

## New Total English Upper Intermediate A-Z Wordlist English / German / French / Italian

Headword	Page	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
abroad	28	adv	ə'brɔ:d	im Ausland	à l'étranger	all'estero	I've never lived abroad before.
accept	121	v	ək'sept	annehmen	accepter	accettare	They offered me a job and I accepted.
acceptable	97	adj	ək'septəbəl	akzeptabel	acceptable	accettabile	Alcohol is not an acceptable way out of your problems.
accomplish	63	v	ə'kʌmplɪʃ	erreichen	accomplir	realizzare	We have accomplished all we set out to do.
account	18	n	ə'kaʊnt	was man so hört	selon	conto	It has, by all accounts, been a successful marriage.
achievement	66	n	ə'tʃi:vmənt	Erfolg	réalisation/acquis	raggiungimento	We try to celebrate the achievements of our students.
acquaintance	7	n	ə'kwɛɪntəns	Bekannschaft, Bekannte(r)	connaissance	conoscente	She was a casual acquaintance of my family in Vienna.
acquire	98	v	ə'kwɛɪə	erwerben	acquérir	acquisire	Manning hoped to acquire valuable works of art as cheaply as possible.
activist	38	n	'æktɪvəst	Aktivist	activiste	attivista	I'm a political activist looking for political reform.
actual	112	adj	'æktʃʊəl	tatsächlich	en fait/réel	reale	I'm not joking. Those were his actual words.
add up to	128	phr v	,æd	hinauslaufen auf	additionner à/ajouter à	sommare	Rising prison population and overcrowding add up to a real crisis.
addictive	68	adj	ə'dɪktɪv	abhängig machend	comme une drogue	che crea dipendenza	It started as a hobby, but it got so addictive I had to keep on doing it.
addition	11	n	ə'dɪʃən	außerdem	en outre	aggiunta	The company provides cheap Internet access. In addition, it makes shareware freely available.
admin	52	n	'ædmɪn	Verwaltung	administration	amministrazione	She works in admin.
admit	36	v	əd'mɪt	zugeben	admettre	ammettere	You may not like her, but you have to admit that she's good at her job.
adore	98	v	ə'dɔ:	anbeten	adorer	adorare	Betty adores her grandchildren.

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adrenaline	63	n	ə'drenəl-ən	Adrenalin	adrénaline	adrenalina	There's nothing like a good horror film to get the adrenalin going.
adventurous	30	adj	əd'ventʃərəs	abenteuerlich	aventureux	avventuroso	Andy isn't a very adventurous cook.
advertisement	137	n	əd'vɜ:təsmənt	Anzeige	publicité	pubblicità	The Sunday papers are full of advertisements for cars.
advertising	137	n	'ædvətɑɪzɪŋ	Werbung	publicité	pubblicità	Both candidates are spending millions on television advertising.
afford	95	v	ə'fɔ:d	sich leisten	pouvoir payer/pouvoir s'offrir/avoir les moyens de	permettersi	We can't afford to go on holiday this year.
afraid	59	adj	ə'freɪd	Angst haben vor	effrayé	pauroso	He was afraid of being caught by the police.
after that	37	prep	ˌɑ:ftə 'ðæt	danach	après cela/après ça	dopo	After leaving school, Mackay worked in a restaurant for a year.
agency	50	n	'eɪdʒənsi	Agentur	agence	agenzia	We have an appointment with a local housing agency.
aggressive	108	adj	ə'gresɪv	aggressiv	agressif	aggressivo	Jim's voice became aggressive.
agricultural	39	adj	ˌægrɪ'kʌltʃərəl	landwirtschaftlich	agricole	agricolo	More than 75% of the land is agricultural.
aid	129	v	eɪd	helfen	aide/soutien	aiuto	Mrs Coxen was aided in looking after the children by her niece.
aim	112	v	eɪm	abzielen	cible	scopo	We designed a program that's aimed at teenagers.
all-consuming	63	adj	ˌɔ:l.kən'sju:miŋ	alles verschlingend	dévorant	che tutto consuma	I have an all-consuming hatred of him.
alter	56	v	'ɔ:l.tə	verändern	altérer/changer	alterare	Her face hadn't altered much over the years.
ambition	63	n	æm'brɪʃən	Ehrgeiz	ambition	ambizione	She had always had an ambition to be a pilot.
amusing	127	adj	ə'mju:zɪŋ	amüsant	amusant	divertente	I don't find his jokes at all amusing.
anaesthathise	98	v	ə'ni:sθətɑɪz	anästhetisieren	anesthésier	anestetizzare	They anaesthathised the area before the operation.
analyse	134	v	'ænəl-aɪz	analysieren	analyser/étudier	analizzare	She still needs to analyse the data.
ancient	35	adj	'eɪnfənt	alt	ancien	antico	I'm interested in the ancient civilisations of Asia.

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anecdotal	41	adj	ˌænikˈdɔʊtl	anekdotisch	anecdotique	aneddotico	His findings are based on anecdotal evidence rather than serious research.
angular	126	adj	ˈæŋgjələ	kantig	osseux	angolare	The suspect is a tall, angular young man.
annoyed	22	adj	əˈnɔɪd	verärgert	Contrarié	seccato, arrabbiato	I'll be annoyed if we don't finish by eight.
annoying	22	adj	əˈnɔɪ-ɪŋ	ärgerlich	contrariant	fastidioso	The annoying thing is he's usually right.
annually	98	adv	ˈænjuəli	jährlich	annuellement/une fois par an	annualmente	The jazz festival is held annually in July.
anonymous	95	adj	əˈnɒnəməs	anonym	anonyme	anonimo	He was the anonymous author of a collection of poems.
anthropologist	18	n	ˌænthrəˈpɒlədʒɪst	Anthropologe	anthropologue	antropologo	Jonathan is an anthropologist at the university.
antique	35	adj	ˌænˈti:k	antik	antique	antico	I just bought an antique rosewood desk.
anxious	55	adj	ˈæŋkʃəs	besorgt	anxieux	ansioso	He was a bit anxious about the safety of the machinery.
any	93	det	ˈeni	etwas	un peu/quelques	qualsiasi	Have you got any money?
appalling	92	adj	əˈpɔ:lɪŋ	unerträglich	atroce/épouvantable	spaventoso	He was kept in appalling conditions in prison.
appeal	137	n	əˈpi:l	Reiz	attrait/charme	appello	What is the particular appeal of this island?
appealing	28	adj	əˈpi:lɪŋ	attraktiv	attrayant	attraente	The city offers an appealing combination of sporting and cultural events.
appear	121	v	əˈpiə	scheinen	apparaître/sembler	apparire	The survey appears to contradict motor industry claims.
apply	59	v	əˈplai	sich bewerben um	faire une candidature/demande	applicare	She applied for a job with the local newspaper.
appraisal	107	n	əˈpreɪzəl	Bewertung	évaluation	valutazione	I have my one year appraisal coming up.
appreciate	81	v	əˈpri:ʃiət	anerkennen	apprécier	apprezzare	Her abilities are not fully appreciated by her employer.
approach	107	n	əˈprəʊtʃ	Ansatz	approche	approccio	He decided to adopt a different approach and teach the Bible through story-telling.
approval	12	n	əˈpru:vəl	Genehmigung	approbation	approvazione	The president has already given his approval to the plan.
archery	68	n	ˈɑ:tʃəri	Bogenschießen	tir à l'arc	tiro con l'arco	He won the gold medal for archery.

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argue	112	v	'ɑ:gju:	argumentieren	argumenter	argomentare	Croft argued that a date should be set for the withdrawal of troops.
array	98	n	ə'reɪ	Palette	gamme/panoplie	serie	There was a vast array of colours to choose from.
arrest	120	v	ə'rest	festnehmen	arrêter	arresto	He was arrested and charged with murder.
arson	120	n	'ɑ:sən	Brandstiftung begehen	incendie criminel	incendio doloso	He was found guilty of committing arson.
art	95	n	ɑ:t	schöne Kunst	art	arte	Can photography be considered fine art?
artistic	12	adj	ɑ:'tɪstɪk	künstlerisch	artistique	artistico	John is very artistic.
ashamed	112	adj	ə'ʃeɪmd	sich schämen	honteux/confus	vergognoso	I felt ashamed of the things I'd said to him.
aspect	28	n	'æspekt	Aspekt	aspect	aspetto	Dealing with people is the most important aspect of my work.
assist	126	v	ə'sɪst	mitwirken	assister	assistere	You will be employed to assist in the development of new equipment.
assortment	26	n	ə'sɔ:tmənt	Mischung	assortiment	assortimento	I'd like a wide assortment of friends.
assure	97	v	ə'ʃʊə	versichern	assurer	assicurare	Her doctor has assured us that she'll be fine.
astounding	25	adj	ə'stɔ:nɪʃɪŋ	erstaunlich	stupéfiant/étonnant	stupefacente	They came to an astounding decision.
astounding	36	adj	ə'staʊndɪŋ	erstaunlich	stupéfiant/étonnant	sbalorditivo	The concert was an astounding success.
at that time	37	prep	ət 'ðæt taɪm	Zu der Zeit	à cette époque/à ce moment-là	allora	At that time the technology wasn't available.
attain	116	v	ə'teɪn	erreichen	parvenir à/atteindre	raggiungere	More women are attaining positions of power.
attend	126	v	ə'tend	gehen auf, in	participer/fréquenter	partecipare a	I am the first child in my family to attend college.
attract	137	v	ə'trækt	anziehen	attirer	attrarre	What attracted me most to the job was the chance to travel.
attraction	53	n	ə'trækʃən	Attraktion	attraction	attrazione	The beautiful beaches are the island's main attraction.
awe	134	n	ɔ:	Ehrfurcht	respect mêlé d'admiration	soggezione	Kate gazed at the statue with awe.
axe	129	v	æks	streichen	abandonner	ascia	TV's longest running show is to be axed.
back	129	v	bæk	unterstützen	soutenir/aider	indietro	The scheme has been backed by several major companies in the region.

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back up	14	phr v	bæk 'ʌp	belegen	soutenir/appuyer	assistere	There's no evidence to back up his accusations.
baggy	56	adj	'bægi	ausgebeult	ample	larghi	She was wearing jeans and a baggy T-shirt.
bake	94	v	beɪk	backen	cuire au four	informare	I'm baking some bread.
balanced	113	adj	'bælənst	ausgewogen	équilibré/égal	equilibrato	She gave a balanced account of what happened.
bald	80	adj	bɔ:ld	kahl	chauve	calvo	Dad started going bald when he was in his thirties.
bandage	11	v	'bændɪdʒ	Verband	bandage	fasciatura	The nurse bandaged up his sprained ankle.
bang	36	n	bæŋ	mit einem Knall	avec un grand succès	scoppio	Stock markets started the year with a bang.
bargain	95	n	'bɑ:gɪn	Schnäppchen	négociier	affare	There are no bargains in the clothes shops at the moment.
barter	78	v	'bɑ:tə	tauschen	échange/troc	baratto	I had to barter with the locals for food.
basis	92	n	'beɪsəs	Grundlage	base/fondement	base	Bread forms the basis of their daily diet.
battle	64	v	'bætl	Kampf gegen	bataille	battaglia	We're going through a battle against the racism of the school system.
beard	80	n	biəd	Bart	barbe	barba	He had a beautiful red beard.
beat	68	irr v	bi:t	schlagen	Battre/vaincre	battere	Brazil were beaten 2-1.
beef	94	n	bi:f	Rindfleisch	viande de bœuf	manzo	We have both dairy and beef cattle on the farm.
beforehand	97	adv	bi'fɔ:hænd	im Voraus	au préalable/à l'avance	in anticipo	The police need to be briefed beforehand on how to deal with this sort of situation.
belief	63	n	bə'li:f	Glaube	conviction	credenza	She has a strong belief in God.
believe	59	v	bə'li:v	glauben an	croire	credere	Do you believe in God?
beloved	126	adj	bi'lvəd	geliebt	aimé	amato	He never recovered from the death of his beloved daughter.
best	49	n	best	das Beste herausholen	meilleur	migliore	He gets the best out of his team.
biannual	101	adj	baɪ'ænjuəl	zweijährlich	semestriel/biannuel	biennale	They just released a biannual report.
bid	95	irr v	bɪd	Angebot	soumission	offerta	They put in a bid for the house.

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bid	129	v	bɪd	sich bewerben	soumissionner	offerta	Three firms bid for the contract on the new buildings.
bilingual	101	adj	bai'liŋgwəl	zweisprachig	bilingue	bilingue	Their kids are bilingual.
bitter	70	adj	'bɪtə	bitter	amer	amaro	I feel very bitter about it.
bitter	94	adj	'bɪtə	bitter	amer	amaro	Enjoy the beer's bitter taste as you slowly drink it.
black-and-white	42	adj	,blæk ənd'waɪt	schwarz-weiß	simpliste/noir et blanc	bianco e nero	There's still a tendency to see the issues in black and white.
bland	42	adj	blænd	nichtssagend	fade/sans relief	blando	She made a few bland comments.
blast	129	n	blɑ:st	Explosion, Druckwelle	souffle/explosion/rafale	esplosione	Thirty-six people died in the blast.
blaze	129	n	bleɪz	Feuersbrunst	embrasement/feu/incendie	fiammata	It took almost 100 firemen to bring the blaze under control.
blow	36	irr v	bləʊ	überwältigen	époustoufler	colpo	Seeing her again really blew my mind.
blur	140	n	blɜ:	undeutliches Bild	flou	sfocatura	The days before the accident were a blur.
boast	8	v	bəʊst	sich brüsten	se vanter	vantarsi	He's boasting about how much money he has made.
boil	94	v	bɔɪl	kochen	bouillir	bollire	Boil the rice for 15 minutes.
booming	39	adj	bu:mɪŋ	florierend	prospérant/florissant	boom	Business was booming, and money wasn't a problem.
brand	137	n	brænd	Marke	flambant neuf	marchio	What brand of detergent do you use?
brand	97	adj	brænd	brandneu	flambant neuf	marchio	His clothes looked brand-new.
branded	42	adj	'brændəd	Marken-	de marque	di marca	You can't show branded products on TV
brave	66	adj	breɪv	tapfer	brave/courageux	coraggioso	It was brave of you to speak in front of all those people.
break	64	irr v	breɪk	rekord brechen	battre	pausa	He's making an attempt to break the 10,000-metres world record.
break down	106	phr v	breɪk 'daʊn	scheitern	échouer	cedere	Negotiations broke down after only two days.
breath	42	n	breθ	Atem rauben	souffle	respiro	The view from the top will take your breath away.
breeze	25	n	bri:z	Brise	brise	brezza	The flowers were waving in the breeze.
brick	38	n	bri:k	Ziegelstein	brique	mattoni	I built a brick wall in the summer.

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brief	68	adj	bri:f	kurz	bref/court	breve	We stopped by Alice's house for a brief visit.
bright	25	adj	braɪt	heiter	illuminé	luminoso	The weather was bright and sunny.
bring up	17	phr v	briŋ 'ʌp	großziehen	élever	allevare	He was brought up by his grandparents.
broad-minded	73	adj	ˌbrɔ:d 'maɪndəd	aufgeschlossen	large d'esprit	di larghe vedute	Her parents were broadminded, tolerant, and liberal.
bronze	40	n	brɒnz	Bronze	bronze	bronzo	The church has a bell cast in bronze.
bucket	64	n	'bʌkət	Eimer	seau	secchio	I need a bucket of water.
build up	49	phr v	bɪld 'ʌp	aufbauen	mettre sur pied/bâtir	costruire	He's built up the family firm into a multinational company.
bump into	7	phr v	bʌmp 'ɪntu:	stoßen auf	Rencontrer par hasard	sbattere, imbattersi	I bumped into Jean in town.
bumpy	21	adj	'bʌmpi	holprig	mouvementé/tumultueux	accidentato	Shareholders have had a bumpy ride.
bunk	64	n	bʌŋk	Koje	courette	cuccetta	I need to lie on my bunk for an hour.
bureau	50	n	'bjʊərəʊ	Büro	bureau	ufficio	You should go to the Citizens Advice Bureau.
burglar	122	n	'bɜ:glə	Einbrecher	cambrioleur/voleur	ladro	The burglar was never caught.
burst	50	n	bɜ:st	zulegen	poussée	scoppiare	The van gave a sudden burst of speed.
cabbage	94	n	'kæbɪdʒ	Kohl	chou	cavolo	This room smells of cabbage. Are you cooking?
cabin	64	n	'kæbən	Kabine	cabine	cabina	The boat has two small cabins.
callus	126	adj	'kæləs	Schwiele	cal	callo	He went to have the calluses on his hands looked at.
calm	108	adj	kɑ:m	ruhig	calme	calmo	Glen was calm and composed at the funeral.
campaign	64	v	kæm'peɪn	Kampagne	campagne	campagna	Police have launched a campaign to crack down on drug dealers.
can	49	irr v	kæn	Macherhaltung	attitude positive	può	You need a can do attitude in this profession.
capacity	140	n	kə'pæsəti	Fassungsvermögen	capacité	capacità	The fuel tank has a capacity of 40 litres.
capsule	88	n	'kæpsju:l	Zeitkapsel	capsule témoin	capsula	We buried the time capsule 72 years ago.
career	49	n	kə'riə	beruflicher Wechsel	carrière	carriera	People may have a change of career as many as seven times in their lives.

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career	49	n	kə'riə	berufliche Entwicklung	carrière	carriera	After leaving university, I wasn't sure which career path to choose.
case	125	n	keɪs	Fall	procès/affaire de justice	caso	Around 50 police officers are on the case.
cash	121	v	kæʃ	einlösen	espèces	contanti	Traveller's cheques can be cashed at most hotels for a small charge.
catch	36	irr v	kætʃ	in den Bann ziehen	captiver	prendere	That art exhibition really caught my imagination.
catch up	112	phr v	kætʃ 'ʌp	auf den neuesten Stand kommen	rattraper	raggiungere	If you miss a lot of classes, it's very difficult to catch up.
cautious	70	adj	'kɔ:ʃəs	vorsichtig	prudent	cauto	Keller is cautious about making predictions for the success of the program.
certain	124	adj	'sɜ:tn	sicher	certain	certo	I'm absolutely certain that I left the keys in the kitchen.
challenged	22	adj	'tʃæləndʒd	behindert	handicapé physique	sfidato	He is physically challenged.
challenging	22	adj	'tʃæləndʒɪŋ	anspruchsvoll	stimulant	impegnativo	Teaching young children is a challenging and rewarding job.
chance	63	n	tʃɑ:ns	Chance	chance	possibilità	Ralph was waiting for a chance to introduce himself.
changeable	25	adj	'tʃeɪndʒəbəl	wechselhaft	changeant	mutevole	The weather was changeable all holiday.
character	18	n	'kærəktə	Character	caractère	carattere	He has a cheerful but quiet character.
characteristic	66	n	'kærəktə'rɪstɪk	Eigenschaft	caractéristique	caratteristica	Violent images are a defining characteristic of his work.
charge	121	v	tʃɑ:dʒ	anklagen	facturer	carica	Gibbons has been charged with murder.
charm	136	adj	'tʃɑ:m	bezaubert	charmer	fascino	We were charmed by the friendliness of the local people.
chat	8	v	tʃæt	plaudern	causer	chiacchierata	John and I sat up until the early hours chatting.
cheque	121	n	tʃek	Scheck	chèque	assegno	They sent me a cheque for £100.
chic	56	adj	ʃi:k	schick	chic	elegante	Margaret was looking very chic in blue.
chilly	25	adj	'tʃɪli	kühl	froid	freddo	It was a chilly November morning.
chop	94	v	tʃɒp	klein schneiden	découper	tritare	Can you chop up some carrots for me?
chore	78	n	tʃɔ:	Routine	tâches ménagères	lavoretto	We share the domestic chores.

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chronicle	140	n	'krɒnɪkəl	Kronik	chronique	cronaca	He published a chronicle of his life during the war years.
chubby	80	adj	'tʃʌbi	pummelig	dodu/potelé	paffuto	A chubby little baby was playing on the rug.
chunk	86	n	tʃʌŋk	Batzen	un gros morceau	pezzo	The rent takes a large chunk out of my monthly salary.
circular	122	adj	'sɜ:kjələ	kreisförmig	circulaire	circolare	I'd like to buy a circular table.
civilisation	22	n	ˌsɪvəl-aɪˈzeɪʃən	Zivilisation	civilisation	civiltà	After a week in the mountains, all I wanted to do was get back to civilisation.
claim	113	v	kleɪm	sich anmaßen	prétendre	reclamo	No responsible therapist will claim to cure your insomnia.
claim	120	n	kleɪm	Anspruch erheben	prétention/revendication	reclamo	All claims should be made in writing.
clash	129	n	klæʃ	Zusammenstoß	affrontement	scontro	We saw violent clashes between police and demonstrators.
classic	36	adj	'klæsɪk	klassisch	classique	classico	The Coca-Cola bottle is one of the classic designs of the last century.
classy	56	adj	'klɑ:si	Nobel-	de grande classe	di classe	They eat at classy restaurants.
clean-shaven	80	adj	kli:n'feɪvən	glattrasiert	rasé de près	ben rasato	He looks much better clean-shaven.
clear	25	adj	klɪə	klar	clair(e)	chiaro	The skies were clear and blue.
clerk	127	n	klɑ:k	Buchhalter	commis	impiegato	I work as a clerk in a commercial firm.
clichéd	38	adj	'kli:ʃeɪd	ein Klischee	cliché/préjugé	cliché	The phrase 'a trouble shared is a trouble halved' is clichéd but true.
click	7	v	klɪk	sich auf Anhieb verstehen	sympathiser	clic	They clicked straight away.
cling	22	irr v	klɪŋ	sich klammern	s'accrocher/se cramponner	aggrapparsi	He wailed and clung to his mother.
clockwork	81	n	'klɒk-wɜ:k	Uhrwerk	mécanisme	orologeria	The concert went like clockwork.
close knit	116	adj	ˌkləʊs 'nɪt	eng verbunden	très uni/serré	affiatato	We are a very close-knit community.
club	11	n	klʌb	Keule	raquette	mazza	He can juggle with both balls and clubs.
clump	95	n	klʌmp	Sode, gruppe	touffe	gruppo	He pulled up a thick clump of grass.
coincide	88	v	ˌkəʊən'saɪd	zusammenfallen	coïncider	coincidere	The show is timed to coincide with the launch of a new book.
collapse	52	v	kə'læps	zusammenbrechen	s'effondrer	crollò	He collapsed with a heart attack while he was dancing.

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collate	114	v	kə'leɪt	kollationieren	collecter/rassembler	raccogliere	A computer system is used to collate information from across Britain.
colleague	7	n	'kɒli:ɡ	Kollege	collègue	collega	She discussed the idea with some of her colleagues.
combine	106	v	kəm'baɪn	kombinieren	combiner	combinare	Diets are most effective when combined with exercise.
come across	7	phr v	kʌm ə'krɒs	rüberkommen	sembler être	incontrare, trovare	He comes across as a very intelligent sensitive man.
come across	140	phr v	kʌm ə'krɒs	stoßen auf	sembler être	imbattersi	I came across an old diary in her desk.
come up with	115	phr v	kʌm 'ʌp wɪð	liefern	avoir une idée	fornire	We've been asked to come up with some new ideas.
comic	95	n	'kɒmɪk	Comicheft	comique/bande dessinée	comico	I collect comics.
commercial	36	adj	kə'mɜ:ʃəl	geschäftlich	commercial	commerciale	Gibbons failed to see the commercial value of his discovery.
commercial	137	n	kə'mɜ:ʃəl	Werbepause	pause publicitaire	commerciale	I will make a cup of tea during the commercial break.
common	50	adj	'kɒmən	gemeinsam	commun	comune	We're working towards a common goal.
community service	119	n	kə'mju:nəti 'sɜ:vəs	gemeinnützige Arbeit	travail d'intérêt général	servizio civile	I was sentenced to 30 hours community service.
commute	50	v	kə'mju:t	pendeln	Faire la navette	commutare	Jim commutes to Manhattan every day.
companion	98	n	kəm'pænjən	Begleiter	compagnon	compagno	For ten years he had been her constant companion.
company	66	n	'kʌmpəni	Gesellschaft	en compagnie	azienda	The two men enjoy each other's company.
comparitively	84	adv	kəm'pærətəvli	vergleichsweise	comparativement	comparativamente	Crime on the island is comparatively rare.
compelling	136	adj	kəm'peltɪŋ	fesselnd	fascinant	avvincente	His life makes a compelling story.
competitive	68	adj	kəm'petətɪv	wettbewerbsfähig	compétitif	competitivo	Some US industries are not as competitive as they have been in the past.
complain	59	v	kəm'pleɪn	sich beschweren über	se plaindre	lamentarsi	She often complains about not feeling appreciated at work.
complaint	108	n	kəm'pleɪnt	Beschwerde	plainte	reclamo	If you wish to make a complaint, you should see the manager.

Headword	Page	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
complex	114	adj	'kɒmpleks	komplex	complexe	complesso	Photosynthesis is a highly complex process.
compliment	8	n	'kɒmpləmənt	Kompliment machen	faire des compliments	complimento	All the guests gave her extravagant compliments.
con	136	n	kɒn	Schwindel	arnaque/escroquerie	truffare	He used a con to make people pay for goods they hadn't actually received.
concentrate	86	v	'kɒnsəntreɪt	konzentrieren	Se concentrer	concentrarsi	Adrian was finding it difficult to concentrate.
concern	74	n	kən'sɜ:n	Besorgnis	souci	preoccupazione	One of the concerns that people have is the side effects of treatment.
conclude	121	v	kən'klu:d	zum Schluss kommen	conclure	concludere	The report concluded that the school should be closed immediately.
concrete	41	adj	'kɒŋkri:t	konkret	concret	concreto	There is a lack of any concrete evidence.
conduct	14	v	kən'dʌkt	durchführen	conduire/mener	condurre	We are conducting a survey of consumer attitudes towards organic food.
confirm	113	v	kən'fɜ:m	bestätigen	confirmer	confermare	The President refused to confirm the rumor.
confront	38	v	kən'frʌnt	zukommen auf	affronter/faire face à	affrontare	The problems confronting the new government were enormous.
confront	70	v	kən'frʌnt	ins Auge sehen	affronter/faire face à	affrontare	We try to help people confront their problems.
confused	84	adj	kən'fju:zd	verwirrt	embrouillé/confus/perplexe	confuso	I'm totally confused. Could you explain that again?
conservative	56	adj	kən'sɜ:vətɪv	konservativ	conservateur	conservatore	They have a very conservative attitude to education.
consider	28	v	kən'sɪdə	erwägen	considérer/prendre en compte	considerare, valutare	I seriously considered resigning
considerably	92	adv	kən'sɪdərəbli	beträchtlich	considérablement	notevolmente	It's considerably colder today.
consist	59	v	kən'sɪst	bestehen aus	se composer de	consistere	The buffet consisted of several different Indian dishes.
consume	92	v	kən'sju:m	verzehren	consommer	consumare	Alcohol may not be consumed on the premises.
context	38	n	'kɒntekst	Kontext	contexte	contesto	You must put it in the political context of the election.

Headword	Page	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
contract	73	n	'kɒntrækt	Vertrag	contrat	contratto	Tyler has agreed a seven-year contract with a Hollywood studio.
contribute	50	v	kən'trɪbjʊ:t	beitragen	contribuer	contribuire	City employees cannot contribute to political campaigns.
control	109	n	kən'trəʊl	außer Kontrolle	hors de contrôle/d'influence	controllo	The car spun out of control and hit a tree.
control	109	n	kən'trəʊl	Kontrolle übernehmen	prendre le contrôle	controllo	Students are encouraged to take control of their own learning.
convict	120	v	kən'vɪkt	verurteilen	convaincre	condannare	She was convicted of shoplifting.
cook	94	v	kʊk	kochen	faire la cuisine/cuire	cucinare	Cook the sauce over a low heat for ten minutes.
cooker	94	n	'kʊkə	Herd	cuisinier	fornello	I'd like to get a gas cooker.
cool	25	adj	ku:l	kühl	frais	fresco	The evening air was cool.
corporation	116	n	,kɔ:pə'reɪʃən	Unternehmen	groupe/grande entreprise	società	He works for a large American corporation.
cotton	40	n	'kɒtn	Baumwolle	coton	cotone	Made from 100% cotton.
count	121	n	kaʊnt	Punkt	chef d'accusation	contare	Davis was found not guilty on all counts.
countless	14	adj	'kaʊntləs	zahllos	incomptable	innumerevole	This film clip has been shown countless times.
creature	32	n	'kri:tʃə	leibliches Wohl	confort matériel	creatura	I like my creature comforts.
criminal	119	n	'krɪmɪnəl	Krimineller	criminel	criminale	Police have described the man as a violent and dangerous criminal.
crisis	38	n	'kraɪsɪs	Krise	crise	crisi	The country now faces an economic crisis.
critic	64	n	'krɪtɪk	Kritiker	critique	critico	Critics of the scheme have said that it will not solve the problem of teenage crime.
critical	112	adj	'krɪtɪkəl	kritisch	critique	critico	Many economists are critical of the government's economic policies.
culture	21	n	'kʌltʃə	Kulturschock	culture	cultura	India is where I first experienced real culture shock.
curious	84	adj	'kjʊəriəs	neugierig	curieux	curioso	He was curious about how she would react.
curl	98	v	kɜ:l	kräuseln	bouclé/frisé	ricciolo	Mary was busy curling her hair.
curly	80	adj	'kɜ:li	lockig	bouclé/frisé	riccio	She had long dark curly hair.

Headword	Page	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
customer	87	n	'kʌstəmə	unangenehmer Typ	client	cliente	Be careful. He's an awkward customer.
cut	137	irr v	kʌt	Preis senken	réduire	taglio	The major aviation companies need to cut prices if they are to compete with budget airlines.
cut down on	115	phr v	kʌt 'daʊn ɒn	reduzieren	économiser sur/réduire de	ridurre	By getting the design right, you can cut down on accidents.
daunt	22	v	dɔ:nt	einschüchtern	intimider	scoraggiare	He felt utterly daunted by the prospect of moving to another country.
daunting	22	adj	'dɔ:ntɪŋ	einschüchternd	intimidant	scoraggiante	The trip seemed rather daunting for a young girl.
deadline	49	n	'dedlaɪn	enge Termine einhalten können	échéance/délai final	scadenza	Everyone's working extremely hard to meet the tight deadline.
deal	64	irr v	di:l	sich kümmern um	prendre des mesures	affare	Don't worry, I'll deal with this.
deal	93	n	di:l	Menge	beaucoup	affare	He knew a great deal more than I did.
debate	74	n	di'beɪt	Debatte	débat	diabattito	There has been widespread public debate over the introduction of genetically modified food.
deduce	126	v	di'dju:s	schließen	déduire	dedurre	From her son's age, I deduced that her husband must be at least 60.
deep	73	adj	di:p	verschlossen	profond	profondo	Henry has always been a deep one. He keeps his views to himself.
define	42	v	di'faɪn	definieren	définir	definire	The duties of the post are difficult to define.
degree	38	n	di'gri:	Ausmaß	degré de	laurea	1960s Britain was characterised by a greater degree of freedom than before.
déjà vu	133	n	,deɪʒɑ: 'vju:	Déjà-Vu	déjà-vu	déjà vu	I have a strange sense of déjà vu.
deliberate	137	adj	di'libərət	absichtlich	délibérément/volontairement	deliberato	The attack on him was quite deliberate.
deliberately	121	adv	di'libərətli	absichtlich	délibérément	deliberatamente	He deliberately upset her.
demand	12	n	di'mɑ:nd	Anforderung	exigence	domanda	The curriculum makes great demands on the teacher.
denim	40	n	'denəm	Jeansstoff	jean	denim	I'd like to buy a denim jacket.
dense	22	adj	dens	dicht	dense	denso	A narrow track wound steeply up through dense forest.

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density	14	n	'densəti	Dichte	densité	densità	There are areas of high population density.
deny	113	v	dɪ'naɪ	bestreiten	nier	negare	I've never denied that there is a housing problem.
depend	59	v	dɪ'pend	abhängen von	dépendre de	dipendere	The length of time spent exercising depends on the sport you are training for.
description	123	n	dɪ'skrɪpʃən	Beschreibung	description	descrizione	The booklet gives a brief description of each place.
desperate	122	adj	'despəreɪt	verzweifelt	désespéré	disperato	I had no money left and was desperate.
destruction	78	n	dɪ'strʌkʃən	Zerstörung	destruction	distruzione	The floods brought death and destruction to the area.
detail	49	n	'di:teɪl	ein Auge für das Detail haben	détail	dettaglio	Photographers need to have an eye for detail.
detect	125	v	dɪ'tekt	erfassen	détecter	individuare	X-ray telescopes can now detect virtually every type of astronomical object.
deterioration	14	n	dɪ,ɪə'reɪʃən	Verschlechterung	détérioration	deterioramento	we have a deterioration in his health over the last few days.
determination	109	n	dɪ,tɜ:mə'neɪʃən	Entschlossenheit	détermination	determinazione	Yuri shows great determination to learn English.
determined	108	adj	dɪ'tɜ:mənd	entschlossen	déterminé/résolu	determinato	Gwen is a very determined woman.
detract	134	v	dɪ'trækt	mindern	détracter/diminuer	diminuire	One mistake is not going to detract from your achievement.
devastated	109	adj	'devəsteɪtəd	vernichtet	anéanti/dévasté	devastato	She was left feeling totally devastated.
devoted	18	adj	dɪ'vəʊtəd	ergeben	dévoué	devoto	Isabella was devoted to her brother.
different	59	adj	'dɪfərənt	verschieden von	différent	diverso	Our sons are very different from each other.
disbelief	134	n	,dɪsbə'li:f	Unglaube	incrédulité	incredulità	The reaction to the murders was one of shock and disbelief.
discipline	55	n	'dɪsəplən	Disziplin	discipline	disciplina	Working from home requires a good deal of discipline.
discomfort	64	n	dɪs'kʌmfət	Unbehagen	gêne	disagio	If the exercise causes discomfort, stop immediately.
discount	95	n	'dɪskaʊnt	Rabatt	réduction/soldes	sconto	Members get a 15% discount.

Headword	Page	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
discrimination	25	n	dɪˌskrɪməˈneɪʃən	Diskriminierung	discrimination	discriminazione	They have introduced laws to prevent discrimination.
discussion	108	n	dɪˈskʌʃən	Diskussion	discussion	discussione	Can you make a list of the topics suggested for discussion.
disgusted	22	adj	dɪsˈɡʌstɪd	empört	dégoûté	disgustato	Most locals are disgusted by the anti-foreigner violence.
disgusting	22	adj	dɪsˈɡʌstɪŋ	abstoßend	dégoûtant	disgustoso	Smoking is a really disgusting habit.
dish	94	n	dɪʃ	Gericht	plat/met	piatto	The menu includes a wide selection of vegetarian dishes.
disharmony	106	n	dɪsˈhɑ:məni	Missstimmung	désaccord/dissension	disarmonia	There's disharmony within the group.
disruption	22	n	dɪsˈrʌpʃən	Störung	perturbation	rottura	The strike caused widespread disruption.
dissatisfied	28	adj	dɪˈsætəsfaɪd	unzufrieden	mécontent/insatisfait	insoddisfatto	If you are dissatisfied with this product, please return it.
diverse	134	adj	daɪˈvɜ:s	mannigfaltig	très différent	diverso	I'm interested in subjects as diverse as pop music and archaeology.
diversity	42	n	daɪˈvɜ:səti	Vielfalt	diversité	diversità	The curriculum will take account of the ethnic diversity of the population.
dominate	8	v	ˈdɒməneɪt	dominieren	dominer	dominare	Her loud voice totally dominated the conversation.
doom	42	v	du:m	verurteilt	ruiner	destino	Many species are doomed to extinction.
downside	42	n	ˈdaʊnsaɪd	Nachteil	revers	rovescio della medaglia	Digital cell phones offer more security, but the downside is that they have less power.
drama	129	n	ˈdrɑ:mə	Drama	drame	dramma	Maggie's life is always full of drama.
dramatically	109	adv	drəˈmætɪkli	dramatisch	dramatiquement	drammaticamente	Output has increased dramatically.
draw in	134	phr v	drɔ: ˈɪn	hineinziehen	mêler/impliquer	coinvolgere	Despite himself, he found himself being drawn in by the man's warmth and ease.
dread	32	v	dred	sich grausen	redouter/craindre	terrore	I've got an interview tomorrow and I'm dreading it.
dream	63	n	dri:m	Traum	rêve	sogno	Her dream is to make a movie.
dress	56	n	dres	Kleiderordnung	code vestimentaire	abito	The company liberalised its dress code to allow women to wear trousers to the office.

Headword	Page	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
drive out	14	phr v	draɪv 'aʊt	vertreiben	chasser	scacciare	Downtown stores are being driven out by crime.
drizzle	25	v	'drɪzəl	nieseln	bruine	pioggerella	The rain isn't too bad – it's only drizzling.
dry-clean	99	v	draɪ 'kli:n	trockenreinigen	laver à sec	lavare a secco	Could you take my suit to be dry-cleaned?
dubious	128	adj	'dju:biəs	zweifeln	douteux	dubbio	I can see you are dubious; take some time to think about it.
during	37	prep	'dʒʊərɪŋ	während	durant	durante	During the summer she worked as a lifeguard.
dyed	80	adj	dæɪd	gefärbt	déteint	tinto	Her hair was definitely dyed.
ease	10	n	i:z	sich wohl fühlen	à l'aise	facilità	She felt completely at ease with Bernard.
easy-going	108	adj	,'i:zi'gəʊɪŋ	gelassen	facile à vivre	alla mano	Her easy-going nature made her popular.
ecstatic	109	adj	ɪk 'stætɪk	ekstatisch	extatique	estatico	The team received an ecstatic welcome from the thousands who lined the streets.
edge	84	adj	edʒ	nervös	nerveux	bordo	Paul felt on edge about meeting Lisa.
ego	112	n	'i:gəʊ	Ego	amour propre	ego	Richard has the biggest ego of anyone I've ever met.
elderly	35	adj	'eldəli	ältere(r)	âgé(e)	anziano	My grandmother is a well-dressed elderly woman.
elegant	80	adj	'eləgənt	elegant	élégant	elegante	You can dine in elegant surroundings.
embrace	42	v	ɪm 'breɪs	bereitwillig übernehmen	embrasser/adopter	abbraccio	We hope these regions will embrace democratic reforms.
emigrate	28	v	'emɪgreɪt	emigrieren	émigrer	emigrare	He emigrated to Australia as a young man.
emotional	70	adj	ɪ 'məʊʃənəl	emotional	émotionnel/émotif	emotivo	She provided emotional support at a very distressing time for me.
employment	50	n	ɪm'plɔɪmənt	bezahlte Beschäftigung	emploi	lavoro	51% of women return to paid employment within 5 years of having a child.
encounter	64	v	ɪn 'kaʊntə	treffen auf	rencontrer/faire face	incontro	They encountered serious problems when two members of the expedition were injured.
encourage	56	v	ɪn 'kʌrɪdʒ	ermutigen	encourager	incoraggiare	I want to thank everyone who has encouraged and supported me.
end	15	n	end	schließlich	à la fin/en fin de compte	fine	What did you decide in the end?

Headword	Page	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
end up	15	phr v	end'ʌp	schließlich etw. tun	à la fin/en fin de compte	finire	He came round for a coffee and we ended up having a meal together.
endless	42	adj	'endləs	endlos	infini/sans fin/incomptable	senza fine	The possibilities are endless.
endlessly	134	adv	'endləsli	endlos	infini/sans fin/interminable	senza fine	This city is endlessly fascinating.
endure	64	v	ɪn'djʊə	aushalten	endurer	sopportare	It seemed impossible that anyone could endure such pain.
enforce	114	v	ɪn'fɔ:s	Geltung verschaffen	forcer/contraindre/appliquer	applicare	Governments make laws and the police enforce them.
erode	42	v	i'rəʊd	erodieren	éroder/saper	erodere	Our personal freedom is being gradually eroded away.
escort	122	v	i'skɔ:t	begleiten	escorte	scorta	The shipment was escorted by guards.
ever-	42	adv	'evə	immer mehr/vorhanden	sans cesse	sempre	I'm going to talk about the ever-increasing problem of drugs in the inner cities.
everyday	88	adj	'evrɪdeɪ	alltäglich	quotidien	quotidiano	Describe it in ordinary everyday language.
evidence	119	n	'evɪdəns	Beweise	preuve/élément probant	prova	Murrow's evidence was enough to convict Hayes of murder.
ex	101	prefix	eks	Ex-	ex	ex	I bumped into my ex-wife yesterday.
exaggerated	42	adj	ɪg'zædʒəreɪtəd	übertrieben	Exagéré	esagerato	The revenue figures may be slightly exaggerated.
exception	143	n	ɪk'sepʃən	Ausnahme	exception	eccezione	It's been cold, but today's an exception.
excessive	91	adj	ɪk'sesɪv	übertrieben	excessif	eccessivo	\$15 for two beers seems a little excessive.
exchange	78	n	ɪks'tʃeɪndʒ	Austausch	échange	scambio	I've offered to paint the kitchen in exchange for a week's accommodation.
excited	84	adj	ɪk'saɪtəd	aufgeregt	excité/enthousiasmé	emozionato	Steve flies home tomorrow – we're all really excited.
exhausted	109	adj	ɪg'zɔ:stəd	erschöpft	extrêmement épuisé	esausto	You look absolutely exhausted.
exhaustion	52	n	ɪg'zɔ:stʃən	Erschöpfung	épuisement	esaurimento	He collapsed with exhaustion.
exhilarating	68	adj	ɪg'zɪləreɪtɪŋ	berauschend	exaltant	esilarante	It was quite the exhilarating experience.
exhilaration	67	n	ɪg'zɪlə'reɪʃən	Hochgefühl	euphorie	allegrezza	She enjoyed the exhilaration of jet-skiing.
existence	84	n	ɪg'zɪstəns	Existenz	existence	esistenza	The very existence of the museum is threatened by lack of funding.
exotic	122	adj	ɪg'zɔtɪk	exotisch	exotique	esotico	The room was filled with exotic parrots.

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expand	73	v	ɪk 'spænd	sich ausdehnen	étendre/grandir/élargir	espandere	Water expands as it freezes.
expectation	12	n	ˌɛkspek 'teɪʃən	Erwartung	attente/aspiration	aspettativa	Women who have high expectations of marriage are often disappointed.
experiment	140	v	ɪk 'spɛrəmənt	experimentieren	expérience/expérimentation	esperimento	He experimented with lighter-than-air flight.
expert	112	n	'ɛkspɜ:t	Fachmann	expert/spécialiste	esperto	He's a world expert on marine mammals.
explain	113	v	ɪk 'splɛɪn	erläutern	expliquer	spiegare	He carefully explained the procedure.
exploit	112	v	ɪk 'splɔɪt	ausnutzen	exploiter	sfruttare	The violence was blamed on thugs exploiting the situation.
exquisite	81	adj	ɪk 'skwɪzət	exquisit	exquis	squisito	They displayed the most exquisite craftsmanship.
extend	73	v	ɪk 'stend	vergrößern	élargir/allonger	estendere	We plan to extend the kitchen by six feet.
extended	86	adj	ɪk 'stendəd	umfassend	détaillé	esteso	He wrote an extended analysis of the film.
extra-large	91	adj	ekstrə 'lɑ:dʒ	extragroß	extra ample	extra-large	Now he's put on weight, he's an extra large in jumpers.
extraordinary	53	adj	ɪk 'strɔ:dənəri	außerordentlich	extraordinaire	straordinario	It took an extraordinary amount of work.
extravagant	91	adj	ɪk 'strævəgənt	extravagant	extravagant	stravagante	Would it be too extravagant to buy both?
eye	8	n	aɪ	Augenkontakt	œil	occhio	People who are lying tend to avoid eye contact.
eye to eye	7	adv	aɪ tu: aɪ	auf gleicher Augenhöhe sehen	être d'accord	occhio per occhio	My mother and I see eye to eye on the matter.
facilitate	42	v	fə 'sɪləteɪt	erleichtern	faciliter	facilitare	Computers can be used to facilitate language learning.
factor	56	n	'fæktə	Faktor	facteur	fattore	The rise in crime is mainly due to social and economic factors.
fall out	17	phr v	fɔ:l 'aʊt	sich verkrachen	Avoir une dispute/avoir une querelle	litigare	Carrie's always falling out with people.
familiarity	137	n	fə 'mɪli 'æərəti	Vertrautheit	familiarité	familiarità	I miss the familiarity of home.
fan	127	n	fæn	Fan	fan	fan, tifoso	Groups of football fans began heading towards the ground.
fanatical	14	adj	fə 'nætɪkəl	fanatisch	fanatique	fanatico	He was fanatical about tidiness.

Headword	Page	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
far-fetched	91	adj	fɑ: 'fetft	weit hergeholt	tiré par les cheveux	forzato	All this may sound a bit far-fetched, but companies are already developing 'intelligent' homes.
far-flung	32	adj	fɑ: 'flʌŋ	entlegen	reculé	lontano	He's been on expeditions to far-flung corners of the globe.
fascinated	22	adj	'fæsəneɪtəd	fasziniert	fasciné	affascinato	I was fascinated by her voice.
fascinating	22	adj	'fæsəneɪtɪŋ	faszinierend	fascinant	affascinante	That sounds absolutely fascinating.
fashionable	35	adj	'fæʃənəbəl	in Mode	à la mode, en vogue	alla moda	Strong colours are very fashionable at the moment.
fat	80	adj	fæt	fett	gros/obèse	grasso	Are you suggesting I'm too fat?
faulty	97	adj	'fɔ:lti	fehlerhaft	défectueux	difettoso	Customers may ask for a refund if the goods are faulty.
fauna	27	n	'fɔ:nə	Fauna	faune	fauna	Tourism is damaging the flora and fauna of the island.
favour	136	n	'feɪvə	zu Gunsten	faveur	favore	Senior ministers spoke in favour of the proposal.
feat	134	n	fi:t	Leistung	exploit/prouesse	impresa	They climbed the mountain in 28 days, a remarkable feat.
feature	81	n	'fi:tʃə	Merkmal	particularité/caractéristique	caratteristica	Striped tails are a common feature of many animals.
fed up	12	adj	fed'ʌp	(be f.u.) genug haben	en avoir marre	annoiato	She felt tired and a bit fed up.
feel out	108	phr v	fi:l 'aʊt	sondieren	interroger subtilement	tastare	I thought I'd feel out some of my colleagues before the meeting.
few	93	det	fju:	einige	peu de	pochi	I have to buy a few things at the supermarket.
field	49	n	fi:ld	Gebiet	filière/domaine	campo	Peter's an expert in his field.
figure	49	n	'fiɡə	gut mit Zahlen umgehen können	schéma/graphique/figure	figura	He's always been good with figures.
figure	127	n	'fiɡə	Persönlichkeit	personnalité	figura	Several leading figures resigned from the party.
file	112	v	faɪl	nacheinander gehen	marcher en rang	muoversi in fila	We began to file out into the car park.
find	30	irr v	faɪnd	finden	trouver/estimer	trovare	She found the work very dull.

Headword	Page	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
find out	72	phr v	fɑɪnd 'aʊt	herausfinden	découvrir	scoprire	Did you find out whether there are any seats left?
fine	119	n	faɪn	Geldbuße	amende	multa	She was ordered to pay £150 in parking fines, plus court costs.
fingerprint	119	n	'fɪŋgə prɪnt	Fingerabdruck	empreintes	impronta	His fingerprints were all over the gun.
firefighter	49	n	'faɪə ,faɪtə	Feuerwehrmann	sapeur-pompier	pompiere	I think firefighters are very brave.
fire-proof	125	adj	'faɪəpru:f	feuerfest	ignifuge/ignifugé	ignifugo	The company produces fireproof clothing.
firework	39	n	'faɪwɜ:k	Feuerwerk	feux d'artifices	fuoco d'artificio	Jeff and David were in the back yard setting off fireworks.
fish	87	n	fɪʃ	Griesgram	poisson	pesce	Henry's a cold fish.
fit	98	adj	fɪt	fit	en forme	in forma	You must be very fit if you do so much running.
fit	123	v	fɪt	angemessen sein	adapté	in forma	The punishment should fit the crime.
fit in	58	phr v	fɪt 'ɪn	passen zu	s'intégrer	adattarsi	I never really fitted in at school.
flexible	50	adj	'fleksəbəl	flexibel	souple	flessibile	The government needs a more flexible approach to education.
flora	27	n	'flɔ:rə	Flora	flore	flora	Tourism is damaging the flora and fauna of the island.
flourish	25	v	'flaʊʃ	gedeihen	prosperer	florire	The economy is booming and small businesses are flourishing.
focus	64	v	'fəʊkəs	sich konzentrieren auf	focaliser/se concentrer	focalizzare, concentrarsi su	He needs to focus more on his career.
fool	101	n	fu:l	sich zum Narren machen	se ridiculiser	stolto	Some comedians make a living by making fools out of themselves.
for	37	prep	fə	... lang	pendant/durant	per	Bake the cake for 40 minutes.
forage	78	v	'fɔrɪdʒ	suchen	fouurrager à la recherche de nourriture	ricerca di cibo	People are being forced to forage for food and fuel.
force	14	v	fɔ:s	zwingen	Forcer/contraindre	obbligare, costringere	Government troops have forced the rebels to surrender.
forensic	119	n	fə'rensɪk	forensische Wissenschaft	médico-légal	forense	He wants a career in forensic science.
forgetful	77	adj	fə'getfəl	vergesslich	oublieux	dimentico	My granny was very forgetful.
former	112	n	'fɔ:mə	Ersterer	précédent	ex	Of the two possibilities, the former seems more likely.

Headword	Page	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
fraud	120	n	frɔ:d	Betrugbegehen	fraude	frode	He went to prison for committing fraud.
free	78	adj	fri:	befreit	libre	libero	I longed to be free of my family.
free	42	v	fri:	befreien	soulager	libero	At last the country has been freed from its enormous debts.
free running	68	n	'fri:rʌnɪŋ	Freerunning	course libre	free running	He has been free running for a few months now.
fright	122	n	fraɪt	Angst	peur/frayeur	spavento	You gave me such a fright creeping up on me like that!
from	37	prep	frəm	von	à partir de/dès	da	From now on, I will only be working in the mornings.
frustrated	12	adj	frʌ'streɪtəd	frustriert	frustré	frustrato	He gets frustrated when people don't understand what he's trying to say.
frustration	12	n	frʌ'streɪʃən	Frustration	frustration	frustrazione	I was practically screaming with frustration.
fry	94	v	fraɪ	braten	faire frire	friggere	Fry the potatoes, covered, for about 20 minutes.
frying pan	94	n	'fraɪ-ɪŋ ,pæn	Bratpfanne	poêle à frire	padella	Use a large frying pan.
full-time	54	adj/adv	ful'taɪm	vollzeit arbeiten	à plein temps	a tempo pieno	She works full-time and has two kids.
fundamental	41	adj	,fʌndə'mentl	grundlegend	fondamental	fondamentale	We have to tackle the fundamental cause of the problem.
fur	98	n	fɜ:	Fell, Pelz	poils	pelliccia	The dog has long fur. I love it.
furnished	27	adj	'fɜ:nɪʃt	möbliert	meublé	arredato	The bedrooms are elegantly furnished.
furry	41	adj	'fɜ:ri	pelzig, plüschig	à fourrure	peloso	They were wearing pink furry slippers.
fuss	36	n	fʌs	Aufhebens	agitation/tapage	confusione	They wanted a quiet wedding without any fuss.
gamble	63	n	'gæmbəl	Wagnis	pari	gioco d'azzardo	It was a big gamble for her to leave the band and go solo.
game	134	n	geɪm	Spielchen spielen	jouer un jeu	gioco	Are you sure he's really interested, and not just playing silly games with you?
gauge	68	n	geɪdʒ	Anzeige	jauge	manometro	The petrol gauge is still on full.
genealogy	18	n	,dʒi:ni'ælədʒi	Genealogie	généalogie	genealogia	I've always been very interested in genealogy.

Headword	Page	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
genuine	136	adj	'dʒenjuən	aufrichtig	authentique/sincère	genuino	She is the most genuine person I've ever met.
get away with	115	phr v	get ə 'weɪ wɪð	damit davonkommen	s'en tirer/se permettre	cavarsela	Watch Frank – he'll cheat if he thinks he can get away with it.
get on	17	phr v	get 'ɒn	zurechtkommen	s'entendre	andare d'accordo	I've always got on well with Henry.
gift-wrap	125	v	'gɪftɹæp	als Geschenk verpacken	emballage cadeau	carta da regalo	Would you like that gift-wrapped, sir?
give out	72	phr v	gɪv 'aʊt	verteilen	distribuer	distribuire	Students were giving out leaflets to everyone on the street.
give up	105	phr v	gɪv 'ʌp	aufgeben	Arrêter/renoncer/abandonner	rinunciare	Darren has decided to give up football at the end of this season.
glass	40	n	glɑ:s	Glas	verre	vetro	The cathedral has stained glass windows.
globalisation	42	n	ˌglɔʊbəlɪz'eɪʃən	Globalisierung	mondialisation/globalisation	globalizzazione	He wrote about the increasing globalisation of world trade.
globe	88	n	glɔʊb	Globus	globe	globo	I'd like a globe for christmas.
glove	68	n	glɒv	Handschuh	gant	quanto	I just bought a new pair of gloves.
go	31	n	gəʊ	große Anstrengungen machen	aller loin	andare	We went to great lengths to put on the perfect party.
go	31	n	gəʊ	versuchen	essayer/tenter	provare	'I can't open this drawer.' 'Here, let me have a go.'
go	31	irr v	gəʊ	schaffen	essayer/tenter	provare	We're going to make a go of the marriage now.
go	31	irr v	gəʊ	versteht sich von selbst	aller sans dire	andare	The Internet, too, it goes without saying, is a good source of information.
go away	31	phr v	gəʊ ə 'weɪ	verreisen	partir	andare via	Are you going away this year?
go back on	31	phr v	gəʊ 'bæk ɒn	nicht halten	manquer à sa parole/se dédire de sa parole	tomare su	Delors claimed that the President had gone back on his word.
go down with	31	phr v	gəʊ 'daʊn wɪð	(Krankheit) bekommen	tomber malade/attraper une maladie	ammalarsi	Half the team had gone down with flu.
go for	31	phr v	'gəʊ fə	nehmen	choisir quelque chose	tentare	I think I'll go for the chocolate cake.
go on	31	phr v	gəʊ 'ɒn	los sein	arriver/se passer	andare avanti	I don't know what's going on.
go out	17	phr v	gəʊ 'aʊt	gehen (mit)	sortir avec quelqu'un	uscire, andare fuori	Tina used to go out with my brother.

Headword	Page	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
go through	18	phr v	gəʊ 'θru:	durchmachen	traverser une période	passare	He's going through a divorce at the moment.
goggles	68	n	'gɒgəlz	Schutzbrille	lunette de protection	occhiali	Did you remember my goggles?
gold	40	n	gəʊld	Gold	or	oro	He gave her a gold ring.
good	59	adj	gʊd	gut in	bon	capace	Alex is very good at languages.
good-looking	80	adj	gʊd 'lʊkɪŋ	gutaussehend	beau	bello	He's a really good-looking guy.
gourmet	98	adj	'gʊməɪ	Gourmet-	gourmet	buongustaio	He prepares gourmet dinners.
gradually	70	adv	'grædʒuəli	allmählich	graduellement/progressivement	gradualmente	Jill gradually became aware of an awful smell.
graffiti	119	n	græ 'fi:ti	Graffiti	graffiti	graffiti	The walls are daubed with graffiti.
grass	28	n	grɑ:s	Die Kirschen in Nachbars Gartenschmecken immer süßer	pelouse/gazon/herbes	erba	I always think the grass is greener on the other side.
grate	94	v	greɪt	reiben	grille de foyer	grattugiare	Peel and grate the potatoes.
greed	137	n	gri:d	Gier	avidité	avidità	I can't stand people who are motivated by jealousy and greed.
greet	8	v	gri:t	begrüßen	saluer	accogliere, ricevere	Belinda greeted her warmly.
grey	42	adj	greɪ	Grauzone	gris	grigio	We talked about people in the grey area between loyalty and opposition to the government.
grill	94	v	grɪl	grillen	griller/faire du barbecue	griglia	Grill the bacon until crisp.
grind	50	n	graɪnd	täglicher Trott	corvée	macinare	I saw workers emerging from their daily grind in the factory.
gross	36	v	grəʊs	Bruttoertrag ergeben	brut	lordo	The movie has already grossed over \$10 million.
grow	73	irr v	grəʊ	wachsen	grandir/s'accroître	crescere	Support for Mr Thompson is growing.
grow up	17	phr v	grəʊ 'ʌp	erwachsen werden	grandir	crescere	What do you want to be when you grow up?
gruelling	22	adj	'gru:əlɪŋ	zermürend	exténuant/épuisant	faticoso	The cast took a break from their gruelling schedule.
grumpy	142	adj	'grʌmpi	mürrisch	grincheux	scontroso	Mina's always a bit grumpy first thing in the morning.

Headword	Page	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
guarantee	137	v	ˌgærənˈtiː	garantieren	garantie/promesse	garanzia	I guarantee you'll love this film.
guidance	13	n	ˈgaɪdəns	Anleitung	orientation	guida	I went to a counselor for guidance on my career.
gunpowder	40	n	ˈɡʌnˌpaʊdər	Schießpulver	poudre à canon	polvere da sparo	Gunpowder was invented in China.
hack	128	v	hæk	hacken	pirater	introdursi senza autorizzazione nei computer, hacker	Somebody hacked into the company's central database.
haggle	95	v	ˈhæɡəl	feilschen	marchander	mercanteggiare	Ted was haggling with the street vendors.
half brother/sister	7	n	ˈhɑːfbrʌðər / ˈhɑːfsɪstər	Halbbruder/-schwester	demi-sœur	fratellastro/sorellastra	This is Steven, my half brother.
half-board	27	n	hɑːfbɔːd	Halbpension	demi-pension	mezza pensione	We prefer half board accommodation.
hang on	113	phr v	hæŋ ˈɒn	Warten Sie einen Moment	attendre un instant	attendere	Hang on! I'll be back in a minute.
happen	95	v	ˈhæpən	zufällig etw. tun	arriver de	accadere	I happened to see James in town.
happy	109	adj	ˈhæpi	glücklich	content	felice	It's a lovely house and we've been very happy here.
hardly	84	adv	ˈhɑːdli	kaum	à peine/presque pas	quasi	I can hardly believe it.
harmony	25	n	ˈhɑːməni	Harmonie	harmonie	armonia	I do believe it is possible for different ethnic groups to live together in harmony.
harness	68	n	ˈhɑːnəs	Gurtzeug	harnais	imbracatura	You must use a safety harness.
hazard	63	n	ˈhæzəd	Gefahr	danger	pericolo	I know of the economic hazards of running a small farm.
head start	112	n	ˈhed stɑːt	Vorsprung	longueur d'avance	vantaggio	Give your children a head start by sending them to nursery school.
headline	95	n	ˈhedlaɪn	Schlagzeile	titre/la une	titolo	I saw a paper carrying the front-page headline: 'Space Aliens meet with President'.
headstrong	108	adj	ˈhedstrɒŋ	eigensinnig	têtu	testardo	Our daughter is very headstrong. We have little influence in her actions.
health	92	n	helθ	guter Gesundheit sein	santé	salute	Her parents were elderly but in good health.
heart	87	n	hɑːt	er hat das Herz auf dem rechten Fleck	cœur	cuore	I don't think his idea will work, though his heart's in the right place.

Headword	Page	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
heighten	73	v	'haɪtn	erhöhen	augmenter	aumentare	Increased levels of fat in the diet could heighten the risk of cancer.
helmet	68	n	'helmət	Helm	casque	casco	You must wear a helmet.
hero	36	n	'hɪərəʊ	Held	héro	eroe	His father was a war hero, a former fighter pilot.
heroic	38	adj	hɪ'rəʊɪk	heroisch	héroïque	eroico	She portrayed him as a heroic figure.
high-achiever	105	n	,haɪə'tʃi:və	Spitzenkraft	personne qui réussit	di grande successo	She was a high achiever who had started her own market research business.
high-flyer	87	n	haɪ'flaɪə	Überflieger	ambitieux	che vola in alto	Retailing is not generally the first career choice of young high fliers.
high-risk	73	adj	haɪ'rɪsk	roch riskant	à haut risque	ad alto rischio	He made some high-risk investments.
hit	129	irr v	hɪt	treffen	frappe	colpire	The village has been hit by a devastating drought.
hold back	112	phr v	həʊld 'bæk	hemmen	étouffer/retient	trattenere	They felt the British economy was being held back by excessive government controls.
homesick	21	adj	'həʊm,sɪk	heimwehkrank	avoir le mal du pays	nostalgico	He felt homesick being away from home for the first time.
horse-riding	68	n	'hɔ:sraɪdɪŋ	Reiten	équitation	equitazione	He started horse riding when he was very young.
householder	125	n	'haʊs,həʊldə	Hausherr	propriétaire de maison	capofamiglia	The householder had been burgled before.
housework	50	n	'haʊswɜ:k	Hausarbeit	Travail ménager	lavori di casa	I spent all morning doing the housework.
humid	25	adj	'hju:məd	feucht	humide	umido	Tokyo is extremely humid in mid-summer.
hungry	109	adj	'hʌŋgri	hungrig	affamé	affamato	If you get hungry, there's some cold chicken in the fridge.
hype	137	n	haɪp	Medienrummel	battage publicitaire	montatura	Some experts are concerned that the new drug won't live up to all the hype.
hypnosis	136	n	hɪp'nəʊsəs	Hypnose	hypnose	ipnosi	While under hypnosis, the victim was able to describe her attacker.
hypnotism	134	n	'hɪpnətɪzəm	Hypnose	hypnotisme	ipnotismo	We went to see a hypnotism show.
identical	143	adj	aɪ'dentɪkəl	identisch	identique	identico	Nutritionally, infant formulas are almost identical to breast milk.

Headword	Page	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
identity	128	n	aɪ'dentəti	Identität	identité	identità	Identity theft is becoming more and more common because of the Internet.
ignorant	99	adj	'ɪgnərənt	keine Ahnung haben	ignorant	ignorante	Political historians are often rather ignorant of economics.
ignore	130	v	ɪg'nɔː	ignorieren	ignorer	ignorare	You can't ignore the fact that many criminals never go to prison.
illusionist	134	n	ɪ'luːʒənəst	Illusionist	illusionniste	illusionista	He's a very impressive illusionist.
imaginative	84	adj	ɪ'mædʒənətɪv	einfallsreich	imaginatif	fantasioso	He's shown an imaginative use of computer technology.
impact	36	n	'ɪmpækt	Auswirkung	impact	impatto	We need to assess the impact on climate change.
impose	50	v	ɪm'pəʊz	verhängen	imposer	imporre	The court can impose a fine.
impression	7	n	ɪm'preʃən	einen guten/schlechten Eindruck machen	impression	impressione	He was keen to make a good impression on his boss.
improvise	108	v	'ɪmprəvaɪz	improvisieren	improviser	improvvisare	I forgot to bring my notes, so I had to improvise.
in	37	prep	ɪn	im Jahre	en	in	Shaw first visited Russia in 1927.
in touch	14	n	ɪn'tʌtʃ	in Verbindung bleiben	en contact	in contatto	Bye. I'll be in touch.
in touch	14	n	ɪn'tʌtʃ	sich melden	entrer en contact	in contatto	We'll get in touch as soon as we know the results of the test.
inability	112	n	ˌɪnə'biləti	Unfähigkeit	inaptitude	incapacità	Alcoholism can result in an inability to cope.
inactivity	50	n	ˌɪnæk'tɪvəti	Untätigkeit	inactivité	inattività	Don't suddenly take up violent exercise after years of inactivity.
indicate	56	v	'ɪndəkeɪt	hinweisen auf	indiquer	indicare	The study indicates a connection between poverty and crime.
individually	128	adj	ˌɪndə'vɪdʒuəli	einzel	individuellement	individualmente	The bridegroom thanked them all individually.
indulge	98	v	ɪn'dʌldʒ	dulden	céder à/laisser libre cours à	indulgere	His mother spoiled him, indulging his every whim.
indulgence	98	n	ɪn'dʌldʒəns	Nachsicht	indulgence	indulgenza	Is this pet indulgence gone mad?
industry	39	n	'ɪndəstri	Branche, Industrie	industrie	industria	I work in the oil industry.

Headword	Page	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
inevitable	42	adj	ɪˈnevətəbəl	unvermeidlich	inévitabile	inevitabile	A further escalation of the crisis now seems inevitable.
infatuation	63	n	ɪnˌfætʃuˈeɪʃən	Verliebtheit	engouement	infatuazione	Shaw's infatuation with the actress is evident in his writing.
inferior	12	adj	ɪnˈfɪəriə	unterlegen	subalterne/inférieur	inferiore	He refused to accept a job of inferior status.
influence	39	n	ˈɪnfluəns	Einfluss	influence	influenza	For centuries the country remained untouched by outside influences.
influence	12	v	ˈɪnfluəns	beeinflussen	influence	influenza	Marx was strongly influenced by the historian Niebuhr.
influential	41	adj	ˌɪnfluˈenʃəl	einflussreich	influent	influyente	He had influential friends.
informal	8	adj	ɪnˈfɔːməl	zwanglos	informel	informale	The atmosphere at work is fairly informal.
inherit	11	v	ɪnˈherət	erben	hériter	ereditare	Mr. Grass inherited his work ethic from his father.
in-house	107	adj	ɪnˈhaʊs	hauseigen	en interne/interne	interno	We have an in-house training unit.
initially	99	adv	ɪˈnɪʃəli	ursprünglich	initialement	inizialmente	Stan initially wanted to go to medical school.
initiative	49	n	ɪˈnɪʃətɪv	Initiative zeigen	initiative	iniziativa	Carlos was promoted quickly because he was good at using his own initiative.
injured	109	adj	ˈɪndʒəd	verletzt	blesé	ferito	Chelsea have three injured players.
injustice	38	n	ɪnˈdʒʌstəs	Unrecht	injustice	ingiustizia	I'm studying the injustice of slavery.
innocent	86	adj	ˈɪnəsənt	unschuldig	innocent	innocente	I was thirteen years old and very innocent.
innovation	126	n	ˌɪnəˈveɪʃən	Neuerung	innovation	innovazione	He is known for his recent innovations in English teaching.
insist	59	v	ɪnˈsɪst	bestehen auf	insister	insistere	She kept insisting on her innocence.
inspiration	38	n	ˌɪnspəˈreɪʃən	Inspiration	inspiration	ispirazione	People like Tara are an inspiration to us all.
inspire	126	v	ɪnˈspaɪə	inspirieren	inspirer	ispirare	The story was inspired by a chance meeting with an old Russian duke.
inspired	22	adj	ɪnˈspaɪəd	inspiriert	Inspiré(e)	ispirato, entusiasmante	He was an inspired leader.
inspiring	22	adj	ɪnˈspaɪərɪŋ	inspirierend	inspirant	esaltante	King was a great orator and an inspiring leader.
instalment	126	n	ɪnˈstɔːlmənt	Folge	épisode	rata, dispensa	I'm reading the first instalment of a science fiction trilogy.

Headword	Page	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
instant	8	adj	'ɪnstənt	sofortig	instantané	istante	The women took an instant dislike to one another.
insure	120	v	ɪn'ʃʊə	versichern	assurer	assicurare	Have you insured the contents of your home?
integrate	30	v	'ɪntəgreɪt	einbinden	intégrer	integrare	Colourful illustrations are integrated into the text.
intellect	12	n	'ɪntələkt	Intellekt	intellect/intelligence	intelletto	He combined a formidable intellect with a talent for speaking.
intellectual	12	adj	ɪntə'lektʃuəl	intellektuell	intellectuel	intellettuale	His job requires considerable intellectual effort.
intend	88	v	ɪn'tend	beabsichtigen	envisager de	intendere	I never intended things to turn out the way they did.
intention	142	n	ɪn'tenʃən	gute Absichten	intention	intenzione	He thinks the minister is full of good intentions that won't be carried out.
interaction	112	n	ɪntər'ækʃən	Zusammenspiel	interaction	interazione	There's a greater degree of interaction between teacher and student.
interested	59	adj	'ɪntrestəd	interessiert an	intéressé	interessato	I've always been interested in music.
intermix	42	v	ɪntə'mɪks	mischen	entremêler	mescolare	Intermix the two liquids now.
interrupt	74	v	ɪntə'rʌpt	unterbrechen	interrompre quelqu'un	interrompere	Will you stop interrupting me!
intersperse	50	v	ɪntə'spɜ:s	dazwischenstreuen	intermêlé de/parsemé de	inframmezzare	There will be sunny periods interspersed with showers.
intrepid	32	adj	ɪn'trepəd	unerschrocken	intrépide	intrepido	They were a gang of intrepid explorers.
introverted	108	adj	'ɪntroʊvɜ:təd	introvertiert	introverti	introverso	She's quiet and quite introverted.
intruder	123	n	ɪn'tru:də	Eindringling	intrus	intruso	The police think the intruder got in through an unlocked window.
intuition	133	n	ɪntju'ɪʃən	seiner Eingebung vertrauen	intuition	intuizione	We should trust our intuitions.
iron	39	n	'aɪən	Eisen	fer	ferro	The house has a driveway with large iron gates.
ironically	41	adv	aɪ'rɒnɪkli	ironisch	ironiquement	ironia della sorte	Ironically, his cold got better on the last day of his holiday.
irresistibly	84	adv	ɪrɪ'zɪstəbli	unwiderstehlich	irrésistiblement	irresistibilmente	I found it irresistibly romantic.
irritable	50	adj	'ɪrətəbəl	reizbar	irritable	irritabile	Jo was tired, irritable, and depressed.

Headword	Page	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
irritate	98	v	'ɪrətɜ:t	reizen	irriter	irritare	This cream may irritate sensitive skin.
isolated	14	adj	'aɪsələɪtəd	isoliert	isolé	isolato	Young mothers often feel isolated.
issue	114	n	'ɪʃu:	Thema	thème/sujet/question	questione	We should raise the issue of discrimination with the council.
itchy	41	adj	'ɪtʃi	kratzig	irritant/qui démange	pruriginoso	These tights are all itchy.
itchy	21	adj	'ɪtʃi	Fernweh	avoir le mal du large/nouveau	pruriginoso	I've only been back home for a few months and I've already got itchy feet.
jealous	12	adj	'dʒeləs	eifersüchtig	Jaloux/jalouse	geloso, invidioso	Why are you so jealous of his success?
jealousy	12	n	'dʒeləsi	Eifersucht	Jalousie	gelosia	Polly felt a sharp pang of jealousy when she saw Paul with Suzanne.
jingle	137	n	'dʒɪŋɡəl	Jingle	sonal	tintinnio	He writes jingles for TV.
job	49	n	dʒɒb	Arbeitszufriedenheit	travail	lavoro	In general, job satisfaction among farm workers is extraordinarily high.
jog	77	v	dʒɒɡ	jemandes Gedächtnis auf die Sprünge helfen	rafraîchir la mémoire	scuotere	Perhaps this photo will help to jog your memory.
journalist	49	n	'dʒɜ:nəl-əst	Journalist	journaliste	giornalista	He is a well-known journalist and broadcaster.
judge	7	v	dʒʌdʒ	nach dem Äußeren beurteilen	juger	giudice	He's a nice guy. Don't judge a book by its cover.
judge	119	n	dʒʌdʒ	Richt'r	juger	giudice	The trial judge specifies the number of years to be spent in prison.
judgemental	8	adj	dʒʌdʒ'mentl	kritisch	catégorique dans ses jugements	giudicante	Don't be so judgemental!
juggle	11	v	'dʒʌɡəl	unter einen Hut bringen	jongler avec	destreggiarsi	It's hard trying to juggle a job with kids and the housework.
keen	59	adj	ki:n	mögen	passionné	entusiasta	I'm not keen on cabbage.
keep	7	irr v	ki:p	in Verbindung bleiben	rester en contact	mantenere	Anyway, we must keep in touch.
keep an eye	11	v phrase	ki:p ən 'aɪ	ein Auge haben auf	garder à l'œil	tenere un occhio su	Mary will keep an eye on the kids this afternoon.
keep up with	115	phr v	ki:p 'ʌp wɪð	mithalten mit	arriver à suivre/aller à la même vitesse que	tenere il passo con	I had to walk fast to keep up with him.

Headword	Page	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
key	106	n	ki:	Schlüssel	clé/facteur-clé	chiave	Working well as a team is the key to success.
key	129	adj	ki:	entscheidend	clé	chiave	China's support is key to the success of the coalition.
kleptomania	128	n	ˌkleptəˈmeɪniə	Kleptomanie	kleptomanie	cleptomania	I heard that she had kleptomania and kept getting in trouble.
knock-on	41	adj	nɒk ˈɒn	Folgewirkung	répercussions/retombées	effetto dirompente	These price rises will have a knock-on effect on the economy.
know-all	87	n	ˈnəʊɔ:l	Besserwisser	je-sais-tout	saccente	Please be quiet, you awful know all!
labour	49	n	ˈleɪbə	aus Liebe zur Sache	labeur	lavoro	The work on the boat has been a real labour of love.
lack	112	n	læk	Mangel	carence/manque	mancaza	Too many teachers are treated with a lack of respect.
laid-back	28	adj	leɪdˈbæk	locker	décontracté	rilassato	I don't know how you can be so laid-back about your exams.
landscape	67	n	ˈlændskeɪp	Landschaft	paysage	paesaggio	I love the beauty of the New England landscape.
latter	112	n	ˈlætə	Letzterer	second cité	secondo	Where unemployment and crime are high, it can be assumed that the latter is due to the former.
lavish	98	adj	ˈlævɪʃ	aufwändig	fastueux	suntuoso	The food was lavish.
lawyer	121	n	ˈlɔ:jə	Rechtsanwalt	avocat/juriste	avvocato	If you are charged with breaking the law, you will need to get a lawyer.
layer	94	n	ˈleɪə	Schicht	couche	strato	A thick layer of dust lay on the furniture.
lead	112	irr v	li:d	führen	provoquer/emmener à faire	piombo	A degree in English could lead to a career in journalism.
leadership	106	n	ˈli:dəʃɪp	Führung	leadership	guida	He displays excellent leadership skills.
leaflet	14	n	ˈli:flət	Druckschrift	dépliant/brochure	volantino	I picked up a leaflet on skin cancer.
lean	68	v	li:n	beugen	se pencher	magro	They were leaning forward, facing each other.
leather	40	n	ˈleðə	Leder	cuir	pelle	The inside of the bag was lined with soft leather.

Headword	Page	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
leave	28	irr v	li:v	von zu Hause ausziehen	quitter/partir	lasciare	How old were you when you left home (your parents' home)?
leisure time	55	n	'leʒə taɪm	Freizeit	temps de loisir	tempo libero	They spend much of their leisure time with their grandchildren.
lend	123	v	lend	leihen	prêter	prestare	I lent my CD player to Dave and I haven't got it back yet.
lengthy	73	adj	'lenθi	lang anhaltend	long/interminable	lungo	An accident is causing some lengthy delays.
liberal	13	adj	'libərəl	liberal	libéral/tolérant	liberale	My parents were always very liberal.
life jacket	68	n	'laɪf ,dʒækət	Schwimmweste	gilet de sauvetage	salvagente	Wear a life jacket on the boat.
life-size	95	adj	'laɪfsaɪz	lebensgroß	grandeur-nature	a grandezza naturale	I've got a life-sized statue of the president.
lightning	67	n	'laɪtnɪŋ	Blitz	éclair	fulmine	Two farmworkers were struck by lightning.
lingua franca	42	n	ˌlɪŋɡwə 'fræŋkə	Lingua franca	langue véhiculaire	lingua franca	English is the lingua franca in many countries.
link	114	n	lɪŋk	Verbindung	lien	collegamento	There are a number of links between the two theories.
listener	49	n	'lɪsənə	ein guter Zuhörer sein	bon auditeur	ascoltatore	You need to be a good listener as a councillor.
literary	127	adj	'lɪtərəri	literarisch	littéraire	letterario	He creates amazing literary characters.
litter	123	n	'lɪtə	Abfall	déchets	rifiuti	People who drop litter can be fined in some cities.
little	93	det	'lɪtl	etwas	un peu de	poco	Fortunately I had a little time to spare.
local	73	adj	'ləʊkəl	örtlich	local	locale	I just need to make a local call.
log	140	v	lɒg	registrieren	journaliser	log	All phone calls are logged.
logical	112	adj	'lədʒəkəl	logisch	logique	logico	It's a logical site for a new supermarket, with the housing development nearby.
logo	56	n	'ləʊgeʊ	Logo	logo	logo	His t shirt had a large logo on it,
loneliness	12	n	'ləʊnliːnəs	Einsamkeit	solitude	solitudine	Loneliness is a big problem among the elderly.
lonely	12	adj	'ləʊnli	einsam	Seul(e)/solitaire	solo, solitario	Don't you get lonely being on your own all day?
loner	87	n	'ləʊnə	Einzelgänger	solitaire	solitario	Ken's always been a bit of a loner.

Headword	Page	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
long way	73	adj	lɒŋ 'weɪ	Umweg	le long chemin	lungo cammino	Why don't we go the long way home?
long-distance	73	adj	lɒŋ 'dɪstəns	Ferngespräch	longue distance	a lunga distanza	How much does it cost to make a long-distance call?
long-running	70	adj	'lɒŋrʌnɪŋ	lang andauernd	de long terme	di lunga durata	She was involved in a long-running legal battle.
long-term	73	adj	lɒŋ 'tɜ:m	langfristig	à long-terme	a lungo termine	It's important to understand the long-term effects of alcohol on the body.
look forward	115	phr v	lʊk 'fɔ:wəd	sich freuen auf	envisager avec plaisir	guardare avanti	I'm really looking forward to our vacation.
look up to	13	phr v	lʊk 'ʌp tu:	aufsehen zu	Admirer/avoir de l'admiration pour	rispettare	I've always looked up to Bill for his courage and determination.
lose touch	14	v phrase	lu:z 'tʌtʃ	Verbindung verlieren	perdre le contact	perdere il contatto	I lost touch with Julie after we moved.
loser	111	n	'lu:zə	guter/schlechter Verlierer	perdant	perdente	Jane is such a bad loser!
lot	93	det	lɒt	eine Menge	beaucoup de	grande numero	There were lots of people at the party.
low-risk	73	adj	ləʊ 'rɪsk	risikoarm	à bas risque	basso rischio	Young people are a low-risk category.
luck	63	n	lʌk	Glück	chance	fortuna	You're not having much luck today, are you?
luxury	91	n	'lʌkjəri	Luxus	luxe	lusso	She loves luxuries like chocolate and perfume.
lycra	40	n	'laɪkrə	Lycra	lycra	lycra	He's always wearing lycra at the gym.
majority	114	n	mə 'dʒɔrəti	Mehrheit	majorité	maggioranza	The majority of workers find it quite hard to live on the amount of money they earn.
make up	17	phr v	'meɪk ʌp	Frieden schließen	se réconcilier	fare la pace	Have you made up with Patty yet?
make up for	115	phr v	meɪk 'ʌp fə	wiedergutmachen	compenser/remplacer/rattrape r le temps perdu	compensare	The team will be anxious to make up for a disappointing start to the season.
manage	105	v	'mænɪdʒ	gelingen	s'y entendre/se tirer d'affaire	gestire	I finally managed to push the huge animal away.
manicure	56	v	'mænekjʊə	Maniküre	manucure	manicure	She got a manicure the morning of the wedding
manipulation	137	n	mə ,nɪpjə 'leɪʃən3ʃ	Manipulation	manipulation	manipolazione	There are allegations of political manipulation.
manipulative	108	adj	mə 'nɪpjələtɪv	manipulativ	manipulateur	manipolativo	She was sly, selfish, and manipulative.

Headword	Page	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
manner	84	n	'mæne	alle Arten von etwas	type/genre	modo	We discussed all manner of subjects at the meeting.
mansion	122	n	'mænfən	Villa, Herrenhaus	manoir	palazzo	We went to a beautiful country mansion.
many	93	det	'meni	viele	beaucoup de	molti	Many people have to use a car to travel to work.
market	95	n	'mɑ:kət	Markt	marché	mercato	Investors in the property market are worried about rising inflation.
marketing	137	n	'mɑ:kətɪŋ	Marketing	marketing	marketing	Company sales improved dramatically following a \$2 million marketing campaign.
masked	26	adj	mɑ:skt	maskiert	masqué	mascherato	Masked gunmen opened fire on the bus.
master	11	v	'mɑ:stə	beherrschen	maîtriser	master	I never quite mastered the art of walking in high heels.
maze	92	n	meɪz	Irrgarten	labyrinthe/dédale	labirinto	We got completely lost in the maze.
meaningful	84	adj	'mi:nɪŋfəl	sinnvoll	significatif	significativo	Without more data we cannot make a meaningful comparison of the two systems.
meaningless	86	adj	'mi:nɪŋləs	bedeutungslos	sans signification	senza senso	He said a few meaningless words to his hostess and looked around the room.
memento	77	n	mə'mentəʊ	Andenken	mémento	souvenir	I kept the bottle as a memento of my time in Spain.
memorabilia	95	n	'memərə'bilɪə	Memorabilien	souvenirs/objets de collection	memorabilia	He has a collection of war memorabilia.
memorable	77	adj	'memərəbəl	unvergesslich	mémorable	memorabile	We want to make this a truly memorable day for the children.
memory	83	n	'meməri	Erinnerung zurückbringen	souvenir	memoria	For many older people, the film brought back memories of the war.
mention	84	v	'menfən	erwähnen	mentionner	menzione	Some of the problems were mentioned in his report.
mere	84	adj	mɪə	nur	petitesse de	semplice	She lost the election by a mere 20 votes.
message	92	n	'mesɪdʒ	Botschaft	message	messaggio	The message of the film is that good always triumphs over evil.
metal	40	n	'metl	Metall	métal	metallo	The gate is made of metal.

Headword	Page	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
middle	125	n	'mɪdl	mittendrin sein bei	être en train de	mezzo	I was in the middle of sorting some papers when the phone rang.
middle-aged	125	adj	'mɪdl,eɪdʒd	mittleren Alters	d'âge moyen	di mezza età	She's going out with a middle-aged businessman.
mild	25	adj	maɪld	mild	doux	mite	We had an exceptionally mild winter last year.
military	136	n	'mɪləteri	Militärdienst	militaire	militare	More and more men are refusing to do military service.
mind	133	n	maɪnd	Willensstärke	victoire de l'esprit sur la matière	mente	I'm scared, yes, but it's a case of mind over matter.
mind	141	n	maɪnd	etwas im Auge behalten	garder quelque chose à l'esprit	mente	It's a good idea – I'll keep it in mind.
mind	141	n	maɪnd	sich entschließen	se décider	decisione	I wish he'd hurry up and make up his mind.
mind	141	n	maɪnd	seine Meinung ändern	changer d'avis	idea	I was afraid that Liz would change her mind and take me back home.
mind	141	n	maɪnd	einem einfallen	venir à l'esprit	mente	It never crossed my mind that Lisa might be lying.
mind	141	n	maɪnd	sich auf etwas konzentrieren	garder à l'esprit	mente	He could hardly keep his mind on what she was saying.
mind	141	n	maɪnd	seine Meinung ausdrücken	parler franc	opinione	He was a tough politician who wasn't afraid to speak his mind.
minority	114	n	maɪ'nɔrəti	Minderheit	minorité	minoranza	Gaelic is still spoken in Ireland by a tiny minority.
mirror	86	v	'mɪrə	spiegeln	miroir	specchio	Henry's sad smile mirrored that of his son.
misconception	64	n	'mɪskən'sepʃən	falsche Vorstellung	idée fausse	idea sbagliata	There is a popular misconception that too much exercise is bad for you.
miserable	66	adj	'mɪzərəbəl	elend	misérable	miserabile	I've been so miserable since Pat left me.
miss	109	v	mɪs	verpassen	rater	perdere	Every time she missed the ball she became more angry.
mitigate	128	v	'mɪteɪt	mindern	atténuer	mitigare	Measures need to be taken to mitigate the environmental effects of burning more coal.

Headword	Page	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
mnemonic	77	n	nɪ'mɒnɪk	Mnemonik	mnémonique	mnemonico	I used a lot of mnemonics to help me in my exams.
modern	35	adj	'mɒdn	modern	moderne	moderno	A lot of progress has been made with the use of modern technology.
modest	53	adj	'mɒdəst	bescheiden	modeste	modesto	He was always modest about his role in the Everest expedition.
monolingual	101	adj	ˌmɒnəʊ'liŋgwəl	einsprachig	monolingue	monolingue	You should use a monolingual dictionary at your level.
monologue	101	n	'mɒnələg	Monolog	monologue	monologo	Henry looked up, then continued his monologue.
monotonous	101	adj	mə'notənəs	eintönig	monotone	monotono	I'm currently on a monotonous diet.
moonlight	27	n	'mu:nlait	Mondlicht	clair de lune	chiaro di luna	The water looked silver in the moonlight.
motivated	111	adj	'məʊtəvɛtəd	motiviert	motivé	motivato	The students are all highly motivated.
mountain biking	68	n	'maʊntənbaɪkɪŋ	Mountainbiken	Faire du VTT	mountain bike	Mountain biking is a relatively new sport.
mousy	80	adj	'maʊsi	mausgrau	effacé/terne	incolore, da topo	She has mousy hair and a fat face.
mouth guard	68	n	'maʊθ gɑ:d	Mundschutz	protège-bouche	paradenti	Boxers wear mouth guards.
move	28	v	mu:v	umziehen	déménager/délocaliser	muovere	My parents kept moving house because of my dad's job.
much	93	det	mʌtʃ	viel	beaucoup	molto	I don't have much money with me.
mud	38	n	mʌd	Lehm	boue	fango	Many villages in Mali consist of mud huts.
multi-cultural	58	adj	ˌmʌlti'kʌltʃərəl	multikulturell	multiculturel	multi-culturale	London has a multicultural society.
multimedia	101	n	ˌmʌlti'mi:diə	Multimedia-	multimédia	multimedia	They develop multimedia equipment.
multinational	101	adj	ˌmʌlti'næʃənəl	multinational	multinational	multinazionale	I've joined a multinational media corporation.
multi-purpose	101	adj	ˌmʌlti'pɜ:pəs	Vielzweck-	polyvalent/multi-usage	multiuso	He invented a multipurpose tool.
mumble	8	v	'mʌmbəl	murmeln	marmonner	borbottare	He bumped into someone and mumbled an apology.
muscular	80	adj	'mʌskjələ	muskulös	musculeux	muscoloso	She was fast and strong, with a slender, muscular body.
nail	87	n	neɪl	knallhart	un dur	chiodo	The security guard at that place is hard as nails.

Headword	Page	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
narrow-minded	73	adj	ˌnærəʊˈmaɪndəd	engstirnig	borné/à l'esprit étroit	gretto	His attitude is narrow-minded and insensitive.
nature	116	n	'neɪtʃə	Natur	nature	natura	They asked a lot of questions about the nature of our democracy.
nausea	84	n	'nɔ:ziə	Übelkeit	nausée	nausea	A feeling of nausea suddenly came over me.
neat	56	adj	ni:t	adrett	soigné	pulito	His clothes were always neat and clean.
necessarily	72	adv	'nesəsəreɪli	unbedingt	nécessairement	necessariamente	That is not necessarily true.
necessary	107	adj	'nesəsəri	notwendig	nécessaire	necessario	The booklet provides all the necessary information about the college.
nervousness	84	n	'nɜ:vəsənəs	Nervosität	nervosité	nervosismo	Mike's nervousness showed in his voice.
network	13	n	'netwɜ:k	Netzwerk	réseau	rete	It's important to build up a network of professional contacts.
neurosis	14	n	nju:'rəʊsəs	Neurose	névrose	nevrosi	She suffers with neurosis.
nine-to-five	50	adv	nainɪtə'faɪv	Achtstundentag	heures de bureau	dalle nove alle cinque	She didn't like working nine to five.
normalise	41	v	'nɔ:məlaɪz	normalisieren	normaliser/venir à la normale	normalizzare	Journalists are reporting that the situation has now normalised.
nostalgic	77	adj	nɔ'stældʒɪk	nostalgisch	nostalgique	nostalgico	Seeing those old school photographs has made me feel quite nostalgic.
notion	84	n	'nəʊʃən	Gedanke, Vorstellung	notion/concept	nozione	The traditional notion of marriage goes back thousands of years.
number	93	n	'nʌmbə	große Anzahl	nombre	numero	A large number of children were running around in the playground.
nursery nurse	49	n	ˌnɜ:səri 'nɜ:s	Kindergärtnerin	puéricultrice	infermiera nella nursery	My sister works as a nursery nurse.
oasis	27	n	əʊ'eɪsəs	Oase	oasis	oasi	We were relieved to come across an oasis.
obesity	112	n	əʊ'bi:səti	Fettsucht	obésité	obesità	Childhood obesity is becoming a real problem.
obligation	50	n	ˌɒblə'geɪʃən	Verpflichtung	obligation/engagement	obbligo	Employers have an obligation to treat all employees equally.
observe	126	v	əb'zɜ:v	beobachten	observer	osservare	The police have been observing his movements.

Headword	Page	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
obsession	63	n	əb'sejən	Besessenheit	obsession	ossessione	Gambling became an obsession, and he eventually lost everything.
obstacle	67	n	'ɒbstəkəl	Hinderniskurs	obstacle	ostacolo	Training on the obstacle course is really tough.
obviously	140	adv	'ɒbvɪəslɪ	offenbar	évidemment	ovviamente	We're obviously going to need more help.
off	28	adv	ɒf	weg	loin	via	I must be off now.
offensive	128	adj	ə'fensɪv	offensiv	offensif	offensiva	I found her remarks deeply offensive.
off-road	68	adj	ɒf'rəʊd	im Gelände	hors route	fuoristrada	We cycled mostly off road.
old-fashioned	35	adj	ˌəʊld'fæʃənd	altmodisch	démodé/vieux jeu	antiquato	She wears really old-fashioned clothes!
on the go	31	adv	ɒn ðə 'gəʊ	im Fahren	en déplacement/en voyage	in movimento	I always eat breakfast on the go.
ongoing	140	adj	'ɒŋ'gəʊɪŋ	im Gange	en cours	in corso	The discussions are still ongoing.
only	11	adv	'əʊnli	nur zu glücklich	seulement	solo	Mark was only too happy to help me move house.
only child	12	n	ˌəʊnli 'tʃaɪld	Einzelkind	Enfant unique	figlio unico	Alex is an only child.
open	108	adj	'əʊpən	offen	ouvert/franc	aperto	The couple are quite open with each other about their feelings.
open-plan	52	adj	ˌəʊpən'plæn	Großraum-	bureau à espace décroisé	spazio aperto	I hate working in an open-plan office.
opinionated	108	adj	ə'pɪnjənɪtəd	rechthaberisch	entêté/obstiné/dogmatique	supponente	I found him very arrogant and opinionated.
opportunity	63	n	ˌɒpə'tju:nəti	Gelegenheit	occasion	opportunità	I'd like to take this opportunity to thank you all.
optimistic	84	adj	ˌɒptəmɪstɪk	optimistisch	optimiste	ottimista	Bankers are cautiously optimistic about the country's economic future.
oriented	50	adj	'ɔ:riəntəd	ausgerichtet	axé sur/orienté vers	orientato	A lot of the younger students don't seem to be politically oriented at all.
ornament	81	n	'ɔ:nəmənt	Ziergegenstand	ornement	ornamento	The shelves were crammed with ornaments and souvenirs.
otherwise	125	adv	'lðəwaɪz	sonst	autrement/sinon	altrimenti	We were delayed at the airport. Otherwise we would have been here by lunch time.
out of touch	14	n	aʊt əv 'tʌtʃ	nicht auf der Höhe	ne pas être au courant/en phase	perdere il contatto	I'm out of touch with modern medicine.
outgoing	108	adj	ˌaʊt'gəʊɪŋ	kontaktfreudig	extraverti/ouvert et sociable	estroverso	We're looking for someone with an outgoing personality.

Headword	Page	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
outlet	98	n	'aʊtlɛt	Verkaufsstelle	point de vente	uscita	Benetton has retail outlets in every major European city.
outline	74	v	'aʊtlɑɪn	skizzieren	esquisser	profilo	The new president outlined plans to deal with crime, drugs, and education.
outset	74	n	'aʊtset	von Anfang an	dès le début	principio	It was clear from the outset that there were going to be problems.
oven	94	n	'ʌvən	Backofen	four	forno	Preheat the oven to 200 degrees C.
overall	86	adv	ˌəʊvə'ɔ:l	insgesamt	global	complessivo	Williams came fifth overall.
overcast	25	adj	ˌəʊvə'kɑ:st	bedeckt	couvert	nuvoloso	The sky was overcast and a light rain began to fall.
overcome	106	v	ˌəʊvə'kʌm	überwinden	vaincre/surmonter/maîtriser	superare	He struggled to overcome his shyness.
overconsumption	92	n	ˌəʊvəkən'sʌmpʃən	zu starker Konsum	surconsommation	sovraconsumo	There is a problem with overconsumption in the west.
overindulgent	99	adj	ˌəʊvɪn'dʌldʒənt	überaus nachsichtig	trop indulgent	sovraindulgente	I'm always overindulgent at christmas.
overlook	67	v	ˌəʊvə'lʊk	Blick haben auf	donner sur	trascurare	Our room overlooks the ocean.
overpriced	91	adj	ˌəʊvə'praɪst	überteuert	trop cher	prezzo eccessivo	The DVDs were vastly overpriced.
overseas	28	adv	ˌəʊvə'si:z	in Übersee	outr-mer	oltremare	Chris is going to work overseas.
oversimplify	42	v	ˌəʊvə'sɪmpləfaɪ	grob vereinfachen	trop simplifier	semplificare eccessivamente	To describe all these people as refugees is to oversimplify the situation.
oversleep	101	irr v	ˌəʊvə'sli:p	verschlafen	se réveiller trop tard	dormire troppo	Sorry I'm late. I overslept.
over-the-top	98	adj	ˌəʊvəðə'tɒp	übertrieben	outrancier	irragionevole	It's a bit over-the-top to call him a fascist.
overtired	101	adj	ˌəʊvə'taɪəd	übermüdet	épuisé	molto stanco	Sorry for snapping. I'm overtired.
overweight	80	adj	ˌəʊvə'weɪt	Übergewicht	trop lourd/en surpoids	sovrapeso	Sally was 50 pounds overweight.
overwhelm	78	v	ˌəʊvə'welɪm	überwältigen	écraser/submerger	sopraffare	We were overwhelmed by the number of applications.
overworked	52	adj	ˌəʊvə'wɜ:kɪt	überarbeitet	surmené	sovrraccarico di lavoro	They're overworked and understaffed.
pain	15	n	peɪn	mühsam	peine	dolore, male	It's a pain, having to go upstairs to make the coffee every time.
pain	87	n	peɪn	Nevenäge	casse-pieds	dolore	There were times when Joe could be a real pain in the neck.
pamper	98	v	'pæmpə	hätscheln	choyer	coccolare	She spent her childhood as the pampered daughter of a wealthy family.

Headword	Page	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
panic	130	v	'pæɪŋk	in Panik geraten	paniquer	panico	He started to panic when he saw the gun.
paper	40	n	'peɪpə	Papier	papier	carta	I'll get you a piece of paper so you can write the number down.
parlour	98	n	'pɑ:lə	Schönheitssalon	salon de beauté	salotto	My mum and I spent the afternoon in the beauty parlour.
parsley	94	n	'pɑ:sli	Petersilie	persil	prezzemolo	Just add a sprig of parsley.
participant	67	n	pɑ:'tɪsəpənt	Teilnehmer(in)	participant	partecipante	She was an active participant in the negotiations.
particular	21	adv	pə'tɪkjələ	besonders	en particulier/particulièrement	particolare	It was a good concert – I enjoyed the last song in particular.
particular	137	adj	pə'tɪkjələ	besonders	particulier	particolare	Most students choose one particular area for research.
partner	7	n	'pɑ:tənə	Partner	partenaire	partner	Discuss your worries with your partner.
pass by	140	phr v	pɑ:s 'baɪ	vorübergehen	se passer	passare accanto, ignorare	She felt that life was passing her by.
passion	63	n	'pæʃən	Leidenschaft	passion	passione	Gardening was her great passion.
passionate	59	adj	'pæʃənət	leidenschaftlichgegenüber	passion de/passionné	appassionato	She developed a passionate interest in wild flowers.
path	92	n	pɑ:θ	Weg	itinéraire/carte de toute	progetto	She saw a college degree as her path to success.
patience	10	n	'peɪʃəns	Geduld	patience	pazienza	You'll need patience and understanding if you're going to be a teacher.
pay	59	v	peɪ	zahlen für	payer	pagare	Mum paid for my driving lessons.
peaceful	81	adj	'pi:sfəl	friedlich	paisible	pacifico	It's very peaceful out here in the woods.
peach	94	n	pi:tʃ	Pfirsich	pêche	pesca	Peaches are my favourite fruit.
peer	112	n	piə	seines-/ihresgleichen	pair	pari	American children did less well in math than their peers in Japan.
people	49	n	'pi:pəl	mit Leuten umgehen können	qui aime le contact avec les gens	persone	Rachel is a real people person.
perfect	36	v	pə'fekt	perfektionieren	parfaire	perfetto	Mock trials help students perfect their legal skills.
persistence	11	n	pə'sɪstəns	Ausdauer	persistence	persistenza	Her persistence paid off when she was offered the job of manager.

Headword	Page	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
personality	106	n	ˌpɜːsəˈnæləti	Persönlichkeit	personnalité	personalità	Despite their different personalities, they became the best of friends.
perspective	41	n	pəˈspektɪv	Perspective	perspective	prospettiva	His father's death gave him a whole new perspective on life.
persuasion	133	n	pəˈswɛɪʒən	Überzeugungskraft	persuasion	persuasione	She used all her powers of persuasion to convince Tilly that it was the right thing to do.
petrified	22	adj	ˈpetrəfaɪd	panisch Angst habend	pétrifié	pietrificato	I'm petrified of spiders.
petrifying	22	adj	ˈpetrəfaɪ-ɪŋ	Angst einflößend	pétrifiant	pietrificante	Spiders are petrifying.
petty	119	adj	ˈpeti	Bagatelldelikt	délit mineur	meschino	He's just involved with petty crime.
phase	53	n	feɪz	Phase	phase/stade	fase	The first phase of renovations should be finished by January.
phenomenon	67	n	fiˈnɒməniən	Phänomen	phénomène	fenomeno	Homelessness is not a new phenomenon.
philosophy	67	n	fəˈlɒsəfi	Philosophie	philosophie	filosofia	The company explained their management philosophy.
phone	122	v	fəʊn	anrufen	téléphoner à	telefono	I'll phone you this evening.
pick up on	11	phr v	pɪk ˈʌp ɒn	aufschnappen	ressentir	notare	Children pick up on our worries and anxieties.
picture	83	v	ˈpɪktʃə	sich jemanden vorstellen	image	immagine	Rob had pictured her as serious, but she wasn't like that.
piece	93	n	piːs	eine kleine...	petit	pezzo	Let me give you a piece of advice.
pigeon-hole	42	v	ˈpɪdʒənhoʊl	in eine Schublade stecken	cataloguer/étiqueter	incasellare	Patsy was pigeonholed as a Country and Western singer, but that's too simple.
pig-headed	125	adj	ˌpɪɡˈhedəd	starrsinnig	têtu comme une mule/bourrique	testardo	Never have I met a woman so obstinate, so pigheaded!
plague	22	v	pleɪɡ	plagen	fléau	peste	He was plagued by eye troubles.
plastic	40	n	ˈplæstɪk	Plastik	plastique	plastica	They make children's toys made of plastic.
plate	94	n	pleɪt	Teller	assiette	piastra	The plates were piled high with rice.
plea	129	n	pliː	Appell	appel/demande	appello	Caldwell made a plea for donations.
plot	36	n	plɒt	Handlung	intrigue	trama	The plot was a little confusing.
plummet	22	v	ˈplʌmət	stürzen	chuter	cadere a piombo	The plane plummeted towards the Earth.
plunge	130	v	plʌndʒ	stürzen	plonger/être en chute libre	tuffo	Her car swerved and plunged off the cliff.

Headword	Page	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
point	136	n	pɔɪnt	Zweck	but/objectif/finalité	punto	What's the point of this meeting anyway?
policy	121	n	'pɒləsi	Police	police	politica	There's a clause in the policy that I'd like to discuss.
poll	14	v	pəʊl	Umfrage	sondage d'opinion/enquête	sondaggio	A recent poll found that 80% of Californians support the governor.
ponytail	98	n	'pəʊnteɪl	Pferdeschwanz	queue de cheval	coda di cavallo	I don't like his ponytail.
porcelain	39	n	'pɔ:slən	Porzellan	porcelaine	porcellana	She sold a porcelain vase.
portion	92	n	'pɔ:ʃən	Portion	portion	parte	Do you have any children's portions?
portrayal	36	n	pɔ:'treɪəl	Porträtierung	portrait	ritratto	The film is not an accurate portrayal of his life.
possession	78	n	pə'zefən	Besitz	possession	possesso	He had sold all his possessions and left the country.
pour	25	v	pɔ:	gießen	se déverser	piovere a dirotto	It's pouring now.
pour	94	v	pɔ:	eingießen	déverser/épandre	versare	She poured coffee for everyone.
poverty	38	n	'pɒvəti	Armut	pauvreté	povertà	Millions of elderly people live in poverty.
precious	25	adj	'preʃəs	kostbar	précieux	prezioso	We cannot afford to waste precious time.
precisely	130	adv	pri'saɪsli	genau	exactement/précisément	precisamente	He arrived at precisely four o'clock.
predict	123	v	pri'dɪkt	voraussagen	prédire/présager	predire	Newspapers predicted that Davis would be re-elected.
prejudice	70	n	'predʒədəs	Vorurteil	préjudice	pregiudizio	Women still face prejudice in the workplace.
prejudiced	124	adj	'predʒədəst	befangen	plein de préjugés	pregiudicato	Some officers were racially prejudiced.
premium	120	n	'pri:miəm	Prämie zahlen	prime	premio	I had to pay a higher premium this year.
premonition	133	n	,premə'nɪʃən	eine Vorahnung haben	prémonition/pressentiment	premonizione	When Anne didn't arrive, Paul had a premonition that she was in danger.
preparation	109	n	,prepe'reɪʃən	Vorbereitung	préparation	preparazione	Business training is a good preparation for any career.
prepare	59	v	pri'peə	sich vorbereiten auf	préparer	preparare	The 45-year-old explorer has been preparing for his latest expedition to the Arctic.
prepared	97	adj	pri'peəd	bereit sein	préparé	preparato	You have to be prepared to take risks in this kind of work.

Headword	Page	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
presentation	108	n	ˌprezənˈteɪʃən	Präsentation	présentation/démonstration	presentazione	We will begin a series of presentations to help the public fully understand our system.
pressure	49	n	ˈpreʃə	unter Druck ruhig bleiben	pression	pressione	John is always able to keep calm under pressure.
prestigious	28	adj	preˈstɪdʒəs	angesehen	prestigieux	prestigioso	She is the recipient of a prestigious literary award.
presumably	128	adv	prɪˈzju:məbli	vermutlich	sans doute	presumibilmente	It's raining, which presumably means that your football match will be cancelled.
pretend	120	v	prɪˈtend	vorgeben	prétendre/faire semblant de	fingere	We can't go on pretending that everything is OK.
principle	67	n	ˈprɪnsəpəl	Prinzip	principe	principio	The general principle is that education should be available to all children up to the age of 16.
prioritise	55	v	praɪˈɒrətaɪz	Schwerpunkte bilden	classer selon la priorité	priorità	You need to prioritise your tasks.
prison	119	n	ˈprɪzən	Gefängnis	prison	carcere	He visits his dad in prison every week.
pristine	25	adj	ˈprɪsti:n	unberührt	virginal/neuf	incontaminato	We walked through the pristine African rainforest.
proactive	108	adj	prəʊˈæktɪv	initiativ	Mentalement actif/proactif	proattivo	She has a proactive approach to staffing requirements.
productivity	50	n	ˌprɒdʌkˈtɪvəti	Produktivität	productivité	produttività	It cost the country \$4 million in lost productivity.
progress	116	v	prəˈɡres	Fortschritt machen	progresser	progresso	I asked the nurse how my son was progressing.
prohibit	123	v	prəˈhɪbət	verbieten	prohiber	vietare	Smoking is strictly prohibited inside the factory.
project	56	v	prəˈdʒekt	planen	projet	progetto	The company projected an annual growth rate of 3%.
promising	70	adj	ˈprɒməsɪŋ	vielversprechend	prometteur	promettente	He gave up a promising career in banking.
promote	52	v	prəˈməʊt	befördern	promouvoir	promuovere	Helen was promoted to senior manager.
promotion	60	n	prəˈməʊʃən	Beförderung	promotion	promozione	I want a job with good prospects for promotion.

Headword	Page	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
proposal	74	n	prə'pəʊzəl	Vorschlag	proposition	proposta	The committee put forward a proposal to reduce the time limit.
prospect	60	n	'prɒspekt	Aussicht	probabilité/perspective/chance	prospettiva	I see no prospect of things improving here.
protective	12	adj	prə'tektɪv	schützend	protecteur	protettivo	Sunscreen provides a protective layer against the sun's harmful rays.
proud	59	adj	praʊd	stolz auf	fier	orgoglioso	Her parents are very proud of her.
psychic	134	adj	'saɪkɪk	übersinnlich	psychique	psichico	You don't have to be psychic to know what Maggie is thinking.
psychological	50	adj	,saɪkə'lɒdʒɪkəl	psychologisch	psychologique	psicologico	Sleep disorders are a serious psychological problem.
psychology	109	n	saɪ'kɒlədʒi	Psychologie	psychologie	psicologia	We spoke to experts in the field of developmental psychology.
publicity	112	n	pʌ'blɪsəti	Publicity	publicité/intérêt public	pubblicità	Standards in education have received much publicity over the last few years.
pulp	39	v	pʌlp	zu Papierbrei verarbeiten, einstampfen	réduire en pâte	macerare	Unsold novels are sent to be pulped.
punch	130	v	pʌntʃ	boxen	donner un coup de poing	punzone	He punched the air in triumph.
punishment	119	n	'pʌnɪʃmənt	Bestrafung	punition/peine	punizione	The punishment for treason is death.
put	11	irr v	put	sich einsetzen für etwas	exprimer/formuler	mettere	You can do anything if you put your mind to it.
put	11	irr v	put	ausdrücken	exprimer/formuler	mettere	So it was an accident, an 'act of God' if you want to put it like that.
put forward	112	phr v	put 'fɔ:wəd	vorbringen	proposer	avanzare	Her name was put forward for the lead role in the play.
put in for	115	phr v	put 'ɪn fə	anmelden für	poser sa candidature/faire une demande	per mettere in	They're putting her in for grade 8.
put out	72	phr v	put 'aʊt	löschen	éteindre	spegnere	The rescue services are still trying to put out the fires.
put up with	64	phr v	put 'ʌp wɪð	zurechtkommen mit	supporter/subir	sopportare	She put up with his violent temper.
quit	129	irr v	kwɪt	kündigen	abandonner/quitter	smettere	He quit his job after an argument with a colleague.

Headword	Page	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
racist	70	adj	'reɪsət	rassistisch, Rassist	raciste	razzista	He kept making racist remarks.
radically	50	adv	'rædɪkli	radikal	radicalement/totalement	radicalmente	We need a radically different method of production.
rafting	68	n	'rɑ:ftɪŋ	Wildwasserrafting	Descente en eau vive	rafting	I went white-water rafting in Argentina.
rare	94	adj	reə	blutig, nicht durchgebraten	peu cuit/saignant	cotto poco	I like my steak rare.
rare	109	adj	reə	selten	rare	raro	This species of plant is becoming increasingly rare.
rate	128	v	reɪt	einschätzen	juger/estimer	tasso	The company seems to rate him very highly.
raw	94	adj	rɔ:	roh	cru	crudo	Cabbage can be eaten raw.
react	38	v	ri'ækt	reagieren	réagir	reagire	How did Wilson react to your idea?
rebellious	12	adj	ri'beljəs	rebellisch	rebelle	ribelle	He's always had a rebellious streak.
receipt	95	n	ri'si:t	Quittung	reçu	ricevimento	Make sure you get receipts for everything.
recipe	94	n	'resəpi	Rezept	recette	ricetta	I have a recipe for tomato soup.
recognise	106	v	'rekəɡnaɪz	anerkennen	reconnaître	riconoscere	British medical qualifications are recognised in Canada.
recognition	28	n	ˌrekəɡ'niʃən	Anerkennung	reconnaissance	riconoscimento	He has achieved recognition and respect as a scientist.
record	95	n	'rekɔ:d	Rekord	record	record	The American team set a new world record in the sprint relay.
record	140	v	ri'kɔ:d	aufzeichnen	enregistrement/procès-verbal	registrare	Her husband made her record every penny she spent.
recycle	53	v	ˌri:'saɪkl	wiederverwerten	recycler	riciclare	We take all our bottles to be recycled.
red-handed	125	adj	ˌred'hændəd	auf frischer Tat	pris en flagrant délit/la main dans le sac	in flagrante	Earl was caught red-handed taking the money.
reduce	73	v	ri'dju:s	reduzieren	réduire	ridurre	The governor announced a new plan to reduce crime.
redundant	50	adj	ri'dʌndənt	redundant	redondant	ridondante	I'm calling for the removal of redundant information.
refund	95	n	'ri:fʌnd	Erstattung	remboursement	rimborso	They refused to give me a refund.
refuse	121	v	ri'fju:z	sich weigern	refuser	rifutare	I absolutely refuse to take part in anything illegal.

Headword	Page	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
regardless	116	adv	rɪ'gɑːdləs	ungeachtet	malgré tout	senza riguardo	The law requires equal treatment for all, regardless of race, religion, or sex.
regenerate	74	v	rɪ'dʒenəreɪt	wieder aufbauen	régénérer	rigenerare	The Marshall Plan sought to regenerate the shattered Europe of 1947.
regret	67	v	rɪ'gret	leider müssen	regret	rammarico	I regret to inform you that your contract will not be renewed.
regulation	63	n	ˌregjə'leɪʃən	Bestimmung	règlement	regolamento	There seem to be so many rules and regulations these days.
reheat	101	v	ˌriː'hi:t	aufwärmen	réchauffer	risaldare	I reheated some soup for lunch.
relative	18	n	'relətɪv	Verwandte(r)	un parent	parente	Her boyfriend is a distant relative of mine.
release	36	n	rɪ'li:s	Neuerscheinung	publication	rilascio	Have you heard the band's latest release?
relieved	84	adj	rɪ'li:vɪd	erleichtert	soulagé/allégé	sollevato	She looked immensely relieved when she heard the news.
rely	137	v	rɪ'laɪ	sich verlassen	se fier à/compter sur	fare affidamento	They have to rely on the river for their water.
remember	77	v	rɪ'membə	sich erinnern	se souvenir	ricordare	Do you remember Rosa Davies?
remind	83	v	rɪ'maɪnd	erinnern	Rappeler/se souvenir	ricordare	That song always reminds me of our first date.
remind	113	v	rɪ'maɪnd	erinnern	Rappeler/se souvenir	ricordare	Yes, I'll be there. Thanks for reminding me.
reminisce	77	v	ˌremə'nɪs	in Erinnerungen schwelgen	évoquer le passé	abbandonarsi ai ricordi	I used to spend hours listening to my grandfather reminisce.
remotely	50	adv	rɪ'məʊtli	fern	à distance	da lontano	We use remotely operated vehicles.
repercussion	78	n	ˌri:pə'kʌʃən	Auswirkung	répercussion	ripercussione	The collapse of the company had repercussions for the whole industry.
represent	74	v	ˌreprɪ'zent	vertreten	représenter	rappresentare	Mr Kobayashi was chosen to represent the company at the conference.
reputation	81	n	ˌrepjə'teɪʃən	Ruf	réputation	reputazione	Judge Kelso has a reputation for being strict but fair.
resident	22	n	'rezədənt	Bewohner	résident	residente	He spoke to the residents of Westville.
resign	59	v	rɪ'zaɪn	zurücktreten von/aus	démissionner	dimettersi	She resigned from the government last week.
resist	137	v	rɪ'zɪst	widerstehen	résister	resistere	She can never resist buying new shoes.

Headword	Page	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
resolution	142	n	ˌrezəˈluːʃən	Vorsatz	résolution	risoluzione	I haven't made any New Year resolutions – I never stick to them anyway.
respect	97	n	rɪˈspekt	in dieser Beziehung	à cet égard	rispetto	Mum is very stubborn, and Kim takes after her in that respect.
respond	137	v	rɪˈspɒnd	reagieren	répondre/réagir	rispondere	Responding to the news, Mr Watt appealed for calm.
response	114	n	rɪˈspɒns	Reaktion	réponse	risposta	The law was passed in response to public pressure.
responsibility	12	n	rɪˌspɒnsəˈbɪləti	Verantwortlichkeit, Aufgabe	responsabilité	responsabilità	Kelly's promotion means more money and more responsibility.
responsible	12	adj	rɪˈspɒnsəbəl	verantwortlich	responsable	responsabile	You can leave the children with Billy – he's very responsible.
restrict	114	v	rɪˈstrɪkt	einschränken	limiter/restreindre	limitare	The new law restricts the sale of hand guns.
retail	98	n	ˈriːteɪl	Einzelhandel	vente au détail	al dettaglio	We are looking for more retail outlets for our products.
retrain	49	v	ˌriːˈtreɪn	umschulen	recycler	riqualificare	One solution is to retrain the long-term unemployed.
reveal	28	v	rɪˈviːl	preisgeben	révéler	rivelare	He may be prosecuted for revealing secrets about the security agency.
review	72	n	rɪˈvjuː	Rezension	revue	recensione	The paper published a review of her book.
reward	100	n	rɪˈwɔːd	Belohnung	récompense	premiare	Parents often give their children rewards for passing exams.
rewarding	24	adj	rɪˈwɔːdɪŋ	dankbar	gratifiant	gratificante	Teaching can be a very rewarding career.
rewrite	101	irr v	ˌriːˈraɪt	neu schreiben	réécrire	riscrivere	I'll have to rewrite most of the essay.
ridiculous	8	adj	rɪˈdɪkjələs	lächerlich	ridicule	ridicolo	That's a ridiculous idea!
risk	63	n	rɪsk	Gefahr	risque	rischio	We must stop these rumours; the firm's reputation is at risk.
risk	63	n	ˈrɪsk	Risikoträger	risque	rischio	He's a risk taker but he has made a lot of money.
roam	28	v	rəʊm	herumstreifen	errer	vagare	The lions are allowed to roam around the park.

Headword	Page	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
roast	94	v	rəʊst	braten	rôtir	arrosto	Are you going to roast the chicken?
robbery	119	n	'rɒbəri	Raub	braquage/vol à mains armées	rapina	Police are investigating a series of bank robberies in South Wales.
rock climbing	68	n	'rɒkklaɪmɪŋ	Klettern	varappe	roccia	Rock climbing can be dangerous if you don't have experience.
romanticise	28	v	rəʊ'mæntəsəɪz	romantisiert	romancer/sentimentaliser	idealizzare	The film projects a romanticised image of life during the war.
rough	41	adj	rʌf	rau	rugueux/irrégulier	ruvido	Her hands were rough from hard work.
round	80	adj	raʊnd	rund	rond	rotondo	Barry has a big round head.
routine	30	n	ru:'ti:n	Routine	routine	routine	John's departure had upset their daily routine.
rubber	40	n	'rʌbə	Gummi	caoutchouc	gomma	He was playing with a rubber ball.
rude	101	adj	ru:d	unhöflich	impoli	sgarbato	I didn't mean to be rude, but I had to leave early.
rugby	68	n	'rʌɡbi	Rugby	rugby	rugby	Rugby is very popular in South Africa.
rule	108	n	ru:l	in der Regel	règle/règlement/disposition	regola	As a rule most students finish their coursework by the end of May.
run out	72	phr v	rʌn 'aʊt	einem ausgehen	épuiser	esaurire	I've got money you can borrow if you run out.
rush	68	n	rʌʃ	Schwall	courant/ruée	corsa	She felt a cold rush of air as she wound down her window.
sacred	25	adj	'seɪkrəd	unantastbar	sacré	sacro	Human life is sacred.
sadden	42	v	'sædn	traurig machen	attrister/affliger	rattristare	Those who knew him are saddened by his death.
safeguard	25	v	'seɪfɡɑ:d	schützen	protéger	salvaguardare	The industry has a duty to safeguard consumers.
salty	94	adj	'sɔ:lti	salzig	salé	salato	Danish salami has a salty flavour.
sanctuary	24	n	'sæŋktʃuəri	Schutzgebiet	réserve	santuario	The park is the largest wildlife sanctuary in the US.
sandwich	12	v	'sænwɪdʒ	eingeschlossen zwischen	sandwich	sandwich	A layer of transparent material is sandwiched between the pieces of glass.
saucepan	94	n	'sɔ:spən	Kochtopf	casserole	casseruola	Heat the oil and garlic in a large saucepan.

Headword	Page	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
savoury	94	adj	'seɪvəri	pikant	salé	salato	We have some savoury party snacks.
scale	78	n	skeɪl	Maßstab	échelle	scala	Most alternative technologies work best on a small scale.
scale	128	n	skeɪl	Skala	gamme	scala	That would rate quite highly on the scale.
sceptical	84	adj	'skeptɪkəl	skeptisch	sceptique	scettico	I'm extremely sceptical about what I read in the press.
scorching	25	adj	'sko:tʃɪŋ	sengend	torride	torrido	I couldn't stand the scorching desert heat.
scramble	94	v	'skræmbəl	rühren	brouiller	strapazzare	I think i'm going to scramble the eggs.
script	36	n	skɪpt	Skript, Drehbuch	texte	copione	They write all their own scripts.
scruffy	78	adj	'skrʌfi	ungepflegt	débraillé	trasandato	My parents think I look scruffy in these jeans, but I like them.
sculpture	53	n	'skʌlptʃə	Skulptur	sculpture	scultura	Opposite the chapel is a bronze sculpture of Cardinal Schwarzenberg.
second-hand	35	adj	'sekənd' hænd	gebraucht	d'occasion	di seconda mano	It's better to buy a second-hand car.
secure	66	adj	sɪ'kʊə	sicher	sûr	sicuro	There are no secure jobs these days.
security	78	n	sɪ'kjʊərəti	sicherheit	sécurité	sicurezza	Parenting is about giving your child security and love.
see	86	irr v	si:	herausfinden	voir comment	vedere	I'll call him and see how the job interview went.
see off	28	phr v	si: 'ɒf	verabschieden	dire au revoir	salutare	They've gone to the airport to see their son off.
seemingly	134	adv	'si:mɪŋli	scheinbar	apparemment	apparentemente	The new minister was faced with a seemingly impossible task.
self-conscious	58	adj	self'kɒnʃəs	gehemmt	conscient de son image	consapevole	Jerry's pretty self-conscious about his weight.
self-contained	126	adj	'selfkən'teɪnd	eigenständig	indépendant	autosufficiente	The stories are all self-contained so you can read them in any order.
self-discipline	64	n	'self'dɪsəplən	Selbstdisziplin	autodiscipline	autodisciplina	A lot of the kids seemed to lack self-discipline.
self-esteem	50	n	selfɪ'sti:m	Selbstwertgefühl	amour propre/estime de soi	stima di sé	Playing a sport can boost a girl's self-esteem.
selfish	108	adj	'selfɪʃ	selbstsüchtig	égoïste	egoista	How can you be so selfish?

Headword	Page	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
senior	52	adj	'si:niə	höheres	aîné	anziano	White men hold most of the jobs in senior management.
sentence	120	v	'sentəns	verurteilen	verdict	frase	Sanchez was sentenced to three years in prison.
serene	81	adj	sə'ri:n	gelassen	serein	sereno	The child's face was serene and beautiful.
series	121	n	'siəri:z	Serie	série	serie	The police are investigating a series of attacks in the area.
serious	128	adj	'siəriəs	schwer	sérieux	grave	Kidnapping is a serious crime.
set	12	irr v	set	ein Beispiel geben	définir/montrer	impostare	It is important that parents set an example for their children.
set off	28	phr v	set 'ɒf	aufbrechen	partir/prendre la route/s'en aller	partire	I'll set off early to avoid the traffic.
set up	28	phr v	set 'ʌp	gründen	fonder/montrer/créer	impostare	They want to set up their own import-export business.
setting	81	n	'setɪŋ	Umgebung	endroit/cadre	ambiente	Cyprus is the perfect setting for a beach holiday.
settle	130	v	'setl	niederlassen	se déposer	risolvere	Snow settled on the roofs.
severe	92	adj	sə'veɪə	schwerwiegend	graves/sévères	grave	His injuries were quite severe.
shallow	73	adj	'ʃæləʊ	oberflächlich	superficiel	superficiale	If he's only interested in your looks, that shows how shallow he is.
sheer	52	adj	ʃiə	rein	pur	a picco	I'll never forget the look of sheer joy on her face.
shelter	123	n	'ʃeltə	Unterstand	abri	riparo	The men took shelter in a bombed-out farmhouse.
shift	11	n	ʃɪft	Schicht	équipe	turno	Dave had to work a 12-hour shift yesterday.
shiny	41	adj	'ʃaɪni	glänzend	brillant	lucente	Her hair was thick and shiny.
shocked	84	adj	ʃɒkt	geschockt	choqué	scioccato	I was deeply shocked by Jo's death.
shocking	92	adj	'ʃɒkɪŋ	schockierend	choquant/scandaleux	scioccante	The anger in his face was shocking.
shoplift	128	v	'ʃɒp,lɪft	Ladendiebstahl	voleur à l'étalage	taccheggiare	Shoplifters will be prosecuted.
short cut	73	n	'ʃɔ:t kʌt	Abkürzung	raccourci	abbreviare	Carlos decided to take a short-cut home.
shorten	73	v	'ʃɔ:tn	sich verkürzen	raccourcir	accorciare	The days are shortening.

Headword	Page	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
short-term	73	adj	ʃɔ:t'tɜ:m	kurzfristig	à court terme	a breve termine	The treatment may bring short-term benefits to AIDS sufferers.
show off	17	phr v	ʃəʊ 'ɒf	sich aufspielen	faire étalage de/frimer	esibire	He couldn't resist showing off on the tennis court.
showery	25	adj	'ʃəʊəri	regnerisch	pluvieux	piovoso	Wow, what a showery day.
showman	136	n	'ʃəʊmən	Showman	forain	impresario	He is the band's best showman.
shrine	81	n	ʃraɪn	Heiligtum	lieu de pèlerinage	santuario	He made a pilgrimage to the shrine of St John.
shrink	73	irr v	ʃrɪŋk	schrumpfen, einlaufen	rétrécir	restringersi	I'm worried about washing that shirt in case it shrinks.
sibling	7	n	'sɪblɪŋ	Geschwister	sœur	fratello	Most young smokers are influenced by their friends' and older siblings.
significance	84	n	sɪg'nɪfɪkəns	Bedeutung	signification/importance	significato	Stella didn't attach any significance to Doug's query.
significant	22	adj	sɪg'nɪfɪkənt	bedeutend	significatif	significativo	His most significant political achievement was the abolition of the death penalty.
significantly	12	adv	sɪg'nɪfɪkəntli	bedeutend	significativement	in modo significativo	Health problems can be significantly reduced by careful diet.
silk	40	n	sɪlk	Seide	soie	seta	She wore a beautiful dress in raw silk.
silver	40	n	'sɪlvə	Silber	argent	argento	She gave them cups made of solid silver for their wedding.
similar	59	adj	'sɪmələ	ähnlich	similaire	simile	Her ideas are quite similar to mine.
simplify	143	v	'sɪmpləfaɪ	vereinfachen	simplifier	semplificare	The law needs to be simplified.
simultaneous	134	adj	'sɪmələ'teɪniəs	gleichzeitig	simultanément	simultaneo	They grabbed each other's hands in simultaneous panic.
since	37	prep	sɪns	seit	depuis	da	We've been waiting here since two o'clock.
sincerity	127	n	sɪn'serəti	Aufrichtigkeit	sincérité	sincerità	I don't doubt her sincerity, but I think she's got her facts wrong.
single-minded	108	adj	'sɪŋɡəl'maɪndəd	zielbewusst	tenace	a senso unico	He worked with single-minded determination.
sit up	122	phr v	sɪt'ʌp	sitzen, sich aufsetzen	être assis/s'asseoir	sedersi	She sat up and reached for her glass.

Headword	Page	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
sixth sense	133	n	'sɪksθ sɛns	sechster Sinn	sixième sens	sesto senso	He seemed to have a sixth sense for knowing when his brother was in trouble.
skilful	12	adj	'skɪlfəl	geschickt	doué	abile	After a few years, he became very skilful at drawing.
skill	12	n	skɪl	Geschick	Habilité/savoir-faire	abilità	Reading and writing are two different skills.
skinny	73	adj	'skɪni	mager	maigre	magro	Some supermodels are far too skinny.
sleight of hand	134	n	,slaɪt əv 'hænd	Fingerfertigkeit	tour de main/tour de passe-passe	gioco di prestigio	He uses sleight of hand in his magic.
slice	94	v	slaɪs	in Scheiben schneiden	trancher	fetta	Thinly slice the cucumbers.
slim	73	adj	sɪm	schlank	mince	sottile	She's a slim young woman.
slimy	22	adj	'slaɪmi	schleimig	visqueux	viscido	The field is full of slimy mud.
slip	98	v	sɪp	ausgleiten	glisser	scivolare	Wright slipped but managed to keep hold of the ball.
slip	140	v	sɪp	entfallen	glisser	scivolare	I meant to buy some milk, but it completely slipped my mind.
slippery	41	adj	'slɪpəri	schlüpfrig	glissant	scivoloso	In places, the path can be wet and slippery.
slogan	137	n	'sloʊgən	Slogan	slogan	slogan	The company has dropped its original advertising slogan.
small talk	8	n	'smɔ:l tɔ:k	Smalltalk machen	petites causeries	chiacchiere	We stood around making small talk.
smart-casual	56	adj	smɑ:t 'kæʒuəl	elegant-lässig	élégant-décontracté	smart-casual	The dress code for the party is smart casual.
smooth	41	adj	smu:ð	glatt	lisse	liscio	Her skin felt smooth and cool.
soak	101	v	səʊk	durchnässt	tremper	immergere	Police aimed water hoses at the marchers, soaking them.
social worker	49	n	'səʊfəl ,wɜ:kə	Sozialarbeiter	assistant social	assistente sociale	The social worker's coming round at 3.
soft	41	adj	sɒft	weich	mou/tendre	morbido	My feet sank into the soft ground.
solo	64	adv	'səʊləʊ	Solo	seul	assolo	When did you first fly solo?
some	93	det	səm	einige	quelques	alcuni	I need some apples for this recipe.
sophisticated	14	adj	sə'fɪstəkeɪtəd	ausgeklügelt	sophistiqué	sofisticato	They have a highly sophisticated weapons system.
sort	84	n	sɔ:t	Sorte	espèce/sorte	sorta	What sort of shampoo do you use?

Headword	Page	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
sort out	72	phr v	sɔ:t 'aʊt	klären	résoudre/gérer un problème	risolvere	She went to a psychiatrist to try to sort out her problems.
sort out	121	phr v	sɔ:t 'aʊt	in Ordnung bringen	ordonner	risolvere	We need to sort out our camping gear before we go away.
soulmate	7	n	'səʊlmեɪt	Seelenverwandte(r)	âme sœur	anima gemella	My wife, Yolanda is my soulmate.
sound	106	adj	saʊnd	vernünftig	judicieux	suono	The book is full of sound advice.
sound	137	n	saʊnd	prägnanter Soundclip	extrait	suono	They played a sound bite of his speech on the news.
sour	94	adj	sauə	sauer	aigre/acide	acido	Rachel sampled the wine. It was sour.
souvenir	77	n	ˌsu:və'niə	Souvenir	souvenir	souvenir	I bought a model of the Eiffel Tower as a souvenir of Paris.
speak up	8	phr v	spi:k 'ʌp	lauter sprechen, anfangen zu sprechen	parler	farsi sentire	There was a brief silence, then Gerald spoke up.
specialise	49	v	'speʃəlaɪz	spezialisieren	se spécialiser	specializzarsi	Simmons specialised in contract law.
specialist	49	n	'speʃələst	Spezialist	spécialiste	specialista	He's an attorney who is a specialist in banking law.
speciality	11	n	ˌspeʃi'æləti	Spezialgebiet	spécialité	specialità	Preston's speciality was night photography.
speck	68	n	spek	Körnchen	grain	granello	She brushed the specks of dust from the table.
spectacular	27	adj	spek'tækjələ	spektakulär	spectaculaire	spettacolare	It's a mountainous area with spectacular scenery.
spectator	68	n	spek'teɪtə	Zuschauer	spectateur	spettatore	The match attracted over 40,000 spectators.
speculation	64	n	ˌspekjə'leɪʃən	Spekulation	spéculation	speculazione	There is speculation that the president is ill.
speed	128	irr v	spi:d	zu schnell fahren	vitesse	velocità	I got caught speeding on the A40 yesterday.
spiky	80	adj	'spæki	Igelfrisur	en brosse	appuntito	Ben used to have short black spiky hair.
splash	56	n	splæʃ	Farbtupfer	note colorée	spruzzo	Try wearing something with a splash of colour.
split up	17	phr v	splɪt 'ʌp	sich trennen	Se séparer de quelqu'un	separarsi	Steve's parents split up when he was four.

Headword	Page	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
spoil	13	v	spɔɪl	verwöhnen	gâter	rovinare	She's an only child, but they didn't really spoil her.
spoilt	91	adj	spɔɪlt	verwöhnt	gâté	viziato	Ben was a spoilt brat.
spot	81	n	spɒt	Stelle	endroit	spot	I chose a spot well away from the road.
spot	106	v	spɒt	erkennen	endroit	spot	It can be hard for even a trained doctor to spot the symptoms of lung cancer.
spread	73	irr v	spred	ausbreiten	écarter	diffusione	Fire quickly spread through the building.
spree	91	n	spri:	Großeinkauf	vague de dépenses	baldoria	They went on a spending spree.
spring	95	irr v	sprɪŋ	einfallen	venir à l'esprit	primavera	Two questions spring to mind.
staggering	140	adj	'stægərɪŋ	umwerfend	prodigieux/renversant	barcollante	The financial impact on the town was staggering.
stake	63	n	steɪk	auf dem Spiel	en jeu/en danger	posta	They have to win the contract – thousands of jobs are at stake.
star	52	n	stɑ:	aufsteigender Stern	star/vedette	stella	He is a rising star in the music world.
star	70	v	stɑ:	Hauptrolle spielen	star/vedette	stella	Eastwood starred in 'The Good, the Bad, and the Ugly'.
stare	112	v	steə	starren	regarder d'un regard fixe/avec insistance	fissare	What are you staring at?
starve	109	v	stɑ:v	am Verhungern sein	mourir de faim	morire di fame	You must be starving!
steer	68	v	stɪə	lenken	diriger	indirizzare	He was steering with only one hand.
step brother/sister	7	n	'stepbrʌðə / 'stepsɪstə	Stiefbruder/-schwester	demi-sœur	fratellastro/sorellastra	I live with my sister and step brothers.
stereotype	42	v	'steriətaɪp	abstempeln	stéréotype	stereotipo	Homeless people are stereotyped as alcoholics or addicts.
stew	26	n	stju:	Schmorgericht	ragoût	stufato	We ate a whole a pot of stew.
stick to	97	phr v	'stɪk tu:	bleiben bei	s'en tenir à	attenersi a	Have you been sticking to your diet?
stir	94	v	stɜ:	rühren	remuer	mescolare	Stir the paint to make sure it is smooth.
stock	97	n	stɒk	Lager	stock	stock	We have a huge stock of quality carpets on sale.
stocky	80	adj	'stɒki	stämmig	trapu	tozzo	Harry was stocky and middle-aged.
straight	80	adj	streɪt	glatt	raide	dritto	I love her long, straight black hair.
strategy	106	n	'strætədʒi	Strategie	stratégie	strategia	I like the company's business strategy.
streak	12	n	stri:k	Ader	tendance	vena	That boy has a mean streak.

Headword	Page	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
strength	11	n	streŋθ	von Erfolg zu Erfolg gelangen	aller de mieux en mieux	forza	Since he started in this company, he's gone from strength to strength.
stressful	52	adj	'stresfəl	stressig	stressant	stressante	Moving to a new house is a very stressful experience.
stretch	73	v	stretʃ	dehnen	dilater/allonger	estendere	Where can I buy those things that stretch your shoes?
stretchy	41	adj	'stretʃi	dehnbar	élastique	elastico	This material is stretchy.
stride	42	n	straɪd	locker hinnehmen	accepter sans sourciller	prendersela con calma	When the boss asked Judy to stay late, she took it in stride.
strike	21	irr v	straɪk	einfallen, auffallen	frapper	notare	A rather worrying thought struck me.
stumble	8	v	'stʌmbəl	über seine Worte stolpern	trébucher sur	inciampare	I hope I don't stumble over any of the long words.
stunning	36	adj	'stʌnɪŋ	überwältigend	splendide/magnifique	mozzafiato	You look absolutely stunning in that dress.
subconscious	133	adj	sʌb'kɒnʃəs	unterbewusst	subconscient	subconscio	I have a subconscious fear of failure.
substantial	26	adj	səb'stænʃəl	wesentlich	substantiel	sostanziale	We have the support of a substantial number of parents.
sub-zero	25	adj	sʌb'zɪərəʊ	Temperatur unter Null	au-dessous de zéro	sotto zero	I couldn't stand the sub-zero temperatures.
succeed	59	v	sək'si:d	einem gelingen	réussir à	avere successo	Scientists claim they have succeeded in finding a cure for cancer.
sue	120	v	sju:	klagen	porter plainte contre/intenter un procès	citare in giudizio	If the builders don't fulfil their side of the contract, we'll sue.
suggest	113	v	sə'dʒest	vorschlagen	suggérer	suggerire	The zoo asked its visitors to suggest a name for the new baby panda.
sum	95	n	sʌm	Summe	somme/montant	somma	He owes me a large sum of money.
superficial	14	adj	,su:pə'fɪʃəl	oberflächlich	superficiel	superficiale	Despite their superficial similarities, the two novels are, in fact, very different.
superstition	111	n	,su:pə'stɪʃən	Aberglaube	superstition	superstizione	I don't believe the old superstition that walking under a ladder is unlucky.
supervise	107	v	'su:pəvaɪz	beaufsichtigen	superviser	sovrintendere	Griffiths closely supervised the research.
suppose	137	v	sə'pəʊz	annehmen	supposer	supporre	Look, suppose you lost your job tomorrow, what would you do?
suppress	84	v	sə'pres	unterdrücken	étouffer/cacher	reprimere	Harry could scarcely suppress a smile.

Headword	Page	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
surgeon	49	n	'sɜ:dʒən	Chirurg	chirurgien	chirurgo	One of the world's top heart surgeons performed the operation.
surpass	36	v	sə'pɑ:s	übertreffen	surpasser	superare	He had surpassed all our expectations.
survey	14	n	'sɜ:veɪ	Umfrage	enquête/sondage	sondaggio	We conducted a survey of parents in the village.
suspect	119	n	'sʌspekt	Verdächtiger	suspect	sospetto	Two suspects were arrested today in connection with the robbery.
suspended sentence	119	n	sə'spendɪd ,sentəns	Bewährungsstrafe	condamnation avec sursis	sospensione condizionale della pena	He was given a two-year suspended sentence.
suspicious	84	adj	sə'spɪʃəs	misstrauisch	soupçonneux	sospettoso	Some of his colleagues at work became suspicious of his behaviour.
swallow up	55	phr v	ˌswɒləʊ 'ʌp	verschlengen	engloutir	inghiottire	All of my free time is swallowed up by overtime.
sweet	86	adj	swi:t	lieb	gentil	dolce	How sweet of you to remember my birthday!
sweet	94	adj	swi:t	süß	sucré	dolce	This tea is too sweet.
swimming	68	n	'swɪmɪŋ	Schwimmen im offenen Wasser	natation	nuoto	We went open-swimming on Saturday.
swimsuit	68	n	'swɪmsu:t	Badeanzug	maillot de bain	costume da bagno	Pack your towel and swimsuit.
swing	67	irr v	swɪŋ	schwingen	balancer	oscillare	Let your arms swing as you walk.
take	44	irr v	teɪk	als gegeben hinnehmen	considérer comme allant de soi	prendere	He just took it for granted that he would pass the exam.
take after	17	phr v	teɪk 'ɑ:ftə	geraten nach	prendre soin de	assomigliare	Jenni really takes after her mother.
take back	77	phr v	teɪk 'bæk	zurückversetzen	rappeler	riportare	Having the grandchildren around takes me back to the days when my own children were small.
take in	44	phr v	teɪk 'ɪn	aufnehmen	absorber	comprendere	He watches the older kids, just taking it all in.
take off	44	phr v	teɪk 'ɒf	losgehen	percer	decollare	Mimi became jealous when Jack's career started taking off.
take over	44	phr v	teɪk 'əʊvə	übernehmen	prendre les commandes	rilevare	Ruth moved into our apartment and promptly took over.

Headword	Page	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
take part	44	v phrase	teɪk pɑ:t	teilnehmen	Prendre part	partecipare	Would you like to take part in the game today?
take to	42	phr v	'teɪk tu:	Gefallen finden an	prendre goût	prendere in simpatia	Sandra took to it straight away.
take up	11	phr v	teɪk 'ʌp	aufgreifen	s'intéresser à	interessarsi	Roger took painting up for a while, but soon lost interest.
talent	116	n	'tælənt	Talent	talent	talento	He has a lot of talent, and his work is fresh and interesting.
talk down	8	phr v	tɔ:k 'daʊn	herablassend zu jmd. sprechen	parler de haut en bas	parlare dall'alto in basso	The students felt that they were talked down to as though they were children.
tanned	80	adj	tænd	gebräunt	bronzé	abbronzato	He had a tough tanned face and clear eyes.
target	137	n	'tɑ:gət	Zielgruppe	cible	obiettivo	This advertisement will appeal to our target market of young women.
task	108	n	tɑ:sk	Aufgabe	tâche	compito	Sara had the task of preparing the agenda for meetings.
team	49	n	ti:m	gut in einem Team arbeiten	équipe	squadra	I don't work well in a team. I prefer working alone.
technical	68	adj	'teknɪkəl	technisch	technique	tecnico	Our staff will be available to give you technical support.
technique	86	n	tek'ni:k	Technik	technique	tecnica	There are various techniques for dealing with industrial pollution.
temple	81	n	'tempəl	Tempel	temple	tempio	We go to temple every Saturday.
tend	12	v	tend	neigen zu	avoir tendance à	tendere	People tend to need less sleep as they get older.
tension	106	n	'tenʃən	Spannung	tension	tensione	In business, there's always a tension between the needs of customers and shareholders.
term	112	n	tɜ:m	Schuljahresabschnitt	trimestre	termine	The exams are at the end of the summer term.
theme	70	n	θi:m	Thema	thème principal	tema	The book's theme is the conflict between love and duty.

Headword	Page	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
theory	12	n	'θiəri	Theorie	théorie	teoria	There are many different theories about how the brain works.
theory	55	n	'θiəri	in der Theorie	théorie	teoria	In theory, everyone will have to pay the new tax.
thief	119	n	θi:f	Dieb	voleur	ladro	Thieves broke into the offices and stole \$150,000's worth of computer equipment.
thriving	42	adj	'θraɪvɪŋ	florierend	florissant	fiorente	London has a thriving tourist industry.
throughout	37	prep	θru: 'aʊt	durchgängig während	à travers/durant tout	per tutto	We are open every weekend throughout the year.
time	54	n	taɪm	Zeit	temps	tempo	He was just killing time before his appointment.
time-consuming	78	adj	'taɪmkən, sju: mɪŋ	zeitintensiv	long/durable	tempo	It's a complex and time-consuming process.
tired	109	adj	taɪəd	müde	fatigué	stanco	I'm so tired I could sleep for a week.
toddler	112	n	'tɒdlə	Kleinkind	bambin	bambino che fa i primi passi	They have a baby and a toddler.
tongue	77	n	tʌŋ	es liegt mir auf der Zunge	sur le bout de la langue	lingua	What is her name? It's on the tip of my tongue. Joan. Joan Simpson. That's it!
tongue-tied	125	adj	'tʌŋtaɪd	sprachlos	muet	muto	When adults spoke to her, she became tongue-tied and shy.
tool	39	n	tu:l	Werkzeug	outil	strumento	I don't have the right tools to start fiddling around with the engine.
top	28	adj	tɒp	oberste/r	meilleur	top	She is among the top five tennis players of all time.
torch	11	n	tɔ:ʃ	Fackel	torche	torcia	The athlete is running with the Olympic torch.
touch	14	v	tʌtʃ	sich melden	interroger	toccare	I just wanted to touch base and make sure you hadn't changed your mind about seeing me.
tough	52	adj	tʌf	hart	Dur/difficile/pénible	duro	It was a tough race.
track	15	n	træk	Überblick verlieren	piste/trace	traccia	I've lost track of what music is in the charts these days.

Headword	Page	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
track	125	n	træk	Spur	piste/trace	traccia	We followed the tyre tracks across a muddy field.
traditional	35	adj	trə'dɪʃənəl	traditionell	traditionnel	tradizionale	It is traditional not to eat meat on Good Friday.
trailer	72	n	'treɪlə	Trailer	bande-annonce	trailer	I like to get to the cinema to see the trailers.
train	68	v	treɪn	trainieren	s'entraîner	treno	Brenda spends two hours a day training for the marathon.
trainer	68	n	'treɪnə	Turnschuh	chaussures de sport	allenatore	Have you seen my trainers?
transform	12	v	træns'fɔ:m	verwandeln	transformer	trasformare	Increased population has transformed the landscape.
trash	123	v	træʃ	verwüsten	saccager/dévaster	spazzatura	The place got trashed last time we had a party.
traumatised	122	adj	'trɔ:mətaɪzd	traumatisiert	traumatisé	traumatizzati	He was traumatised by his war experiences.
travel bug	21	n	'trævəl bʌg	von der Reiselust ergriffen	virus du voyage	viaggiatore appassionato	She's been bitten by travel bug since she came back from her month in India..
treat	100	v	tri:t	spendieren	traiter	trattare	We treated Mum to lunch at the Savoy.
treat	8	v	tri:t	behandeln	traiter	trattare	She treats me like one of the family.
trek	26	v	trek	trecken	faire la randonnée	trekking	For five days he trekked across the mountains of central China
trend	14	n	trend	Trend	tendance	tendenza	Lately there has been a trend towards hiring younger, cheaper employees.
trendy	35	adj	'trendi	angesagt	tendance/à la mode	alla moda	We dined at a trendy Bay Area restaurant.
trespass	123	v	'trespəs	unbefugt betreten	violier la propriété de/	trasgressione	She was arrested for trespassing on government property.
troupe	11	n	tru:p	Truppe	groupe	troupe	He dances in a dancing troupe.
trusting	124	adj	'trʌstɪŋ	vertrauensvoll	confiant	fiducioso	She's so trusting of people.
trustworthy	56	adj	'trʌst,wɜ:ði	vertrauenswürdig	digne de confiance	fidato	Many people do not see politicians as trustworthy.
try out	42	phr v	traɪ 'aʊt	ausprobieren	Essayer/tenter	provare	I'm trying out a new computer.

Headword	Page	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
turn	18	n	tɜ:n	Jahrhundertwende	début d'année/de siècle	turno	It happened in the short period from the turn of the century until World War One.
turn out	72	phr v	tɜ:n 'aʊt	sich herausstellen	se révéler/se dévoiler/s'avérer	rivelarsi	That guy turned out to be Maria's second cousin.
turn up	97	phr v	tɜ:n 'ʌp	auftauchen	apparaître	presentarsi inaspettatamente	You can't just turn up and expect a meal.
twinkle	126	v	'twɪŋkəl	zwinkern	scintiller/pétiller	scintillio	John's eyes twinkled as he told us the good news.
tyranny	42	n	'tɪrəni	Tyrannie	tyrannie	tirannia	Gorky was often the victim of his grandfather's tyranny.
unaware	137	adj	ˌʌnə'weə	nicht bewusst	inconscient	ignaro	Mike seems unaware of the trouble he's causing.
unbeatable	109	adj	ˌʌn'bi:təbəl	unschlagbar	imbattable	imbattibile	Their team are just unbeatable.
uncharted	21	adj	ˌʌn'tʃɑ:təd	unerfoescht	inexploré	inesplorato	This new project will take us into uncharted territory.
uncomfortable	101	adj	ˌʌn'kʌmfətəbəl	unbequem	inconfortable	scomodo	This sofa is so uncomfortable.
unconscious	8	n	ˌʌn'kɒnʃəs	das Unbewusste	inconscient	inconscio	He has written about the unconscious mind.
unconscious	133	adj	ˌʌn'kɒnʃəs	unbewusst	inconscient	inconscio	Levin was knocked unconscious by the impact.
undercook	101	v	ˌʌndə'kʊk	nicht gar	ne pas cuire assez	non cuocere abbastanza	The carrots are undercooked.
underestimate	101	v	ˌʌndə'restəmeɪt	unterschätzen	sous-estimer	sottovalutare	We underestimated how long it would take to get there.
underpaid	52	adj	ˌʌndə'peɪd	unterbezahlt	sous-payé	sottopagato	Teachers are overworked and underpaid.
underway	107	adj	ˌʌndə'weɪ	im Gange	en cours	in corso	The project is already well underway.
uneasy	14	adj	ˌʌn'i:zi	unbehaglich	inquiet	inquieto	Ninety percent of those questioned felt uneasy about nuclear power.
uniformity	42	n	ˌju:nə'fɔ:məti	Gleichförmigkeit	uniformité	uniformità	There seems to be no uniformity among the various systems.
uninterested	84	adj	ˌʌn'ɪntrestəd	nicht interessiert	désintéressé	indifferente	He was uninterested in politics.
unnecessary	101	adj	ˌʌn'nesəsəri	unnötig	inutile	inutile	There's no point in taking unnecessary risks.
until	37	prep	ˌʌn'tɪl	bis	jusqu'à	fino a quando	The ticket is valid until March.

Headword	Page	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
unusual	101	adj	ʌn'ju:ʒuəl	ungewöhnlich	inhabituel/hors du commun	insolito	It's unusual for Dave to be late.
upset	109	adj	ˌʌp'set	aufgebracht	contrarié	turbato	She was deeply upset about the way her father treated her.
used	95	adj	ju:zd	abgenutzt	usagé	usato	Someone sold a used tissue on ebay.
usual	112	adj	'ju:ʒuəl	üblich	habituel/courant	solito	I'll meet you at the usual time.
vague	77	adj	veɪg	vage	vague	vago	The governor gave only a vague outline of his tax plan.
valuable	121	adj	'væljʊəbəl	wertvoll	de valeur	prezioso	Their most valuable belongings were locked in a safe in the bedroom.
value	50	v	'væljʊ:	schätzen	valeur	valore	Shelley valued her privacy.
valued	98	adj	'væljʊ:d	geschätzt	précieux	valutato	John is a valued friend.
vandal	123	n	'vændl	Vandale	vandale	vandalo	Vandals broke most of the school's windows.
vandalism	119	n	'vændəl-ɪzəm	Vandalismus	vandalisme	vandalismo	He often got into fights and committed acts of vandalism.
vast	63	adj	vɑ:st	riesig	vaste	vasto	The refugees come across the border in vast numbers.
veer	68	v	vɪə	umschwenken	dévier de sa trajectoire	virare	A tanker driver died when his lorry veered off the motorway.
vegetable	94	n	'vedʒtəbəl	Gemüse	légume	vegetale	Vitamin A is found in liver and green vegetables.
vegetarian	94	n	ˌvedʒə'teəriən	Vegetarier	végétarien	vegetariano	Our youngest daughter is a vegetarian.
vegetarianism	136	m	ˌvedʒə'teəriənɪzəm	Vegetarismus	végétarisme	vegetarianismo	I buy a magazine about vegetarianism.
venture	30	v	'ventʃə	wagen	risquer/s'aventurer	avventurarsi	When darkness fell, he would venture out.
venture	64	n	'ventʃə	Wagnisunternehmen	activité nouvelle	impresa	We're working together on a new venture.
veranda	27	n	və'rændə	Veranda	véranda	veranda	The veranda overlooked woodland at the back.
verge	52	n	vɜ:dʒ	am Rande	au bord de	limite	Jess seemed on the verge of tears.
versatile	70	adj	'vɜ:sətəɪl	vielseitig	polyvalent	versatile	She's a very versatile performer.
veteran	70	n	'vetərən	Veteran	vétéran	veterano	He's a veteran of the Second World War.
victim	119	n	'vɪktəm	Opfer	victime	vittima	The victim received head injuries from which she died a week later.

Headword	Page	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
villain	36	n	'vɪlən	Schurke	vilain	furfante	He plays the villain of the play.
visibly	84	adv	'vɪzəbli	sichtbar	visiblement	visibilmente	She was visibly shaken by the news.
visionary	53	adj	'vɪʒənəri	visionär	visionnaire	visionario	Under his visionary leadership, the city prospered.
visual	36	adj	'vɪʒuəl	visuell	visuel	visivo	Artists translate their ideas into visual images.
vital	49	adj	'vaɪtl	entscheidend, lebensnotwendig	vital	vitale	The work she does is absolutely vital.
vivid	77	adj	'vɪvəd	lebhaft	vivace/pénétrant	vivido	I've got vivid memories of that summer.
voluntary	24	adj	'vɒləntəri	freiwillig	volontaire/bénévole	volontario	She does a lot of voluntary work for the Red Cross.
wander	21	v	'wɒndə	umherstreunen	se promener/faire du lèche- vitrine	vagare	I'll wander around the shops while I wait for you.
ward	126	n	wɔ:d	Station	salle d'hôpital	reparto	We spoke to the other patients in the ward.
warehouse	97	n	'weəhaus	Lagerhaus	entrepôt	magazzino	I keep all the stock in a large warehouse.
warn	113	v	wɔ:n	warnen	avertir/mettre en garde	avvertire	'Be careful, the rocks are slippery,' Alex warned.
waste	107	v	weɪst	verschwenden	gaspiller/perdre	rifiuto	Leaving the heating on all the time wastes electricity.
waterproof	101	adj	'wɔ:təpru:f	wasserdicht	étanche à l'eau	impermeabile	Rub the wax in to make the shoe waterproof.
wave	28	n	weɪv	Welle	vague	onda	They faced wave after wave of fresh troops.
wavy	80	adj	'weɪvi	wellig	ondulé	ondulato	Her brown wavy hair shone in the sun.
wealth	116	n	welθ	Wohlstand	fortune/ricchezza	ricchezza	The country's wealth comes from its oil.
wealthy	116	adj	'welθi	wohlhabend	fortuné/riche	ricco	He left as a poor, working class boy and returned as a wealthy man.
weep	84	irr v	wi:p	weinen	verser des larmes/pleurer	piangere	James broke down and wept.
well-being	50	n	,wel'bi:ɪŋ	Wohlergehen	bien-être	benessere	We are responsible for the care and well-being of all our patients.
well-dressed	125	adj	wel'drest	gut gekleidet	bien habillé	ben vestito	I'd like to find an attractive, well-dressed young woman.

Headword	Page	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
wet suit	68	n	'wetsu:t	Neoprenanzug	combinaison isothermique de plongée	muta	You'll need a wetsuit at this time of year.
wheelbarrow	39	n	'wi:l,bæəʊ	Schubkarre	brouette	carriola	I moved all the mud in the wheelbarrow.
whereas	108	conj	wɛər'æz	wogegen	où/alors que	mentre	The old system was fairly complicated whereas the new system is really very simple.
while	37	conj	wɑ:l	während	alors que/pendant que	mentre	They arrived while we were having dinner.
wildly	42	adv	'waɪldli	überaus	extrêmement	selvaggiamente	The band is wildly popular in Cuba.
willpower	133	n	'wɪl,pauə	Willenskraft	force de la volonté	forza di volontà	It took all his willpower to remain calm.
win	68	irr v	wɪn	gewinnen	gagner	vincere	Who do you think will win the next election?
wing	70	n	wɪŋ	jemanden unter seine Fittiche nehmen	prendre sous son aile	ala	He took me under his wing.
witness	119	n	'wɪtnəs	Zeuge	témoin	testimone	Police have appealed for witnesses to come forward.
witty	108	adj	'wɪti	geistreich	spirituel	arguto	Laura's very witty.
wonder	140	v	'wʌndə	sich fragen	s'étonner	meraviglia	I wonder how James is getting on.
wood	40	n	wʊd	Holz	bois	legno	Her house was made of wood.
wooden spoon	94	n	ˌwʊdn 'spu:n	Holzlöffel	cuillère en bois	cucchiaio di legno	Stir the mixture with a wooden spoon.
woodland	78	n	'wʊdlənd	Wald	région boisée	bosco	Their new house is surrounded by woodland.
wool	40	n	wʊl	Wolle	laine	lana	Is this jumper made of wool?
work	55	n	wɜ:k	Gleichgewicht zwischen Arbeit und Leben	travail	lavoro	You can't have a proper work-life balance if you're in the office for 12 hours a day.
work out	72	phr v	wɜ:k 'aʊt	verstehen	arriver à comprendre	elaborare	The plot is very complicated – it'll take you a while to work it out.
workaholic	50	n	ˌwɜ:kə'hɒlɪk	Workaholic	bourreau de travail	maniaco del lavoro	My uncle died of a heart attack. He was a workaholic.
work-centred	50	adj	'wɜ:k ,sentəd	auf Arbeit bezogen	axé sur le travail	incentrato sul lavoro	We live in a very work-centred environment.

Headword	Page	Part of Speech	Pronunciation	German	French	Italian	Example Sentence
workplace	50	n	'wɜ:kpleɪs	Arbeitsplatz	lieu de travail	sul posto di lavoro	I wrote a report into discrimination in the workplace.
work-rhythm	50	adj	'wɜ:k ,rɪðəm	Arbeitsrhythmus	rythme de travail	ritmo di lavoro	Working in short burts is a better work-rhythm for me.
worried	22	adj	'wʌrɪd	besorgt über	inquiet	preoccupato	I'm really worried about my brother.
worrying	22	adj	'wʌrɪ-ɪŋ	besorgniserregend	inquiétant	preoccupante	The situation is extremely worrying.
worth	95	adj	wɜ:θ	wert sein	valoir	valore	The house must be worth quite a lot of money now.
worthwhile	112	adj	ˌwɜ:θ'waɪl	lohnt sich	salutaire/louable	che vale la pena	I thought it was worthwhile to clarify the matter.
wrinkle	80	n	'rɪŋkəl	Falte	ridé	ruga	Her face was a mass of wrinkles.
wrinkled	53	adj	'rɪŋkəld	faltig	froissé/ridé	rugoso	I drew her wrinkled old face.
year	49	n	jɪə	ein Sabbatjahr nehmen	année	anno	I'm planning to take a year out.