austeilen	distribuer	distribuire	
154	lead story	n	'li:d ,stɔ:ri	Titelgeschichte	article à la une	notizia/articolo in prima pagina	
117	leadership	n	'li:dəʃɪp	Herrschaft	pouvoir	balia, dominazione	He took over the leadership of the Republican Party.
109	leaflet	n	'li:flɪt	Broschüre	dépliant	brossura	a leaflet on skin cancer
68	lecture	n	'lektʃə	Seminar, Kurs	cours	corso	He gave a series of lectures on French literature.
25	legal	adj	'li:gəl	gesetzlich erlaubt	légal	legale	It's perfectly legal to charge a fee.

Page	Headword	Part of speech	Pronunciation	German	French	Italian	Example Sentence
40	legendary	adj	'ledʒəndəri	legendär	légendaire	leggendario	the legendary baseball player Babe Ruth
123	length	n	leŋθ	Länge	longueur	lunghezza	What's the length of the room?
150	let in	v	let ɪn	hereinlassen	laisser entrer	lasciare entrare	
120	letdown	n	'letdaʊn	Enttäuschung	déception	delusione	The end of the book was a real letdown.
157	life or death	phr	laɪf ɔː deθ	auf Leben oder Tod	la vie ou la mort	per la vita e la morte	
112	lifeboat	n	'laɪfbəʊt	Rettungsboot	bateau de sauvetage	barca di salvataggio	
42	lifespan	n	'laɪfspæn	Lebensdauer	durée de vie	durata (della vita)	Men have a shorter lifespan than women.
42	lift	n	lɪft	jm. im Auto mitnehmen	prendre qn en voiture	dare un passaggio a qcn	
152	lightbulb	n	'laɪtbʌlb	Glühbirne	ampoule	lampadina	
151	limp	v	lɪmp	hinken, lahmen	boîter, traîner	claudicare	He limped to the chair and sat down.
154	link	n	lɪŋk	Link	lien	link	
27	liposuction	n	'lɪpəʊsʌkʃən	Fettabsaugung	liposuccion	liposuzione	
155	livid	adj	'lɪvɪd	wütend	furieux	stizzoso	She was absolutely livid that he had lied.
117	loathe	v	ləʊð	verabscheuen	détester	detestare	He loathes their politics.
12	loathing	n	'ləʊðɪŋ	Abscheu	répugnance	riprezzo	She always talks about her loathing for her first husband.
108	lobster	n	'lɒbstə	Hummer	homard	astice	
111	lock out	phr v	lɒk aʊt	aussperren	enfermer dehors	chiudere fuori	
8	lodger	n	'lɒdʒə	Untermieter	locataire	subinquilino	We have decided to take in lodgers to help pay the mortgage.
23	log	v	lɒg	protokollieren, aufzeichnen	noter	registrare, notare	Excuse me, I wish to log a complaint.
61	logo	n	'ləʊgəʊ	Logo	logo	logo	
76	longevity	n	lɒn'dʒevəti	Langlebigkeit	longévité	longevità	the greater longevity of women compared with men
152	long-life	adj	ˌlɒŋ 'laɪf	langlebig	longue durée	longevo, durevole	long-life batteries
96	long-term	adj	ˌlɒŋ 'tɜ:m	Langzeit-	à long terme	a lungo termine	the long-term effects of smoking
72	look forward to	v phr	lʊk 'fɔ:wəd tə	sich freuen auf	se réjouir à l'avance de qc.	essere contento di	
72	look on the bright side	v phr	lʊk ɒn ðə braɪt saɪd	die schöne Seite sehen	regarder le bon côté	vedere la bella parte	Come on, try to look on the bright side.
109	loose	adj	lu:s	lose	petite (monnaie)	spiccioli	a loose tooth
155	lose your head	idiom	lu:z jɔ: hed	den Kopf verlieren	perdre son sang froid	perdere la testa	
93	lottery ticket	n	'lɒtəri 'tɪkɪt	Lotterieschein	billet de loterie	biglietto di lotteria	
45	low	adj	ləʊ	niedergeschlagen	déprimé	depresso	a low ceiling

Page	Headword	Part of speech	Pronunciation	German	French	Italian	Example Sentence
37	luggage	n	'lʌɡɪdʒ	Gepäck	bagages	bagaglio	Her luggage was in the back of the car
56	lung	n	lʌŋ	Lunge	poumon	polmone	Smoking can cause lung cancer.
50	lyrics	n	'lɪrɪks	Songtext, Liedtext	paroles	testo di canzone	He wrote some great music, but the lyrics weren't that good.writelyrical
120	mainstream	adj	'meɪnstri:m	mainstream, vorherrschend	mainstream, dominant	dominante	mainstream education
76	maintain	v	meɪn'teɪn, mən-	aufrecht erhalten	maintenir	mantenere	We need to maintain good relations with our customers.
125	maintenance	n	'meɪntənəns	Erhaltung	entretien	mantenimento	He was carrying out routine maintenance work.
61	make	n	meɪk	Fabrikat, Marke	marque	marka	a very popular make of washing machine
97	make up for lost time	idiom	meɪk ʌp fə lɒst taɪm	verlorene Zeit wieder einholen	rattraper le temps perdu	ricuperare tempi perduti	We rehearsed all day Saturday, to make up for lost time.rehearselose
92	makeshift	adj	'meɪkʃɪft	provisorisch	improvisé	provvisorio	They slept in makeshift tents.
88	malfunction	v	mæl'fʌŋkʃən	Ausfall	défaillance	guasto	A warning light seems to have malfunctioned.
50	manga	n	'mæŋgə	Manga		manga	
119	manipulate	v	mə'nɪpjəleɪt	bearbeiten	retoucher	modificare	Don't try to manipulate me!
50	manual	n	'mænjuəl	Handbuch	manuel	manuale	a computer manual
113	manual	n	'mænjuəl	Handbuch, Anleitung	manuel	manuale	
152	manufacture	v	'mænjə'fæktʃə	herstellen	fabriquer	produrre	The company manufactures chemicals.
126	marble	n	'mɑ:bəl	Marmor	marbre	marmo	The columns were of white marble.
151	march	v	mɑ:tʃ	voranschreiten	passer	avanzare, marciare	Troops marched into the capital.
82	marvellous	adj	'mɑ:vələs	wunderbar	merveilleux	meraviglioso	a marvellous book
125	masterpiece	n	'mɑ:stəpi:s	Meisterwerk	chef-d'oeuvre	capolavoro	Mary Shelley was just 18 when she wrote the horror masterpiece 'Frankenstein'.
159	mate	n	meɪt	Kumpel	copain	compagno	His team mates congratulated him.
14	matinée	n	'mætɪneɪ	Frühvorstellung	matinée	mattinata	Shall we go to the matinée or the evening performance?
68	maturity	n	mə'fjuərətɪ	Reife	maturité	maturità	He showed a lack of maturity for his age.
103	mayday	n	'meɪdeɪ	SOS Mayday	SOS may-day	segnale mayday	
89	mayor	n	meə	Bürgermeister	maire	sindaco	the election of the London mayor
9	mean	adj	mi:n	geizig, knauserig	avare	avaro	Don't be so mean to your sister.

Page	Headword	Part of speech	Pronunciation	German	French	Italian	Example Sentence
34	meaningless	adj	'mi:nɪŋləs	sinnlos	dépourvu de sens	assurdo, senza senso	Life felt meaningless.
37	means	n	mi:nz əv 'trænsɒ:t	Mittel	moyen	mezzi	
30	measure	v	'meɪʒə	messen	mesurer	misurare	I measured it with a ruler.
61	memorable	adj	'memərəbəl	einprägsam	mémorable	facile da ricordare	a memorable day
121	memorable	adj	'memərəbəl	unvergesslich	inoubliable	indimenticabile	a memorable day
104	memory	n	'meməri	Gedächtnis	mémoire	memoria	She has a very good memory.
104	mental	adj	'mentl	mental	mental	mentale	Stress affects physical and mental health.
124	merit	n	'merɪt	Verdienst	mérite	merito	The new scheme has several merits.
70	mess up	phr v	mes ʌp	Unordnung machen	mettre la pagaille	incasinare	
35	messageboard	n	'mesɪdʒ, bɔ:d	schwarzes Brett	panneau d'affichage	albo	
9	messy	adj	'mesi	chaotisch, unordentlich	désordonné	caotico/ incasinato	I've never met anyone as messy as my housemate.
23	microchip	n	'maɪkrəʊ, tʃɪp	Mikrochip	puce, microchip	microchip	Japan's largest producer of microchips has just opened a factory in the UK.
11	microphone	n	'maɪkrəfəʊn	Mikrofon	microphone	microfono	She spoke confidently into the microphone.
68	middle-aged	adj	,mɪd əl 'eɪdʒd	im mittleren Alter	d'âge mûr	di mezza età	a middle-aged businessman
92	minimise	v	'mɪnɪmaɪz	auf ein Minimum reduzieren	minimiser	minimizzare	Every effort is being made to minimize civilian casualties.
76	miracle	n	'mɪrəkəl	Wunder	miracle	miracolo	It's a miracle that no one was hurt.
156	mistake	v	mə 'steɪk	fälschlich halten für	prendre qn pour qn d'autre	prendere qn per qc/qn	
92	moisture	n	'mɔɪstʃə	Feuchtigkeit	humidité	umidità	your skin's natural moisture
106	money belt	n	'mʌni belt	Geldgürtel	ceinture cache billets	cintura di denaro	
23	monitor	v	'mɒnɪtə	überwachen	surveiller	sorvegliare	Your manager will closely monitor your progress.
76	monotonous	adj	mə 'nɒtənəs	monoton	monotone	monotono	monotonous work
148	moody	adj	'mu:di	in düsterer Stimmung	morose	di cattivo umore	Were you a moody teenager?
16	moral	adj	'mɒrəl	Moral-	moral, morale	morale	This is a moral issue, not a political one.
43	moral	n	'mɒrəl	Moral	morale	morale	The moral of the story is that crime doesn't pay.
34	moreover	adv	mɔ:r'əʊvə	darüber hinaus	de plus	inoltre, oltretutto	The new design is not very good. Moreover, it is very expensive.

Page	Headword	Part of speech	Pronunciation	German	French	Italian	Example Sentence
12	motivation	n	ˌməʊtə'veɪʃən	Motivation	motivation	motivazione	Jack is very talented, but he lacks motivation.
111	motorway	n	'məʊtəweɪ	Autobahn	autoroute	autostrada	We broke down on the motorway.
116	moving	adj	'mu:vɪŋ	bewegend	émouvant	commovente	a deeply moving experience
106	mugging	n	'mʌɡɪŋ	Raubüberfall	aggression	rapina	Crime is on the increase, especially mugging and burglary.
125	multiplex	adj	'mʌltɪpleks	Multiplex	multiplexe	multiplex	
27	multi-tasking	n	'mʌlti'tɑ:skɪŋ	mehrere Dinge gleichzeitig tun	être multitâches	essere multilaterale	
64	mumble	v	'mʌmbəl	nuscheln	bredouiller	biascicare	Micky mumbled an apology.
12	mundane	adj	mʌn'deɪn	alltäglich	quotidien	quotidiano	I hate my job - it's so mundane!
96	muscle	n	'mʌsəl	Muskel	muscle	muscolo	exercises to strengthen your leg muscles
155	mystified	adj	'mɪstɪfaɪd	verblüfft	déconcerté	sbalordito	
148	naïve	adj	naɪ'ʃi:v	naiv	naïf	naïf, ingenuo, candido	Jim can be so naive sometimes.
12	nappy	n	'næpi	Windel	couche de bébé	pannolino	His nappy needs changing.
123	narrow	v	'nærəʊ	verschmälern	réduire	ridurre	The road narrows here.
153	nearsighted	adj	ˌnɪə'saɪtɪd	kurzsichtig	myope	miope	
108	necklace	n	'nek-lɪs	Halskette	collier	collana	a diamond necklace
45	needless to say	phr	'ni:dləs tə seɪ	unnötig zu sagen	inutile de dire	inutile da dire	Needless to say, with four children we're always busy.
32	neglect	v	nɪ'glect	vernachlässigen	négliger	negligere	You mustn't neglect your family.
14	negotiation	n	nɪˌɡəʊʃi'eɪʃən	Verhandlung	négociation	negoziato	I'm doing a course in business negotiation next week.
89	neon	n	'ni:ɒn saɪn	Neon	néon	neon	
154	news feed	n	nju:z fi:d	Newsfeed	RSS	RSS	
88	newscaster	n	'nju:z,kɑ:stə	Nachrichtensprecher	présentateur	conduttore	
31	niche	n	ni:ʃ, nɪʃ	Nische	place, niche	nicchia	She found her niche as a fashion designer.
30	nickname	n	'nɪkneɪm	Spitzname	surnom	soprannome	His nickname was 'Curly' because of his hair.
104	nonexistent	adj	ˌnɒnɪŋ'zɪstənt	inexistent	inexistant	inesistente	Industry in the area is virtually nonexistent.
14	non-refundable	adj	ˌnɒn ri'fʌnd əbəl	wird nicht erstattet	non remboursable	non rimborsabile	There is a £40 deposit, which is non-refundable.
108	note	n	nəʊt	Note	billet	biglietto	I'll just make a note of your new address.

Page	Headword	Part of speech	Pronunciation	German	French	Italian	Example Sentence
60	novel	adj	'nɒvəl	neuartig	original	nuovo	What a novel idea!
121	now and then	phr	naʊ ənd ðen	hin und wieder	de temps en temps	ogni tanto	
56	nuclear	n	'nju:klɪə	nuklear	nucléaire	nucleare	
35	nuclear reactor	n	'nju:klɪə ri 'æktə	Kernkraftwerk	réacteur nucléaire	reattore nucleare	
23	number plate	n	'nʌmbə pleɪt	Nummernschild	plaque d'immatriculation	targa	What colour are the number plates in your country?
156	number plate	n	'nʌmbə pleɪt	Nummernschild	plaque d'immatriculation	targa	
56	obese	adj	əʊ 'bi:s	fettleibig	obèse	obeso	
22	obesity	n	əʊ 'bi:səti, əʊ 'bi:sɪti	Fettleibigkeit	obésité	obesità	One of the biggest health problems in the UK is obesity.
70	oblige	v	ə 'blaɪdʒ	verpflichten	obliger	obbligare	Doctors are obliged to keep all medical records secret.
62	obscure	adj	əb 'skjʊə	ungenau, vage	obscur, vague	impreciso	Jarrett didn't like the plan, for some obscure reason.
40	observe	v	əb 'zɜ:v	beobachten	observer	osservare	psychologists observing child behaviour
106	obsessed	v	əb 'ses	besessen	obsédé	ossesso	A lot of young girls are obsessed by their weight.
9	obsessive	adj	əb 'sesɪv	wie besessen, zwanghaft	maniaque	ossessionato	She's obsessive about her weight.
62	obvious	adj	'ɒbvɪəs	offensichtlich	évident	evidente	an obvious mistake
153	occurrence	n	ə 'kɒrəns	Ereignis, Vorfall	occurrence	evento, accaduto	Stress-related illness is now a fairly common occurrence.
56	offender	n	ə 'fendə	Straftäter	délinquant	delinquente	an institution for young offenders
124	offensive	adj	ə 'fensɪv	agressiv	injurieux	offensivo, aggressivo	Some people found the song offensive.
24	official	n	ə 'fɪʃəl	Beamter	fonctionnaire	funzionario	US Administration officials
121	on and off	phr	ɒn ənd ɒf	ab und zu	de temps à autre	ogni tanto	He's been smoking for ten years now, on and off.besmokeyear
159	on average	prep phr	ɒn 'ævərɪdʒ	im Durchschnitt	en moyenne	mediamente	On average, men still earn more than women.
85	on balance	prep phr	ɒn 'bæləns	unterm Strich	tout bien considéré	tutto sommato	On balance, I prefer the new system.
110	on purpose	prep phr	ɒn 'pɜ:pəs	absichtlich, vorsätzlich	intentionnellement	con intenzione	I'm sorry. I didn't hurt you on purpose.
95	on the ball	prep phr	ɒn ðə bɔ:l	auf Draht	de l'esprit rapide	essere in gamba	an assistant who's really on the ball
157	one way or another	phr	wʌn weɪ ɔ: ə 'nʌðə	irgendwie	d'une manière ou d'une autre	bene o male	

Page	Headword	Part of speech	Pronunciation	German	French	Italian	Example Sentence
80	one-off	adj	ˌwʌn ˈɒf	einmalig	unique	unico	a one-off payment
106	ongoing	adj	ˈɒŋˌɡəʊɪŋ	fortgesetzt	continu	continuato	ongoing discussions
150	opponent	n	əˈpəʊnənt	Gegner	adversaire	avversario	His opponent is twice as big as he is.
21	optimism	n	ˈɒptəmɪzəm	Optimismus	optimisme	ottimismo	Not everyone shares her optimism about the country's economic future.
72	optimism	n	ˈɒptəmɪzəm	Optimismus	optimisme	ottimismo	
73	optimist	n	ˈɒptəmɪst	Optimist	optimiste	ottimista	He's an eternal optimist (=he always believes that good things will happen).
92	option	n	ˈɒpʃən	Wahl	option	opzione, scelta	It's the only option we have left.
118	orphan	n	ˈɔːfən	Waise	orphelin	orfano	The war has left thousands of children as orphans.
58	outcome	n	ˈaʊtkʌm	Ergebnis	résultat	risultato	the outcome of the election
69	outdo	v	aʊtˈduː	übertreffen	surpasser	superare	two brothers trying to outdo each other
69	outgrow	v	aʊtˈgrəʊ	herauswachsen aus	devenir trop grand pour	diventare troppo grande per	Kara's already outgrown her shoes.
117	outing	n	ˈaʊtɪŋ	Ausflug	sortie, excursion	escursione	We're going on a family outing.
58	outlook	n	ˈaʊtlʊk	Perspektive	perspectives	prospettiva	a positive outlook on life
119	outlook	n	ˈaʊtlʊk	Ansicht	perspective, vue	prospettiva, vista	a positive outlook on life
27	outrageous	adj	aʊtˈreɪdʒəs	unerhört	scandaleux	scandaloso	The price of petrol these days is absolutely <i>outrageous</i> !
37	outskirts	n	ˈaʊtskɜːts	Vorort, Stadtrand	périphérie	periferia	They have an apartment on the outskirts of Geneva.
34	overall	adj	ˌəʊvəˈɔːl	gesamt	entier	entero	The overall cost of the trip is \$500.
118	overnight	adv	ˌəʊvəˈnaɪt	über Nacht	pour la nuit	durante la notte, overnight	She's staying overnight at a friend's house.
30	overpopulation	n	ˌəʊvəˈpɒpjəˈleɪʃən	Überbevölkerung	surpopulation	sovrapopolazione	efforts to reduce overpopulation
156	overtake	v	ˌəʊvəˈteɪk	überholen	dépasser	sorpassare	The accident happened as he was overtaking a bus.
40	overwhelming	adj	ˌəʊvəˈwelmɪŋ	überwältigend	foudroyant	clamoroso	overwhelming evidence that smoking damages your health
45	owing to	conj	ˈəʊɪŋ tə	aufgrund von	en raison de	a causa di	Work on the building has stopped, owing to lack of money.
150	pack	n	pæk	Meute	meute	branco	a pack of three T-shirts
155	pain in the neck, a	idiom	əˈpeɪn ɪn ðəˈnek	Nervensäge	casse-pieds	impiastro	

Page	Headword	Part of speech	Pronunciation	German	French	Italian	Example Sentence
125	panel	n	'pænl	Platte	panneau	pannello	an oak door with three panels
30	paparazzi	n	,pæpə 'rætsi	Paparazzi	paparazzi	paparazzi	
89	paper clip	n	'peɪpə klɪp	Büroklammer	trombone	clip	
153	paralysed	adj	'pærələɪzd	gelähmt	paralysé	paralizzato	The stroke left him paralyzed.
13	paranoid	adj	'pærənɔɪd	paranoid, überängstlich	paranoïde	paranoico	She's paranoid about going out at night alone.
20	participate	v	pɑ: 'tɪsəpeɪt	teilnehmen	participer	partecipare	Eight schools participated in the project.
81	participation	n	pɑ: 'tɪsə 'peɪʃən	Teilnahme	participation	partecipazione	Participation in sport is encouraged.
9	particular	adj	bɪ pə 'tɪkjələ ə 'baʊt	sehr genau	méticuleux	accurato	My wife is very particular about the type of tea she drinks.
39	pass	v	pɑ:s	weitergeben	passer	trasmettere	We used to pass the shop every day.
45	pass away	phr v	pɑ:s ə 'weɪ	sterben	décéder, mourir	morire	
49	passion	n	'pæʃən	Leidenschaft	passion	passione	His eyes were burning with passion.
148	patience	n	'peɪʃəns	Geduld	patience	pazienza	I don't have the patience to be a teacher.
93	pay back	phr v	peɪ bæk	zurückzahlen	rembourser	rimborsare	
95	peaceful	adj	'pi:sfəl	friedlich	paisible	pacifico	The wood was cool and peaceful.
66	peach	n	pi:tʃ	Pfirsich	pêche	pesca	Anderton scored a peach of a goal.
52	peasant	n	'pezənt	Bauer	paysan	contadino	Most villagers are peasant farmers.
35	peninsula	n	pə 'nɪnsjələ	Halbinsel	péninsule	penisola	the Malay peninsula
163	percussion	n	pə 'kʌʃən	Schlagzeug	percussion	batteria	Tonight we have Paul Duke on percussion (=playing a percussion instrument).
22	permit	v/n	pə 'mɪt / 'pe:mɪt	erlauben	permettre	permettere	You need a permit to park your car here.
84	persuade	v	pə 'swedeɪd	überreden	persuader	persuadere	John was trying to persuade me to stay.
72	pessimistic	adj	,pesə 'mɪstɪk	pessimistisch	pessimiste	pessimistico	a pessimistic view of life
58	pesticide	n	'pestɪsaɪd	Pestizid	pesticide	pesticida	
155	petrified	adj	'petrɪfaɪd	versteinert	pétrifié	pietrificato	I'm absolutely petrified of dogs.
76	phenomenon	n	fɪ 'nɒmənən	Phänomen	phénomène	fenomeno	The phenomenon of laughter is unknown in animals.
16	philology	n	fə 'lɒlədʒi, fɪ 'lɒlədʒi	Philologie	philologie	filologia	He studied philology at university.
16	philosophy	n	fə 'lɒsəfi	Philosophie	philosophie	filosofia	She's studying philosophy at university.
119	physically	adv	'fɪzɪkli	körperlich	physiquement	fisicamente	Try to keep physically fit.
106	pickpocketing	n	'pɪk,pɒkɪtɪŋ	Taschendiebstahl	vol à la tire	borseggio	



Page	Headword	Part of speech	Pronunciation	German	French	Italian	Example Sentence
74	pierce	v	paɪəs	Löcher stechen	percer	fare un buco, perforare	A bullet pierced his body.
111	pinpoint	v	'pɪnpɔɪnt	genau bestimmen	indiquer exactement	con precisione assoluta	I'm trying to pinpoint where we are on the map.
124	pioneering	adj	,paɪə'niəriŋ	bahnbrechend	innovateur	pioniere	the pioneering work of NASA scientists
48	pity	n	'pɪti	schade!	dommage	peccato!	
66	placement	n	'pleɪsmənt	Platzierung	placement	piazzamento	a work experience placement
26	plain	adj	pleɪn	gewöhnlich	simple	solito	
56	plant	n	plɑ:nt	Werk, Fabrik	usine, centrale	opificio, fabbrica	Don't forget to water the plants.
51	plot	n	plɒt	Plot	intrigue	intreccio	a plot to kill the king
118	plot	n	plɒt	Plot	intrigue	intreccio, trama	a plot to kill the king
152	pocket-sized	adj	'pɒk ɪt saɪzd	im Hosentaschenformat	au format de poche	in formato tascabile	pocket-sized dictionaries
154	podcast	n	'pɒdkɑ:st	Podcast	podcast	podcast	The show is to be podcast.
50	poetry	n	'pəʊətri	Dichtung	poésie	poesia	Shelley's poetry
116	poignant	adj	'pɔɪnjənt	ergreifend, rührend	poignant	toccante	a poignant scene near the end of the film
44	pointless	adj	'pɔɪntləs	sinnlos	inutile	inutile	a pointless argument
14	policy	n	'pɒləsi	Bedingungen	conditions	condizioni	He works as a foreign policy adviser to the government.
8	politics	n	'pɒlətɪks	Politik	politique	politica	Are you interested in politics?
50	poll	n	pəʊl	Abstimmung, Wahl	élections, vote	elezione	Polls show that most people support the President.
92	poncho	n	'pɒntʃəʊ	Umhang	poncho	mantella	
34	population	n	,pɒpjə'leɪʃən	Bevölkerung	population	popolazione	What's the population of Tokyo?
61	pop-up	n	'pɒp ʌp	pop-up	pop-up	pop-up	
163	portfolio	n	pɔ:t'fəʊliəʊ	Portfolio	portfolio	portfolio	You'll need to prepare a portfolio of your work.
107	pose	v	pəʊz	sich ausgeben	se faire passer pour	contrabbandare, far passare per	
28	possession	n	pə'zefən	Besitz	possession	proprietà	Prisoners were allowed no personal possessions.
9	post-graduate	adj	pəʊst'grædʒuət	postgradual, im Aufbaustudium	de troisième cycle; après la licence	nei studi ampleati dopo la laurea	I'm a post-graduate student in philosophy.
152	postpone	v	pəʊs'pəʊn	verschieben	reporter	accantonare	The meeting has been postponed until July.

Page	Headword	Part of speech	Pronunciation	German	French	Italian	Example Sentence
50	potential	adj	pə'tenʃəl	potentiell	potentiel	potenziale	The salesmen were eager to impress potential customers.
22	poverty	n	'pɒvəti	Armut	pauvreté	povertà	Poverty and unemployment are increasing.
118	poverty	n	'pɒvəti	Armut	pauvreté	povertà	Poverty and unemployment are increasing.
20	powerful	adj	'paʊəfəl	eindrucksvoll	fort, percutant	impressionante	Who is the the most powerful man in Hollywood?
9	practical	adj	'præktɪkəl	praktisch veranlagt	pratique	pratico	The right person for the job needs to be practical and responsible.
70	preach	v	prɪ:tʃ	predigen	prêcher	pregare	The pastor preached a sermon on forgiveness.
14	pre-book	v	prɪ bʊk	im Voraus buchen	réserver d'avance	prenotare in anticipo	If you want to get tickets for the concert, you should try and pre-book them before they go on sale.
111	precise	adj	prɪ'saɪs	genau	précis	preciso	We don't yet have precise details of the agreement.
59	precision	n	prɪ'sɪʒən	Präzision	précision	precisione	Some animals can find their way in the dark with great precision.
62	predictable	adj	prɪ'dɪktəbəl	vorhersehbar	prévisible	prevedibile	an entertaining but predictable film
116	predictable	adj	prɪ'dɪktəbəl	vorhersehbar	prévisible	prevedibile	an entertaining but predictable film
56	pregnant	adj	'pregnənt	schwanger	enceinte	incinta	a pregnant woman
148	presence	n	'prezəns	Anwesenheit	présence	presenza	The document should be signed in the presence of a witness.
14	present	v	prɪ'zent	vorzeigen	présenter	presentare	If you present this flyer when you pay for your meal, you'll get a discount.
97	pressed	idiom	prest fə taɪm	unter Zeitdruck	pressé	avere fretta	
73	pressure	n	'prefə	Druck	pression, contrainte	pressione	Her family are putting pressure on her to stay at home.
69	pretence	n	prɪ'tens	Schein, Vortäuschung	faux-semblant	finta	We had to keep up the pretence that we were married.

Page	Headword	Part of speech	Pronunciation	German	French	Italian	Example Sentence
32	pretend	v	prɪ'tend	vorgeben, behaupten	faire semblant	fingere	He's not really angry – he's just pretending.
68	prime	n	praɪm	Blüte der Jahre	apogée	fiore degli anni	
8	principle	n	'prɪnsəpəl	Prinzip	principe	principio	The general principle is that free education should be available for children up to the age of sixteen.
94	principle	n	'prɪnsəpəl	Prinzip	principe	principio	the need to teach children moral principles
97	prioritise	v	praɪ'ɔːrɪtaɪz	Prioritäten setzen	donner la priorité	stabilire delle priorità	You need to prioritize your tasks.
23	privacy	n	'prɪvəsi, 'praɪ-	Privatsphäre	sphère privée	sfera privata	Teenagers need some privacy.
38	procedure	n	prə'si:dʒə	Vorgehen	procédure	procedura	the procedure for getting a visa
47	procrastination	n	prə,kɹæstə'neɪʃən	Verzögerung, Verschleppung	procrastination	procrastinazione	
152	product	n	'prɒdʌkt	Produkt	produit	prodotto	a list of new food products
97	productive	adj	prə'dʌktɪv	produktiv	productif	produttivo	a productive meeting
156	prohibit	v	prə'hɪbɪt	untersagen	interdire	interdire, proibire	
22	project	n	'prɒdʒekt	Projekt	projet	progetto	The scientists have just begun a three-year research project.
72	promising	adj	'prɒməsɪŋ	vielversprechend	prometteur, encourageant	promettente	a promising young actor
61	promote	v	prə'məʊt	bewerben	promouvoir, faire de la publicité pour	reclamizzare	a meeting to promote trade between Taiwan and the UK
25	prompt	adj	prɒmpt	unverzüglich	rapide	rapido	Prompt action must be taken.
119	prop	n	prɒp	Requisit	accessoire	accessorio	Anna looks after costumes and props.
13	proper	adj	'prɒpə	richtig	vrai	vero	I've never been to a proper Mexican restaurant before.
76	property	n	'prɒpəti	Eigentum	propriété	proprietà	Police recovered some of the stolen property.
76	protein	n	'prəʊti:n	Protein	protéine	proteina	
119	provide	v	prə'vaɪd	beisteuern	fournir	contribuire	Tea and biscuits will be provided.
124	provocative	adj	prə'vɒkətɪv	provokativ	provocateur	provocante	a provocative comment
35	proximity	prep phr	ɪn kləʊz prɒk'sɪmɪti tə	Nähe	proximité	vicinanza	
85	public figure	n	'pʌblɪk 'fɪgə	öffentliche Person	personnage public	persona pubblica	
82	pull out	phr v	pʊl aʊt	aussteigen aus	se retirer	scendere da	
156	pull out	phr v	pʊl aʊt	herausfahren	sortir	uscire	Some idiot pulled out in front of me.

Page	Headword	Part of speech	Pronunciation	German	French	Italian	Example Sentence
156	punish	v	'pʌnɪʃ	bestrafen	punir	punire	
51	punk	adj	pʌŋk	Punk	punk	punk	punk music
28	purchase	v	'pɜ:tʃɪs	Kauf	achat	acquisto, vendita	Where did you purchase the car?
93	purchase	v	'pɜ:tʃɪs	kaufen	acheter	comprare	Where did you purchase the car?
25	pursue	v	pə'sju:	verfolgen	poursuivre	perseguire	He hoped to pursue a career in film-making.
108	put down	phr v	put daʊn	anzahlen	verser un acompte	dare un acconto per	Put those heavy bags down for a minute.
32	put off	phr v	put ɒf	aufschieben	reporter	accantonare	
33	put off	phr v	put ɒf	aufschieben	reporter	accantonare	
49	put off	phr v	put ɒf	abschrecken, etwas verleiden	décourager, dégoûter	disamorare	
11	put up	phr v	put ʌp	aufstellen, aufhängen	monter	montare	They're putting up several new office blocks in the centre of town.
23	put up	phr v	put ʌp	hochstellen, hochladen	télécharger	caricare	
82	put up	phr v	put ʌp	aushalten	supporter	sopportare	
155	puzzled	adj	'pʌzəld	verwirrt	perplexe	perplesso	Dan had a puzzled expression on his face.
33	quarrel	v	'kwɒrəl	Streit	dispute	litigio	She's always quarrelling with her sister.
76	quest	n	kwest	Suche, Bestreben	quête	ricerca	a quest for knowledge
73	quit	v	kwi:t	aufhören	arrêter	smettere	I'm thinking about quitting school.
80	racism	n	'reɪsɪzəm	Rassismus	racisme	razzismo	The government has promised to continue the fight against racism.
126	racquet	n	'rækət, 'ræktɪ	Schläger	raquette	racchetta	
49	raise	v	reiz	großziehen	élever	crescere	Raise your hand if you know the answer.
82	range	n	reɪndʒ	Reihe	gamme	gamma	The Centre provides a range of services for the elderly.
56	rank	v	ræŋk	zählen zu	compter parmi	annoverare tra/ contare tra	The lake must rank as one of the most beautiful in Europe.
120	rarity	n	'reərəti	Seltenheit	phénomène rare	rarietà	Old cars in good condition are a rarity.
28	rat race	n	ræt reɪs	Hetze	stress quotidien	sobillamento, fretta	
12	rate	v	reit	bewerten	évaluer	valutare	Johnson is rated one of the best basketball players in the world.
120	rave review	n phr	reɪv ri'vju:	überschwängliche Kritik	critique élogieuse	critica esagerata	

Page	Headword	Part of speech	Pronunciation	German	French	Italian	Example Sentence
126	raw	adj	rɔ:	roh	cru	crudo	raw onions
70	react	v	rɪ'ækt	reagieren	réagir	reagire	The audience reacted by shouting and booing.
86	readership	n	'ri:dəʃɪp	Leserschaft	lecteurs	lettori	a magazine with a readership of 60,000
73	realist	n	'rɪəlɪst	Realist	réaliste	realista	She had always been a realist, not a dreamer.
96	recall	n	rɪ'kɔ:l, 'ri:kɔ:l	Erinnerung	mémoire	recordo, memoria	A child's recall is usually accurate.
93	receipt	n	rɪ'si:t	Beleg	reçu	ricevuta	Always keep the receipt.
62	recipe	n	'resəpi	Rezept	recette	ricetta	a recipe for chocolate cake
10	recipient	n	rɪ'sɪpiənt	Empfänger	destinataire	destinatario	Who was the recipient of the Nobel Peace Prize last year?
69	reckon	v	'rekən	glauben, vermuten	croire	credere	We've done all we can, I reckon.
49	recognisable	adj	rekɔg 'nɪzəbl	wiedererkennbar	reconnaissable	riconoscibile	
104	recollection	n	ˌrekə'leɪʃən	Erinnerung	mémoire, souvenir	memoria, ricordo	He had no recollection of the accident.
118	recommend	v	ˌrekə'mend	empfehlen	recommander	raccomandare	Dentists strongly recommend that you change your toothbrush every few months.
118	recommendation	n	ˌrekəmen'deɪʃən		recommandation, préconisation	raccomandazione	The committee made detailed recommendations to the school.
22	record	n	'rekɔ:d	Rekord	record	record	Who holds the world record for the men's 100-metre sprint?
93	recover	v	rɪ'kʌvə	zurückerhalten	récupérer	ricevere indietro	My uncle is recovering from a heart attack.
45	recovery	n	rɪ'kʌvəri	Genesung	guérison	convalescenza	He has made a remarkable recovery from the operation.
21	recruit	v	rɪ'kru:t	einstellen, anwerben	recruter	impiegare	It's not easy to recruit well-qualified people.
12	recurring	adj	rɪ'kɜ:rɪŋ	wiederkehrend	récurrent	ricorrente	Your son's bad behaviour seems to be a recurring problem.
152	reduce	v	rɪ'dju:s	reduzieren	réduire	ridurre	They're trying to reduce the number of students in the college.
26	reduction	n	rɪ'dʌkʃən	Rückgang	réduction	riduzione	a reduction in the number of students choosing science
106	reduction	n	rɪ'dʌkʃən	Rückgang	réduction	riduzione	a reduction in the number of students choosing science

Page	Headword	Part of speech	Pronunciation	German	French	Italian	Example Sentence
152	re-enter	v	ri: 'entə	wieder eintreten	entrer à nouveau	rientrare	
8	reference	n	'referəns	Empfehlung	référence	referenza	If you are interested in the job, please send us a copy of your CV and a reference from a previous employer.
34	reflect	v	rɪ 'flekt	widerspiegeln	réfléter	riflettere	The mountain was reflected in the waters of the lake.
125	reflect	v	rɪ 'flekt	reflektieren	réfléter	riflettere	The mountain was reflected in the waters of the lake.
117	refugee	n	ˌrefju: dʒi:	Flüchtling	réfugié	rifugiato	a refugee camp near the border
25	regard	v	rɪ 'gɑ:d	betrachten	considérer	considerare	I've always regarded you as my friend.
121	reggae	n	'regeɪ	Reggae	reggae	reggae	
21	region	n	'ri:dʒən	Region	région	regione	She travelled through the north-eastern region of Russia.
24	register	v	'redʒɪstə	registrieren	enregistrer	registrare	You need to register with a doctor.
120	register	v	'redʒɪstə	anmelden	se présenter	registrare	You need to register with a doctor.
16	reinvent yourself	v phr	ˌri:ɪn'vent jɔ: 'self	erfinde dich neu, erfinden Sie sich neu	réinvente-toi, réinventez-vous	reinventati, reinventate	Many pop singers of the 80s are trying to reinvent themselves to sell more records.
12	relate to	v	rɪ 'leɪt tə	sich identifizieren mit	s'identifier à	identificarsi con	I like watching her TV show because I feel I can really relate to her experiences.
104	reliable	adj	rɪ 'laɪəbəl	zuverlässig	fiable	affidabile	Rick is hard-working and very reliable.
163	reliance	n	rɪ 'laɪəns	Abhängigkeit	dépendance	dipendenza	our reliance on imported oil
78	relief	n	rɪ 'li:f	Erleichterung	soulagement	solievo	a tremendous feeling of relief
11	relieved	adj	rɪ 'li:vɪd	erleichtert	soulagé	facilitato	I was relieved to be out of hospital and back home.
8	relocate	v	ˌri:ləʊ 'keɪt	umziehen	délocaliser, déménager	cambiare casa, trasferirsi	Our company relocated from Birmingham to Glasgow.
119	rely on	v	rɪ 'laɪ ɒn	sich verlassen auf	compter sur	affidarsi	
37	remains	n	rɪ 'meɪnz	Reste	restes	resti	the remains of a temple
112	remarkable	adj	rɪ 'mɑ:kəbəl	bemerkenswert	remarquable	rimarchevole	a remarkable achievement
35	remote	adj	rɪ 'məʊt	abgelegen	éloigné	remoto	a remote village
162	remove	v	rɪ 'mu:v	beseitigen	éliminer	rimuovere, eliminare	The police will remove any illegally parked cars.

Page	Headword	Part of speech	Pronunciation	German	French	Italian	Example Sentence
81	renowned	adj	rɪˈnaʊnd	berühmt	illustre	illustre/famoso	an island renowned for its beauty
8	rent out	phr v	rent aʊt	vermieten	louer	affittare	We've got a house in the south of France which we rent out to holiday makers.
58	replacement	n	rɪˈpleɪsmənt	Ersatz	remplaçant	ricambio	We're waiting for Mr Dunley's replacement.
109	reputable	adj	ˈreɪpətəbəl	mit gutem Ruf	de bonne réputation	con buona reputazione/fama	a reputable company
49	reputation	n	ˌreɪpəˈteɪʃən	Reputation	réputation	reputazione	a man with a reputation for honesty
25	request	v	rɪˈkwest	auffordern	demander	esortare	The pilot requested permission to land.
163	request	n	rɪˈkwest	Aufforderung, Verlangen	demande	richiesta, domanda	We've made a request for new equipment.
22	research	n	rɪˈsɜːtʃ, ˈriːsɜːtʃ	Untersuchungen	recherches	ricerche	scientific research into heart disease
18	reserved	adj	rɪˈzɜːvd	zurückhaltend	réservé	riservata	Ellen was a shy, reserved girl.
49	resign	v	rɪˈzaɪn	kündigen	démisionner	licenziare	Burton resigned from the company yesterday.
58	resistance	n	rɪˈzɪstəns	Abwehrkraft	résistance	forza di difesa	There is strong public resistance to the new taxes.
25	resolve	v	rɪˈzɒlv	lösen	résoudre	risolvere	efforts to resolve the conflict in the Middle East
106	reveal	v	rɪˈviːl	enthüllen	révéler	rivelare	The information was first revealed in a Sunday newspaper.
153	reversal	n	rɪˈvɜːsəl	Tausch, Umkehr	renversement	cambio, ritorno	a sudden reversal of government policy
118	reviewer	n	rɪˈvjuːə	Kritiker	critique	critico	
58	revolutionise	v	ˌrevəˈluːʃənəɪz	revolutionieren	révolutionner	rivoluzionare	New technology is going to revolutionize everything we do.
50	rhyme	n	rɑɪm	Reim	rime	rima	a collection of traditional rhymes with illustrations
163	rhythm	n	ˈrɪðəm	Rhythmus	rythme	ritmo	Drums are basic to African rhythm.
110	ridiculous	adj	rɪˈdɪkjələs	absurd	absurde	assurdo	That's a ridiculous idea!
157	ring a bell	v phr	rɪŋ ə bel	bekannt vorkommen	dire qch à qqn	sembrare di conoscere	Her name rings a bell, but I can't remember her face.
104	rip off	phr v	rɪp ɒf	wegreißen	arracher	travolgere	
100	ritual	n	ˈrɪtʃuəl	Ritual	rituel	rituale	church rituals
101	roast	v	rəʊst	backen	rôtir	arrostire	Are you going to roast the chicken?

Page	Headword	Part of speech	Pronunciation	German	French	Italian	Example Sentence
89	rock icon	n	rɒk 'aɪkɒn	Rockikone	icône rock	icone di rock	
39	roll	v	rəʊl	rollen	rouler	rollare	The ball rolled across the lawn.
88	rolling news	n	'rəʊlɪŋ nju:z	Nachrichtenschleife	information continue	notizie continue	
45	roommate	n	'ru:m, meɪt, 'rʊm-	Zimmergenosse	camarade de chambre	compagno di stanza	one of my college roommates
121	rough and ready	phr	rʌf ənd 'redi	schlecht und recht	tant bien que mal	alla bell'e meglio	The tests are only a rough and ready guide to a pupil's future development.
101	rowdy	adj	'raʊdi	laut	tapageur	clamoroso	rowdy children
120	ruin	v	'ru:ɪn	ruinieren	ruiner	rovinare	This new road will ruin the countryside.
124	rumoured	adj	'ru:məd	Gerüchten zufolge	on dit que...	corre voce che...	It was rumoured that a magazine offered £10,000 for her story.
42	run out	phr v	rʌn aʊt	zur Neige gehen	ne plus rester	volgere alla fine	We've run out of sugar.
111	run over	phr v	rʌn 'əʊvə	überfahren	écraser	tirare sotto	He was run over and killed by a bus.
52	rural	adj	'rʊərəl	ländlich, auf dem Land	rural	rurale	a peaceful rural setting
149	rural	adj	'rʊərəl	ländlich	rural	rurale	The country's rural areas have been the worst affected by the disaster.
17	rush in	phr v	rʌʃ ɪn	hineinstürmen	entrer précipitamment	entrare freneticamente	We all rushed into her office to congratulate her on her promotion.
97	ruthlessly	adv	'ru:θ ləslɪ	rücksichtslos	sans pitié	senza riguardo	The uprising was ruthlessly suppressed.
93	sack	v	sæk	entlassen	mettre qn à la porte	licenziare	Campbell was sacked for coming in drunk.
25	safeguard	v	'seɪfɡɑ:d	sicher aufbewahren	sauvegarder	salvaguardia	laws to safeguard endangered animals
11	satisfied	adj	'sætəsfaɪd	zufrieden	satisfait	contento	I'm not really satisfied with the way he cut my hair.
59	saturate	v	'sætʃəreɪt	sättigen	saturer	saziare	Rain had saturated the ground.
39	sauté	v	'səʊteɪ	sautieren	faire sauter	far saltare in padella	Sauté the onions for 5 minutes.
125	scale	n	skeɪl	Schuppe	écaille	scaglia	a large-scale development project
103	scam	n	skæm	Betrug	escroquerie	raggiro	He got involved in a credit card scam.
14	scenario	n	sə'nɑ:riəʊ	Szenario	scénario	scenario	The worst-case scenario would be if the college had to close.
37	scenery	n	'si:nəri	Umgebung	cadre, environs	circondario, ambiente	Alaska's magnificent scenery
81	schedule	n	'ʃedju:l, 'ske-	Programm	programme	programma	The project looks like finishing on schedule.
74	scooter	n	'sku:tə	Moped, Motorroller	scooter	motorino	
156	scratch	v	skrætʃ	zerkratzen	érafler	sgraffiare	Try not to scratch those mosquito bites.



Page	Headword	Part of speech	Pronunciation	German	French	Italian	Example Sentence
118	script	n	skɪpt	Drehbuch	script	sceneggiatura, copione	Arabic script
122	seat	v	si:t	Sitzplätze bieten	accueillir	accomodarsi	The new Olympic stadium seats over 70,000.
126	seaweed	n	'si:wi:d	Alge, Seegras	algue	alghe	
148	secrecy	n	'si:krəsi	Geheimhaltung	confidentialité	segretezza	The operation was carried out in total secrecy.
109	section	n	'sekʃən	Abschnitt	section	sezione	Some sections of the motorway are very busy.
35	sector	n	'sektə	Abschnitt	secteur	settore	the public sector (=businesses controlled by the government)
25	secure	adj	sɪ'kuə	sicher	sûr, en sûreté	secco, a	a secure job
37	security	n	sɪ'kjʊərəti	Sicherheitskontrolle	sécurité	controllo di sicurezza	the man in charge of airport security
66	seduce	v	sɪ'dju:s	verführen	séduire	sedurre	people who were seduced into investing in the company
155	see eye to eye	idiom	si: aɪ tə aɪ	einer Meinung sein	être d'accord	essere d'accordo	We didn't exactly see eye to eye.
69	seek	v	si:k	suchen	chercher	cercare	The UN is seeking a political solution.
33	selfish	adj	'selfɪʃ	egoistisch	égoïste	egoistico	That was a very selfish thing to do.
120	sell-out	adj	'selaʊt	ausverkauft	complet	completo, esaurito	The concert was expected to be a sell-out.
52	semi-fictional	adj	'semi 'fɪkʃənəl	mehr oder weniger fiktiv	plus ou moins fictif	più o meno finto, a	
53	sends shivers up your spine	phr	sendz 'ʃɪv əz ʌp jɔ: spaɪn	Gänsehaut verursachen	donner des frissons	provocare pelle d'oca	
86	sensationalism	n	sen 'seɪʃənəlɪzəm	Sensationen	le sensationnel	sensazionale	
11	sense	v	sens	spüren	sentir	sentire	I could sense that something was wrong.
62	senseless	adj	'sensləs	sinnlos, unvernünftig	insensé	senza senso	senseless violence
9	sensible	adj	'sensəbəl	vernünftig	raisonnable	ragionevole	She's a very sensible girl.
163	sensitivity	n	'sensə'tɪvəti	Gespür	sensibilité	sensibilità	His comments show a lack of sensitivity.
80	serial	n	'sɪəriəl	Serie	feuilleton	serial, sceneggiato	a television serial
110	serial number	n	'sɪəriəl 'nʌmbə	Seriennummer	numéro de série	numero di serie	Each computer has a serial number on it.
80	series	n	'sɪəri:z	Serie	série	seriale	series of accidents
150	series	n	'sɪəri:z	Reihe	série	serie	series of accidents
112	set sail	v phr	set seɪl	Segel setzen	prendre la mer	issare le vele	The ship set sail at dawn.

Page	Headword	Part of speech	Pronunciation	German	French	Italian	Example Sentence
49	set up	phr v	set ʌp	gründen	fonder	fondare	She left the company to set up her own business.
52	setting	n	'setɪŋ	Handlungsort	cadre	scenario	a farmhouse in a beautiful setting
118	setting	n	'setɪŋ	Ort der Handlung	cadre	scenario	a farmhouse in a beautiful setting
49	settle down	phr v	'setl daʊn	sich niederlassen	s'installer	insediarsi	Settle down, class.
92	shelter	n	'feltə	Unterkunft	abri	alloggiamento	He was standing in the shelter of a doorway.
153	shiver	v	'ʃɪvə	zittern	grelotter	tremare	Come inside, you're shivering.
117	shoot to fame	v phr	ʃu:t tə feɪm	auf einen Schlag berühmt werden	e retrouver propulsé sur le devant de la scene		
106	shoplifting	n	'ʃɒp,lɪftɪŋ	Ladendiebstahl	vol à l'étalage	taccheggio	She was arrested for shoplifting.
34	shopping trolley	n	'ʃɒpɪŋ 'trɒli	Einkaufswagen	caddie, chariot	carrello della spesa	
9	short	adj	ʃɔ:t	knapp	à court (d'argent)	breve/corto	Can you lend me a fiver (=£5)? I'm a bit short on cash.
123	shorten	v	'ʃɔ:tn	kürzer werden	diminuer	accorciarsi	Smoking shortens your life.
96	short-term	adj	ʃɔ:t 'tɜ:m	Kurzzeit-	à court terme	a corto termine	
121	sick and tired	phr	sɪk ənd taɪəd	etwas gründlich satt haben	en avoir marre de	essere arcistufu di	
39	sieve	v	sɪv	sieben	tamiser	filtrare	Sieve the flour and cocoa powder into a bowl.
14	sign up	phr v	sɑɪn ʌp	anmelden	s'inscrire	iscrivere	The Yankees signed him up when he finished college.
34	signal	n	'sɪgnəl	Signal	signal	segnale	That was the signal for me to switch out the lights.
57	significant	adj	sɪg'nɪfɪkənt	bedeutend	important	importante	significant changes in the exam system
157	sink or swim	phr	sɪŋk ɔ: swɪm	friss oder stirb	marche ou crève	o la va o la spacca	They don't give you a lot of guidance – you're just left to sink or swim, really.leave
80	sitcom	n	'sɪtkɒm	Sitcom	sitcom	sitcom	
20	sketch	n	sketʃ	Sketch	sketch	sketch	Dave drew a rough sketch of his apartment.
80	sketch show	n	sketʃ ʃəʊ	Sketchsendung	émission de sketch	emissione di sketch	
156	skid	v	skɪd	schlittern	déraper	scivolare, slittare	The car skidded on ice.
151	slide	v	slaɪd	gleiten	glisser	scivolare	The children were sliding along the ice.

Page	Headword	Part of speech	Pronunciation	German	French	Italian	Example Sentence
46	slip	v	slɪp	ausrutschen	glisser	sdruciolare	Be careful not to slip – I just mopped the floor.
61	slogan	n	'sləʊgən	Slogan, Werbespruch	slogan	slogan	an advertising slogan
35	slope	n	sləʊp	Abhang	flanc	discesa	The house was built on a slope.
116	slot	n	slɒt	Sendeplatz	créneau	spazio	Put 20p in the slot and see how much you weigh.
118	slum	n	slʌm	Elendsviertel	quartier pauvre	bassifondi	He had grown up in the slums of Chicago.
107	snatch	v	snæʃ	schnappen	voler	arraffare	The boy snatched the note from her hand.
153	sneeze	v	sni:z	niesen	éternuer	starnutire	The dust is making me sneeze.
119	sniff	v	sniʃ	riechen an	sentir	annusare	Stop sniffing and blow your nose.
105	sniper	n	'snaɪpə	Heckenschütze	tireur embusqué	cecchino	
150	snooker	n	'snu:kə	Snooker (Billardspiel)	snooker (variante du billard)	snooker	They meet up every Friday to play snooker.
89	snow globe	n	snoʊ gləʊb	Schneeglas	boule à neige	boccia di neve	
80	soap opera	n	səʊp 'ɒpərə	Seifenoper	soap	soap opera	
42	soar	v	sɔ:	stark steigen	monter en flèche	montare forte	The temperature soared to 32°.
9	sociable	adj	'səʊfəbəl	gesellig	sociable	socievole	Gen and John are a pleasant, sociable couple.
6	social networking site	n	'netwɜ:kɪŋ saɪt	soziales Netzwerk	réseau social	rete sociale	Facebook is the most well-known social networking site.
82	sociologist	n	'səʊʃi 'ɒl ədʒɪst	Soziologe	sociologue	sociologo	
152	solar-powered	adj	'səʊlə 'paʊəd	solarbetrieben	qui fonctionne à l'énergie solaire	commosso per energia solare	
74	solo	adv	'səʊləʊ	allein	seul	solo	When did you first fly solo?
157	song	n	sɒŋ	Lied	chanson	canzone	
157	sooner or later	phr	'su:n ɔ: 'leɪtə	früher oder später	tôt ou tard	prima o poi	He's bound to find out sooner or later.
73	sort out	phr v	sɔ:t aʊt	in Ordnung bringen	mettre bon ordre à	mettere in ordine	
119	sound	adj	saʊnd	solide	solide	solido	Our helpline offers sound advice to new parents.
101	sour	adj	sauə	sauer	aigre	agro, arrabbiato	
25	spam	n	spæm	Spam	spam	spam	You can filter out spam with special software.

Page	Headword	Part of speech	Pronunciation	German	French	Italian	Example Sentence
23	speed camera	n	spi:d 'kæməərə	Radarkontrolle	contrôle-radar	controllo radar	There are speed cameras <i>everywhere</i> nowadays!
80	speedboat	n	'spi:dbəʊt	Rennboot	vedette	motoscafo	
92	spokesman	n	'spəʊksmən	Sprecher	porte-parole	annunciatore	a White House spokesman
22	sponsor	v	'spɒnsə	finanziell unterstützen	sponsoriser	sponsorizzare	This competition is sponsored by British Airways
64	spontaneous	adj	spɒn'teɪniəs	spontan	spontané	spontaneo	a spontaneous reaction
8	sportswear	n	'spɔ:tsweə	Sportkleidung	vêtements de sport	abbigliamento sportivo	It is unacceptable to wear sportswear to work.
24	spot check	n	spɒt tʃek	Stichprobenkontrolle	contrôle surprise	controllo a campione	Police are doing spot checks on cars.
153	sprain	v	spreɪn	Verstauchung	se faire une entorse	storcere	I fell and sprained my ankle.
95	spring	n	sprɪŋ	Federn	élasticité	elasticità	
39	sprinkle	v	'sprɪŋkəl	bestreuen	saupoudrer	costellare	Sprinkle the cheese over the salad.
45	stab in the back	v phr	stæb ɪn ðə bæk	in den Rücken fallen	poignarder dans le dos	voltare le spalle a qcn	I trusted him until he stabbed me in the back.
151	stagger	v	'stæɡə	überraschen	stupéfier	sorprendere, perplimere	Tom staggered drunkenly into the kitchen.
106	stalking	n	'sto:kɪŋ	Stalking	filature	stalking	
49	stamina	n	'stæməne	Ausdauer	persévérance	stamina, perseveranza	exercises to improve speed and stamina
119	stand-up	adj	'stændʌp	Stand-up-	one-man show comique	una commedia di un solo uomo	a stand-up comedian
45	stare	v	steə	starren	regarder fixement	fissare	She stared at me in horror.
44	starfish	n	'sta: 'fɪʃ	Seestern	étoile de mer	stella di mare	
159	start off	phr v	stɑ:t ɒf wɪð	beginnen	démarrer, commencer	cominciare	
111	statement	n	'steɪtmənt	Aussage	déclaration	dichiarazione	
119	stationary	adj	'steɪʃənəri	standortgebunden	stationnaire	essere vincolato a un posto	a stationary vehicle
126	statuette	n	'stætʃu'et	Statuette	figurine	statuetta	
28	status	n	'steɪtəs	Status	prestige	status	the status of women in society
56	status	n	'steɪtəs	Status	prestige	status	
156	steering wheel	n	'stiəriŋ wi:l	Lenkrad	volant	volante	
11	step	n	step	Schritt	pas	passo	It took me ages to learn the basic steps of salsa dancing.
89	step by step	n phr	step baɪ step	Stück für Stück	petit à petit	pezzo per pezzo	Take each lesson step by step.

Page	Headword	Part of speech	Pronunciation	German	French	Italian	Example Sentence
49	step down	phr v	step daʊn	zurücktreten	démissionner	arretrare	
27	stereotype	n	'steriətaɪp, 'stɪər-	Stereotyp	stéréotype	stereotipico	stereotypical images of women
94	stick to	phr v	stɪk tə	treu bleiben	s'en tenir à	rimanere fedele	
153	stiff	adj	stɪf	steif	raide	rigido	I've got a stiff neck.
29	stimulating	adj	'stɪmjələɪtɪŋ	anregend	stimulant	stimulante	a stimulating conversation
124	stimulating	adj	'stɪmjələɪtɪŋ	anregend	stimulant	stimolante	a stimulating conversation
39	stir	v	stɜː	rühren	remuer	mescolare	Add milk, then stir for five minutes.
120	stir	n	stɜː	Aufregung	sensation	agitazione	
36	stop off	phr v	stɒp ɒf	Zwischenstation einlegen	faire une escale	fermarsi ad una stazione intermedia	We stopped off at the supermarket on the way home.
56	storage	n	'stɔːrɪdʒ	Lagerung	stockage	stoccaggio	a shed for the storage of tools
159	straightaway	adv	,streɪtə 'weɪ	sofort	tout de suite	subito	We need to start work straightaway.
44	stranded	adj	'strændɪd	gestrandet	jeté sur la côte	arenato	Bad weather left travellers stranded.
40	strap	v	stræp	festschnallen	attacher	affibbiare	Make sure your backpack is strapped on tightly.
21	strength	n	streŋθ, strenθ	Stärke	force	forza	The strength and optimism of the tsunami victims is an inspiration to us all.
24	stretch	n	stretʃ	Abschnitt	tronçon	tronco	a beautiful stretch of coastline
40	stretch	v	stretʃ	strecken	étirer	estendere	Don't stretch my jumper!
70	strict	adj	strikt	streng	strict	severo	a strict teacher
63	strike	v	straɪk	beeindrucken	frapper	impressionare	The car struck a tree.
117	strike back	phr v	straɪk bæk	zurückschlagen	contre-attaquer	controbattere	We instruct our staff never to strike back, however angry they feel.
153	stroke	n	strəʊk	Schlaganfall	congestion cérébrale	colpo apoplettico	He had a stroke last year.
44	stroll	v	strɔːl	spazieren	flâner, se promener	passaggiare	We strolled along the beach.
32	stubborn	adj	'stʌbən	beharrlich, dickköpfig	obstiné, entêté	testardo, tignoso	Steve can be very stubborn sometimes.
111	stuck	adj	stʌk	stecken bleiben	se coincer	bloccarsi	
76	stumble across	phr v	'stʌmbəl ə 'krɒs	stolpern über	tomber par hasard sur	incespicare, inciampare	
109	subheading	n	'sʌb 'hedɪŋ	Untertitel	sous-titre	sottotitolo	
47	submission	n	səb'mɪʃən	Einreichung	contribution	contrubuzione	The prisoners were starved into submission.

Page	Headword	Part of speech	Pronunciation	German	French	Italian	Example Sentence
56	subsidy	n	'sʌbsədi	Subvention	subvention	sovvenzione	international disagreement over trade subsidies
22	subtropical	adj	,sʌb'trɒpɪkəl	subtropisch	subtropical	subtropicale	My country has a subtropical climate.
30	suicide	n	'su:əsəɪd, 'sju:-	Selbstmord	suicide	suicidio	There's been a rise in the number of suicides among young men.
29	suitable	adj	'su:təbəl, 'sju:-	geeignet	adéquat	adatto	We are hoping to find a suitable school.
34	sum up	v phr	sʌm ʌp	zusammenfassen	résumer	riassumere	I've given a brief summary on a separate sheet.
118	summary	n	'sʌməri	Zusammenfassung	sommaire	sommario	
35	summit	n	'sʌmɪt	Gipfel	sommet	picco	an economic summit
156	sun roof	n	sʌn ru:f	Schiebedach	toit ouvrant	tetto apribile	
96	sunrise	n	'sʌnraɪz	Sonnenaufgang	lever du soleil, aurore	levata del sole	In the summer we start work at sunrise and finish at sunset.
14	supervision	n	,su:pə'vɪʒən	Aufsicht	supervision	supervisione	Part of your job involves the supervision of new employees.
86	supplement	n	'sʌpləmənt	Beilage	supplément	supplemento	You may need vitamin supplements.
98	supportive	adj	sə'pɔ:tɪv	unterstützend, hilfsbereit	d'un grand secours	disponibile, collaborativo	Mark and Sally are very supportive of each other.
24	surge	n	sɜ:dʒ	Anstieg	hausse, montée, accroissement	aumento	a surge in oil prices
80	surroundings	n	sə'raʊndɪŋz	Umgebung	environnement	dintorni	I soon got used to my new surroundings.
23	surveillance	n	sə'veɪləns	Überwachung	surveillance	sorveglianza	Police have the man under surveillance.
56	survey	n	'sɜ:veɪ	Umfrage	sondage	inchiesta, sondaggio	We conducted a survey of people's eating habits.
60	susceptible	adj	sə'septəbəl	empfindlich	prédisposé	sensibile	I've always been very susceptible to colds.
72	suspicious	adj	sə'spɪʃəs	misstrauisch	méfiant	sospettoso	a suspicious package
45	swan	n	swɒn	Schwan	cygne	cigno	
66	swap	v	swɒp	umtauschen	échanger, changer	barattare	Can I swap seats with you?
150	swarm	n	swɔ:m	Schwarm	masse	torma	a swarm of bees
60	swat	v	swɒt	totschlagen	écraser	ammazzare	He calmly swatted a couple of flies.
123	sway	v	sweɪ	schwanken	osciller	oscillare	Trees swayed gently in the breeze.

Page	Headword	Part of speech	Pronunciation	German	French	Italian	Example Sentence
156	swerve	v	swɜ:v	seitlich ausscheren	faire un écart à	sterzare bruscamente a lato	She swerved but too late.
112	swing	v	swɪŋ	schwingen	balancer	oscillare	a sign swinging in the wind
60	swing in	phr v	swɪŋ ɪn	sich herbeischießen	se balancer	pendolare	
42	swipe	v	swaɪp	ziehen	passer	passare	She swiped me across the face.
107	switch	v	swɪtʃ	vertauschen	changer	scambiare	If you switch to a low-fat diet, your health will improve.
153	swollen	adj	'swəʊlən	geschwollen	enflé	gonfio	swollen glands
10	sympathetic	adj	,sɪmpə'θetɪk	sympathisch	sympathique	simpatico	You should talk to Kerry - she's very sympathetic.
84	symptom	n	'sɪmptəm	Symptom	symptôme	sintomo	Chest pain can be a symptom of heart disease.
86	tabloid	n	'tæbloɪd	Boulevardzeitung	tabloïde	giornale scandalistico	tabloid journalists
150	tackle	v	'tækəl	in Angriff nehmen, angreifen	s'attaquer à, prendre de front	attaccare	a new attempt to tackle the problem of homelessness
98	tactful	adj	'tæktfəl	taktvoll	discret	discreto	There was no tactful way of phrasing what he wanted to say.
156	tail light	n	teɪl laɪt	Rücklicht	feu arrière	luci posteriori	
108	take advantage of	v phr	teɪk əd'vɑ:ntɪdʒ əv	Vorteil ziehen aus	tirer profit de	avvantaggiarsi di	
82	take back to	phr v	teɪk bæk	erinnern an	réveiller des souvenirs en qn	ricordare a qn/qc	
84	take credit	v phr	teɪk 'kredɪt	die Urheberschaft beanspruchen	s'attribuer le mérite	prendersi il merito	
68	take for granted	v phr	teɪk fə'grɑ:ntəd	als selbstverständlich hinnehmen	prendre pour acquis	prendere per scontato	
157	take it or leave it	phr	teɪk ɪt ɔ: li:v ɪt	ja oder nein, wie Sie wollen	c'est à prendre ou à laisser	prendere o lasciare	
49	take on	phr v	teɪk ɒn	anstellen, beschäftigen	embaucher	impegnare, occupare	
154	take on	phr v	teɪk ɒn	einstellen; antreten gegen	embaucher; affronter	assumere; battersi contro	
152	take over	phr v	teɪk 'əʊvə	übernehmen	s'emparer de	assumersi	His son will take over the business.
38	take possession	v phr	teɪk pə'zefjən	in Besitz nehmen, an sich nehmen	prendre possession	possessarsi di	
49	take to	phr v	teɪk tə	Gefallen finden an	se prendre d'affection pour	trovare piacere in qc	
49	take up	phr v	teɪk ʌp	anfangen	se mettre à	cominciare	

Page	Headword	Part of speech	Pronunciation	German	French	Italian	Example Sentence
9	takeaway	n	'teɪkəweɪ	Gericht zum Mitnehmen	repas à emporter	cibo de asporto	Do you fancy a Chinese takeaway tonight?
33	talkative	adj	'tɔ:kətɪv	gesprächig	bavard	discorsivo	
64	tap	n	tæp	Wasserhahn	robinet	rubinetto	You forgot to turn off the tap.
12	tap dancing	n	tæp da:nsɪŋ, dæŋsɪŋ	Stepptanz	danse à claquettes	tip tap	Jenny's just started tap-dancing classes.
12	tap into	phr v	tæp 'ɪntə	s. etwas zunutze machen	exploiter	approfittare, sfruttare	In her ew job she'll really need to tap into all her previous experience.
106	tax evasion	n	tæks ɪ 'veɪʒən	Steuerhinterziehung	fraude fiscale	evasione fiscale	
25	taxpayer	n	'tæks ,peɪə	Steuerzahler	contribuable	contribuente	It will cost taxpayers 1.3 million.
56	taxpayer	n	'tæks ,peɪə	Steuerzahler	contribuable	contribuente	It will cost taxpayers 1.3 million.
25	technique	n	tek 'ni:k	Technik	technique	tecnica	guitar-playing techniques
34	technological	adj	ˌteknə 'lɒdʒɪkəl	technisch	technologique	tecnico	technological advances
20	telethon	n	'teləθɒn, 'telɪθɒn	Telethon (TV-Sendung)	téléthon	teleton (trasmissione)	Tomorrow night there's a telethon to raise money for victims of the recent tsunami.
48	temper	n	'tempə	Stimmung, Laune	humeur	umore	
78	temper	n	'tempə	Temperament	humeur	temperamento	
8	temporary	adj	'tempərəri, -pəri	befristet, übergangsweise	temporaire	temporaneo	He's got a temporary job working in an office.
93	temptation	n	temp 'teɪʃən	Versuchung	tentation	tentazione	I had to resist the temptation to slap him.
22	tent	n	tent	Zelt	tente	tenda	We looked for a place to put up our tent.
123	term	n	tɜ:m	Semester	trimestre	semestre	A million years isn't a very long time in geological terms.
6	terminology	n	ˌtɜ:mə 'nɒlədʒɪ	Terminologie	terminologie	terminologia	It is important that lawyers use the correct terminology when they prepare contracts.
155	terrified	adj	'terɪfaɪd	ängstlich	terrifié	pavido	I'm absolutely terrified of spiders.
41	terrifying	adj	'terəfaɪ-ɪŋ, 'terɪfaɪ-ɪŋ	furchterregend	terrifiant	terribile	He told her of his terrifying experience.
104	testimony	n	'testəməni	Zeugenaussage	témoignage	testimonianza	This achievement is a testimony to your hard work.
105	texture	n	'tekstʃə	Textur	texture, grain	tessitura, consistenza	the smooth texture of silk



Page	Headword	Part of speech	Pronunciation	German	French	Italian	Example Sentence
							When you're choosing a savings account, it is worthwhile spending some time weighing up the pros and cons (=thinking about them ) of the various types of account on offer.choosesavingbespendweighprocontyp e
94	the pros and cons	n phr	ðə prəʊz ənd kɒnz	Vor- und Nachteile	le pour et le contre	il pro e il contro	
26	theft	n	θeft	Diebstahl	vol	furto	Car theft is on the increase in this area.
12	theme	n	θi:m	Thema	sujet	argomento, tema	Love is the main theme of the book.
85	therefore	adv	'ðeəfɔ:	deshalb	donc	dunque	The car is smaller and therefore cheaper to run.
123	thickness	n	'θɪknəs	Dicke	épaisseur	spessore	the different thicknesses of the old stone walls
95	think straight	v phr	θɪŋk streɪt	klar denken	avoir les idées claires	connettere	I'm so nervous I can't think straight.
6	thorough	adj	'θʌrə	gründlich	minutieux	accurato	The police carried out a thorough search of the house.
33	threaten	v	'θreɪn	drohen	menacer	minacciare	The hijackers threatened to shoot him.
11	thrilled	adj	θrɪld	begeistert	excité	agitato	We were so thrilled to hear about the baby.
121	through and through	phr	θru: ənd θru:	durch und durch	jusqu'aux bouts des ongles	da capo a piedi	a typical Englishman through and through
56	throw out	phr v	θrəʊ aʊt	ablehnen	rejeter	rifiutare	
44	tide	n	tɑɪd	Ebbe, Flut, Gezeit	marée	marea	High tide (=when the sea is highest) is at 9 o'clock tonight.
9	tight-fisted	adj	,taɪt 'fɪstəd	geizig, knauserig	radin	taccagno	He never gives money to charity - he's so tight-fisted!
126	tile	n	tɑɪl	Platte, Fliese	tuile, carreau	piastrella	bathroom tiles
97	time after time	idiom	taɪm 'ɑ:ftə taɪm	immer wieder	encore et toujours	sempre (di nuovo)	Time after time he failed to get a job.
113	tinned	adj	tɪnd	in Dosen	en boîte	in scatola	
151	tiptoe	v	'tɪptəʊ	herumschleichen um	tourner autour du pot	camminare in punta di piedi	They tiptoed silently out.
125	titanium	n	tɑɪ 'teɪniəm	Titan	titane	titanio	
74	toddler	n	'tɒdlə	Kleinkind	bambin, petit enfant	bambino	
37	toiletries	n	'tɔɪlətrɪz	Toilettenartikel	articles de toilette	prodotti per la cura del corpo	

Page	Headword	Part of speech	Pronunciation	German	French	Italian	Example Sentence
113	top priority	n	tɒp praɪ 'brɪti	oberste Priorität	priorité absolue	ultima priorità	Education is this government's top priority.be
42	top up	phr v	tɒp ʌp	aufladen	recharger	ricaricare	
110	topping	n	'tɒpɪŋ	Belag	garniture	companionico	pizza with extra toppings
80	top-rated	adj	,tɒp 'reɪtɪd	sehr gut bewertet	très bien classé	valutato molto bene	a top-rated TV show
149	tornado	n	to: 'neɪdəʊ	Tornado	tornade	tornado	The tornado picked up their mobile home and dumped it across the street.
118	torture	v	'tɔ:ʃə	foltern	torturer	torturare	Resistance leaders were tortured to death in prison.
38	toss	v phr	tɒs ə kɔɪn	werfen	lancer	lanciare	
44	toss back	phr v	tɒs bæk	zurückwerfen	relancer	rilanciare	
12	totter around	phr v	'tɒtə ə 'raʊnd	herumtorkeln	tituber	barcollare	The waitresses tottered around in their high heels, serving people drinks.
116	touching	adj	'tʌtʃɪŋ	berührend	touchant	toccante	a touching story
48	touch-type	v	'tʌtʃ taɪp	blind schreiben	taper sans regarder le clavier	scrivere a macchina senza guardare i tasti	
35	tour operator	n	tʊə 'ɒpəreɪtə	Reiseveranstalter	tour-opérateur	operatore turistico	
22	track	n	træk	Pfad	sentier, chemin	sentiero	You can download her new track from the internet.
80	track	n	træk	Strecke	piste	pista	a steep mountain track
65	track record	n phr	træk 'rekɔ:d	Erfolgsgeschichte	histoire de succès	storia di successo	We're looking for someone with a proven track record in selling advertising.
111	tracksuit bottoms	n	'træksu:t 'bɒt əmz	Trainingshose	pantalon de survêtement	tuta da ginnastica	
89	trade	n	treɪd	Tausch	échange	commercio, scambio	They hope to increase trade with China.
58	trade-off	n	'treɪd ɒf	Abwägung	balancer le pour et le contre	considerazione	There is a trade-off between the risks and the benefits involved.
57	trail behind	phr v	treɪl bɪ 'haɪnd	hinterherhinken	ne pas arriver à suivre	trascinarsi dietro	
17	trainee	n	,treɪ 'ni:	Praktikant, Auszubildender, Volontär	stagiaire	stagista	She's only a trainee teacher at the moment but she qualifies in July.
58	transform	v	træns'fɔ:m	verändern	transformer	trasformare	The movie transformed Amy from an unknown schoolgirl into a star.

Page	Headword	Part of speech	Pronunciation	German	French	Italian	Example Sentence
6	translation	n	træns'leɪʃən, trænz-	Übersetzung	traduction	traduzione	I always write a translation of new English vocabulary in my own language in my notebook.
20	transmit	v	trænz'mɪt	übertragen	transmettre	trasmettere	We transmit our programme from the back of my father's van!
60	trap	v	træp	fangen, einfangen, in eine Falle locken	coincer	acchiappare	Two people were trapped in the burning building.
105	traumatic	adj	trɔ:'mætɪk	traumatisch	traumatisant	traumatico	a traumatic experience
23	travel pass	n	'trævəl pɑ:s	Dauerfahrkarte	carte d'abonnement	abbonamento	
11	tread	v	tred	treten	marcher sur	entrare in	Sorry, did I tread on your foot?
28	treadmill	idiom	'bi:ɪŋ stɪk ɒn ə 'tred,mɪl	Tretmühle	train-train	tran tran, noria	
92	treat	v	tri:t	behandeln	traiter	trattare	She treats me like one of the family.
36	trek	prep phr	ɒn ə trek	Treck, Wanderung	randonnée	gita, escursione	
104	trial	n	'traɪəl	Prüfstand	essai, test	test, prova	
12	trivial	adj	'trɪviəl	trivial	insignifiant	triviale, banale	Why do families always argue over trivial matters?
157	trombone	n	trɒm'bəʊn	Posaune	trombone	trombone	
148	trustworthy	adj	'trʌst,wɜ:ði	vertrauenswürdig	digne de confiance	affidabile	James is my most loyal and trustworthy friend.
149	tsunami	n	tsu'nɑ:mi	Tsunami	tsunami	tsunami	The tsunami was caused by an earthquake in the middle of the Pacific Ocean.
56	tumour	n	'tju:mə	Tumor	tumeur	tumore	He died of a brain tumor.
155	turn a blind eye	idiom	tɜ:n ə blaɪnd aɪ	die Augen vor etwas verschließen	fermer les yeux	chiudere un occhio	
49	turn down	phr v	tɜ:n daʊn	ablehnen	rejeter	rifiutare	
92	turn in	phr v	tɜ:n ɪn	anzeigen	dénoncer	denunciare	
82	turn out	phr v	tɜ:n aʊt	sich herausstellen	se révéler	rivelarsi	Joanna wished things had turned out differently.
49	turn up	phr v	tɜ:n ʌp	auftauchen	venir	emergere	If you're cold, I can turn the heat up.
156	tyre	n	taɪə	Reifen	pneu	gomma	I had a flat tyre (=all the air went out of it) on the way home.

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56	ultimate	adj	'ʌltəmət	größte	suprême	supremo	the ultimate rock and roll band
20	unaccustomed	adj	,ʌnə'kʌstəmd	ungewohnt	inaccoutumé	inconsueto	He was a country boy, unaccustomed to anurban way of life.
88	unavoidable	adj	,ʌnə'vɔɪdəbəl	unvermeidlich	inévitable	inevitabile	an unavoidable delay
18	uncomplicated	adj	(,)ʌn'kɒmpʌkətɪd	unkompliziert	pas compliqué	non complicato/ facile	She's a very nice, uncomplicated person who's always happy.
52	undergo	v	,ʌndə'gəʊ	erdulden, durchmachen	subir	sopportare	He had to undergo major heart surgery.
10	underground	n	'ʌndəgraʊnd	U-Bahn	métro	metrò	I travel to work on the London Underground every day.
109	underline	v	,ʌndə'lɑɪn	unterstreichen	souligner	sottolineare	This tragic incident underlines the need for immediate action.
96	undertake	v	,ʌndə'teɪk	unternehmen	faire	intraprendere	Baker undertook the task of writing the report.
56	underweight	adj	,ʌndə'weɪt	untergewichtig	maigre	magro	an underweight baby
88	undisputed	adj	,ʌndɪ'spju:tɪd	unbestritten	incontesté	incontestato	Doctors found undisputed evidence of nerve damage.
27	unethical	adj	ʌn'eθɪkəl	unmoralisch	immoral	amorale	The scientists have been charged with unethical medical practices.
18	unfit	adj	ʌn'fɪt	nicht in Form sein	ne pas être en forme	non essere in forma	He's still unfit after his injury.
116	unforgettable	adj	,ʌnfə'getəbəl	unvergesslich	inoubliable	indimenticabile	A visit to Morocco is a truly unforgettable experience.
39	unplug	v	ʌn'plʌg	den Stecker herausziehen	débrancher	estrarre l'innesto	Unplug the TV before you go to bed.
34	unproductive	adj	,ʌnpɹə'dʌktɪv	unproduktiv	inproductif	improduttivo	an unproductive meeting
62	unrealistic	adj	,ʌnrɪə'lɪstɪk	unrealistisch	irréaliste	irrealistico	She had rather unrealistic expectations of marriage.
28	unreliable	adj	,ʌnrɪ'laɪəbəl	unzuverlässig	peu/non fiable	inaffidabile	The buses here are often unreliable.
35	unspoilt	adj	,ʌn'spɔɪlɪt	naturbelassen	préservé intact	naturale	
109	unsuspecting	adj	,ʌnsə'spektɪŋ	arglos	sans méfiance	senza malizia, ingenuo	He would creep up from behind on his unsuspecting victims.
109	unzip	v	ʌn'zɪp	den Reißverschluss öffnen	défaire la fermeture à glissière	aprire la cerniera	
72	upbeat	adj	'ʌpbi:t	fröhlich, optimistisch	joyeux, optimiste	allegro	a movie with an upbeat ending
15	upgrade	v	ʌp'greɪd	hochstufen	avoir un surclassement	aumentare la classe	We need to upgrade our computer.

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121	ups and downs	n phr	ʌps ənd daʊnz	Höhen und Tiefen	des hauts et des bas	alti e bassi	Every marriage has its ups and downs.
33	upset	v	ʌp'set	aufgebracht	être contrarié	adirato, a	Kopp's comments upset many of his listeners.
155	upset	adj	ˌʌp'set	verärgert	fâché	adirato	She's still very upset about her father's death.
149	urban	adj	'ɜ:bən	städtisch	urbain	urbano	There is still a lot of crime in the city's urban areas.
148	urgent	adj	'ɜ:dʒənt	dringend	urgent	urgente	I have an urgent message for you.
56	usage	n	'ju:siɪdʒ, 'ju:z-	Gebrauch	usage	uso	a book on modern English usage
126	utterly	adv	'ʌtəli	vollkommen	complètement	completamente	That's utterly ridiculous!
78	vaccinate	v	'væksəneɪt	impfen	vacciner	vaccinare	The children should all be vaccinated against measles.
106	vandalism	n	'vændəlɪzəm	Vandalismus	vandalisme	vandalismo	
12	vary	v	'veəri	reichen von ... bis	varier de ... à	variare di...a	Prices vary from £15 to £25.
101	vast	adj	vɑ:st	enorm, groß	énorme	enorme	vast areas of rainforest
62	vegetarianism	n	ˌvedʒə'teəriənɪzəm, ˌvedʒɪ'teəriənɪzəm	Vegetarismus	végétarisme	vegetarismo	
20	version	n	'vɜ:ʃən	Version	version	versione	The original version of the film was much better.
82	version	n	'vɜ:ʃən	Version	version	versione	the original version of the film
118	version	n	'vɜ:ʃən	Ausgabe	version	versione	the original version of the film
112	vessel	n	'vesəl	Schiff	vaisseau	vascello	a fishing vessel
58	via	adv	'vaɪə, 'vi:ə	über	par	via	We're flying to Denver via Chicago.
163	vibrate	v	vɑɪ'breɪt	vibrieren	vibrer	vibrare	The vocal cords vibrate as air passes over them.
96	vice-versa	adv	vɑɪs 'vɜ:sə	umgekehrt	vice versa	viceversa	
111	vicinity	n	və'sɪnəti	Nähe, Nachbarschaft	voisinage	vicinità	
30	victim	n	'vɪktɪm	Opfer	victime	vittima	victims of crime
60	vine	n	vɑɪn	Liane	liane	liana	
25	violation	n	ˌvaɪə'leɪʃən	Verletzung	infraction	ferita	human rights violations
60	viral	adj	'vaɪərəl	viral, von Mund zu Mund	viral	virale	a viral infection

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88	visible	adj	'vɪzəbəl	sichtbar	visible	visibile	The lights of the city were clearly visible below them.
105	vital	adj	'vaɪtl	wesentlich	indispensable, primordial	essenziale	His evidence was vital to the defence case.
104	vivid	adj	'vɪvɪd	lebhaft	vif	vivace	a vivid description of her childhood in Cornwall
119	vocals	n	'vəʊkəlz	Gesang	chant	canto, canzone	The song features Elton John on vocals.
152	voice-activated	adj	vɔɪs 'æktɪ, veɪtɪd	sprachaktiviert	à commande vocale	attivato per la voce	
21	volume	n	'vɒlju:m	Menge	volume	quantità	Can you turn down the volume on the TV?
34	volunteer	n	,vɒlən'tɪə	freiwillig	volontaire	volontario	The helplines are manned by volunteers.
153	vomit	v	'vɒmɪt	sich erbrechen	vomir	vomitare	He had swallowed so much sea water he wanted to vomit.
20	vulnerable	adj	'vʌlnərəbəl	gefährdet	vulnérable	vulnerabile	The army was in a vulnerable position.
151	wade	v	weɪd	durcharbeiten	étudier à fond	addentrarsi	We waded across the stream.
81	waltz	n	wɔ:ls	Walzer	valse	valzer	a Strauss waltz
151	wander	v	'wɒndə	wandern	se promener, se balader	camminare, passeggiare	We spent the morning wandering around the old part of the city.
56	warfare	n	'wɔ:feə	Krieg	guerre	guerra	the realities of modern warfare
34	wastefully	adv	'weɪst fəl_i	sinnlos	inutilement	inutilmente	Lily had wastefully left the light on.
152	water-proof	adj	'wɔ:tə pru:f	wasserdicht	imperméable	impermeabile	
116	weak	adj	wi:k	schwach	faible	debole	She's too weak to feed herself.
28	wealthy	adj	'welθi	wohlhabend, reich	riche	rico	an extremely wealthy family
56	weapon	n	'wepən	Waffe	arme	arma	They were armed with knives and other weapons.
154	weather forecast	n	'weðə 'fɔ:kɑ:st	Wettervorhersage	prévisions météorologiques	previsioni del tempo	It's going to rain, according to the weather forecast.
39	webinar	n	'webɪnɑ:	Webinar	webinaire	webinario	
94	weigh up	phr v	weɪ ʌp	abwägen	peser	pesare	
150	weight-training	n	weɪt 'treɪnɪŋ	Krafttraining	muscultation	bodybuilding	
62	weird	adj	wɪəd	merkwürdig, eigenartig	bizarre	strano	I had a really weird dream.

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45	what goes around comes around	idiom	wɒt ɡəʊz ə 'raʊnd kʌmz ə 'raʊnd	Wie man in den Wald hineinruft, so schallt es heraus	on récolte ce qu'on a semé	chi la fa, l'aspetti	
45	when in Rome do as the Romans do	idiom	wen ɪn rəʊm du: əz ðə 'rəʊm ənz du:	Man sollte sich den örtlichen Gegebenheiten anpassen	à Rome, fais comme les Romains	paese che vai, usanze che trovi	
6	whenever	conj	wen 'evə	sooft	chaque fois que	ogni volta che	Whenever we come here, we always see someone we know.
45	where there's life there's hope	idiom	wəð ðeəz laɪf ðeəz hæʊp	wo Leben ist, ist Hoffnung	tant qu'il y a de la vie, il y a de l'espoir	dove c'è la vita c'è anche la speranza	
45	where there's smoke there's fire	idiom	wəð ðeəz sməʊk ðeəz faɪə	Wo Rauch ist, ist auch Feuer	il n'y a pas de fumée sans feu	non c'è fumo senza fuoco	
37	whereabouts	n	'weərəbaʊts	Aufenthaltort	l'endroit où l'on est	luogo di soggiorno	His whereabouts are a mystery.
29	whereas	conj	wəə 'æz	wohingegen	alors que	mentre	Nowadays the journey takes six hours, whereas then it took several weeks.
150	whole new ballgame, a	idiom	eɪ həʊl nju: 'bɔ:lgeɪm	eine ganz neue Sache	une autre paire de manches	una nuova questione	
123	width	n	wɪðθ	Breite	largeur	ampiezza	the width of the window
156	windscreen	n	'wɪndskri:n	Windschutzscheibe	pare-brise	parabrezza	
156	windscreen wiper	n	'wɪndskri:n 'waɪpə	Scheibenwischer	essuie-glace	tergicristallo	
156	wing	n	wɪŋ	Kotflügel	aile	parafango	ducks flapping their wings
156	wing mirror	n	wɪŋ 'mɪrə	Seitenspiegel	retroviseur latéral	specchietto laterale	
40	wing-walking	n	wɪŋ 'wɔ:kɪŋ	Wingwalking	wingwalking	wingwalking	
84	withdraw	v	wɪð 'drɔ:, wɪθ-	zurückziehen	retirer	ritirare	Injury forced her to withdraw from the race.
14	withdrawal	n	wɪð 'drɔ:əl, wɪθ-	Rücktritt, Rücknahme	retrait	recesso	I'd like to make a withdrawal of £200, please.
82	witness	v	'wɪtnəs	Zeuge	témoin	testimone	Several people witnessed the attack.
148	witty	adj	'wɪti	witzig, geistreich	plein d'esprit	spiritoso	Geoff is always popular at dinner parties because he's so witty.
73	workaholic	n	,wɜ:kə 'hɒlɪk	Arbeitsüchtiger, Workaholic	bourreau de travail	sgobbone, stacanovista	
20	worn out	adj	wɔ:n aʊt	erschöpft	épuisé	esaurito/ stanco	You look worn out.
22	wrap	v	ræp	einpacken	envelopper	impaccare	The present was wrapped in gold paper.
69	yell	v	jel	anschreien	crier	gridare	Someone yelled at her to stop.
37	yurt	n	jɜ:t	Jurte	yourte	yrta	

Page	Headword	Part of speech	Pronunciation	German	French	Italian	Example Sentence
49	zoology	n	zu: 'blədʒi, zəʊ 'b-	Zoologie	zoologie	zoologia	