

GOLD

B1+ Pre-First

NEW EDITION

Word	Part of speech	Pron	Definition	Example	Unit
accidentally	adv	ˌæksɪˈdentəlɪ	happening without being planned or intended	I accidentally locked myself out of the house.	1
attached	adj	əˈtætʃt	joined or connected to something	The children were very attached to their grandmother.	1
belong	v	bɪˈlɒŋ	if something belongs somewhere, that is the right place or situation for it	Put the chair back where it belongs.	1
bump into	phrv	bʌmp ˈɪntə	to meet someone who you know, when you were not expecting to	I bumped into John in town.	1
by chance	phrase	baɪ tʃɑːns	if something happens by chance, it happens even though you did not plan or expect it	We got lost, and found this house quite by chance.	1
cause	n	kɔːz	a person, event, or thing that makes something happen	The cause of the fire was unknown.	1
cemetery	n	ˈsemətəri, ˈsemɪtri	a piece of land, usually not belonging to a church, in which dead people are buried	The cemetery in town is very peaceful.	1
check out	phrv	tʃek aʊt	to make sure that something is actually true, correct, or acceptable	I made a phone call to check out his address.	1
close to (sb)	adj	kləʊz	if two people are close to each other, they like or love each other very much	I felt closer to Rob that evening than ever before.	1
colleague	n	ˈkɒliːg	someone you work with - used especially by professional people	a colleague of mine from the bank	1
commercial	adj	kəˈmɜːʃəl	related to business and the buying and selling of goods and services	It's a commercial project and we need to make a profit.	1
complain	v	kəmˈpleɪn	to say that you are annoyed, not satisfied, or unhappy about something or someone	Residents are complaining because traffic in the area has increased.	1
conclude	v	kənˈkluːd	to decide that something is true after considering all the information you have	The report concluded that the school should be closed immediately.	1
condition	n	kənˈdɪʃən	the situation in which people live or work, especially the physical things that affect the quality of their lives	The conditions in the prison were very bad.	1
connection	n	kəˈneɪʃən	the way in which two facts, ideas, events, etc., are related to each other, and one is affected or caused by the other	There is a connection between smoking and cancer.	1
connectivity	n	ˌkɒnekˈtɪvəti, ˌkɒnekˈtɪvɪti	the ability of computers and other electronic equipment to connect with other computers or programs	a growing demand for high-speed connectivity	1
continent	n	ˈkɒntənənt, ˈkɒntɪnənt	a large mass of land surrounded by sea	the continents of Asia and Africa	1
definitely	adv	ˈdefɪnətli, ˈdefɪnɪtli, ˈdefənətli	without any doubt	‘Do you think Margot will be there?’ ‘Definitely not.’	1
depend	v	dɪˈpend	used to say that you cannot give a definite answer to something because your answer will be affected by something else	‘How long are you staying?’ ‘I don’t know; it depends.’	1
dependent	adj	dɪˈpendənt	someone, especially a child, who depends on you for food, clothes, money, etc.	The local economy is dependent on tourism.	1
design	n	dɪˈzaɪn	the art or process of making a drawing of something to show how you will make it or what it will look like	The new plane is in its final design stage.	1
discover	v	dɪsˈkʌvə	to find someone or something, either by accident or because you were looking for them	The body was discovered in a field.	1
distant	adj	ˈdɪstənt	not closely related to you	a distant relative	1
divided	adj	dɪˈvaɪdəd	if something divides, or if you divide it, it separates into two or more parts	a deeply divided society	1
divorced	adj	dɪˈvɔːst, dɪˈvɔːst	no longer married to your wife or husband	Are you married, single, or divorced?	1
drop (sb) a line	phrase	drɒp ə laɪn	to write a short letter or email to someone	Drop me a line and let me know how you’re getting on.	1
eager	adj	ˈiːɡə	very keen and excited about something that is going to happen or about something you want to do	I was eager to get back to work as soon as possible.	1
earthquake	n	ˈɜːθkweɪk	a sudden shaking of the earth’s surface that often causes a lot of damage	The earthquake destroyed most of the houses in the village.	1
enthusiastic	adj	ɪnˌθjuːzɪˈæstɪk	feeling or showing a lot of interest and excitement about something	All the staff are enthusiastic about the project.	1
exactly	adv	ɪɡˈzæktli	used when emphasising that something is no more and no less than a number or amount, or is completely correct in every detail	It’s exactly half past five.	1
extended family	n	ɪkˈstendəd ˈfæməli	a family group that consists not only of parents and children but also of grandparents, aunts, etc.	My extended family lives in Scotland.	1
face to face	phrase	feɪs tə feɪs	if two people are standing face to face, they are very close and are looking at each other	I’ve never met her face to face.	1
fear	n	fiə	the feeling you get when you are afraid or worried that something bad is going to happen	a fear of flying	1
gadget	n	ˈɡædʒət, ˈɡædʒɪt	a small, useful, and cleverly-designed machine or tool	a gadget for chopping vegetables	1

get on with	phrv	get ɒn wɪð	used for telling someone to continue working or doing something	Get on with your work.	1
get to know	phrv	get tə nəʊ	to gradually begin to know someone or something	It'll take a while for you to get to know everyone.	1
get together	phrv	get tə 'geðə	if people get together, they meet in order to spend time with each other	We must get together for a drink.	1
go out	phrv	gəʊ əʊt	to be published	Our magazine goes out twice a month.	1
greeter	n	'gri:tə	local person who volunteers to show visitors around their town or area	The greeter showed us around Lausanne.	1
groan	v	grəʊn	to make a long deep sound because you are in pain, upset, or disappointed, or because something is very enjoyable	The kids all groaned when I switched off the TV.	1
hang out	phrv	hæŋ əʊt	to spend a lot of time in a particular place or with particular people	I don't really know who she hangs out with.	1
identify	v	aɪ'dentɪfaɪ, aɪ'dentɪfaɪ	to recognise and correctly name someone or something	He was too far away to be able to identify faces.	1
immediate family	n	ɪ'mi:diət 'fæməli	people who are very closely related to you, such as your parents, children, brothers, and sisters	Only my immediate family were invited to the wedding.	1
issue	n	'ɪʃu:, 'ɪsju:	a magazine or newspaper that is printed at one particular time	the latest issue of 'Vogue'	1
keep in touch	phrase	ki:p ɪn tʌtʃ	to communicate or continue to communicate with someone, for example by email or telephone	Please keep in touch with me.	1
local	adj	'ləʊkəl	relating to the particular area you live in, or the area you are talking about	local hospital	1
lose touch	phrase	lu:z tʌtʃ	to stop speaking or writing to someone who does not live near you	Sally moved to South Africa and I lost touch with her.	1
loss	n	lɒs	the fact of no longer having something, or of having less of it than you used to have, or the process by which this happens	a great loss to many people	1
luckily	adv	'lʌkəli, 'lʌkɪli	used to say that it is good that something happened or was done because if it had not, the situation would be unpleasant or difficult	Luckily the museum was not damaged by the earthquake.	1
meet up	phrv	mi:t ʌp	to meet someone in order to do something together	We often meet up after work and go for a drink.	1
miss	v	mɪs	to not go somewhere or do something, especially when you want to but cannot	I'm absolutely starving – I missed lunch.	1
musical	n	'mju:zɪkəl	a play or film that includes singing and dancing	a Broadway musical	1
network	n	'netwɜ:k	a large number of people, organisations, etc., that know and help each other, or work together	Tim had a large network of contacts in Europe.	1
on the other hand	phrase	ɒn ðə 'ʌðə hænd	used to give another opinion or fact that should be considered as well as the one you have just given	I'd like to eat out, but on the other hand I should be trying to save money	1
outweigh	v	əʊt'weɪ	to be more important or valuable than something else	The advantages outweigh the disadvantages.	1
panic attack	n	'pænɪk ə'tæk	intense fear or discomfort that happens very suddenly	She had a panic attack during her exam today.	1
payment	n	'peɪmənt	an amount of money that has been or must be paid	You can make a payment in any bank.	1
period	n	'pɪəriəd	a particular length of time with a beginning and an end	Tomorrow's weather will be dry with sunny periods.	1
pick up	phrv	pɪk ʌp	to go to a particular place and bring someone or something away, especially in a car	What time should we pick you up at the airport?	1
pointless	adj	'pɔɪntləs	worthless or not likely to have any useful result	Life just seemed pointless to me.	1
produce	v	prə'dju:s	to cause a particular result or effect	The plant produces pink flowers in the autumn.	1
psychologist	n	sai'kɒlədʒɪst, sai'kɒlədʒɪst	someone who studies the way people's minds work	The psychologist asked her for some information about herself.	1
rather	adj	'rɑ:ðə	if you would rather do or have something, you would prefer to do or have it	I hate sitting doing nothing – I'd rather be working.	1
refer	v	rɪ'fɜ:	to mention or speak about someone or something	We decided never to refer to it again.	1
regular	adj	'regjələli, 'regjʊləli	happening or doing something very often	They are checked regularly, once a week.	1
resting place	n	'rest ɪŋ pleɪs	a place where someone is buried	his final resting place	1
retired	adj	rɪ'taɪəd	having stopped working, usually because of your age	a retired teacher	1
separated	adj	'sepəreɪtəd, 'sepəreɪtɪd	not living with your husband, wife, or partner anymore	We've been separated for six months.	1
set off	phrv	set ɒf	to start to go somewhere	I'll set off early in the morning to get to the airport on time.	1
shake hands	phrase	ʃeɪk 'hændz	to hold someone's hand and move it up and down, as a greeting or when you have made an agreement	We shook hands and said goodbye.	1
show round	phrv	ʃəʊ raʊnd	to lead someone round a place and point to and talk about the interesting or important things	She showed us round the city.	1
similar	adj	'sɪmələ, 'sɪmɪlə	almost the same	We have similar interests.	1
sister-in-law	n	'sɪst ə'ɹ_ɪn_lə:	the sister of your husband or wife	My sister-in-law is a great cook.	1
socially	adv	'səʊʃəl i	relating to human society and its organisation, or the quality of people's lives	socially acceptable behaviour	1
stay in contact	phrase	steɪ ɪn 'kɒntækt	if two people stay in contact, they see, talk to, or write to each other often	Let's stay in contact through Facebook.	1
stay in touch	phrase	steɪ ɪn tʌtʃ	if you are in touch with someone, you speak or write to them regularly	Are you still in touch with John?	1
suitable	adj	'su:təbəl, 'sju:-	having the right qualities for a particular person, purpose, or situation	We are hoping to find a suitable school.	1
survey	n	'sɜ:veɪ	a set of questions that you ask a large number of people in order to find out about their opinions or behaviour	We did a survey of parents in the village.	1
tango	n	'tæŋgəʊ	a fast dance from South America, or a piece of music for this dance	a tango class	1
thick	adj	θɪk	if something is thick, there is a large distance or a larger distance than usual between its two opposite surfaces or sides	a thick wooden door	1

throughout	preposition	θru:ˈaot	in every part of a particular area, place, etc.	a large organisation with offices throughout the world	1
treat	n	tri:t	an event that gives you a lot of pleasure	Getting your letter was a real treat.	1
truth	n	tru:θ	the true facts about something	How do we know you're telling us the truth?	1
turn up	phrv	tɜ:n ʌp	to arrive	Danny turned up late as usual.	1
unexpectedly	adv	ˌʌn ɪk ˈspekt ɪd li	used to describe something that is surprising because you were not expecting it	His father died unexpectedly.	1
virtual	adj	ˈvɜ:tʃuəl	made, done, seen, etc., on the Internet or on a computer, rather than in the real world	a virtual library	1
volunteer	n	ˌvɒlənˈtɪə	someone who does a job willingly without being paid	Most of the work was done by volunteers.	1
warning	n	ˈwɔ:nɪŋ	something, especially a statement, that tells you that something bad, dangerous, or annoying might happen so that you can be re	a warning of floods	1
weigh	v	weɪ	to have a particular weight	The young birds weigh only a few grams.	1
wide circle	n	waɪd ˈsɜ:kəl	a group of people who know each other and meet regularly, or who have the same interests or type of job	She has a wide circle of friends.	1
work on	phrv	wɜ:k ɒn	to try very hard to improve or achieve something	A trainer has been brought in to work on her fitness.	1
worldwide	adj	ˌwɜ:ldˈwaɪd	everywhere in the world	We have offices in over 56 countries worldwide.	1
account	n	əˈkaʊnt	a written or spoken description that says what happens in an event or process	He was too shocked to give an account of what had happened.	2
advance	n	ədˈvɑ:ns	before something happens or is expected to happen	I should warn you in advance that I'm not a very good dancer.	2
advertising	n	ˈædvɛtəɪzɪŋ	the activity or business of advertising things on television, in newspapers, etc.	advertising aimed at 18–25 year olds	2
affect	v	əˈfekt	to do something that produces an effect or change in something or in someone's situation	the areas affected by the snow	2
amused	adj	əˈmju:zd	if you are amused by something, you think it is funny and you smile or laugh	Ellen seemed amused by the whole situation.	2
annoy	v	əˈnɔɪ	to make someone feel slightly angry and unhappy about something	What annoyed him most was that he had received no apology.	2
appliance	n	əˈplaiəns	a piece of equipment, especially electrical equipment, such as a cooker or washing machine, used in people's homes	a cupboard for all the kitchen appliances.	2
appropriate	adj	əˈprəʊpri-ət, əˈprəʊpri-ɪt	correct or suitable for a particular time, situation, or purpose	clothes appropriate for a job interview	2
attempt	n	əˈtempt	an act of trying to do something, especially something difficult	All attempts to control inflation have failed.	2
batter	v	ˈbætə	to hit someone or something many times, in a way that hurts or damages them	He was battered to death.	2
campaign	n	kæmˈpeɪn	a series of actions intended to achieve a particular result relating to politics or business, or a social improvement	an advertising campaign	2
canyon	n	ˈkænjən	a deep valley with very steep sides of rock that usually has a river running through it	the Grand Canyon	2
catastrophe	n	kəˈtæstrəfi	a terrible event in which there is a lot of destruction, suffering, or death	The earthquake was a catastrophe for the country.	2
civilisation	n	ˌsɪvəl-aɪˈzeɪʃən	a society that is well organised and developed, used especially about a particular society in a particular place or at a particular ti	modern American civilisation	2
classy	adj	ˈklɑ:si	fashionable and expensive	classy restaurants	2
closeted	adj	ˈklɒzɪtɪd	if you are closeted you are shut in a room away from other people in order to discuss something private, to be alone	All morning he'd been closeted in the meeting with his colleagues.	2
community	n	kəˈmju:nəti, kəˈmju:nti	the people who live in the same area, town, etc.	The whole community came to see the new building.	2
companion	n	kəmˈpænjən	someone you spend a lot of time with, especially a friend	For ten years he had been her constant companion.	2
confused	adj	kənˈfju:zd	unable to understand or think clearly about what someone is saying or what is happening	I'm totally confused. Could you explain that again?	2
deadline	n	ˈdedlaɪn	a date or time by which you have to do or complete something	He missed the deadline for applications.	2
deserted	adj	dɪˈzɜ:təd, dɪˈzɜ:tɪd	empty and quiet because no people are there	The streets were deserted.	2
efficient	adj	ɪˈfɪʃənt	if someone or something is efficient, they work well without wasting time, money, or energy	a very efficient secretary	2
emotion	n	ɪˈməʊʃən	a strong human feeling such as love, hate, or anger	Her voice was full of emotion.	2
environment	n	ɪnˈvaɪrənmənt	the air, water, and land on Earth, which is affected by man's activities	Some of these chemicals are very damaging to the environment.	2
escape	v	ɪˈskeɪp	to leave a place when someone is trying to catch you or stop you, or when there is a dangerous situation	The dog escaped through the open gate.	2
eventually	adv	ɪˈventʃuəli, -tʃəli	after a long time, or after a lot of things have happened	He eventually escaped and made his way back to England.	2
exhausted	adj	ɪgˈzɔ:stəd, ɪgˈzɔ:stɪd	extremely tired	You look absolutely exhausted.	2
expect	v	ɪkˈspekt	to think that something will happen because it seems likely or has been planned	I expect to be back within a week.	2

expression	n	ɪk'spreʃən	a look on someone's face	an expression of shock	2
extraordinary	adj	ɪk'strɔːdənəri	very unusual or surprising	It took an extraordinary amount of work.	2
fire somebody's imagination	v	faɪə ɪ,mædʒə'neɪʃən	to make someone feel inspired about something and excited about it	stories of magic and adventure that fire children's imaginations	2
gateway	n	'geɪt-weɪ	a place, especially a city, that you go through in order to reach another place	St. Louis is the gateway to the West.	2
get on sb's nerves	phrase	get ɒn nɜːvz	if someone gets on your nerves, they annoy you, especially by doing something all the time	Her voice was starting to get on my nerves.	2
give sth a go	phrase	ɡɪv ə ɡəʊ	to try something, especially for the first time	I decided to give running a go.	2
global	adj	'ɡləʊbəl	affecting or including the whole world	global climate change	2
glow	n	ɡləʊ	a soft steady light	the glow from the fire	2
groan	v	ɡrəʊn	to make a long deep sound because you are in pain, upset, or disappointed	The kids all groaned when I switched off the TV.	2
heated	adj	'hiːtəd, 'hiːtɪd	made hot or hotter	a heated car seat	2
image	n	'ɪmɪdʒ	the opinion people have of a person, organisation, product, etc., or the way a person, organisation, etc., seems to be to the public	Unfortunately they had a bad image of the police.	2
imagine	v	ɪ'mædʒən, ɪ'mædʒɪn	to form a picture or idea in your mind about what something could be like	I imagine Kathy will be there.	2
first impression	n	fɜːst ɪm'preʃən	the opinion or feeling you have about someone or something because of the way they seem	My first impression was that Peter was very angry.	2
ineffective	adj	ɪnə'fektɪv, ɪm'fektɪv	something that is ineffective does not achieve what it is intended to achieve	The chemical was almost totally ineffective in killing the weeds.	2
ink	n	ɪŋk	a coloured liquid that you use for writing, printing, or drawing	Please write in black ink.	2
innocent	adj	'ɪnəsənt	someone who is innocent does not know about the bad things in life	an innocent child	2
insist	v	ɪn'sɪst	to say firmly and often that something is true, especially when other people think it may not be true	Mike insisted that he was right.	2
inspire	v	ɪn'spaɪə	to encourage someone by making them feel confident and eager to do something	We need someone who can inspire the team.	2
isolated	adj	'aɪsələteɪd, 'aɪsələtɪd	an isolated building, village, etc., is far away from any others	small isolated communities	2
join	v	dʒɔɪn	to do something together with someone else	Why don't you join us for dinner?	2
landline	n	'lænd,lam	a telephone connection that uses wires, as opposed to a mobile phone	I'll be at home, so you can call me on the landline.	2
look back on (sth)	phrv	lʊk bæk ɒn	to think about something that happened in the past	Looking back on it, I think I was wrong to leave when I did.	2
makeover	n	'meɪkəʊvə	when you change the way a building, room, etc., looks	It's time we gave the kitchen a makeover.	2
matter	n	'mætə	to be important	It doesn't matter whose fault it was.	2
memorable	adj	'memərəbəl	very good, enjoyable, or unusual, and worth remembering	a memorable day for the children	2
mention	v	'menʃən	to talk or write about something or someone, usually quickly and without saying very much or giving details	Was my name mentioned at all?	2
merger	n	'mɜːdʒə	the joining together of two or more companies or organisations to form one larger one	a proposed merger between two of the largest software companies	2
miss out	phrv	mɪs aʊt	to not have the chance to do something that you enjoy and that would be good for you	Some children miss out because their parents can't afford to pay for school trips.	2
naïve	adj	naɪ'ɪv	if someone is naive, they believe people are nicer and that things will be easier than they really are, because they have not had n	a naive young girl	2
navy	n	'neɪvi	the part of a country's military forces that fights at sea	the British Navy	2
nervous	adj	'nɜːvəs	worried or frightened about something, and unable to relax	She was so nervous about her exams that she couldn't sleep.	2
notice	v	'nəʊtɪs, 'nəʊtɪs	when you notice or pay attention to someone or something	He noticed a woman in a black dress sitting across from him.	2
official	adj	ə'fɪʃəl	relating to a position of authority	a government official	2
old-fashioned	adj	ˌəʊld 'fæʃənd	not considered to be modern or fashionable any more	She wears really old-fashioned clothes!	2
oral	adj	'ɔːrəl	spoken, not written	oral history	2
pack in	phrv	pæk ɪn	to stop doing a job or activity, especially because you do not enjoy it	Sometimes I feel like packing my job in.	2
persuade	v	pə'sweɪd	to make someone decide to do something, especially by giving them reasons why they should do it, or asking them many times	I finally managed to persuade her to go out with me.	2
population	n	ˌpɒpjə'leɪʃən, ˌpɒpjə'leɪʃən	the number of people living in a particular area, country, etc.	India has a population of more than one billion.	2
practical	adj	'præktɪkəl	useful and suitable for a particular purpose	Remember to wear practical shoes and warm clothing.	2
purpose	n	'pɜːpəs	the purpose of something is what it is intended to achieve	What is the purpose of your visit to England?	2
rear	n	rɪə	the back part of an object, vehicle, or building, or a position at the back of an object or area	a garden at the rear of the house	2
rebuild	v	ri:'bɪld	to build something again, after it has been damaged or destroyed	The church was completely rebuilt in the last century.	2
recognise	v	'rekəɡnaɪz, 'rekən-	to know who someone is or what something is, because you have seen, heard, experienced, or learned about them in the past	I didn't recognise you in your uniform.	2
recollection	n	ˌrekə'leɪʃən	something from the past that you remember	He had no recollection of the accident.	2
remind	v	rɪ'maɪnd	if you remind someone about something, you make them remember it or remember to do it	Yes, I'll be there. Thanks for reminding me.	2
reminiscence	n	ˌremə'nɪsəns, ˌremɪ'nɪsəns	a spoken or written story about events that you remember	reminiscences of the war	2
replace	v	rɪ'pleɪs	to start doing something instead of another person, or start being used instead of another thing	I'm replacing Sue on the team.	2
reputation	n	ˌrepjə'teɪʃən, ˌrepjə'teɪʃən	the opinion that people have about someone or something because of what has happened in the past	The theatre company has a very good reputation.	2
romantic	adj	rəʊ'mæntɪk, rə-	showing strong feelings of love	'Tom always sends me red roses on my birthday.' 'How romantic!'	2
routine	n	ru:'tiːn	the usual order in which you do things, or the things you regularly do	I've changed my daily routine.	2
run in the family	phrase	rʌn ɪn ðə 'fæməli	if something such as a quality, disease, or skill runs in the family, many people in that family have it	Being a good singer seems to run in the family.	2
scared	adj	skeəd	frightened of something, or nervous about something	At first, he was really scared.	2
second chance	phrase	'sekənd tʃɑːns	help given to someone who has failed, in the hope that they will succeed this time	I just want to give these kids a second chance.	2
sentimental value	adj	ˌsentə'mentl 'væljuː	the value of an object that comes from personal or emotional connection with it	The ring wasn't expensive but had great sentimental value.	2
set out	phrv	set aʊt ɒn	to start a long journey	They set out for the border at dawn.	2
shell	n	ʃel	the hard outer part that covers and protects an egg, nut, or seed	Never buy eggs with cracked shells.	2
stick out	phrv	stɪk aʊt	if something sticks out, you notice it because part of it comes out further than the rest of a surface	The children were so thin their bones stuck out.	2
supplies	n	sə'plaɪz	food, clothes, and other things that people need	Emergency food supplies were flown out to the area.	2
tale	n	teɪl	a story about exciting imaginary events	tales of adventure	2
tend	v	tend	if something tends to happen, it happens often and is likely to happen again	People tend to need less sleep as they get older.	2
tons	adv	tʌnz	very much or very many	I feel tons better after a rest.	2

tunnel	n	'tʌnl	a passage that has been dug under the ground for cars, trains, etc., to go through	a railway tunnel	2
type up	v	taɪp ʌp	to write something using a computer or typewriter	She typed up her essay in only 45 minutes.	2
uninhabited	adj	ˌʌnɪn' hæbətəd, ˌʌnɪn' hæbɪtəd	an uninhabited place does not have anyone living there	an uninhabited island	2
unkind	adj	ˌʌn' kaɪnd	nasty, unpleasant, or cruel	My brother was unkind to me when I was a child.	2
upset	adj	ˌʌp' set	unhappy and worried because something unpleasant or disappointing has happened	She was deeply upset about the way her father treated her.	2
view	n	vju:	what you think or believe about something	What's your view on the subject?	2
vote	v	vəʊt	to show which person or party you want, or whether you support a plan, by marking a piece of paper, raising your hand, etc.	In 1918 women were able to vote.	2
walks of life	phrase	wɔ:ks əv laɪf	people who have very different jobs or positions in society	Our volunteers include people from all walks of life.	2
warn	v	wɔ:n	to tell someone that something bad or dangerous may happen, so that they can avoid it or prevent it	'Be careful, the rocks are slippery,' Alex warned.	2
whereas	conj	weə' æz	used to say that although something is true of one thing, it is not true of another	The old system was complicated whereas the new system is really very simple.	2
yoghurt	n	'jɒgət	a thick liquid food that tastes slightly sour and is made from milk, or an amount of this food	a pot of strawberry yogurt	2
adapt	v	ə' dæpt	to gradually change your behaviour and attitudes in order to be successful in a new situation	The children are finding it hard to adapt to the new school.	3
addicted	adj	ə' dɪktəd, ə' dɪktrɪd	liking something so much that you do not want to stop doing it or having it	My kids are addicted to video games.	3
astonish	v	ə' stɒnɪʃ	to surprise someone very much	Her reply astonished me.	3
award	n	ə' wɔ:d	something such as a prize or money given to someone to reward them for something they have done	The movie won an award.	3
basics	n	'beɪsɪks	the most important and necessary facts about something, from which other possibilities and ideas may develop	the basics of French grammar	3
beat	n	bi:t	one of a series of regular movements or sounds	the steady beat of his heart	3
bother	v	'bɒðə	to make the effort to do something	He didn't bother to answer the question.	3
bowling	n	'bəʊlɪŋ	an indoor game in which you roll a large heavy ball along a wooden track in order to knock down a group of pins (= wooden ob	Do you want to go bowling with us on Friday?	3
bowling alley	n	'bəʊlɪŋ 'æli	a building where you go bowling	The new bowling alley at the leisure centre is very popular.	3
breakdancer	n	'breɪk dɑ:nsɪŋ	a person who performs a dance that involves a lot of jumping and rolling on the floor	The breakdancer was very impressive.	3
canyoneer	n	ˌkænjə' nɪr	a person who explores canyons	The canyoneer showed us how to tie the rope to the rock.	3
cast	n	kɑ:st	all the actors in a film, play, etc.	an all-star cast	3
caving	n	'keɪvɪŋ	the sport of going into caves deep under the ground	a caving adventure	3
classic	adj	'klæsɪk	having all the features that are typical or expected of a particular thing or situation	classic designs of the last century	3
commitment	n	kə'mɪtmənt	a promise to do something or to behave in a particular way	Are you ready to make a long-term commitment?	3
competing	adj	kəm'pi:tɪŋ	competing stories, ideas, etc., cannot all be right or accepted	The group gave different accounts of the accident.	3
courage	n	'kʌrɪdʒ	the quality of being brave when you are facing a difficult or dangerous situation, or when you are very ill	Sue showed great courage during her illness.	3
cowboy	n	'kaʊbɔɪ	in the US, a man who rides a horse and whose job is to look after cattle	He'd been working as a cowboy on a Utah ranch.	3
creation	n	kri' eɪʃən	the act of creating something	the creation of 2,000 new jobs	3
crossword	n	'krɒswɜ:d	a word game in which you write the answers to questions in a pattern of numbered boxes	I like to sit down and do the crossword.	3
dedication	n	ˌdedə'keɪʃən, ˌdedɪ'keɪʃən	hard work or effort that someone puts into a particular activity because they care about it a lot	To reach a high level of skill requires talent, dedication, and a lot of hard work.	3
deliberately	adv	dɪ' lɪbərətli, dɪ' lɪbərɪtli	done in a way that is intended or planned	He deliberately upset her.	3
desperation	n	ˌdespə'reɪʃən	when you feel desperate, or when a situation is very bad	a look of desperation	3
detailed	adj	'di:teɪld	containing or including a lot of information or details	a detailed study of crime in Seattle	3
determined	adj	dɪ'tɜ:mənd, dɪ'tɜ:mɪnd	having a strong desire to do something, so that you will not let anyone stop you	She was determined to start her own business.	3
safety device	n	'seɪftɪ dɪ' vaɪs	a machine or tool that is designed to prevent injury or accidents	a small electronic device	3
electrician	n	ɪ' lek'trɪʃən, ˌelɪk-	someone whose job is to connect or repair electrical wires or equipment	An electrician came to fix the washing machine.	3
entire	adj	m'taɪə	used when you want to emphasise that you mean all of a group, period of time, amount, etc.	It was the worst day in my entire life.	3
evil	adj	'i:vəl	someone who is evil deliberately does very cruel things to harm other people	an evil president	3
face up to	phrv	feɪs ʌp tə	to accept and deal with a difficult fact or problem	They'll never offer you another job; you might as well face up to it.	3
fantasy	n	'fæntəsi	a story, film, etc., that is based on imagination, not facts	a strange fantasy set in a South American village	3
fascinated	adj	'fæsəneɪtəd, 'fæsɪnertəd	extremely interested by something or someone	I was fascinated by her voice.	3
fed up	adj	fed ʌp	annoyed or bored, and wanting something to change	She felt tired and a bit fed up.	3
focus on	phrv	'fəʊkəs ɒn	to give all your attention to a particular thing	In his speech he focused on tourism.	3
formal	adj	'fɔ:məl	made or done officially or publicly	a formal statement	3
freerunning	n	ˌfri:' rʌn ɪŋ	the sport of running through city streets and jumping between buildings	the hobby of freerunning	3
freestyle	n	'fri:stɑɪl	a swimming race in which swimmers can use any style they choose	the 100m freestyle race	3
gala	n	'gɑ:lə	a public entertainment or performance to celebrate a special occasion	the Club's Gala Dinner	3
gaming	n	'geɪmɪŋ	the activity of playing computer games	online gaming	3
gangster	n	'gæŋstə	a member of a violent group of criminals	Do you like gangster movies?	3
hardship	n	'hɑ:dʃɪp	something that makes your life difficult or unpleasant, especially a lack of money, or the condition of having a difficult life	The war caused great hardship for many people.	3
hooked on	phrv	hʊkt ɒn	if you are hooked on something, you like it a lot and want to continue doing it	children who are hooked on computer games	3
hopeless	adj	'həʊpləs	if something that you try to do is hopeless, there is no possibility of it being successful	We tried to stop the water, but we knew it was hopeless.	3
hurling	n	'hɜ:lɪŋ	an Irish ball game played with sticks by two teams of 15 players	a hurling competition	3
illegal	adj	r' li:gəl	not allowed by the law	It's illegal to park here.	3
in reality	phrase	m ri' æləti	used to say that something is different from what people think	In reality, violent crimes are extremely rare.	3
inspired	adj	m' spaɪəd	having very exciting special qualities that are better than anyone or anything else	an inspired leader	3
jealousy	n	'dʒeləsi	a feeling of being jealous	Polly had a feeling of jealousy when she saw Paul with Suzanne.	3

judo	n	'dʒuːdəʊ	a Japanese sport or method of defence, in which you try to throw your opponent onto the ground	Dan went to a judo class every Saturday.	3
karate	n	kə'reɪ.ti	a Japanese fighting sport, in which you use your feet and hands to hit and kick	I injured myself today in the karate competition.	3
lawyer	n	'lɔːjə	someone whose job is to advise people about laws, write formal agreements, or represent people in court	He's rich enough to hire a good lawyer.	3
let go	phrv	let ɡəʊ	to stop worrying about something	Let it go. It's not worth worrying about.	3
lifetime	n	'laɪftaɪm	the period of time during which someone is alive or something exists	During her lifetime she had learned five languages.	3
maintenance	n	'meɪntənəns	the repairs, painting, etc., that are necessary to keep something in good condition	the cost of repairs and maintenance	3
make a fool of oneself	phrase	meɪk ə fuːl əv wʌn'self	to do something silly or embarrassing	He worried that he might make a fool of himself.	3
master	v	'mɑːstə	to learn a subject or skill very well	I never mastered the violin.	3
nominated	adj	'nɑːmə,neɪtəd	when someone officially suggests that someone or something should be given an important position or prize	The film was nominated for an award.	3
obsession	n	əb'sefən	an extreme unhealthy interest in something or worry about something, which stops you from thinking about anything else	Gaming became an obsession.	3
original	adj	ə'ɹɪdʒɪnəl, -dʒənəl	a painting, document, etc., that is not a copy	This is a photograph of the painting. The original is in the city museum.	3
outline	n	'aʊtlaɪn	the main ideas or facts about something, without the details	an outline for a new book	3
ownership	n	'əʊnəʃɪp	the fact of owning something	We argued about the ownership of the field.	3
parkour	n	pɑː'kʊə	the sport of running through city streets and jumping between buildings	parkour is a very popular hobby.	3
passionate	adj	'pæʃənət, 'pæʃənɪt	used to say that you like something very much and spend a lot of time doing it	I'm passionate about football.	3
pastry	n	'peɪstri	a mixture of flour, butter, and milk or water, used to make the outer part of baked foods such as pies	a Danish pastry	3
play by the rules	phrase	pleɪ baɪ ðə ruːlz	if you play by the rules, you don't break them	The opposing team just didn't want to play by the rules, which annoyed us.	3
praised	adj	'preɪzd	when someone or something is admired, often publicly, for something they have done,	The Mayor praised the rescue team for their courage.	3
raise	v	reɪz	to move or lift something to a higher position, place, or level	Can you raise the lamp so I can see?	3
reaction	n	ri'ækʃən	something that you feel or do because of something that has happened or been said	What was Jeff's reaction when you told him about the job?	3
remake	n	'riːmeɪk	a record or film that has the same music or story as one that was made before	a remake of 'Cape Fear'	3
respect	n	ri'spekt	if you respect someone's wishes, rights, customs, etc., you are careful not to do anything that they do not want, or that they thin	I have the greatest respect for Jane's work.	3
revenge	n	ri'vendʒ	something you do in order to punish someone who has harmed or offended you	She wanted revenge for the death of her father.	3
rickshaw	n	'rɪkʃəʊ	a small vehicle used in South East Asia for carrying one or two passengers. It is pulled by someone walking or riding a bicycle.	I went by rickshaw because it was quicker than a taxi.	3
rough	adj	rʌf	having an uneven surface	Her hands were rough from hard work.	3
satisfy	v	'sætɪsfaɪ	if you satisfy someone's needs or demands, you provide what they need or want	We aim to satisfy the needs of our customers.	3
semi-precious	adj	,semi'preʃəs	a semi-precious jewel or stone is valuable, but not as valuable as a diamond, ruby, etc.	My necklace is made from semi-precious stones.	3
shoot	v	ʃuːt	to take photographs or make a film of something	The movie was shot in Rome.	3
stunt	n	stʌnt	a dangerous action that is done to entertain people, especially in a film	Not many actors do their own stunts.	3
survival	n	sə'vaɪvəl	the state of continuing to live or exist	Illegal hunting is threatening the survival of the species.	3
suspense	n	sə'spens	a feeling of excitement or anxiety when you do not know what will happen next	They kept us in suspense for over two hours.	3
territory	n	'terətəri, 'terɪtəri	land that is owned or controlled by a particular country, ruler, or military force	Hong Kong became Chinese territory in 1997.	3
think up	phrv	θɪŋk ʌp	to produce a new idea	It's a great idea. I wonder who first thought it up.	3
tough	adj	tʌf	difficult to do or deal with	It was a tough race.	3
tradition	n	trə'dɪʃən	a belief, custom, or way of doing something that has existed for a long time, or these beliefs, customs, etc., in general	the traditions of South East Asia	3
train	v	treɪn	to prepare for a sports event by practising and exercising, or to help someone to do this	He's training for the Olympics.	3
trapped	adj	træpt	to be in a bad situation from which you cannot escape	She felt trapped in her marriage.	3
unappealing	adj	,ʌnə'piːlɪŋ	not pleasant or attractive	an unappealing shade of grey	3
unbearable	adj	ʌn'beərəbəl	too unpleasant, painful, or annoying to deal with	The pain was almost unbearable.	3
unique	adj	juː'niːk	unusually good and special	a unique opportunity to study these rare creatures	3
voluntary work	adj	'vɒləntəri	a situation where you work without being paid, especially to help people	I do voluntary work one day a week.	3
weakness	n	'wiːknəs, 'wiːknɪs	a fault in someone's character or in a system, organisation, design, etc.	The legislation has a fundamental weakness.	3
appetite	n	'æpətəɪt, 'æpɪtəɪt	a desire for food	Her husband always had a huge appetite.	4
bite	v	baɪt	to use your teeth to cut or chew something	The dog bit him and made his hand bleed.	4
blizzard	n	'blɪzəd	a severe snowstorm	We got stuck in a blizzard.	4
boiling	adj	'bɔɪlɪŋ	very hot	Can I open a window? It's boiling in here.	4
brave	adj	breɪv	dealing with danger, pain, or difficult situations with courage and confidence	brave soldiers	4
bruise	n	bruːz	a purple or brown mark on your skin that you get because you have fallen, been hit, etc.	minor cuts and bruises	4
bungee jump	n	'bʌndʒ ɪ dʒʌmp	a sport in which you jump off something very high with a long length of special rope that stretches tied to your legs, so that you	One of my friends did a bungee jump off a bridge in Australia.	4
calculate	v	'kælkjəleɪt, 'kælkjuleɪt	to find out how much something will cost, how long something will take, etc., by using numbers	calculate the distance exactly	4
camper van	n	'kæmpə væn	a vehicle that has cooking equipment and beds in it	We stopped by the beach to make coffee in our camper van.	4
carnivore	n	'kɑːnɪvɔː, 'kɑːnɪvɔː	an animal that eats flesh	Lions are carnivores.	4
circuit	n	'sɜːkət, 'sɜːkɪt	a track where people race cars, bicycles, etc.	We did a circuit of the old city.	4
climb	v	klaɪm	to move up, down, or across something using your feet and hands, especially when this is difficult to do	Harry climbed the stairs.	4
close shave	phrase	kləʊz ʃeɪv	a situation in which you only just avoid an accident or something bad	Phew, that was a close shave.	4
competitive	adj	kəm'petətɪv, kəm'petɪtv	determined or trying very hard to be more successful than other people or businesses	Some US industries are not as competitive as they have been in the past.	4
confident	adj	'kɒnfədənt, 'kɒnfɪdənt	sure that something will happen in the way that you want or expect	We are confident next year's profits will be higher.	4
conscious	adj	'kɒnʃəs	noticing or realising something	I became conscious of someone watching me.	4
consider	v	kən'sɪdə	to think about something carefully, especially before making a choice or decision	I seriously considered moving to France.	4

current	n	'kʌrənt	a flow of water or air in a particular direction	Strong currents are dangerous for swimmers.	4
deafening	adj	'defəniŋ	very loud	a deafening roar	4
deer	n	dɪə	a large wild animal that can run very fast, eats grass, and has horns	A deer makes tracks in the snow.	4
desperately	adv	'despərətli, 'despərtli	very or very much - used about bad situations or feelings	The doctors tried desperately to save her life.	4
diver	n	'daɪvə	someone who swims or works under water using special equipment to help them breathe	The divers found an old ship that had sunk.	4
dragon	n	'dræɡən	a large imaginary animal that has wings and a long tail and can breathe out fire	The picture of the dragon frightened the children.	4
drive away	phrv	draɪv ə'weɪ	to behave in a way that makes someone leave	He was cruel because he wanted to drive me away.	4
energetic	adj	,enə'dʒetɪk	having or needing a lot of energy or determination	an energetic man	4
episode	n	'epəsəʊd, 'epɪsəʊd	one of the parts of a television or radio story that is broadcast separately	He watched every episode of 'Friends'.	4
fascinating	adj	'fæsəneɪtɪŋ, 'fæsmeɪtɪŋ	extremely interesting	a fascinating book	4
fear the worst	phrase	fiə ðə wɜ:st	to think that the worst possible thing has happened or might happen	When Tom heard about the accident he immediately feared the worst.	4
figure	n	'fiɡə	someone with a particular type of appearance or character, especially when they are far away or difficult to see	a tall figure in a hat	4
first aid	n	fɜ:st eɪd	simple medical treatment that is given as soon as possible to someone who is injured or who suddenly becomes ill	Being given first aid probably saved his life.	4
first-hand	adj	'fɜ:st-'hænd	of or relating to the first or original source	a first-hand account of the event	4
forever	adv	fə'evə	for all future time	I wanted that moment to last forever.	4
freezing	adj	'fri:zɪŋ	extremely cold	It's freezing in here!	4
furious	adj	'fjʊəriəs	very angry	Residents in the area are furious at the decision.	4
geese	n	ɡi:s	the plural of goose	We keep many geese at the farm.	4
get away	phrv	get ə'weɪ	to leave a place, especially when this is not easy	I didn't get away from the office until seven.	4
get over	phrv	get 'əʊvə	to become well again after an illness	It's taken me ages to get over the flu.	4
hitch-hike	v	hɪtʃ haɪk	to travel to places by getting free rides from drivers of passing cars	She spent her gap year hitchhiking around the world.	4
lose hope	phrase	lu:z həʊp	to stop believing that something you want to happen might be possible	We never lost hope that we would find him.	4
household name	n	'haʊshəʊld neɪm	a name of a product, company, etc. that is very well known	Nintendo is now a household name.	4
impressed by	adj	ɪm 'prest baɪ	to feel admiration and respect for someone or something	We were very impressed by the standard of work.	4
in touch	phrase	ɪn tʌtʃ	if you are in touch with someone, you speak or write to them regularly	Are you still in touch with John?	4
infection	n	ɪn'fekʃən	a disease that affects a particular part of your body and is caused by bacteria or a virus	The baby had an ear infection.	4
injury	n	'ɪndʒəri	a wound or damage to part of your body caused by an accident or attack	She was taken to hospital with serious head injuries.	4
keen on	phrv	ki:n ɒn	liking someone or something very much, or being very interested in them	I'm not very keen on their music.	4
kneel down	v	ni:l daʊn	to bend your legs so that your knees are on the ground and supporting the weight of your body	I knelt down to stroke the cat.	4
lizard	n	'lɪzəd	a type of reptile that has four legs and a long tail	We saw a lot of lizards on holiday.	4
look forward to	phrv	lʊk 'fɔ:wəd tə	to be excited and pleased about something that is going to happen	I'm really looking forward to our vacation.	4
lose control	phrase	lu:z kən'trəʊl	to be unable to stay calm or manage a difficult situation any more	The referee lost control and several players started a fight.	4
nightmare	n	'naɪtmə	a very unpleasant or difficult experience	The trip was an absolute nightmare.	4
ordeal	n	ɔ:'di:l, 'ɔ:di:l	a terrible or painful experience that continues for a period of time	She then had to go through the ordeal of giving evidence.	4
overloaded	v	,əʊv ə 'ləʊd əd	if something is overloaded there are too many things or people in it	The bus was overloaded with tourists and their luggage.	4
overslept	adj	,əʊvə'sli:pt	used when someone has been asleep for longer than they intended	Sorry I'm late. I overslept.	4
paradise	n	'pærədaɪs	a place or situation that is extremely pleasant, beautiful, or enjoyable	a beautiful tropical paradise	4
paraglide	v	'pærə,ɡlaɪd	to jump off a hill or out of a plane and use a parachute to fly for long distances before floating back down to the ground	He paraglided from the top of the hill to the bottom.	4
paramedic	n	,pærə'medɪk	someone who has been trained to help people who are hurt or to do medical work, but who is not a doctor or nurse	The man was treated by a team of paramedics before being taken by ambulance to hospital	4
pavement	n	'peɪvmənt	a hard level surface or path at the side of a road for people to walk on	A small group of journalists waited on the pavement outside her house.	4
psychological	adj	,saɪkə'lɒdʒɪkəl	relating to the way that your mind works and the way that this affects your behaviour	a serious psychological problem.	4
recovery	n	rɪ'kʌvəri	the process of getting better after an illness, injury, etc.	Doctors expect him to make a full recovery.	4
replacement	n	rɪ'pleɪsmənt	when you get something that is newer or better than the one you had before	Our old car is badly in need of replacement.	4
saviour	n	'seɪvjə	someone who saves you from a difficult or dangerous situation	He was seen by many as the saviour of the organisation.	4
scare	v	skeə	to make someone feel frightened	Loud noises can scare animals or birds.	4
search	n	sɜ:tʃ	an attempt to find someone or something	a search for a lost passport	4
shark	n	ʃɑ:k	a large sea fish with several rows of very sharp teeth that is considered to be dangerous to humans	Sharks were circling around our boat.	4
shore	n	ʃɔ:	the land along the edge of a large area of water such as an ocean or lake	We could see a boat about a mile from shore.	4
snowed in	adj	snəʊd ɪn	to be unable to leave a place because so much snow has fallen	We were snowed in for a week.	4
spectator	n	spek'tetə	someone who is watching an event or game	There were over 40,000 spectators at the match.	4
speculate	v	'spekjələɪt, 'spekjələɪt	to guess about the possible causes or effects of something, without knowing all the facts or details	He refused to speculate on the cause of the accident.	4
speed toward	phrv	spi:d tə 'wɔ:d	to go quickly in the direction of something	The car sped toward the next town.	4
speedboat	n	'spi:dbəʊt	a small boat with a powerful engine, designed to go fast	Then the police will start spending the money on helicopters and speedboats.	4
splash	n	splæʃ	the sound that water makes when something hits it	Jerry jumped into the water with a loud splash.	4
spot	n	spɒt	a particular place or area, especially a pleasant place where you spend time	a nice quiet spot on the beach	4
starving	adj	'stɑ:v ɪŋ	very hungry	Let's have lunch – I'm starving.	4
struggle	v	'strʌɡəl	to try extremely hard to achieve something, even though it is very difficult	She's struggling to bring up a family alone.	4
succeed	v	sək'si:d	to do what you tried or wanted to do	She wanted to be the first woman to climb Mount Everest, and she almost succeeded.	4
sudden	adj	'sʌdn	happening, coming, or done quickly or when you do not expect it	a sudden change in the weather	4
swept	adj	'swɛpt	when someone or something is moved quickly in a particular direction	The crowd swept through the gates.	4
tan	n	tæn	the brown colour that someone with pale skin gets after they have been in the sun	I wish I could get a tan like that.	4

task	n	tɑ:sk	a piece of work that must be done, especially one that is difficult or unpleasant or that must be done regularly	a boring task	4
technician	n	tek'niʃən	someone whose job is to check equipment or machines and make sure that they are working properly	a laboratory technician	4
terminal	n	'tɜ:mənəl, 'tɜ:mnəl	a building where you get onto planes, buses, or ships, or where goods are loaded and unloaded	They're building a new terminal at the airport.	4
terrifying	adj	'terəfaɪ-ɪŋ, 'terɪfaɪ-ɪŋ	extremely frightening	He told her of his terrifying experience.	4
theme park	n	θi:m pɑ:k	a type of park where you can have fun riding on big machines such as a roller coaster, and where the whole park is based on one	There are also plans for a theme park next to Disneyland.	4
thrilled	adj	θrɪld	very excited, happy, and pleased	We were so thrilled to hear about the baby.	4
tide	n	taɪd	the regular rising and falling of the level of the sea	Is the tide going out or coming in?	4
tie together	phrv	taɪ tə'geðə	to fasten something by making a knot in a piece of string, rope, etc.	Tie this label to your suitcase.	4
tricky	adj	'trɪki	something that is difficult to deal with or do because it is complicated and full of problems	I can get you tickets for the show but it'll be tricky.	4
tutor	n	'tju:tə	someone who gives private lessons to one student or a small group, and is paid directly by them	The children were educated at home by a tutor.	4
unaware	adj	ˌʌnə'weə	not noticing or realising what is happening	Mike seems unaware of the trouble he's causing.	4
voyage	n	'vɔɪ-ɪdʒ	a long journey in a ship or spacecraft	The voyage from England to India used to take six months.	4
whitewater rafting	n	ˌwaɪt'wɔ:tə 'rɑ:ftɪŋ	the activity of floating in a raft (a flat boat made of pieces of wood tied together) along a river that is rough and flowing very fast	We went whitewater rafting in Vietnam last summer.	4
windy	adj	'wɪndi	a path or road that bends or curves	a windy road	4
witness	n	'wɪtnəs, 'wɪtnɪs	someone who sees a crime or an accident and can describe what happened	Police have appealed for witnesses to come forward.	4
work out	phrv	wɜ:k aʊt	to decide or plan something in order to solve a problem	He still hasn't worked out where he'll live.	4
affected	adj	ə'fektəd	producing an effect or a change in something or in someone's situation	the areas affected by the storm	5
afford	v	ə'fɔ:d	to have enough money to buy or pay for something	We can't afford to go on vacation this year.	5
allow	v	ə'laʊ	to let someone do or have something, or let something happen	My parents wouldn't allow me to go to the party.	5
attitude	n	'ætɪtju:d, 'ætrɪtju:d	the opinions and feelings that you usually have about something, especially when this is shown in your behaviour	As soon as they found out I was a doctor, their whole attitude changed.	5
auction	n	'ɔ:kʃən	an event at which things are sold to the person who offers the most money	The house was sold at auction.	5
bargain	n	'bɑ:gən, 'bɑ:gɪn	something you buy cheaply or for less than its usual price	There are no bargains in the clothes shops at the moment.	5
bargain hunter	n	'bɑ:gən 'hʌntə	someone who is looking for goods at a cheap price	Bargain hunters will find some good deals in our New Year sales.	5
borrow	v	'bɒrəʊ	to use something that belongs to someone else and that you must give back to them later	Can I borrow your pen for a minute?	5
brainstorm	n	'breɪnstɔ:m	a sudden clever idea	Kirby had a sudden brainstorm.	5
brand	n	brænd	a type of product made by a particular company, that has a particular name or design	What brand of detergent do you use?	5
browse	v	braʊz	to look through the pages of a book, magazine, etc., without a particular purpose, just looking at the most interesting parts	Jon was browsing through the photographs.	5
budget	n	'bʌdʒət, 'bʌdʒɪt	the money that is available to an organisation or person, or a plan of how it will be spent	the architect has a budget of \$2 million	5
buffet	n	'bʊfeɪ	a meal at a party or other occasion, in which people serve themselves at a table and then move away to eat	a cold buffet	5
bush	n	bʊʃ	a plant with many thin branches growing up from the ground	a rose bush	5
canteen	n	kæn'ti:n	a place in a factory, school, etc., where meals are provided, usually quite cheaply	the college canteen	5
chain store	n	'tʃeɪnstɔ:	one of a group of shops, all of which are owned by one organisation	a chain of restaurants	5
challenge	n	'tʃæləndʒ, 'tʃælɪndʒ	something that tests strength, skill, or ability, especially in a way that is interesting	The company is ready to meet the challenges of the next few years.	5
chopstick	n	'tʃɒp-stɪk	one of the two thin sticks that you use to eat food in many countries in Asia	I found it difficult at first to eat my lunch with chopsticks, but I got used to it.	5
come up with	phrv	kʌm ʌp wɪð	to think of an idea, plan, or reply	They still haven't come up with a name for the baby.	5
comparison	n	kəm'pærəsən, kəm'pærɪsən	the process of comparing two or more people or things	Comparisons of the two movies showed how Lee has developed as a director.	5
conference	n	'kɒnfərəns	a large formal meeting where a lot of people discuss important matters such as business, politics, or science, especially for several days	Students from over 100 countries attended the conference.	5
consumer	n	kən'sju:mə	someone who buys and uses products and services	Consumers will soon be paying higher airfares.	5
contact lens	n	'kɒntækt lenz	a small round piece of plastic that you put on your eye to help you see clearly	His eye was not damaged; he had just lost a contact lens.	5
convenient	adj	kən'vi:nɪənt	useful to you because it saves you time, or does not spoil your plans or cause you problems	Online shopping is a convenient way to buy food.	5
deal	n	di:l	an agreement or arrangement, especially in business or politics	They made a deal to sell the land to another farmer.	5
deal with	phrv	di:l wɪð	to do what is necessary, especially in order to solve a problem	Who deals with complaints?	5
dealer	n	'di:lə	someone who buys and sells a particular product, especially an expensive one	a dealer in modern art	5
debt	n	det	a sum of money that a person or organisation owes	She had debts of over £100,000.	5
decent	adj	'di:sənt	of a good enough standard or quality	a decent salary	5
dental appointment	adj	'dentl ə'pɔɪntmənt	an arrangement to see a dentist at an agreed time and place	My dental appointment is at ten o'clock this morning.	5
distinctive	adj	dɪ'stɪŋktɪv	having a special quality, character, or appearance that is different and easy to recognise	a rock band with a distinctive sound	5
drag	v	dræg	to pull something along the ground, often because it is too heavy to carry	Inge managed to drag the table into the kitchen.	5
enormous	adj	r'nɔ:məs	very big in size or in amount	an enormous bunch of flowers	5
experiment	n	ɪk'sperəmənt, ɪk'sperɪmənt	a scientific test done to find out how something reacts under certain conditions, or to find out if a particular idea is true	Do you think it's right to experiment on animals?	5
expert	n	'ekspɜ:t	someone who has a special skill or special knowledge of a subject, gained as a result of training or experience	She's an expert on South American plants.	5
fancy doing sth	phrase	'fænsɪ 'du:ɪŋ	to want or feel like something	Do you fancy going out for dinner?	5
fault	n	fɔ:lt	if something bad that has happened is your fault, you should be blamed for it, because you made a mistake or failed to do something	I'm really sorry – it's all my fault.	5
give up	phrv	ɡɪv ʌp	to stop doing something, especially something that you do regularly	Darren has decided to give up football at the end of this season.	5
greengrocer	n	'ɡri:n, ɡrəʊsə	someone who owns or works in a shop selling fruit and vegetables	There's still a greengrocer in the village.	5

guideline	n	'gaɪdlam	rules or instructions about the best way to do something	a new set of guidelines for teachers	5
habit	n	'hæbət, 'hæbɪt	something that you do regularly or usually, often without thinking about it because you have done it so many times before	Regular exercise is a good habit.	5
hermit	n	'hɜ:mət, 'hɜ:mit	someone who prefers to live away from other people	She became a hermit after her success in the 60s.	5
hypermarket	n	'haɪpə,mɑ:kət, 'haɪpə,mɑ:kɪt	a very large supermarket	We can buy everything we need at the hypermarket.	5
in spite of	phrase	ɪn spaɪt əv	although something exists or is true	We had a good time in spite of the rain.	5
independent shop	n	ˌɪndə'pendənt ʃɒp	an independent shop is owned by an individual - not by another organisation or the government	small independent bookshops	5
influence	n	'ɪnfluəns	the power to affect the way someone or something develops, behaves, or thinks, without using direct force or orders	As a scientist, his influence was impressive.	5
innovation	n	ˌɪnə'veɪʃən	a new idea, method, or invention	recent innovations in English teaching	5
itch	v	ɪtʃ	if part of your body or your clothes itch, you have an unpleasant feeling on your skin that makes you want to rub it with your na	My feet were itching terribly.	5
item	n	'aɪtəm	a single thing, especially one thing in a list, group, or set of things	He opened the cardboard box and took out each item.	5
junk food	n	dʒʌŋk fu:d	food that is not healthy, for example because it contains a lot of fat, sugar, etc.	You eat too much junk food.	5
launch	n	lɔ:ntʃ	when a new product, book, etc., is made available or made known	the launch of a new women's magazine	5
leaflet	n	'li:flət, 'li:flɪt	a small book or piece of paper advertising something or giving information on a particular subject	a leaflet on the history of the castle	5
leisure activity	n	'leɪzə	an activity you do when you have free time and can do things you enjoy	They did a few leisure activities such as sailing and swimming.	5
lifestyle	n	'laɪfstɑ:l	the way a person or group of people live, including the place they live in, the things they own, the kind of job they do, and the a	Regular exercise is part of a healthy lifestyle.	5
logo	n	'ləʊgəʊ	a small design that is the official sign of a company or organisation	You can buy bags with the company logo on them in the shop.	5
loyalty card	n	'ləʊəlti kɑ:d	a card given by a shop, supermarket, etc. to its regular customers allowing them to have advantages such as lower prices, mone	The loyalty card offers a 5% discount on sports products.	5
luxury	n	'lʌkʃəri	something expensive that you want but do not need	luxuries like chocolate and perfume	5
manage	v	'mænɪdʒ	to succeed in doing something difficult or in dealing with problems	I finally managed to open the door.	5
mate	n	meɪt	someone you work with, do an activity with, or share something with	Dad's office mates are organising a party for him.	5
on balance	phrase	ɒn 'bæləns	if you think something on balance, you think it after considering all the facts	I think on balance I prefer the old system.	5
on credit	phrase	ɒn 'kredət	a way of buying goods in which you arrange to pay for them later	The TV and the washing machine were bought on credit.	5
organic	adj	ɔ:'gæɪnɪk	relating to farming or gardening methods of growing food without using artificial chemicals, or produced or grown by these me	Organic farming is better for the environment.	5
pressure	n	'preʃə	an attempt to persuade someone by using influence or arguments	Her parents are putting pressure on her to study medicine.	5
profit	n	'prɒfɪt, 'prɒfɪt	money that you gain by selling things or doing business, after your costs have been paid	The shop's daily profit is usually around \$500.	5
promote	v	prə'məʊt	to give someone a higher job	Helen was promoted to manager.	5
promotion	n	prə'məʊʃən	an advertisement or special attempt to sell something	a sales promotion	5
pyramid	n	'pɪrəməɪd	a large stone building with four triangular (= three-sided) walls that slope in to a point at the top, especially in Egypt and Centra	Seeing the pyramids was the highlight of our holiday.	5
recognisable	adj	'rekəgnaɪzəbəl	to know who someone is or what something is, because you have seen, heard, experienced, or learned about them in the past	His face was immediately recognisable.	5
reduced price	adj	rɪ'du:st praɪs	on sale at a price that is lower than before; on offer	reduced-price shoes	5
rent	v	rent	to regularly pay money to live in a house or room that belongs to someone else, or to use something that belongs to someone els	Most students rent rooms when they are at university.	5
ruin	v	'ru:ən, 'ru:ɪn	to spoil or destroy something completely	This illness has ruined my life.	5
sales	n	seɪəlz	the total number of products that are sold during a particular period of time	Britain's retail sales (=all the things sold to the public in shops) jumped 3.2% in April.	5
sample	n	'sɑ:mpl̩	a small part or amount of something that is examined in order to find out something about the whole	I'd like to see some samples of your work.	5
saving	n	'seɪvɪŋ	all the money that you have saved, especially in a bank	Buying a house had taken all their savings.	5
second-hand	adj	ˌsekənd'hænd	second-hand things are not new when you get them, because they were owned by someone else before you	second-hand clothes	5
sell-by date	n	'sel baɪ deɪt	the date stamped on a food product, after which it should not be sold	This yoghurt is two days past its sell-by date.	5
social life	n	'səʊʃəl laɪf	the activities in your life relating to your friends, your family, etc.	Teenagers enjoy an active social life.	5
special offer	n	'speʃəl 'ɔ:fə	a low price charged for a product for a short time	The hotel has a special offer of five nights for the price of three.	5
stick with	phrv	stɪk wɪð	to continue doing something or supporting someone	He stuck with his job at the zoo.	5
strict	adj	strikt	expecting people to obey rules or to do what you say	a strict teacher	5
successfully	adv	sək'sesfəli	in a successful way	He successfully completed his medical training.	5
symbol	n	'sɪmbəl	a picture or shape that has a particular meaning or represents a particular organisation or idea	The symbol on the bottle shows it can be recycled.	5
take advantage	phrase	teɪk əd'vɑ:ntɪdʒ	to use a situation to help you do or get something you want	I took advantage of the good weather to paint the front door.	5
take up	phrv	teɪk ʌp	to become interested in a new activity and to spend time doing it	Roger took up painting when he was 60.	5
vow	n	vəʊ	to make a serious promise that you will definitely do something or not do something	I vowed that I would never drink again.	5
waste time	v	weɪst taɪm	to use more time than is useful or sensible	I'm wasting my time watching television every evening.	5
worries	n	'wɜ:ri:z	problems that you are anxious about or are not sure how to deal with	My main worries are finding a job and somewhere to live.	5
applicant	n	'æplɪkənt	someone who has formally asked, usually in writing, for a job, university place, etc.	He was one of 30 applicants for the manager's job.	6
backstage	adj	ˌbæk'steɪdʒ	behind the stage in a theatre, especially in the actors' dressing rooms	The dancers backstage were nervous.	6
badge	n	bædʒ	a piece of metal, plastic, or cloth with writing or a picture on it, that gives information about a job, membership of a group or an	We were each handed a badge with our name on it.	6
balanced diet	n	'bælənst 'daɪət	a diet consisting of a variety of different types of food necessary for good health.	one of the most important things in life is to eat a balanced diet	6
bark	v	bɑ:k	when a dog barks, it makes a short loud sound or series of sounds	The dog always barks at the postman.	6
bonus	n	'bəʊnəs	something good that you do not expect in a situation	We work well together – the fact that we're friends is a bonus.	6
bossy	adj	'bɒsi	always telling other people what to do, in a way that is annoying	her loud bossy sister	6

boutique	n	bu:'ti:k	a small shop that sells fashionable clothes or other objects	The best boutiques are in Italy.	6
candidate	n	'kændədət, 'kændidət	someone who is being considered for a job or is competing in an election	a presidential candidate	6
care about	v	keə ə'baot	to think that something is important, so that you are interested in it, worried about it, etc.	The only thing he seems to care about is money.	6
catch	n	kætʃ	a quantity of fish that has been caught at one time	The fishermen's catch is sold in the market every day.	6
chore	n	tʃə:	a small job that you have to do regularly, especially work that you do to keep a house clean	everyday chores like shopping and housework	6
competitor	n	kəm'petətə, kəm'petitə	a person, team, company, etc., that is competing with another	Last year they sold twice as many computers as their competitors.	6
confirm	v	kən'fɜ:m	to show that something is definitely true, especially by providing proof	She confirmed that she was at the scene of the accident on Monday.	6
currently	adv	'kʌrəntli	at the present time	the products that are currently available	6
deck	n	dek	the outside top level of a ship that you can walk or sit on	Let's go up on deck.	6
doctorate	n	'dɒktərət, 'dɒktərɪt	a university degree of the highest level	She received her doctorate in history in 1998.	6
downside	n	'daʊnsaɪd	the negative part or disadvantage of something	Digital cell phones offer more security, but the downside is that they have less power.	6
dress up	phrv	dres ʌp	to wear special clothes for fun, or to put special clothes on someone	He went to the party dressed up as a Chicago gangster.	6
drop	v	dɹɒp	to stop doing something, discussing something, or continuing with something	Let's drop this conversation. I don't want to talk about it.	6
enthusiasm	n	ɪn'θju:ziæzəm	a strong feeling of interest and enjoyment about something and an eagerness to be involved in it	Gillian and Darren greeted the speakers with great enthusiasm.	6
exception	n	ɪk'sepʃən	something or someone that is not included in a general statement or does not follow a rule or pattern	It's been cold, but today's an exception.	6
exhibit	n	ɪg'zɪbət, ɪg'zɪbɪt	an object that is shown in a public place for people to look at	All exhibits are listed in the catalogue.	6
expectation	n	ˌekspek'teɪʃən	what you think or hope will happen	For some time he lived with the expectation that he was going to fail.	6
feedback	n	'fi:dbæk	advice, criticism, etc., about how successful or useful something is	How can I provide feedback without making someone angry?	6
fixed	adj	fɪkst	firmly fastened to a particular position	a mirror fixed to the bathroom wall	6
glamorous	adj	'glæməərəs	attractive, exciting, and related to wealth and success	She led an exciting and glamorous life.	6
greedy	adj	'gri:di	always wanting more food, money, power, possessions, etc., than you need	a greedy and selfish society	6
hostage	n	'hɒstɪdʒ	someone who is kept as a prisoner by an enemy so that the other side will do what the enemy demands	The group are holding two tourists hostage (=keeping them as hostages).	6
impact	n	'ɪmpækt	the effect or influence that an event, situation, etc., has on someone or something	We need to assess the impact on climate change.	6
in aid of sth	phrase	ɪn eɪd əv	in order to collect money for a charity	She's been raising money in aid of a children's charity.	6
in charge of	phrase	ɪn tʃɑ:dʒ əv	in the position of having control or responsibility for a group	He asked to speak to the person in charge of the store.	6
irritating	adj	'ɪrətetɪŋ, 'ɪrɪtetɪŋ	an irritating habit, situation, etc., keeps annoying you	He's the most irritating man I've ever met.	6
last resort	n	lɑ:st rɪ'zɔ:t	what you will do if everything else fails	Drug treatment should only be used as a last resort.	6
lick	v	lɪk	to move your tongue across the surface of something in order to eat it, wet it, clean it, etc.	The dog jumped up and licked her face.	6
lie-in	n	ˌlaɪ 'ɪn	an occasion when you stay in bed longer than usual in the morning	I always have a lie-in on a Sunday.	6
marathon	n	'mærəθən	a long race of about 26 miles or 42 kilometres	the Boston Marathon	6
marine	adj	mə'ri:n	relating to the sea and the creatures that live there	the enormous variety of marine life	6
mask	n	mɑ:sk	something that covers all or part of your face, to protect or to hide it	a surgical face mask	6
master's	n	'mɑ:stəz	a university degree such as an MA, M.Sc., or M.S., that you can get by studying for one or two years after your first degree	a master's in Computer Science	6
motivated	adj	'məʊtəveɪtəd, 'məʊtveɪtəd	very keen to do something or achieve something, especially because you find it interesting or exciting	The students are all highly motivated.	6
muddy	adj	'mʌdi	covered with mud or containing mud	Take your boots off outside if they're muddy.	6
out of order	phrase	aʊt əv 'ɔ:də	if a machine is out of order, it has stopped working	The photocopier is out of order again.	6
outdoors	adv	ˌaʊt'dɔ:z	outside, not in a building	It's warm enough to eat outdoors tonight.	6
penniless	adj	'penɪləs	someone who is penniless has no money	Uncle Charlie was jobless and penniless.	6
pensioner	n	'penʃənə	someone who receives a pension	old age pensioners	6
perform	v	pə'fɔ:m	to do something to entertain people, for example by acting a play or playing a piece of music	Chenier and the band are performing at the Silver Palace tomorrow.	6
placement	n	'pleɪsmənt	a job that is found for someone, especially to give them experience of work	a work experience placement	6
position	n	pə'zɪʃən	someone's level or importance in a society or organisation	Lie in a comfortable position.	6
prospects	n	'prɒsp ektz	chances of future success	I had no job, no education, and no prospects.	6
proud	adj	praʊd	feeling pleased about something that you have done or something that you own, or about someone or something that you are involved in	Her parents are very proud of her.	6
psychotherapist	n	ˌsaɪk əθə'θer əp ɪst	the treatment of mental illness, for example depression, by talking to someone and discussing their problems rather than giving drugs	The psychotherapist helped the boy just by talking to him.	6
public speaking	n	'pʌblɪk 'spi:k ɪŋ	The process of making speeches before a live audience.	She has become very good at public speaking since going to university.	6
punctual	adj	'pʌŋktʃʊəl	arriving, happening, or being done at exactly the time that has been arranged	She's always very punctual for appointments.	6
radical	adj	'rædɪkəl	a radical change or difference is very big and important	They are proposing radical changes to the way the company is run.	6
range	v	reɪndʒ	to include a variety of different things or people in addition to those mentioned	The show had a massive audience, ranging from children to grandparents.	6
ray	n	reɪ	a large flat sea fish with a long pointed tail	The ray swam very close to me.	6
referee	n	ˌrefə'ri:	someone who writes a letter saying that you are suitable for a job, course, etc.	His headmaster agreed to act as his referee.	6
refugee	n	ˌrefju'dʒi:	someone who has been forced to leave their country, especially during a war, or for political or religious reasons	Refugees were streaming across the border.	6
rehearsal	n	rɪ'hɜ:səl	a time when all the people in a play, concert, etc., practise before a public performance	a rehearsal for 'Romeo and Juliet'	6
removal	n	rɪ'mu:vəl	when something is taken away from, out of, or off the place where it is	the removal of rubbish	6
rewarding	adj	rɪ'wɔ:dn̩	making you feel happy and satisfied because you feel you are doing something useful or important, even if you do not earn much money	Teaching can be a very rewarding career.	6
risk	n	rɪsk	the possibility that something bad, unpleasant, or dangerous may happen	Skiers always face the risk of serious injury.	6
risky	adj	'rɪski	involving a risk that something bad will happen	Doctors say it's too risky to try and operate.	6
scanner	n	'skænə	a machine that passes an electrical beam over something in order to produce a picture of what is inside it	a high-tech body scanner	6

scheme	n	ski:m	an official plan that is intended to help people in some way, for example by providing education or training	The money will be used for teacher training schemes.	6
secure	adj	sɪ'kʊə	a situation that is secure is one that you can depend on because it is not likely to change	There are no secure jobs these days.	6
set	n	set	a place where a film or television programme is filmed	The two actors met on the set of the film they both acted in.	6
shock to the system	n	ʃɒk tu: ðə 'sɪstɪm	if something is a shock to the system, it has a sudden and usually unpleasant effect on someone	Getting used to living in a big city was very hard at first. It was a real shock to the system.	6
side	n	sɑɪd	one separate part of a subject, problem, or situation	the social side of the job	6
site	n	sɑɪt	a place where something important or interesting happened	an archaeological site	6
sort out	phrv	sɔ:t aʊt	if you sort out a problem, you deal with it	It's a mistake – I'll sort it out and call you back.	6
soup kitchen	n	su:p 'kɪtʃən	a place where people with no money and no homes can get free food	It's like a queue for a soup kitchen.	6
specific	adj	spə'sɪfɪk, spɪ'sɪfɪk	a specific thing, person, or group is one particular thing, person, or group	games suitable for specific age groups	6
start out	phrv	'stɑ:t ɪŋ aʊt	to begin life, existence, work, etc., in a particular way or form	When we started out, my bedroom was our office.	6
start up	phrv	stɑ:t ʌp	if you start up a business, company, etc., or it starts up, it begins to exist	Tax breaks help new companies start up.	6
statement	n	'steɪtmənt	something that you say or write publicly or officially	the President's statements on the economy	6
status	n	'steɪtəs	the official legal position or condition of a person, group, country, etc.	These documents have no legal status in Britain.	6
stay ahead	phrv	steɪ ə'hed	to do something before other people do it	We need to stay ahead in this business.	6
surgeon	n	'sɜ:dʒən	a doctor who does operations in a hospital	A famous brain surgeon from Boston performed the operation.	6
tag	v	tæg	to attach a tag to something	Each bird was tagged and released into the wild.	6
tank	n	tæŋk	a large container for storing liquid or gas	The water tank is leaking.	6
thrilled	adj	θrɪld	very excited, happy, and pleased	We were so thrilled to hear about the baby.	6
track	v	træk	to follow someone or something by looking for signs of their movement, or by using special electronic equipment	The whales were tracked across the Atlantic.	6
trade show	n	treɪd ʃəʊ	an exhibition by companies for the display and promotion of their products.	There were hundreds of new designs on display at the trade show.	6
traffic warden	n	'træfɪk 'wɔ:dn	someone whose job is to check that people have not parked their cars illegally	A traffic warden, finding an empty car, gave the Vicar a parking ticket.	6
try out	phrv	traɪ aʊt	to test something to find out if it is effective or works properly	I want to try out my new camera.	6
vacant	adj	'veɪkənt	if a position in an organisation is vacant, the job is available because no one is doing it	The post of Director became vacant.	6
veterinary	adj	'vetərənəri, 'vetərɪnəri	relating to the medical care and treatment of sick animals	veterinary medicine	6
wage	n	weɪdʒ	money you earn that is paid according to the number of hours, days, or weeks that you work	He earns a good wage.	6
well-paid	adj	,wel 'peɪd	providing or receiving good wages	a well-paid job	6
worthwhile	adj	,wɜ:θ'waɪl	if something is worthwhile, it is important or useful, or you gain something from it	He wanted to do a worthwhile job.	6
ache	v	eɪk	if part of your body aches, you feel a continuous, but not very sharp pain there	His feet were aching from standing so long.	7
acupuncture	n	'ækjə,pʌŋktʃə, 'ækjʊ,pʌŋktʃə	a treatment for pain and disease that involves pushing special needles into parts of the body	the four main acupuncture points	7
alternative	adj	ɔ:l'tɜ:nətrɪv	an alternative idea, plan, etc., is different from the one you have and can be used instead	alternative approaches to learning	7
apparently	adv	ə'pærəntli	used to say that you have heard that something is true, although you are not completely sure about it	Apparently the company is losing a lot of money.	7
appearance	n	ə'piərəns	the way someone or something looks to other people	He was always criticising his wife's appearance.	7
baked beans	n	beɪkt bi:nz	small white beans cooked in a sauce made from tomatoes, usually sold in cans	In my local supermarket you can buy tins of baked beans without tomato sauce.	7
balanced	adj	'bælənst	giving equal attention to all sides or opinions	the importance of a balanced diet	7
belief	n	bə'li:f, bɪ'li:f	the feeling that something is definitely true or definitely exists	a strong belief in God	7
bend	v	bend	to move part of your body so that it is not straight or so that you are not upright	Lee bent and kissed her.	7
board game	n	bɔ:d geɪm	an indoor game played on a specially designed board made of thick card or wood	We play board games on a rainy day.	7
bug	n	bʌg	an illness that people catch very easily from each other but is not very serious	I picked up a bug last weekend.	7
care home	n	keə həʊm	a building where people who are old or ill live and are looked after	My grandma lives in a care home.	7
caught in traffic	phrase	kɔ:t ɪn 'træfɪk	unable to move forward in a vehicle because of heavy traffic	Sorry I'm late – I got caught in traffic.	7
check-up	n	'tʃek-ʌp	a general medical examination that a doctor or dentist gives you to make sure you are healthy	It's important to have regular checkups.	7
collapse	v	kə'læps	to suddenly fall down or become unconscious because you are ill or weak	He collapsed with a heart attack while he was dancing.	7
common sense	n	'kɒmən sens	the ability to behave in a sensible way and make practical decisions	Use your common sense for once!	7
convert	n	kɒn'vɜ:t	someone who has been persuaded to change their beliefs and accept a particular religion or opinion	a convert to Christianity	7
cryotherapy	n	,krɪə'θerəpi	the use of extreme cold in surgery or other medical treatment	cryotherapy used in the treatment of cancer	7
depressed	adj	dɪ'prest	very unhappy	She felt lonely and depressed.	7
diagnosis	n	,daɪəg'nəʊsɪs, ,daɪəg'nəʊsɪs	the process of discovering exactly what is wrong with someone or something, by examining them closely	diagnosis of heart disease	7
discontented	adj	,dɪskən'tentɪd	unhappy or not satisfied with the situation you are in	She became increasingly discontented with her work.	7
dishonest	adj	dɪs'ɒnəst, dɪs'ɒnɪst	not honest, and so deceiving or cheating people	dishonest salesperson	7
emergency service	n	ɪ'mɜ:dʒənsɪ 'sɜ:vɪs	official organisations such as the police or the fire service, that deal with crime, fires, and injuries	emergency services are working 24 hours a day	7
firefighter	n	'faɪə,faɪtə	someone whose job is to stop fires burning	The firefighters are very brave.	7
frail	adj	freɪl	someone who is frail is weak and thin because they are old or ill	frail elderly people	7
frostbite	n	'frɒstbaɪt	a condition caused by extreme cold, that makes your fingers and toes swell, become darker, and sometimes fall off	I nearly got frostbite.	7
frustrated	adj	frʌ'streɪtəd, frʌ'streɪtɪd	feeling annoyed, upset, and impatient, because you cannot control or change a situation, or achieve something	He gets frustrated when people don't understand what he's trying to say.	7
generation gap	n	,dʒenə'reɪʃən gæp	the lack of understanding or the differences between older people and younger people	Her book 'Parents and Children' is about the generation gap.	7
gig	n	ɡɪg	a performance by a musician or a group of musicians playing modern popular music or jazz, or a performance by a comedian	The band are doing a gig in Edinburgh this weekend.	7
go down with	phrv	gəʊ daʊn wɪð	to become ill, especially with an infectious disease	Half the team have gone down with flu.	7
go into sth	phrv	gəʊ ɪntə	to start to do a particular type of job	I always wanted to go into nursing.	7
heart rate	n	reɪt	the speed at which the heart beats over a period of time	His breathing and heart rate were now normal.	7
homeless	adj	'həʊmləs	without a home	Thousands of people have been made homeless.	7

homeopathy	n	ˌhəʊmiˈɒpəθi	a system of medicine in which a disease is treated by giving extremely small amounts of a substance that causes the disease	My father sees a doctor when he is ill but my mother prefers to see a homeopath.	7
honestly	adv	ˈɒnəstli, ˈɒnɪstli	used to emphasise that what you are saying is true, even though it may seem surprising	I honestly don't know how old my parents are.	7
ideal	adj	ˌaɪˈdɪəl	the best or most suitable that something could possibly be	advice on how to reach your ideal weight	7
impatient	adj	ɪmˈpeɪʃənt	annoyed because of delays, someone else's mistakes, etc.	We are growing impatient with the delays.	7
impolite	adj	ˌɪmpəˈlaɪt	not polite	an impolite remark	7
indigestion	n	ˌɪndrɪˈdʒestʃən	pain that you get when your stomach cannot break down food that you have eaten	His worries seemed to cause him indigestion.	7
inexperienced	adj	ˌɪnɪkˈspɪəriənst	not having had much experience	inexperienced teachers	7
informal	adj	ɪnˈfɔ:məl	relaxed and friendly without being restricted by rules of correct behaviour	The atmosphere at work is fairly informal.	7
in good shape	phrase	ɪn ɡʊd ʃeɪp	in good, bad, etc., condition, or in good, bad, etc., health	For an old car, it's in very good shape.	7
interact	v	ˌɪntərˈækt	if people interact with each other, they talk to each other, work together, etc.	Lucy interacts well with other children in the class.	7
inventor	n	ɪnˈventə	someone who has invented something, or whose job is to invent things	the inventor of the telephone, Alexander Graham Bell	7
iridology	n	ˌɪrɪˈdɒlədʒi	diagnosis by examination of the iris of the eye.	an iridology appointment	7
iris	n	ˈaɪrəs, ˈaɪrɪs	the round coloured part of your eye, that surrounds the black pupil	a blue iris	7
irregular	adj	ɪˈregjələ, ɪˈregjələ	having a shape, surface, pattern, etc., that is not even, smooth, or balanced	an irregular path	7
irrelevant	adj	ɪˈreləvənt, ɪˈrelɪvənt	not useful or not relating to a particular situation, and therefore not important	We're focussing too much on irrelevant details.	7
joyful	adj	ˈdʒɔɪfəl	very happy, or likely to make people very happy	Christmas is a joyful occasion for children.	7
keep fit	n	ki:p fit	a class in which you do exercises to keep yourself healthy	I do a keep fit class with my friends every week.	7
lack	n	læk	when there is not enough of something, or none of it	new parents suffering from lack of sleep	7
life expectancy	n	laɪf ɪkˈspektənsi	the length of time that a person or animal is expected to live	a life expectancy of 80 years	7
lifelong	adj	ˈlaɪflɒŋ	continuing or existing all through your life	She became a lifelong friend of ours.	7
mark	n	mɑ:k	a spot or dirty area on something that spoils its appearance	I can't get these marks out of my T-shirt.	7
measure	v	ˈmeʒə	to find the size, length, or amount of something, using standard units such as inches, metres, etc.	The rainfall was measured over a three-month period.	7
minor	adj	ˈmaɪnə	small and not very important or serious, especially when compared with other things	We have made some minor changes to the program.	7
miserable	adj	ˈmɪzərəbəl	extremely unhappy, for example because you feel lonely, cold, or badly treated	I've been so miserable since Pat left me.	7
mood	n	mu:d	the way you feel at a particular time	You're in a good mood this morning!	7
muscle	n	ˈmʌsəl	one of the pieces of flesh inside your body that you use in order to move, and that connect your bones together	Relax your stomach muscles.	7
needle	n	ˈni:dl	a small thin piece of steel, with a point at one end and a hole in the other, used for sewing	a needle and thread	7
nonsense	n	ˈnɒnsəns	ideas, opinions, statements, etc., that are not true or that seem very stupid	'I'm a prisoner in my own home.' 'Nonsense!'	7
obsessed	adj	əb ˈsest	if you are obsessed with something, you think about it too much, in a way that is not normal	Julie is obsessed with losing weight.	7
occasion	n	əˈkeɪʒən	a time when something happens	I've seen Jana with them on several occasions.	7
organiser	n	ˈɔ:ɡənəɪzə	someone who makes the arrangements for something that is planned to happen	The organisers had expected about 50,000 people to attend the concert.	7
outfit	n	ˈaʊtfɪt	a set of clothes worn together, especially for a special occasion	She bought a new outfit for the party.	7
overstretched	adj	ˌəʊv əˈstretʃt	without enough money, people, etc., to work effectively	an overstretched team of doctors	7
painkiller	n	ˈpeɪn ˌkɪlə	a medicine which reduces or removes pain	an overdose of painkillers	7
plaster	n	ˈplɑ:stə	a piece of thin material that is stuck on to the skin to cover a small wound	Do you have a plaster? I've cut my finger.	7
possession	n	pəˈzeʃən	if something is in your possession, you own it, or you have got it from somewhere	The necklace has been in the family's possession since the 1800s.	7
protein	n	ˈprəʊti:n	one of several natural substances that exist in food such as meat, eggs, and beans, and which your body needs in order to grow	Protein in eggs helps your body to grow.	7
rash	n	ræʃ	a lot of red spots on someone's skin	She had a nasty rash on her arm.	7
recharge (sb's) batteries	phrase	ˌri:ˈtʃɑ:dʒ jə bæteri?z	to get back your strength and energy again	I'm going to spend a week in the mountains to recharge my batteries.	7
relaxed	adj	rɪˈlæks	feeling calm, comfortable, and not worried or annoyed	Gail was lying in the sun looking very relaxed and happy.	7
reminder	n	rɪˈmaɪndə	something that makes you notice, remember, or think about something	a reminder to bring your passport	7
research	n	rɪˈsɜ:tʃ, ˈri:sɜ:tʃ	serious study of a subject, in order to discover new facts or test new ideas	research into the causes of floods	7
resident	n	ˈrezədənt, ˈrezɪdənt	someone who lives or stays in a particular place	the residents of Westville	7
rush	v	rʌʃ	to move very quickly, especially because you need to be somewhere very soon	A small girl rushed past her.	7
scan	n	skæn	a medical test in which a special machine produces a picture of something inside your body	The scan showed that she was expecting twins.	7
successful	adj	səkˈsesfəl	achieving what you wanted, or having the effect or result you intended	The operation was successful.	7
tap	v	tæp	to hit your fingers lightly on something	He turned as someone tapped him on the shoulder.	7
therapist	n	ˈθerəpəst, ˈθerəpɪst	someone who has been trained to give a particular form of treatment for physical or mental illness	a speech therapist	7
therapy	n	ˈθerəpi	the treatment of an illness or injury over a fairly long period of time	new drug therapies	7
treatment	n	ˈtri:tmənt	something that is done to cure someone who is injured or ill	The best treatment for a cold is to rest and drink lots of fluids.	7
trolley	n	ˈtrɒli	a large basket on wheels that you use for carrying bags, shopping, etc.	a supermarket trolley	7
twist	v	twɪst	to turn a part of your body around or change your position by turning	He twisted his head slightly, and looked up at her.	7
unfortunate	adj	ʌnˈfɔ:tʃənət	someone who is unfortunate has something bad happen to them	The unfortunate woman had fallen off her bike.	7
unpleasant	adj	ʌnˈplezənt	not pleasant or enjoyable	an unpleasant experience	7
unsatisfying	adj	ˌʌnˈsætəs, faɪnɪŋ	not happening in the way that you would like	an unsatisfying result	7
violent	adj	ˈvaɪələnt	involving actions that are intended to harm people	the increase in violent crime	7
vitamin	n	ˈvɪtəmən, ˈvɪtəmɪn, ˈvaɪ-	a chemical substance in food that is necessary for good health	Try to eat foods that are rich in vitamins and minerals.	7
What a pity	phrase	wɒt ə ˈpɪti	used to show that you are disappointed about something and you wish things could happen differently	'Did you pass?' 'No.' 'What a pity.'	7
widow	n	ˈwɪdəʊ	a woman whose husband has died and who has not married again	an elderly widow who was attacked and robbed last month	7
aerodynamic	adj	ˌeərəʊdaɪˈnæmɪk	an aerodynamic car, design, etc., uses the principles of aerodynamics to achieve high speed or low use of petrol	aerodynamic efficiency	8
ant	n	ænt	a small insect that lives in large groups	How damaging are ants to plants?	8
arrange	v	əˈreɪndʒ	to organise or make plans for something such as a meeting, party, or trip	Contact your local branch to arrange an appointment.	8

bad terms	n	bæd tɜ:mz	if you are on bad terms with someone, you have a bad relationship with them	Since I left the job I have been on very bad terms with her.	8
ban	v	bæn	to say that something must not be done, seen, used, etc.	Charlie's been banned from driving for a year.	8
bankrupt	adj	'bæŋkrʌpt	without enough money to pay what you owe	The company went bankrupt at the end of June.	8
be inspired by	adj	bi: m'spaɪəd baɪ	to be given the idea for something by someone or something	a range of designs inspired by wild flowers	8
be known for	adj	bi: nəʊn fɔ	to be famous or known about by a lot of people because of something	The region is known for its fine wines.	8
beak	n	bi:k	the hard pointed mouth of a bird	Some sea birds have long yellow beaks.	8
beetle	n	'bi:tl	an insect with a round hard back that is usually black	It's good to see lots of different beetles in the forest.	8
bitter	adj	'bɪtə	feeling angry, jealous, and upset because you think you have been treated unfairly	I feel very bitter about it.	8
boiler	n	'bɔɪlə	a container for boiling water that is part of a steam engine, or is used to provide heating in a house	The boiler has broken again!	8
breed	v	bri:d	if animals breed, they mate in order to have babies	Eagles breed during the cooler months of the year.	8
bullet train	n	'bʊlɪt treɪn	a very fast passenger train, especially in Japan	We got to Tokyo on the bullet train in just three hours.	8
catch on	phrv	kætʃ'ɒn	to become popular and fashionable	The idea of glasses being a fashion item has been slow to catch on.	8
claw	n	klo:	a sharp curved nail on an animal, bird, or some insects	I felt the cat's claws on my leg.	8
comforting	adj	'kʌmfɔ:tɪŋ	making you feel less worried, unhappy, or upset	It's comforting to know I can call my parents any time.	8
compost	n	'kɒmpɒst	a mixture of decayed plants, leaves, etc., used to improve the quality of soil	The trees will be cut up and used to make compost.	8
conscientious	adj	,kɒŋʃi'ɛnʃəs	careful to do everything that it is your job or duty to do	a conscientious and hard-working student	8
counselling	n	'kaʊnsəlɪŋ	advice and support given by a counsellor to someone with problems, usually after talking to them	She's been having counseling for her depression.	8
counsellor	n	'kaʊnsələ	someone whose job is to help and support people with problems	Are you seeing a counsellor?	8
cover	v	'kʌvə	to report the details of an event for a newspaper or a television or radio programme	I'd just returned from covering the Cambodian war.	8
double glazing	n	'dʌbəl 'gleɪzɪŋ	glass on a window or door in two separate sheets with a space between them, used to keep noise out and heat in	The windows in the bedrooms have double glazing.	8
dragonfly	n	'dræɡənflaɪ	a brightly-coloured insect with a long thin body and transparent wings which lives near water	Not even the dragonflies disturbed surface of the water.	8
drawback	n	'drɔ:bæk	a disadvantage of a situation, plan, product, etc.	It's a great city – the only drawback is the weather.	8
endangered	adj	m'deɪndʒəd	an endangered animal, bird, etc., is one that may soon no longer exist because there are so few of them	Lizards are an endangered species.	8
error	n	'erə	a mistake	There must be an error in our calculations.	8
erupt	v	ɪ'rʌpt	if a volcano erupts, it explodes and sends smoke, fire, and rocks into the sky	Violence erupted after the demonstration.	8
extinct	adj	ɪk'stɪŋkt	an extinct type of animal or plant does not exist any more	Dinosaurs have been extinct for millions of years.	8
faint	adj	feɪnt	feeling weak and as if you are about to become unconscious because you are very ill, tired, or hungry	The heat made him feel quite faint.	8
fall out	phrv	fɔ:l aʊt	to have a quarrel	Carrie's always falling out with people.	8
feather	n	'feðə	one of the light soft things that cover a bird's body	a duck feather	8
fin	n	fin	one of the thin body parts that a fish uses to swim	a blue fish with red fins	8
gecko	n	'gekəʊ	a type of small lizard	Geckos are very colourful.	8
get rid of	phrase	get rɪd əv	to throw away or destroy something you do not want anymore	I got rid of all those old toys.	8
go off	phrv	gəʊ ɒf	if food goes off, it becomes too bad to eat	The milk's gone off.	8
grip	v	grɪp	to hold something very tightly	The woman moved closer to Beth, gripping her arm tightly.	8
habitat	n	'hæbətæt, 'hæbɪtæt	the natural home of a plant or animal	watching monkeys in their natural habitat	8
harmony	n	'hɑ:məni	when people live or work together without fighting or disagreeing with each other	We all lived together in harmony for many years.	8
heavy fine	n	'hevi faɪn	money that you have to pay as a punishment	He had to pay a heavy fine for the damage caused.	8
hunting	n	'hʌntɪŋ	chasing and shooting animals for food or sport	a hunting rifle	8
in common	phrase	m 'kɒmən	to have the same interests, attitudes, etc., as someone else	I found I had a lot in common with these people.	8
inconvenience	n	,ɪnkən'vi:niəns	problems caused by something which annoy or affect you	We apologise for the delay and any inconvenience caused.	8
insulate	v	'ɪnsjələɪt, 'ɪnsjələɪt	to cover or protect something with a material that stops electricity, sound, heat, etc., from getting in or out	insulate a house against the cold	8
jet propulsion	n	dʒet prə'pʌlʃən	the use of a jet engine for power	Jet propulsion was developed in the twentieth century.	8
kingfisher	n	'kɪŋ, fɪʃə	a small brightly coloured bird with a blue body that catches fish in rivers	I saw a blue bird by the river today. I think it was a kingfisher.	8
leftover	adj	'leftəʊvə	remaining after all the rest has been used, taken, or eaten	leftover vegetables	8
level	n	'levəl	the amount or degree of something, compared to another amount or degree	The river is at its lowest level in 30 years.	8
lid	n	lɪd	a cover for the open part of a pot, box, or other container	He carefully lifted the lid of the box.	8
light bulb	n	laɪt bʌlb	the glass object inside a lamp that produces light and has to be replaced regularly	Sue changed the light bulb and put in a new one.	8
litter	n	'lɪtə	waste paper, cans, etc., that people have thrown away and left on the ground in a public place	People who drop litter can be fined in some cities.	8
loft	n	hɒft	a room or space under the roof of a building, usually used for storing things in	We have a lot of old paintings in our loft.	8
lower	v	'ləʊə	to reduce something in amount, degree, strength, etc., or to become less	Do you think we should lower the price?	8
mammal	n	'mæməl	a type of animal that drinks milk from its mother's body when it is young. Humans, dogs, and whales are mammals.	Some of the larger mammals are almost extinct.	8
massive	adj	'mæsɪv	very large, solid, and heavy	The bell is massive, weighing over 40 tons.	8
NASA	n	'næsə	(National Aeronautics and Space Administration) a US government organisation that controls space travel and the scientific stu research at NASA		8
naturalist	n	'nætʃərələst, 'nætʃərəlɪst	someone who studies plants or animals	Eigg, an island measuring just five miles by three, is treasured by walkers and naturalists alike.	8
nest	n	nest	a place made or chosen by a bird to lay its eggs in and to live in	a bird's nest	8
nuclear	adj	'nju:kliə	relating to or involving the nucleus (= central part) of an atom, or the energy produced when the nucleus of an atom is either spl	The country relies on nuclear energy.	8
obey	v	əʊ'beɪ, ə-	to do what someone in authority tells you to do, or what a law or rule says you must do	The little boy made no effort to obey.	8
obsessive	adj	əb'sesɪv	thinking or worrying about something all the time, so that you do not think about other things enough – used to show disapprov	I try to stay fit, but I'm not obsessive about it.	8
offence	n	ə'fens	an illegal action or a crime	Stealing is a criminal offence.	8

owl	n	aʊl	a bird with large eyes that hunts at night	The owls are often seen outside the barn first thing in the morning.	8
passion	n	'pæʃən	a very strong liking for something	his passion for football	8
paw	n	pɔː	an animal's foot that has nails or claws	a lion's paw	8
peeling	n	'piːlɪŋ	the skin of some fruits and vegetables, especially the thick skin of fruits such as oranges, which you do not eat	The orange peelings fell on the floor.	8
polar bear	n	'pəʊlə beə	a large white bear that lives near the North Pole	A polar bear has stolen my sleeping bag.	8
prey	n	preɪ	an animal, bird, etc., that is hunted and eaten by another animal	a tiger stalking its prey	8
reasonable	adj	'riːzənəbəl	fair and sensible	a reasonable sum of money	8
recycle	v	,riː'saɪkəl	to put used objects or materials through a special process so that they can be used again	We take all our bottles to be recycled.	8
reflector	n	rɪ'flektə	a surface that reflects light	It's a good idea to have a reflector on my jacket because people can see me at night.	8
rely on	v	rɪ'laɪ ɒn	to trust or depend on someone or something to do what you need or expect them to do	You can't rely on me anymore.	8
reptile	n	'reptail	a type of animal, such as a snake or lizard, whose body temperature changes according to the temperature around it, and that uses	Ben keeps a reptile as a pet.	8
reserve	n	rɪ'zɜːv	a large area of land that is designed for wild animals to live in safely	a nature reserve	8
restrict	v	rɪ'strɪkt	to limit or control the size, amount, or range of something	You may need to restrict access to certain files (=limit the number of people who can read them).	8
reusable	adj	(,)riː'juːz əb əl	to use something again	reusable containers	8
rhino	n	'raɪnəʊ	a rhinoceros	I thought it was a rhinoceros coming for me in the dark.	8
safari	n	sə'fɑːri	a trip to see or hunt wild animals, especially in Africa	They went on safari in Kenya.	8
scales	n	skeɪəlz	the small flat pieces of skin that cover the bodies of fish, snakes, etc.	The scales on my pet fish are shiny.	8
slave	n	sleɪv	someone who is owned by another person and works for them for no money	The slaves could not escape as they were tied with ropes.	8
smelly	adj	'smeli	having a strong unpleasant smell	smelly feet	8
solar panel	n	'səʊlə 'pænl	a piece of equipment, usually kept on a roof, that collects and uses the sun's energy to heat water or make electricity	The amount we spend on electricity is less than before because we have solar panels on our roof.	8
source	n	sɔːs	a thing, place, activity, etc., that you get something from	They get their money from various sources.	8
sticky tape	n	'stɪki teɪp	tape, etc., that is made so it will stick to surfaces	Many people now rely on the Internet for news.	8
store	v	stɔː	to keep facts or information in your brain or a computer	Standard letters can be stored on floppy discs.	8
streamlined	adj	'striːm,lænd	to form something into a smooth shape, so that it moves easily through the air or water	All these new cars have been streamlined.	8
surveillance	n	sə'veɪləns	when the police, army, etc., watch a person or place carefully because they may be connected with criminal activities	24-hour surveillance of the building	8
take over	phrv	teɪk 'əʊvə	to take control of something	His only reason for investing in the company was to take it over.	8
threat	n	θret	a statement in which you tell someone that you will cause them harm or trouble if they do not do what you want	Your threats don't scare me.	8
tropical	adj	'trɒpɪkəl	coming from or existing in the hottest parts of the world	the tropical rain forests	8
turn down	phrv	tɜːn daʊn	to make a machine produce less sound, heat, etc., using its controls	Can you turn the radio down? I'm trying to work.	8
turn round	phrv	tɜːn raʊnd	to move the body round to face the opposite direction	Please turn round while I talk to you.	8
underwater	adj	,ʌndə'wɔːtə	below the surface of an area of water, or able to be used there	an underwater camera	8
visual	adj	'vɪʒuəl	relating to seeing	Artists translate their ideas into visual images.	8
volcano	n	vɒl'keɪməʊ	a mountain with a large hole at the top, through which lava (= very hot liquid rock) is sometimes forced out	Pompeii was destroyed when the volcano erupted in 79 AD.	8
waste	n	weɪst	when something such as money or skills are not used in a way that is effective, useful, or sensible	Being unemployed is such a waste of your talents.	8
zoologist	n	zuː'ɒlədʒɪst, zuː'ɒlədʒɪst, zəʊ'ɒ-	a scientist who studies animals and their behaviour	Inevitably I was destined to become a zoologist in later life.	8
alternatively	adv	ɔːl'tɜːnətɪvli	used for suggesting something different	You can relax on the beach or alternatively you can visit the town centre.	9
amateur	adj	'æmətə, -tʃʊə, -tʃə, ,æmə'tɜː	doing something for pleasure, or done for pleasure, and not as a job	an amateur golfer	9
apprentice	n	ə'prentɪs, ə'prentɪs	someone who works for an employer for a fixed period of time in order to learn a particular skill or job	She works in the hairdresser's as an apprentice.	9
appropriately	adv	ə'prəʊp ri_ətli	correct or suitable for a particular time, situation, or purpose	The painters met, appropriately enough, in an art gallery.	9
aspect	n	'æspekt	one part of a situation, idea, plan, etc., that has many parts	Dealing with people is the most important aspect of my work.	9
aware	adj	ə'weə	if you are aware that a situation exists, you realise or know that it exists	The children are aware of the dangers of swimming in the lake.	9
bookmark	v	'bɒkmɑːk	to save the address of a page on the Internet so that you can find it again easily	You can bookmark your favourite web pages.	9
cable	n	'keɪbəl	a plastic or rubber tube containing wires that carry telephone messages, electronic signals, television pictures, etc.	cables and switches for computers	9
cell	n	sel	the smallest part of a living thing that can exist independently	red blood cells	9
chill out	v	tʃɪl aʊt	to relax and rest, especially after going to a party, club, etc.	I spent the afternoon chilling out in front of the TV.	9
colony	n	'kɒləni	a group of people who are similar in some way and who live together, or the place where they live	an artists' colony	9
commonplace	adj	'kɒmənpleɪs	happening or existing in many places, and therefore not special or unusual	Car thefts are commonplace in this part of town.	9
conduct	v	kən'dʌkt	to stand in front of a group of musicians or singers and direct their playing or singing	The orchestra is conducted by John Williams.	9
constantly	adv	'kɒnstəntli	all the time, or very often	He talked constantly about his work.	9
control	v	kən'trəʊl	to make a machine, process, or system work in a particular way	I lost control of my bike.	9
convinced	adj	kən'vɪnst	feeling certain that something is true	Molly agreed, but she did not sound very convinced.	9
courier	n	'kɔːriə	a person or company that is paid to take packages somewhere	A courier arrived with the documents just before the meeting.	9
crash	v	kræʃ	if a computer crashes, or if you crash the computer, it suddenly stops working	The system crashed and I lost three hours' worth of work.	9
crime	n	kraɪm	illegal activities in general	We moved here because there was very little crime.	9
cure	n	kjʊə	a medicine or medical treatment that makes an illness go away	There is still no cure for AIDS.	9
cyborg	n	'saɪbɔːg	a creature that is partly human and partly machine	cyborgs in a science fiction film	9
decade	n	'dekeɪd, de'keɪd	a period of 10 years	The building is now four decades old.	9
delivery	n	dɪ'lɪvəri	the act of bringing goods, letters, etc., to a particular person or place, or the things that are brought	Most Indian restaurants offer free delivery.	9
detect	v	dɪ'tekt	to notice or discover something, especially something that is not easy to see, hear, etc.	Dan detected a change in her mood.	9

drone	n	drəʊn	an aircraft that does not have a pilot, but is operated by radio	The drone delivered my parcel this morning.	9
fossil fuel	n	'fɒsəl 'fju:əl	a fuel such as coal or oil that is produced by the very gradual decaying of animals or plants over millions of years	fossil fuels are going to run out one day	9
function	n	'fʌŋkʃən	the purpose that something has, or the job that someone or something does	In your new job you will perform a variety of functions.	9
guesswork	n	'geswɜ:k	the method of trying to find the answer to something by guessing	There's a lot of guesswork in these calculations.	9
guru	n	'gɒrʊ:	someone who knows a lot about a particular subject, and gives advice to other people	a fashion guru	9
hack	v	hæk	to secretly find a way of getting information from someone else's computer or changing information on it	He managed to hack the code.	9
humanoid	adj	'hju:mənɔɪd	having a human shape and human qualities	The robot was humanoid in appearance.	9
icon	n	'aɪkɒn	a small sign or picture on a computer screen that is used to start a particular operation	To open a new file, click on the icon.	9
identity	n	aɪ'dentəti, aɪ'dentiti	someone's identity is their name or who they are	The identity of the perpetrator is still unknown.	9
implication	n	,ɪmplə'keɪʃən, ,ɪmplɪ'keɪʃən	a possible future effect or result of an action, event, decision, etc.	What are the implications of these proposals?	9
improved	adj	ɪm'pru:vɪd	better than before	improved performance	9
in store	phrase	ɪn stɔ:	if something unexpected such as a surprise or problem is in store for someone, it is about to happen to them	There's a real treat in store for you this Christmas!	9
initial	adj	ɪ'nɪʃəl	happening at the beginning	The initial response has been encouraging.	9
lavender	n	'lævəndə, 'lævɪndə	a plant that has grey-green leaves and purple flowers with a strong pleasant smell	I climbed out through the kitchen window and dropped into a bed of lavender.	9
log on	phrv	lɒg ɒn	to do the necessary actions on a computer system that will allow you to begin using it	Customers are often unable to log on to the system.	9
loneliness	n	'ləʊn lɪ nəs	unhappy because you are alone or do not have anyone to talk to	Old people often experience loneliness.	9
Mars	n	mɑ:z	the small red planet that is fourth in order from the Sun and is nearest the Earth	the enormous volcanoes known to exist on Mars	9
mature	adj	mə'tʃʊə	someone, especially a child or young person, who is mature behaves in a sensible and reasonable way, as you would expect an adult to	Laura is very mature for her age.	9
metallic	adj	mə'tælɪk, mɪ'tælɪk	a metallic noise sounds like pieces of metal hitting each other	The key turned in the lock with a loud metallic click.	9
method	n	'meθəd	a planned way of doing something, especially one that a lot of people know about and use	traditional teaching methods	9
mind you	phrase	maɪnd jə	used when saying something that is almost the opposite of what you have just said, or that explains or emphasises it	He looks very young in this photo. Mind you, it was taken years ago.	9
monitor	v	'mɒnɪtə	to carefully watch and check a situation in order to see how it changes over a period of time	Patients who are given the new drug will be asked to monitor their progress.	9
MRI	n	,em ɑ:r 'aɪ	the process of using strong magnetic fields to make a picture of the inside of someone's body for medical reasons	Brian had an MRI taken on Sunday.	9
national lottery	n	'næʃənəl 'lɒtəri	a game used to make money in which people buy tickets with a series of numbers on them. If their number is picked by chance, they win a prize	I buy a ticket every Saturday for the national lottery.	9
neurologist	n	njuə 'rɒl ədʒ ɪst	a scientist who studies the nervous system and its diseases	a neurologist at the hospital	9
occur	v	ə'kɜ:	to happen	A third of accidental deaths occur in the home.	9
pain	n	peɪn	the feeling you have when part of your body hurts	The pain is getting worse.	9
pessimist	n	'pesəməst, 'pesɪməst	someone who always expects that bad things will happen	Don't be such a pessimist!	9
personally	adv	'pɜ:sənəli	used to emphasise that you are only giving your own opinion about something	I personally think it's too cold to go out.	9
pinpoint	v	'pɪnpɔɪnt	to discover or explain exactly the real facts about something or the cause of a problem	It's difficult to pinpoint the cause of the accident.	9
point of view	n	pɔɪnt əv vju:	a particular way of thinking about or judging a situation	I respect your point of view, but I'm not sure I agree with you.	9
predict	v	prɪ'dɪkt	to say that something will happen, before it happens	Sales were 5% lower than predicted.	9
prediction	n	prɪ'dɪkʃən	a statement about what you think is going to happen, or the act of making this statement	The data can be used to make useful economic predictions.	9
prison	n	'prɪzən	a building where people are kept as a punishment for a crime, or while they are waiting to go to court for their trial	He visits his dad in prison every week.	9
query	n	'kwɪəri	a question that you ask to get information, or to check that something is true or correct	Email me if you have any queries about the concert.	9
realist	n	'riələst, 'riəlɪst	someone who accepts that things are not always perfect, and deals with problems or difficult situations in a practical way	She had always been a realist, not a dreamer.	9
rescue	n	'reskjʊ:	when someone or something is rescued from danger	Rescue workers arrived at the scene two hours later.	9
reset	v	,ri:'set	to change a clock, control, machine, etc., so that it shows a different time or number, or is ready to be used again	I reset my watch when I flew to Australia.	9
robot	n	'rɒbɒt	a machine that can move and do some of the work of a person, and is usually controlled by a computer	cars built by robots	9
robotic	adj	rəʊ'bɒtɪk	robotic equipment, etc., is related to robots or is part of a robot	a robotic arm	9
scroll	v	skrɔ:l	to move information on a computer screen up or down so that you can read it	Could you scroll down a few lines?	9
self-centred	adj	self'sentəd	paying so much attention to yourself that you do not notice what is happening to other people	Jill's nice to talk to, but she's extremely self-centred.	9
sensor	n	'sensə	a piece of equipment used for discovering the presence of light, heat, movement, etc.	Place the sensor on a flat surface and rotate it slowly through 360°.	9
signal	n	'sɪgnəl	a series of light waves, sound waves, etc., that carry an image, sound, or message, for example in radio or television	Signals are sent via satellite.	9
smart	adj	smɑ:t	smart machines, weapons, materials, etc., are controlled by computers and are designed to react in a suitable way depending on their environment	Smart machines are operated via the Internet.	9
speciality	n	,speʃi'æləti, ,speʃi'ælti	a type of food that a person, restaurant, or area is well known for	The restaurant offers a wide variety of local specialities.	9
standard	adj	'stændəd	accepted as normal or usual	We paid them the standard rate.	9
state	n	steɪt	the physical or mental condition that someone or something is in	We are worried about the state of his health.	9
straightforward	adj	,streɪt'fɔ:wəd	simple and easy to understand	The questions seemed straightforward.	9
stream	v	stri:m	if you stream sound or video, you play it on your computer while it is being downloaded from the Internet.	Is it possible to stream the film?	9
system	n	'sɪstəm, 'sɪstɪm	a group of related parts that work together as a whole for a particular purpose	an alarm system	9
tablet	n	'tæblət, 'tæblɪt	a computer that you can carry with you which has a touch screen and does not have a separate keyboard	She took a couple of headache tablets.	9
tech	n	tek	technical or technological	the tech support staff	9
uncertain	adj	ʌn'sɜ:tn	feeling doubt about something	He was uncertain how much further he could walk.	9

upgrade	v	ʌp'greɪd	to make a computer, machine, or piece of software better and able to do more things	You'll need to upgrade your hard drive to 120Mb before running this software.	9
virus	n	'vaɪərəs	a very small living thing that causes infectious illnesses	a virus infection	9
voice recognition	n	vɔɪs ,rekəg'niʃən	a system in which a computer understands and obeys instructions spoken by a human voice	Many phone operators will be replaced by voice recognition technology that responds to a caller's v	9
wearable	adj	'weərəbəl	to have something such as clothes, shoes, or jewellery on your body	a wearable coat	9
worth doing something	phrase	wɜ:θ 'du:ɪŋ 'sʌm θɪŋ	used to say that something you do is interesting, useful or helpful	It is definitely worth doing my maths revision. My exam will be easier.	9
academy	n	ə'kædəmi	a college where students are taught a particular subject or skill	a military academy	10
acrobatic	adj	,ækroʊ'bætɪk	acrobatic movements involve moving your body in a very skilful way, for example by jumping through the air or balancing on a	It was a very acrobatic performance	10
agent	n	'eɪdʒənt	someone who finds work for actors, musicians, etc., or who finds someone to publish a writer's work	My agent has a new piece of music for me to listen to.	10
anxious	adj	'æŋkʃəs	worried about something	She was anxious waiting for him to arrive.	10
appreciate	v	ə'pri:ʃiət	to understand how serious or important a situation or problem is or what someone's feelings are	We appreciate that looking after children is an important job.	10
as far as I'm concerned	phrase	əz fɑ: əz aɪm kən'sɜ:nd	used when giving your opinion about something	As far as I'm concerned, I would prefer you not to do that.	10
aubergine	n	'əʊbəʒi:n	a large dark purple vegetable	I grow aubergines in the greenhouse.	10
audition	n	ɔ: 'dɪʃən	a short performance by an actor, singer, etc., that someone watches to judge if they are good enough to act in a play, sing in a c	I've got an audition for the orchestra on Friday.	10
award	n	ə'wɔ:d	something such as a prize or money given to someone to reward them for something they have done	The movie has won a number of awards.	10
believable	adj	bə'li:vəbəl, br'li:vəbəl	described in a way that makes you think something or someone could really exist.	The story wasn't very believable.	10
blacksmith	n	'blæk smɪθ	someone who makes and repairs things made of iron, especially horseshoes	The blacksmith is always at the horse show in our village.	10
block	n	blɒk	a piece of hard material such as wood or stone with straight sides	a block of ice	10
carving	n	'kɑ:vɪŋ	an object or pattern made by cutting a shape in wood or stone for decoration	a wooden carving	10
chase	v	tʃeɪs	to quickly follow someone or something in order to catch them	The dogs saw him running and chased him.	10
chop	v	tʃɒp	to cut something into smaller pieces	chop vegetables	10
cigar	n	sɪ'gɑ:	a thick tube-shaped thing that people smoke, and which is made from tobacco leaves that have been rolled up	Charles always smokes a cigar after dinner.	10
column	n	'kɒləm	a tall solid upright stone post used to support a building or as a decoration	the columns of a Greek temple	10
composer	n	kəm'pəʊzə	someone who writes music	Amelia likes German composers, particularly Wagner.	10
conductor	n	kən'dʌktə	someone who stands in front of a group of musicians or singers and directs their playing or singing	a famous conductor	10
cross-country	adj	kros 'kʌntri	across fields or not along main roads	cross-country running	10
dance move	n	dɑ:ns mu:v	a dance step, pattern or movement practised by a dancer or dancers	They practised their dance moves before the competition.	10
dare	v	deə	to be brave enough to do something that is risky or that you are afraid to do – used especially in questions or negative sentences	He wanted to ask her, but he didn't dare.	10
delight	v	dɪ'laɪt	to give someone great satisfaction and enjoyment	Her recipes will delight anyone who loves chocolate.	10
downside	n	'daʊnsaɪd	the negative part or disadvantage of something	Digital cell phones offer more security, but the downside is that they have less power.	10
dramatic	adj	drə'mætɪk	great and sudden	Computers have brought dramatic changes to the workplace.	10
dress code	n	dres kəʊd	the way that you are expected to dress in a particular situation, especially as an employee of a particular company	The dress code at the company is to allow women to wear trousers to the office.	10
edition	n	ɪ'dɪʃən	the form that a book, newspaper, magazine, etc., is produced in	a paperback edition	10
eggplant	n	'egplɑ:nt	a large vegetable with smooth purple skin	Eggplants are called aubergines in England.	10
exaggeration	n	ɪg,zædʒə'reɪʃən	a statement or way of saying something that makes something seem better, larger, etc., than it really is	It would be an exaggeration to say that we were close friends.	10
excursion	n	ɪk'skɜ:ʃən	a short journey arranged so that a group of people can visit a place, especially while they are on holiday	We went on an excursion to the Grand Canyon.	10
experimental	adj	ɪk'sperə'mentl, ɪk'sperɪ'mentl	relating to trying something new	experimental farming techniques	10
fancy dress	n	'fænsɪ dres	clothes that you wear, especially to parties, that make you look like a famous person, a character from a story, etc.	an invitation to a fancy-dress party	10
feature	n	'fi:tʃə	a part of something that you notice because it seems important, interesting, or typical	An important feature of Van Gogh's paintings is their bright colours.	10
full-sized	adj	fʊl saɪzd	a full-sized product is of the proper or standard size, rather than a smaller version	a full-sized violin	10
fusion	n	'fju:ʒən	a combination of separate qualities or ideas	the best fusion cuisine in the whole of Vancouver	10
gatherer	v	'gæðə	someone who gathers (look for and find similar things that you need or want) something	information gatherers	10
giant	n	'dʒaɪənt	a very tall strong man in stories	The children were scared of the giant in the film.	10
governess	n	'gʌvənəs, 'gʌvənɪs	a female teacher in the past, who lived with a rich family and taught their children at home	The governess wore a long black dress.	10
graffiti	n	græ'fi:ti, græ-	rude, humorous, or political writing and pictures on the walls of buildings, trains, etc.	The walls are covered with graffiti.	10
harvest	n	'hɑ:vəst, 'hɑ:vɪst	the time when crops are gathered from the fields, or the act of gathering them	every year at harvest time	10
hospitable	adj	'hɒspɪtəbəl, hɒ'spɪ-	friendly, welcoming, and generous to visitors	The local people were very kind and hospitable.	10
jockey	n	'dʒɒki	someone who rides horses in races	The jockey was injured when he fell off his horse.	10
learn lines	phrase	lɜ:n laɪnz	when you learn a line of written words, for example in a poem	He learned a few lines from Shakespeare.	10
legend	n	'ledʒənd	an old well-known story, often about brave people, adventures, or magical events	a book of ancient Greek legends	10
lighted	adj	'laɪtəd, 'laɪtɪd	a lighted window, room, etc., is bright because there is a light on inside	a lighted candle is burning at one end	10
loads	n	ləʊdz	a lot of	She spends loads of money on clothes.	10
luxurious	adj	lʌg'zjuəriəs, ləg'ʒuəriəs	very expensive, beautiful, and comfortable	a luxurious 30-room villa	10
make a wish	phrase	meɪk ə wɪʃ	to secretly say to yourself that you hope that something happens	It was his birthday tomorrow, so Harry closed his eyes and made a wish.	10
make the most of	phrase	meɪk ðə məʊst əv	to get the greatest advantage you can from a situation	Go out and make the most of the sunshine.	10
matador	n	'mætədɔ:	a man who fights bulls during a bullfight	The matador was very brave.	10
media	n	'mi:diə	television, radio, and newspapers	The disaster was widely reported in the national media.	10
melt away	phrv	melɪt ə'wei	if a crowd of people melts away, the people gradually leave	The crowd melted away at the first sign of trouble.	10
mindless	adj	'maɪndləs	completely stupid and without any purpose	Doug was watching something mindless on television.	10

motivate	v	'məʊtəveɪt, 'məʊtɪvert	to be the reason why someone does something	Was he motivated by a desire for power?	10
mouth-watering	adj	maʊθ 'wɔ:t_ər ɪŋ	food that is mouth-watering looks or smells extremely good	a mouth-watering smell coming from the kitchen	10
mural	n	'mjʊərəl	a painting that is painted on a wall, either inside or outside a building	The mural she painted on the wall is so colourful.	10
nomad	n	'nəʊmæd	a member of a tribe that travels from place to place instead of living in one place all the time, usually in order to find grass for the	a Mongolian nomad	10
origin	n	'ɒrədʒən, 'ɒrɪdʒən	the place or situation in which something begins to exist	the origins of the universe	10
orphan	n	'ɔ:fən	a child whose parents are both dead	The war has left thousands of children as orphans.	10
outstanding	adj	aʊt'stændɪŋ	extremely good	an outstanding example of a 13th-century castle	10
package holiday	n	'pækɪdʒ 'hɒlədi	a holiday organised by a company at a fixed price that includes the cost of travel, hotel, etc.	We decided to have a package holiday this year.	10
parade	n	pə'reɪd	a line of people moving along so that other people can watch them	a fashion parade	10
parsley	n	'pɑ:sli	a herb with curly leaves, used in cooking or as decoration on food	Parsley is delicious with potatoes and some butter.	10
participation	n	pɑ:ˌtɪsə'peɪʃən, pɑ:ˌtɪsɪ'peɪʃən	the act of taking part in an activity or event	Thank you for your participation.	10
plot	n	plɒt	the events that form the main story of a book, film, or play	The plot was a little confusing.	10
poison	n	'pɔɪzən	a substance that can cause death or serious illness if you eat it, drink it, etc.	a box of rat poison	10
portray	v	pɔ:'treɪ	to describe or show someone or something in a particular way, according to your opinion of them	The artist portrayed nature as wild and romantic.	10
process	n	'prəʊses	a series of actions that are done in order to achieve a particular result	Repetition can help the learning process.	10
procession	n	prə'seɪʃən	a line of people or vehicles moving slowly as part of a ceremony	They walked in procession to the cathedral.	10
rap	n	ræp	a type of popular music in which the words of a song are not sung, but spoken in time to music with a steady beat	a popular rap song	10
readiness	n	'redɪnəs, 'redɪnɪs	when you are prepared for something, or when something is ready to be used	They prepared the vegetables in readiness for the evening meal.	10
rhyme	n	raɪm	a short poem or song, especially for children, using words that rhyme	a collection of traditional rhymes	10
rich	adj	rɪtʃ	someone who is rich has a lot of money and valuable possessions	one of the richest women in America	10
rule	v	ru:l	to have the official power to control a country and the people who live there	Queen Victoria ruled England for 64 years.	10
script	n	skrɪpt	the written form of a speech, play, film, etc.	They write all their own scripts.	10
sculptor	n	'skʌlptə	someone who makes sculptures	a new sculpture at the museum	10
sculpture	n	'skʌlptʃə	an object made out of stone, wood, clay, etc., by an artist	a sculpture of an elephant	10
servant	n	'sɜ:vənt	someone, especially in the past, who was paid to do jobs such as cleaning and cooking in another person's house	My grandmother was a servant in the palace when she was young.	10
slice	n	slɑ:s	a thin flat piece of food cut from a larger piece	a slice of bread	10
speech	n	spi:tʃ	a talk, especially a formal one about a particular subject, given to a group of people	Each child had to give a short speech to the rest of the class.	10
stand out	phrv	stænd aʊt	to be very easy to see or notice	The castle stood out against the dark sky.	10
strangely	adv	'streɪndʒli	in an unusual or surprising way	Mick's been behaving very strangely lately.	10
swap	v	swɒp	to give something to someone and get something in return	Do you want to swap bicycles?	10
tagging	n	'tægɪŋ	when someone illegally paints their name or symbol on a wall, vehicle, etc.	Some people think tagging is pointless.	10
take off	phrv	teɪk ɒf	to suddenly start being successful	Mimi became jealous when Jack's career started taking off.	10
tempt	v	tempt	to try to persuade someone to do something by making it seem attractive	It would take a lot of money to tempt me to leave this job.	10
torch	n	tɔ:tʃ	a small electric lamp that you carry in your hand	We shone our torches around the cave.	10
trainee	n	ˌtreɪ'ni:	someone who is being trained for a job	The trainees start next week.	10
up to scratch	phrase	ʌp tə skrætʃ	good enough for a particular standard	Some of this work isn't up to scratch.	10
vegan	n	'vi:gən	someone who does not eat any animal products at all, such as meat, fish, eggs, cheese, or milk	a vegan diet	10
version	n	'vɜ:ʃən	a copy of something that has been changed so that it is slightly different	a new version of the software	10
viking	n	'vaɪkɪŋ	a Scandinavian person who sailed in ships to attack areas along the coasts of northern and western Europe from the 8th to 11th c	a Viking soldier	10
what's more	phrv	wɒts mɔ:	used to add more information that emphasises what you are saying	I've been fortunate to find a career that I love and, what's more, I get well paid for it.	10
wrestling	n	'reslɪŋ	a sport in which two people fight by holding each other and trying to make each other fall to the ground	a wrestling match	10
yurt	n	jɜ:t	a round tent used by nomads (= people who travel rather than living in one place) in central Asia	a Mongolian yurt	10
adore	v	ə'dɔ:	to like something very much	I simply adore chocolate.	11
affordable	adj	ə 'fɔ:d əb əl	to have enough money to buy or pay for something	affordable housing	11
aquarium	n	ə'kwɛəriəm	a clear glass or plastic container for fish and other water animals	The aquarium at the zoo has some sharks in it.	11
artificial	adj	ˌɑ:tə'fɪʃəl, ˌɑ:trɪ'fɪʃəl	not real or not made of natural things but made to be like something that is real or natural	artificial flowers	11
assignment	n	ə'saɪnmənt	a piece of work that is given to someone as part of their job	She's gone to Italy on a special assignment.	11
assist	v	ə'sɪst	to help someone to do something	You can assist me in teaching the children.	11
baggy	adj	'bægi	baggy clothes are big and do not fit tightly on your body	She was wearing jeans and a baggy T-shirt.	11
basically	adv	'beɪsɪkli	used to emphasise the most important reason or fact about something, or a simple explanation of something	Basically, I'm just lazy.	11
bathtub	n	'bɑ:θtʌb	a long large container that you fill with water and sit or lie in to wash yourself	I like to relax in the bathtub.	11
cabin	n	'kæbən, 'kæbɪn	a small house, especially one built of wood in an area of forest or mountains	a log cabin	11
calming	adj	kɑ:m	when a place or situation is calm and there is not much activity or trouble	a calming piece of music	11
checked	adj	tʃekt	checked cloth has a regular pattern of differently coloured squares	a checked blouse	11
collaborate	v	kə'læbəreɪt	to work together with a person or group in order to achieve something, especially in science or art	The two nations are collaborating on several sports projects.	11
conjuror	n	'kʌndʒərə	someone who entertains people by performing clever tricks in which things seem to appear, disappear, or change by magic	a conjuror's trick	11
contestant	n	kən'testənt	someone who competes in a contest	The two contestants don't like each other very much.	11
cope	v	kəʊp	to succeed in dealing with a difficult problem or situation	Sometimes I find it hard to cope.	11
creativity	n	ˌkri:erɪ'tɪvəti, ˌkri:erɪ'tɪvɪti	the ability to use your imagination to produce new ideas, make things, etc.	artistic creativity	11

criticise	v	'krɪtəsaɪz, 'krɪtsaɪz	to express your disapproval of someone or something, or to talk about their faults	Ron does nothing but criticise and complain all the time.	11
cruelty	n	'kru:əlti	behaviour or actions that deliberately cause pain to people or animals	cruelty to animals	11
debate	n	dɪ'beɪt	discussion of a particular subject that often continues for a long time and in which people express different opinions	the debate about climate change	11
designer	n	dɪ'zaɪnə	someone whose job is to make plans or patterns for clothes, furniture, equipment, etc.	an interior designer	11
dimension	n	dəɪ'menʃən, də-	the length, height, width, depth, or diameter of something	We'll need to know the exact dimensions of the room.	11
disapproving	adj	ˌdɪsə'pru:vɪŋ	showing that you think someone or something is bad or wrong	a disapproving look on her face	11
discovery	n	dɪs'kʌvəri	a fact or thing that someone finds out about, when it was not known about before	the discovery that bees can communicate with each other	11
dissatisfaction	n	dɪ,sætəs'fækʃən, dɪ,sætɪs'fækʃən, d	a feeling of not being satisfied	30% of customers expressed dissatisfaction with the service.	11
distraction	n	dɪ'strækʃən	something that stops you paying attention to what you are doing	I study in the library as there are too many distractions at home.	11
dream up	phrv	dri:m ʌp	to think of a plan or idea, especially an unusual one	He was always dreaming up new ideas to make lots of money.	11
economy	n	ɪ'kɒnəmi	the system by which a country's money and goods are produced and used.	a successful economy	11
eliminate	v	ɪ,lɪmə'neɪʃən	to remove or destroy something	He was eliminated from the competition	11
entirely	adv	ɪn'taɪəli	completely and in every possible way	Our situation is entirely different.	11
exploit	v	ɪk'splɔɪt	to treat someone in an unfair way, by not paying as much as they deserve	Young people can be exploited by employers.	11
express	v	ɪk'spres	to tell or show what you are feeling or thinking by using words, looks, or actions	Bill's not afraid to express his opinions.	11
fake	adj	feɪk	made to look like a real material or object in order to deceive people	a fake ID card	11
fall apart	phrv	fɔ:l ə'pɑ:t	if something falls apart, it breaks into different pieces	It just fell apart in my hands!	11
fashion-conscious	adj	'fæʃən 'kɒŋʃəs	thinking a lot about the latest fashions	a fashion-conscious 16-year-old	11
fitted	adj	'fɪtəd, 'fɪtɪd	fitted clothes are designed so that they fit closely to someone's body	a fitted black jacket	11
flexible	adj	'fleksəbəl, 'fleksɪbəl	a person, plan, etc., that is flexible can change or be changed easily to suit any new situation	We can be flexible about your starting date.	11
flowery	adj	'flaʊəri	decorated with a pattern of flowers	a flowery cotton dress	11
fraction	n	'frækʃən	a very small amount of something	I got these shoes at a fraction of the original price.	11
furnish	v	'fɜ:nɪʃ	to put furniture and other things into a house or room	Having bought the house, they couldn't afford to furnish it.	11
genuine	adj	'dʒenjuən, 'dʒenjum	something genuine really is what it seems to be	genuine leather	11
globe	n	gləʊb	a round object with a map of the Earth drawn on it	We export our goods all over the globe.	11
growth	n	grəʊθ	an increase in amount, number, or size	the recent growth of interest in African music	11
height of fashion	phrase	haɪt əv 'fæʃən	to be extremely fashionable	It was the height of fashion before the war.	11
house warming party	n	haʊs 'wɔ:mɪŋ 'pɑ:ti	a party that you give to celebrate moving into a new house	a house-warming party	11
hygiene	n	'haɪdʒi:n	the practice of keeping yourself and the things around you clean in order to prevent diseases	the importance of personal hygiene	11
imitation	n	ˌɪmə'teɪʃən, ˌɪmɪ'teɪʃən	when you copy someone else's actions	Many people think that children learn language by imitation.	11
impressed	adj	ɪm 'prest	when you feel admiration and respect for someone	We were very impressed by the teacher.	11
individually	adv	ˌɪndə'vɪdʒuəli, ˌɪndɪ'vɪdʒuəli	separately, not together in a group	The manager thanked them all individually.	11
inhabit	v	/ɪn'hæbɪt	if animals or people inhabit an area or place, they live there	Many wild animals inhabit the forest.	11
interruption	n	ɪntə'rʌpʃən	when an action or activity is interrupted, or something that interrupts someone or something	We can talk here without interruption.	11
investigate	v	ɪn'vestɪ'geɪt	to try to find out the truth about something such as a crime, accident, or scientific problem	I heard a noise and went downstairs to investigate.	11
involve	v	ɪn'vɒlv	if an activity or situation involves something, that thing is part of it or a result of it	What will the job involve?	11
layout	n	'leɪaʊt	the way in which something such as a town, garden, or building is arranged	the layout of the park	11
lead	n	li:d	if someone follows someone else's lead, they do the same as the other person has done	Other countries are likely to follow the U.S.'s lead.	11
marking	n	'mɑ:kɪŋ	things painted or written on something, especially something such as an aircraft, road, vehicle, etc.	The marking on the road is unclear.	11
move on	phrv	mu:v ɒn	to leave your present job, class, or activity and start doing another one	I enjoyed my job, but it was time to move on.	11
open-plan	adj	'əʊpən plæn	an open-plan office, school, etc., does not have walls dividing it into separate rooms	I think it is better to work in an open-plan office.	11
overhead	adv	ˌəʊvə'hed	above your head or in the sky	A plane flew overhead.	11
participate	v	pɑ:'tɪsəpeɪt, pɑ:'tɪsɪpeɪt	to take part in an activity or event	Some people refused to participate.	11
pathetic	adj	pə'θetɪk	making you feel sadness and sympathy	The boy looked small and pathetic.	11
personality	n	ˌpɜ:sə'næləti, ˌpɜ:sə'nælɪti	someone's character, especially the way they behave towards other people	Despite their different personalities, they became the best of friends.	11
popularity	n	ˌpɒpjə'lærəti, ˌpɒpjə'lærəti	when something or someone is liked or supported by a lot of people	The popularity of rap music is increasing.	11
portion	n	'pɔ:ʃən	a part of something larger, especially a part that is different from the other parts	a huge portion of roast beef	11
proposed	adj	prə'pəʊzd	a proposed change, plan, development, etc., is one that has been formally suggested to an official person or group	The proposed change to the timetable was not very popular.	11
put on weight	phrase	pʊt ɒn weɪt	if you put on weight, you become heavier	John's put on a lot of weight since I last saw him.	11
put (sth) together	phrase	pʊt tə'geðə	if you put two or more things together, you join them so that they touch or form one whole thing or group	put together a team	11
questioned	adj	'kwɛstʃənd	if you are questioned, someone asks you a question, i.e. as part of a survey	Twenty percent of those questioned agreed.	11
recommendation	n	ˌrekəmen'deɪʃən	official advice given to someone, especially about what to do	We will make a recommendation to the client.	11
recreate	v	ˌri:kri'eɪt	to make something from the past exist again in a new form or be experienced again	You can never recreate the feeling of winning for the first time.	11
reflection	n	rɪ'flekʃən	something that shows what something else is like, or that is a sign of a particular situation	On some level, a student's grades are a reflection on the teacher.	11
regretful	adj	rɪ'gretfəl	someone who is regretful feels sorry or disappointed	She apologised and sounded genuinely regretful.	11
relieved	adj	rɪ'li:vɪd	feeling happy because you are no longer worried about something	She looked very relieved when she heard the news.	11
repetitive	adj	rɪ'petətɪv, rɪ'petɪtv	done many times in the same way, and boring	repetitive tasks like washing and ironing	11
result in	phrv	rɪ'zʌlt ɪn	to make something happen	an accident that resulted in many injuries	11
shelved	adj	ʃelvd	when you decide not to continue with a plan, idea, etc., although you might continue with it at a later time	Plans to reopen the school have been shelved.	11
slide	n	slɑɪd	a large structure with steps leading to the top of a long sloping surface that children can slide down	The children are playing on the slide at the park.	11
sneeze	v	sni:z	if you sneeze, air suddenly comes from your nose, making a noise, for example when you have a cold	She started coughing and sneezing.	11
stuck	adj	stʌk	impossible or unable to move from a particular position	We could be stuck in this place for days.	11

sweetness and light	phrase	'swi:tnəs ənd laɪt	to behave in a way that is very pleasant and friendly, especially when you do not normally behave like this	She's all sweetness and light when Paul's around.	11
take (sb) back	v	teɪk bæk	to make you remember a time in the past	Having the grandchildren around takes me back to the days when my own children were small.	11
target	n	'tɑ:ɡət, 'tɑ:ɡɪt	an object, person, or place that is deliberately chosen to be attacked	an easy target for journalists to write about	11
themed	adj	θi:md	a themed place or event has been designed to make people who go there feel like they are in a particular place or historical period	themed restaurants such as the Rainforest Café	11
theory	n	'θiəri	an idea or set of ideas that is intended to explain something about life or the world, especially an idea that has not yet been proved	different theories about how the brain works	11
transform	v	trænz'fɔ:m	to completely change the appearance, form, or character of something or someone, especially in a way that improves it	The movie transformed Amy from an unknown schoolgirl into a star.	11
treehouse	n	'tri:haʊs	a wooden structure built in the branches of a tree for children to play in	The treehouse survived the terrible storms in the autumn.	11
trendy	adj	'trendi	influenced by the most fashionable styles and ideas	a trendy London restaurant	11
unfashionable	adj	ʌn'fæʃənəbəl	not popular or fashionable at the present time	unfashionable clothes	11
unjustified	adj	ʌn'dʒʌstəfaɪd, ʌn'dʒʌstɪfaɪd	done without an acceptable reason	His opinion was unjustified.	11
velvet	n	'velvət, 'velvɪt	a type of expensive cloth with a soft surface on one side	green velvet curtains	11
viewer	n	'vjʊ:ə	someone who watches television	The new series has gone down well with the viewers.	11
admired	v	əd'maɪə	to respect and like someone because they have done something that you think is good, or to respect their qualities or skills	Lewis was admired for his work on French literature.	12
analyse	v	'ænal-aɪz	to examine or think about something carefully, in order to understand it	She still needs to analyse the data.	12
animal rights	n	'ænəməɪ raɪts	the idea that people should treat animals well, and especially not use them in tests to develop medicines or other products	Bill has been involved in the animal rights movement for years.	12
anthropologist	n	,æntθ rə'pɒl ədʒ ɪst	the scientific study of people, their societies, cultures, etc.	The anthropologist was studying the culture of Tibet.	12
antibiotic	n	,æntɪbaɪ'ɒtɪk	a drug that is used to kill bacteria and cure infections	The doctor gave me some antibiotics for my cold.	12
ape	n	eɪp	an animal that is similar to a monkey but has no tail or only a very short tail	Monkeys and apes are the only mammals with good colour vision.	12
apologise	v	ə'pɒlədʒaɪz	to tell someone that you are sorry that you have done something wrong	I'm so sorry, I do apologise.	12
approach	n	ə'prəʊtʃ	a method of doing something or dealing with a problem	a new approach to teaching languages	12
approve of	v	ə'pru:v əv	to think that someone or something is good, right, or suitable	Catherine's parents approve of her marriage.	12
archaeology	n	,ɑ:ki'ɒlədʒi	the study of ancient societies by examining what remains of their buildings, graves, tools, etc.	an archaeological site	12
bacteria	n	bæk'tɪəriə	very small living things, some of which cause illness or disease	a bacterial infection	12
botanist	n	'bɒtənəst, 'bɒtənɪst	someone whose job is to make scientific studies of wild plants	The botanist found a rare plant in South America.	12
breakthrough	n	'breɪkθru:	an important new discovery in something you are studying, especially one made after trying for a long time	a breakthrough in the treatment of cancer	12
carriage	n	'kærɪdʒ	one of the parts of a train where passengers sit	It was too noisy in my carriage so I changed seats.	12
chemical	n	'kemɪkəl	a substance used in chemistry or produced by a chemical process	the chemicals industry	12
chimpanzee	n	,tʃɪmpæn'zi:, -pən-	an intelligent African animal that is like a large monkey without a tail	The chimpanzees at the zoo were very funny.	12
code	n	kəʊd	a system of words, letters, or symbols that you use instead of ordinary writing, so that the information can only be understood by those who know the code	All reports must be sent in code.	12
come across	phrv	kʌm ə'krɒs	to meet, find, or discover someone or something by chance	I came across an old diary in her desk.	12
come up	phrv	kʌm ʌp	if a subject comes up, people mention it and discuss it	His name came up in the conversation.	12
contribution	n	,kɒntrɪ'bju:ʃən, ,kɒntrɪ'bju:ʃən	something that you give or do in order to help something be successful	The school sees its job as preparing students to make a contribution to society.	12
controversial	adj	,kɒntrə'vɜ:ʃəl	causing a lot of disagreement, because many people have strong opinions about the subject being discussed	a controversial plan to build more houses	12
crew	n	kru:	all the people who work on a ship or plane	a crew member	12
critic	n	'krɪtɪk	someone whose job is to make judgments about the good and bad qualities of art, music, films, etc.	a review by the theatre critic	12
criticised	adj	'krɪtɪsaɪzd	when your disapproval of someone or something is expressed	The decision has been strongly criticised by teachers.	12
curiosity	n	,kjʊəri'ɒsəti, ,kjʊəri'ɒsɪti	the desire to know about something	I opened the packet just to satisfy my curiosity.	12
cute	adj	kju:t	very pretty or attractive	a cute little puppy	12
cymbal	n	'sɪmbəl	a musical instrument in the form of a thin round metal plate, which you play by hitting it with a stick or by hitting two of them together	the clash of cymbals	12
damage	n	'dæmɪdʒ	physical harm that is done to something or to a part of someone's body, so that it is broken or injured	damage to property	12
data	n	'deɪtə, 'dɑ:tə	information or facts	collecting data	12
dedicate	v	'dedəkeɪt, 'dedɪkeɪt	to give all your attention and effort to one particular thing	The actress now dedicates herself to children's charity work.	12
delicate	adj	'delɪkət, 'delɪkɪt	easily damaged or broken	The sun can easily damage a child's skin.	12
disaster	n	dɪ'zɑ:stə	a sudden event such as a flood, storm, or accident which causes great damage or suffering	Many people died in China's worst air disaster.	12
disgusted	adj	dɪs'ɡʌstɪd, dɪz-	very annoyed or upset by something that is not acceptable	Most people were disgusted by the violence.	12
DNA	n	,di: en 'eɪ	a substance that carries genetic information in the cells of the body	A DNA test showed that he was not the baby's father.	12
drown	v	draʊn	to die from being under water for too long, or to kill someone in this way	The woman drowned in the river.	12
ecology	n	i'kɒlədʒi	the way in which plants, animals, and people are related to each other and to their environment, or the scientific study of this	the natural ecology of the Earth	12
educate	v	'edʒukeɪt	to teach a child at a school, college, or university	He was educated at Bristol University.	12
element	n	'eləmənt, 'elɪmənt	a simple chemical substance such as carbon or oxygen that consists of atoms of only one kind	a chemical element	12
extent	n	ɪk'stent	how big, important, or serious something is	What is the full extent of his injuries?	12
fall through	phrv	fɔ:l θru:	if an agreement, plan, sale, etc., falls through, it is not completed successfully	The plan to make a movie of the book fell through.	12
field	n	fi:ld	a subject that people study or an area of activity that they are involved in as part of their work	her work in the field of marine biology	12
formula	n	'fɔ:mjələ, 'fɔ:mjələ	a series of numbers or letters that represent a mathematical or scientific rule	the formula for calculating distance	12

fungi	n	'fʌŋ gaɪ	(plural of fungus) a simple type of plant that has no leaves or flowers and that grows on plants or other surfaces.	an expert on fungi	12
gender	n	'dʒendə	the fact of being male or female	people of the same gender	12
genetics	n	dʒə'netɪk, dʒɪ'netɪk	the study of how the qualities of living things are passed on in their genes	Her research was in genetics.	12
give away	phrv	ɡɪv ə'weɪ	to show where someone is or what they are doing or thinking when they are trying to keep this a secret	Don't worry, I won't give you away.	12
go on about		ɡəʊ ɒn ə'baʊt	to keep talking about something, in a way that is boring or annoying	He's always going on about money.	12
grumpy	adj	'grʌmpɪ	bad-tempered and easily annoyed	Mina's always a bit grumpy first thing in the morning.	12
in favour of	phrase	ɪn 'feɪvə əv	if you decide not to use one thing in favour of another, you choose the other one because you think it is better	We were in favour of the plan for a bridge over the river.	12
intention	n	ɪn'tenʃən	a plan or desire to do something	I have no intention of retiring just yet.	12
invent	n	ɪn'vent	to make, design, or think of a new type of thing	Alexander Graham Bell invented the telephone in 1876.	12
keep up with	phrv	ki:p ʌp wɪð	to go or make progress at the same rate as others	I can't keep up with the rest of the students in the class.	12
look into	phrv	lʊk 'ɪntə	to try to find out the truth about a problem, crime, etc., in order to solve it	Police are looking into the disappearance of two children.	12
magnetron	n	'mæɡ nə trɒn	An electron tube that produces microwave radiation.	Magnetrons are used in microwave ovens.	12
melt	v	mel't	if something solid melts or if heat melts it, it becomes liquid	It was warmer now, and the snow was beginning to melt.	12
meteorology	n	ˌmi:tɪə'ɒlədʒɪ	the scientific study of weather conditions	The storms have fascinated meteorologists in the United States.	12
methane	n	'mi:θeɪn	a gas that you cannot see or smell, which can be burned to give heat	methane gas	12
microwave	n	'maɪkrəweɪv	a type of oven that cooks food very quickly using very short electric waves instead of heat	I'll heat it up in the microwave.	12
overcome	v	ˌəʊvə'kʌm	to successfully control a feeling or problem that prevents you from achieving something	He struggled to overcome his shyness.	12
paddle	v	'pædl	to move a small light boat through water, using one or more paddles	I desperately tried to paddle for the shore.	12
particular	adj	pə'tɪkjələ, pə'tɪkjələ	a particular thing or person is the one that you are talking about, and not any other	In this particular case, no one else was involved.	12
patient	n	'peɪʃənt	someone who is receiving medical treatment from a doctor or in a hospital	Dr Ross is very popular with his patients.	12
penicillin	n	ˌpenə'sɪlən, ˌpenɪ'sɪlən	a type of medicine that is used to treat infections caused by bacteria	penicillin saved his life	12
point out	phrv	pɔɪnt aʊt	to tell someone something that they did not already know or had not thought about	He was always very keen to point out my mistakes.	12
poisonous	adj	'pɔɪzənəs	containing poison or producing poison	Some mushrooms are extremely poisonous.	12
power	n	'paʊə	energy that can be used to make a machine work or to make electricity	wind power	12
professional	adj	prə'feʃənəl	relating to a job that needs special education and training	What professional qualifications does he have?	12
protection	n	prə'tekʃən	when someone or something is protected	the protection of the environment	12
prove	v	pru:v	to show that something is true by providing facts, information, etc.	You're wrong, and I can prove it.	12
radar	n	'reɪdɑ:	a piece of equipment that uses radio waves to find the position of things and watch their movement	The coastline can now be monitored by radar.	12
record	v	'rekɔ:d	to write information down or store it in a computer or on film so that it can be looked at in the future	Her husband made her record every penny she spent.	12
relieve	v	rɪ'li:v	to reduce someone's pain or unpleasant feelings	Drugs helped to relieve the pain.	12
remarkable	adj	rɪ'mɑ:kəbəl	unusual or surprising and therefore deserving attention or praise	She has made good progress.	12
representative	n	ˌreprɪ'zentətɪv	someone who has been chosen to speak, vote, or make decisions for someone else	a union representative	12
rescuer	n	'resk ju:ə	to save someone or something from a situation of danger or harm	The rescuer saved my life.	12
ruined	adj	'ru:ənd, 'ru:nd	a ruined building has been almost completely destroyed	a ruined castle	12
run out	phrv	rʌn aʊt	to use all of something and not have any more left	I've got money you can borrow if you run out.	12
secret	n	'si:krət, 'si:kri:t	something that is kept hidden or that is known about by only a few people	I can't tell you. It's a secret.	12
sequence	n	'si:kwəns	the order that something happens or exists in, or the order it is supposed to happen or exist in	the sequence of events	12
slide	v	slaɪd	a small piece of film in a frame that you shine a light through to show a picture on a screen or wall	a slide show	12
species	n	'spi:ʃi:z	a group of animals or plants whose members are similar and can breed together to produce young animals or plants	Seven species of birds have been seen.	12
sponsorship	n	'spɒnsəʃɪp	financial support for an activity or event	The expedition is looking for sponsorship from one of the major banks.	12
stand	n	stænd	a table or small structure used for selling or showing things	an exhibition stand	12
steer	v	stiə	to control the direction a vehicle is going, for example by turning a wheel	He was steering with only one hand.	12
stimulate	v	'stɪmjələɪt, 'stɪmjələɪt	to encourage someone by making them excited about and interested in something	Her interest in art was stimulated by her father.	12
trap	v	træp	to prevent something such as gas or water from getting away	solar panels that trap the sun's heat	12
tube	n	tju:b	a long hollow object that is usually round	a cardboard tube	12
vaccine	n	'væksɪ:n	a substance which contains a weak form of the bacteria or virus that causes a disease and is used to protect people from that disease	a polio vaccine	12
widely	adv	'waɪdli	in a lot of different places or by a lot of people	Organic food is now widely available.	12
wounded	n	'wu:ndəd, 'wu:ndɪd	someone injured by a weapon such as a gun or knife	a wounded soldier	12
X-ray	n	'eks reɪ	a beam of radiation that can go through solid objects and is used for photographing the inside of the body	The X-ray showed that her leg was not broken.	12